

**AGENDA**  
**Southeast Washington Regional FYSPRT**  
**8/11/2022 3:30-5:00 p.m.**  
**Location – ZOOM & PHONE-IN ONLY**

Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral	Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed
Agenda Items	Discussion & Notes		
Welcome & Introductions (15 minutes)	Tri-Lead Jill Mulhausen On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for attendance.		
Meeting Minutes (5 minutes)	System Tri-lead Jill Mulhausen Review of meeting minutes from July 14, 2022 Motion made by: <u>Kendra</u> Seconded by: <u>Carolyn</u> Did the vote carry? YES <i>Jill reviewed the meeting minutes from July 14<sup>th</sup>, 2022. Meeting minutes were approved as written with no amendments.</i>		
WISe Data Review and Discussion	Meredith Piehowski, Convener WISe Providers <i>Meredith review the data from WISe providers that were submitted prior to the meeting. There were 3 WISe providers that responded to the request for data, 3 Rivers Therapy, QBH and Lutheran. That information was reviewed with the group. Group did discuss reaching out to the remaining providers in the region as not all WISe providers were able to submit data. Convener will work to give providers more time to get data for the FYSPRT. Discussed that at times there is not updated information available regarding which WISe providers have openings, as members have heard in meetings that there are waitlists. Suggested that contacting multiple providers in the event that there were openings. Group discussed that Molina is not contracted with the United Family Center or 3 Rivers Therapy and that does impact individuals that are being served. Individuals can change their MCO however, that is a process and they need to consider the other providers that the use (medical, dental, etc) and if they change from Molina how this will impact any other services they receive.</i>		

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<b>Presentation on the Recovery Navigator Program, Recovery Café and Peer Respite Center</b>	<p>John Penney, 3 Rivers Therapy</p> <p><i>John reviewed the Recovery Navigator Program, which has been up and running for some time now. John states that to get connected with the program an individual would need to contact their primary number and someone will talk to the person and then dispatch someone to the person if needed. The goal is to get someone out to the individual seeking assistance within 30 minutes, which so far has not been an issue. There are 2 responders for each county. The goal for these individuals going out is to meet their needs so they do not have to go to the ER or become involved in other emergency services. Peer support staff for the Navigator program is not meant to take the place of other services the individual is involved in, rather it is meant to complement and work with the individual and address any needs or gaps that might exist with current services such as assisting with financial and transportation issues.</i></p> <p><i>John also discussed the Recovery Café that is a project that is in development at this time. John states that the recovery café will run a little differently than the other cafés in the state in that they will have fewer barriers to get in and use the facilities. The Café, which will be named Rise and Grind, will be located in Kennewick by the old KGH building and will provide a variety of services and activities. Both the general public and those who are seeking services or a supportive sober environment will be able to access the café. There will be Recovery Navigator staff at the café as well as case managers who can assist individuals as needed. They are also hoping to have breakfast food and coffee that will be free of charge or donation. The café will be a place that promotes harm reduction, gives people an outlet and a sense of community. There will be a peer counselor available to talk if needed. Individuals do not need to be sober for a period of time before going to the program, however, if a person is intoxicated the peer support staff will work to assist the person with resources or other means of assistance. The building is currently being renovated and they hope to open the doors in November. 3 Rivers is also hoping to work with agencies in the community to be a part of the café by having days/times where other agencies can come in and provide services to individuals or talk with members about services they provide.</i></p> <p><i>John also discussed the Peer Respite Center that they are hoping to open next July. This will be a 5 bed facility and will be the first Peer Respite facility to open in WA. The facility will be staffed with peers. The center will be for individuals who need to socially detox safely, as well as if they are experiencing emotional distress but not a higher level of care. There will be no cost to individuals who use the facility and they will be able to remain at the facility for 5-7 days. At this time, they are still working out all the details about the facility and how it will operate.</i></p> <p><i>John answered questions regarding the program and facilities.</i></p>
<b>FYSPRT Evaluation Survey</b>	<p>All Members</p> <p>The FYSPRT meeting evaluation link is: <a href="https://www.surveymonkey.com/r/Q5QS3DT">https://www.surveymonkey.com/r/Q5QS3DT</a></p>

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	 <p><i>Briefly discussed the importance of the survey and encouraged members to complete it during the roundtable discussion.</i></p>
<b>Roundtable Discussion (20 minutes)</b>	<p><i>All members</i></p> <p><i>Cindy – Changes to Ombuds is coming soon, October 1st things will be changing and when Cindy has more information about phone numbers and who to contact, she will let us know. They have been hiring new people and Peer Washington is the one that got the contract.</i></p> <p><i>Carolyn – Flyer has been sent to FYSPRT Convener for distribution. SPARK continues to be very busy and will now have buildings in several parts of the state. They are going to be moving to a different building, location TBD. They are hosting several peer counselor trainings and encourage anyone with interest to contact them. They also have funding related to culture and awareness. SPARK is contracted with the state to provide peer counseling training. They will be having an in person peer counseling training in November and December. They also have a “shadow trainer” program for those who want to be a state trainer. Received Bi-Poc funding and so there is more focused on culture and awareness. Encouraged others to contact Carolyn or Jasmine directly versus contacting the state.</i></p> <p><i>Meredith – Back to School Bash on Monday August 22<sup>nd</sup>, FYSPRT will be there with giveaways and a chance to win backpacks. Also 211 has some Immigrant and Refugee Emergency Aid, and they can also assist with obtaining Covid Anti-Viral treatment if you qualify.</i></p>
<b>Upcoming Event(s) (5 minutes)</b>	

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	<p>Back to School Bash Monday August 22, 2022 Hapo Center in Pasco (formerly the TRAC) 4-8pm</p> <p>Money available for Immigrant and Refugee Emergency aid, call 211 for more details and to apply</p> <p>Call 211 if you need the Covid Anti-Viral treatment and they can help you with who qualifies and setting up a telehealth appointment</p> <p>5K that supports the Recovery Coalition September 17<sup>th</sup></p> <p><a href="http://www.509recovery.org/">http://www.509recovery.org/</a></p> <p>New National 988 Crisis line</p>
Closing Announcements (5 minutes)	<p>Jill Mulhausen</p> <p><i>Please know your evaluations are an important part of improving FYSPRT, are included in FYSPRT quarterly reports. We value your feedback!</i></p> <p><i>For all Youth and Family Partners, please put your contact info in the chat so I can reach out about gift cards for attendance</i></p>
Regional FYSPRT meeting dates	<p>September 8, 2022</p> <p>October 13, 2022</p> <p>November 10, 2022</p> <p>Meeting ID: 376 123 4588</p> <p>1-253-215-8782 or 3761234588#</p> <p><a href="https://us06web.zoom.us/j/3761234588">https://us06web.zoom.us/j/3761234588</a></p>
State FYSPRT meeting dates	<p><b>SCHEDULE CHANGE!</b></p> <p>Tuesday, September 20th 3-5pm</p> <p>Thursday, December 1<sup>st</sup> 3-5pm</p>