



# Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities  
Educational Equity For All

January 2019

## California Department of Education News



State Superintendent Tom Torlakson  
Announces Guide of Social Emotional  
Learning Resources

<https://www.cde.ca.gov/eo/in/sociallearning.asp>



## U.S. Department of Education

**NEW! Milestone Tracker Mobile App for Parents in Spanish!**

The CDC is pleased to announce that its free app, the Milestone Tracker, is now available in Spanish! This mobile app is part of a suite of free, family-friendly materials available through the Learn the Signs Act Early program. The Milestone Tracker allows parents to track their child's development in a fun and easy way that gives them tips to help their child learn and grow; a way to track milestones and recognize delays; and the ability to share this information with their child's health care provider. Specifically, the app offers the following:

- Interactive milestone checklists for children ages 2 months through 5 years, illustrated with photos and videos
- Tips and activities to help children learn and grow
- Information on when to act early and talk with a doctor about developmental delays
- A personalized milestone summary that can be easily shared with doctors and other care providers
- Reminders for appointments and developmental screenings

<https://www2.ed.gov/about/inits/ed/earlylearning/index.html>

### Nine FREE Materials for Play and Sensory

Activities- <https://goo.gl/QFiWH7>

1. Dried Used Coffee Grounds
2. Flowers
3. Rocks
4. Recycled Containers/Plasticware
5. Dirt
6. Water or Ice
7. Leaves
8. Grass
9. Sticks

## 10 Sensory Red Flags You Might Be Missing

by Alisha Grogan MOT, OTR/L

Commonly overlooked sensory symptoms and signs of sensory issues that could be a clue to your child's needs, which will decrease confusion and frustration.

Before we dive into these behaviors, I want to make it VERY clear that just because your child may have one or several of these red flags, it doesn't mean that they have sensory problems, autism, or any other diagnosis. We ALL have sensory processing needs and differences. Seeing your child's behavior through the sensory lens will allow you to understand them and support their needs, which means less confusion and frustration for everybody!

And, if you're concerned that your child's sensory issues need addressed by a professional then check out sensory integration therapy. You'll find a guide to walk you through figuring that all out so you have peace of mind!

1. Avoids Movement
2. Gagging at the sight, taste, and smell of foods
3. Frequently walking on toes
4. Clumsy
5. Hides at parties or avoids them
6. Prefers tight clothing
7. Wild child
8. Likes bright, fast paced TV shows
9. Bites toys or people when unprovoked
10. Doesn't seem to notice when being talked to or needs directions repeated

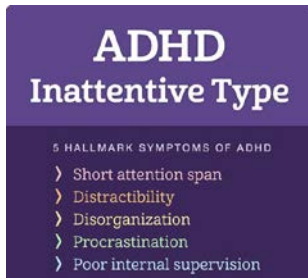
[free sensory red flag checklist right here!](https://yourkidstable.com/sensory-red-flags/)

<https://yourkidstable.com/sensory-red-flags/>



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## Feature Idea of Month



## WEBSITES AND RESOURCES

<https://goo.gl/hs7TfA>

<https://goo.gl/wNdyM1>

<https://www.anxioustoddlers.com/angry-boy/#.XC0esFxKjIU>

## Special Needs Digest DAILY NEWS AND INFORMATION FOR THE SPECIAL NEEDS COMMUNITY

### What You'll Find

Fresh, carefully assembled content, including current research, of interest and value to the families of children and adolescents with special needs, and providers caring for them.

Topics include learning and developmental disabilities, autism, NLD, ADHD, executive function deficits, anxiety, issues involving general and special education law and civil rights, poverty and trauma as they affect students and their families and occasionally, metro-Boston calendar listings.

This material is selected to inform, provoke thought and stimulate dialog. We intend no endorsement or representation of scientific or medical validity.

<http://www.specialneedsdigest.com/>



## Stop It Now!®

### For Parents Of Children With Disabilities

Prevention steps can be taken at any time – before there is a concern that a child is being sexually abused to re-establishing safety to prevent further abuse. By becoming educated about child sex abuse, you are already becoming a proactive and protective adult. Everyone can take steps to prevent the sexual abuse of children. Our prevention tip sheets can help you take action to keep children and youth safe, whether it's making a family safety plan, finding a safe school or camp, or safety on the internet.

- Create A Family Safety Plan
- How To Talk To Your Child To Reduce Vulnerability To Sexual Abuse
- How To Protect Your Child From Sexual Abuse In A Program Setting
- Behaviors To Watch Out For When Adults Are With Children & Signs That A Child Or Teen Might Be At-Risk To Harm A Child

### Our Mission

Stop It Now! prevents the sexual abuse of children by mobilizing adults, families and communities to take actions that protect children before they are harmed.

<https://goo.gl/ACy9ir>



eParent.com is an online multi-media company dedicated to be the ultimate resource for related to the special needs community.

Providing practical advice, emotional support, current trending news and educational information to empower caregivers and families of children and adults with disabilities and special healthcare needs. As well as to the physicians, allied health care professionals, and educational professionals who are involved in their care and development.

eParent uses a multi-media approach to disseminate information and connect to a diverse and passionate special needs community of families, caregivers, professionals and organizations through...

- its online publication which strives, everyday, to provide resources, information, support and unlimited inspiration;
- its Exceptional Blog which provides real help and hope through personal stories;
- its comprehensive Special Needs Resource Directory which links readers to organizations and entities matching their needs, interests and location; and
- its interactive social media via Facebook & Twitter which inspires and enhances lives.

<https://www.eparent.com/education/down-syndrome-overview/>



Special Needs Jungle creates easy to understand resources, articles and information for parents and carers of children with special needs, disabilities and health conditions to better enable them to navigate the special needs system. We aim to inform, educate and empower families to self-advocate confidently, so their children get the help they need to live the best life they can.

<https://specialneedsjungle.com/>