

# College Community Services Wellness Center Central Advisory Board MEETING MINUTES

## Friday, October 20, 2017 – 1:00pm to 2:00pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Kristen Pankratz, Johnny Case, Frank Williams, Deanna Lundberg. Guest: Sohail Eftekharzadeh, Orlando Vera, Danisha Soto, Lisa Albert, Olivia Rocha, April McFerran.

## I. Call to Order – 1:11pm

- a) Welcome Everyone asked to briefly introduce themselves.
- b) Approval of Agenda The agenda was approved by Frank Williams, seconded by Deanna Lundberg.
- c) Approval of Minutes The minutes were approved by Deanna Lundberg, seconded by Kristen Pankratz.

## II. Reports

- a) Program Director Report Sohail Eftekharzadeh
  - Sohail Eftekharzadeh read the Program Director Report.
- b) President's Report Johnny Case, Vice President, read the President's Report. Adam Goldman not in attendance.
  - Johnny mentioned Patti's retirement and thanked her once again for her years of service.
  - Johnny reported he enjoyed the Hispanic Heritage event. He reported that there were different Hispanic cultures and heritages represented during the event.

## III. Unfinished Business

- a) Chat with MAB schedule for October 2017.
  - Kristen Wednesday, November 1, 2017.
  - Johnny and Deanna Wednesday, November 8, 2017.
  - Johnny Wednesday, November 15, 2017.
  - Frank Wednesday, November 29, 2017.

b) MAB Roster reviewed for current contact information.

#### IV. New Business

- a) There were a few new groups/classes added to the October 2017. More calendar changes expected each month until January 2018.
- b) Smoking Prevention classes will continue. Sohail would like to speak with members who are serious about quitting.
- c) Chat with MAB
  - Members requested five dollar gift cards as Bingo prizes.

## V. Announcements

a) No announcements.

## VI. Open Forum (Visitors)

a) April thanked Johnny for encouraging her to become a LGBTIQ advocate so that she may encourage members of the Wellness Center Central (WCC) community to have a welcoming attitude and an open mind.

b) April also announced that she was interested in becoming a MAB member.

#### VII. Upcoming Calendar

- a) Costume Contest Tuesday, October 31, 2017, 2:00pm to 4:00pm
- b) WCC Closed Friday, November 10, 2017 to observe Veteran's Day
- c) Thanksgiving Feast Wednesday, November 22, 2017, 12:00pm to 2:00pm
- d) WCC Closed Thursday, November 23, 2017; Friday, November 24, 2017; and Saturday, November 25, 2017 for the Thanksgiving holiday.
- e) Holiday Lunch Wednesday, December 13, 2017, 12:00pm to 2:00pm
- f) Next MAB Meeting Friday, November 17, 2017, 1:00pm-2:00pm.

#### VIII. Adjournment

a) Johnny adjourned the meeting at 1:50pm.