

**16 miles**

1	206 Tim	Lambris	M	33	2;19.04
2	204 Michael	Billings	M	28	1;58.04
3	218 Mike	Kenney	M	40	2.30.15
4	217 Christopher	Lutes	M	37	2;41.30
5	211 John	Shotwell	M	41	2;42.03
6	210 Paul	Weberg	M	41	2;46.43
7	208 Sean	Costello	M	38	2;59.10
8	209 Jimmy	Jones	M	39	3;02.25
9	214 Tom	Schiessl	M	54	3;58.30
1	225 Tami	Krol	F	38	2;23.30
2	245 Michelle	Lanulette	F	52	2;38.57
3	221 Ashley	Day	F	30	2;46.44
4	227 Jeannette	Shotwell	F	42	3;50.59
5	229 Joan	Landry	F	52	3;57.57
6	230 Laura	Reinders	F	57	3;58.30

**12 miles**

1	490 Sean	Hayden	M	48	1;35.30
2	485 Patrick	Mucha	M	35	1;55.40
3	247 Dan	Fogel	M	54	1.57.08
4	492 Martin	Coonen	M	58	1;58.28
5	491 Gary	Landsverk	M	56	2;21.08
6	219 Arthur	Lozano	M	48	2.31.45
1	496 Becky	Patch	F	34	1;33.23
2	201 Sara	Carter	F	39	1;53.24
3	494 Amber	Zetwick	F	33	2;00.58
4	500 Jessie	Nixon	F	38	2;04.19
5	498 Jamie	Koehler	F	34	2;23.19
6	203 Elizabeth	Mueller	F	42	2;23.19
7	228 Jeannette	Bahr	F	43	2.31.45

**8 miles**

1	457 Scott	Feldmann	M	38	1;00.4
2	235 Marshall	McAllister	M	39	1;02.58
3	237 Aaron	Heiring	M	28	1;06.17
4	455 Jacob	Jones	M	40	1;06.34
5	212 Michael	Francis	M	45	1;10.18
6	234 Chris	Arnold	M	32	1;14.28
7	453 Connor	Romenesko	M	25	1;15.35
8	244 Jason	Kenesie	M	41	1;19.00
9	236 Jim	Heiring	M	62	1'21.30

Sheet1

10	251 Mike	Biggio	M	31	1;25.30
11	455 Benjamin	Lawson	M	37	1;25.33
12	213 Robert	Williams	M	51	1;33.35
13	486 Dave	Patch	M	36	1;33.39
14	487 Dave	Smith	M	37	1;34.00
15	488 Rick	Weiss	M	43	1;38.44
16	460 Jack	Oblein	M	58	1;38.44
17	463 Robert	Ramsey	M	74	1;55.40
18	424 Jamie	Delgado	M	41	1:55;41

1	466 Jessica	Feldmann	F	33	59.45
2	477 Heather	Eiden	F	49	1';21;25
3	472 Tania	Taylor	F	46	1;21.25
4	250 Laura	Flores	F	26	1;25.31
5	465 Kaylee	Beck	F	27	1;29.00
6	223 Erin	Smith	F	35	1;34.45
7	499 Wendy	Weiss	F	37	1;38.44
8	495 Monica	Roozen	F	34	1;50.35
9	452 Erin	Segerstrom	F	46	1'50.00
10	497 Stacey	Moriva	F	34	1;52.47
11	464 Amanda	Snyder	F	22	1;55.40
12	243 Erika	Delgao	F	31	1:55;41
13	476 Julie	Kerr-Nicholson	F	48	2;09.11
14	480 Aliza	Gilbert	F	50	2;12.42
15	479 Kelly	Snyder	F	49	2;25.30
16	483 Michelle	L'Estrange	F	56	2.34.50
17	475 Rebecca	Lorentz	F	48	2.34.50
18	224 Randee	Pollock	F	38	2.34.50
19	226 Isabel	Corrigan	F	40	2;34.50

**4 miles**

1	231 Dennis	Matuch	M	46	33.8
2	241 Eric	Mayhew	M	28	33.54
3	239 Bart	Longacre	M	52	34
4	232 Barry	Thompson	M	39	34.16
5	423 Kevin	Conlin	M	38	34.18
6	246 Brent	Runzel	M	58	37.04
7	429 Grant	McNail	M	47	37.59
8	431 Andrew	Fetzer	M		39.2
9	456 Chris	Wanasek	M	38	41.54
10	489 Mark	Helm	M	46	44.27
11	425 Jeff	Robare	M	43	50.3
12	430 Greg	Nottingham	M	53	51.35
13	248 Tim	Barthel	M	42	57.3
14	461 Michael	Barth	M	60	57.57

Sheet1

15	249 Chris	Nicholson	M	45	58.57
16	433 Christopher	Quinn	M	54	1;00.30
17	432 Will	Wailer	M	31	1;12.00
18	427 Jody	Hoffman	M	45	1;38.40
1	438 Joelle	Banta	F	32	36.29
2	240 Kelly	Mayhew	F	23	37.15
3	202 Missy	Gray	F	41	38.35
4	436 Haley	Scott	F	29	41.42
5	468 Lindsey	Wanasek	F	35	42.2
6	471 Cheryl	Helm	F	45	44.57
7	242 Sue	Hedding	F	52	46.18
8	447 Heather	Murgatroyd	F	49	46.2
9	482 Joni	Kirch	F	54	46.5
10	440 Anne	Dobelman	F	38	52.28
11	238 Jenny	Nagaoka	F	48	53.4
12	451 Dana	Friedman	F	42	57.57
13	442 Corrine	Lawson	F	40	57.57
14	450 Stacy	McNall	F	46	1;08.30
15	449 Kate	Kleiva	F	27	1;12.00
16	441 Elberta	Hoffman	F	40	1;38.40
17	446 Vicki	Maksen	F	45	1;50.00

relay

relay

73 Santillan	2;55.40
78 Mullenix/Witz	2;40.18
74 Chavez/Boltong	2;43.30
73 Wahlert/Cobb	2;40.08
77 Buesing/Scott	2;38.57
72 Mitchell/Frye	2;23.00
82 Gasick	2;15.02

12 mile

80 Nemke	2;30.30
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8mile

81 Hauser/Kind-Keppel	1;44.00
79 Smith/	