

# Tia Maria's European Café

// LUNCH MENU //

42 N. WATER STREET, NEW BEDFORD, MA 02740 || 508-993-8900

## APPETIZERS

### 4 SHRIMP CAKES \$8.50

Deep fried croquettes filled with shrimp

### 4 CODFISH CAKES \$8.50

Deep fried and made up of potatoes, codfish, eggs & parsley

### CHICKEN MOZAMBIQUE TENDERS \$10

Fried + dipped in a mild spicy saffron garlic sauce

### CHOURIÇO BOMBEIRO \$10.50

Portuguese sausage served over an open flame

### PORTUGUESE NACHOS \$11

Corn tortilla chips topped with green peppers, onions, tomatoes, mozzarella, red hot peppers & ground linguica

### CALAMARI \$13

Deep fried & mixed with giardiniera pickles served with cocktail sauce

### SHRIMP MOZAMBIQUE \$14

10 Shrimp in a mild spicy saffron garlic sauce  
Available gluten free - add \$1.45

### AVOCADO FRIES \$12

Slices of avocado that are breaded and lightly fried to crispy golden brown perfection

## SIGNATURE SOUPS

CUP \$4 - BOWL \$5.50

### CALDO VERDE

Award winning! Shredded kale in a potato base with sliced chouriço - Gluten Free!

### CHICKEN ORZO

Just like your Tia would make it! Tender pieces of chicken with carrots & orzo macaroni

### KALE

Award winning! Kale with potatoes, carrots, onions, macaroni, beans & chouriço

## TIA MARIA'S PICK TWO

SELECT TWO \$8

### 1/2 SANDWICH

Caçoila, Tuna Salad, Ham, Turkey, Egg Salad, BLT or Chicken Salad

### CUP OF SOUP

Caldo verde, Kale or Chicken Orzo

### SMALL GARDEN SALAD

Tomatoes, cucumbers, red onions & carrots

## SALADS

ADD GRILLED CHICKEN, TUNA SALAD OR CHICKEN SALAD \$4

### GARDEN SALAD SM \$5 LG \$8

Green leaf lettuce topped with cucumbers, red onions, tomatoes & carrots

### GREEK SALAD \$9.50

Our large garden salad topped with olives & feta

### CHEF SALAD \$14

Green leaf lettuce topped with cucumbers, red onions, tomatoes, sliced ham & turkey, mozzarella & hard boiled egg

## FLATBREADS

PERSONAL SIZE FLATBREAD (10X6IN)  
WITH MOZZARELLA + TOMATO SAUCE

### PLAIN \$6.75

Just mozzarella, tomato sauce + nada mais

### BUFFALO CHICKEN \$9

Grilled chicken tossed with buffalo sauce

### PORTUGUESE \$9.75

Peppers, onions & your choice of linguica, chouriço OR morçela

### PORTUGUESE HAWAIIAN \$9.75

Pineapple with your choice of linguica, chouriço OR morçela

### CHOURIÇO & CHIPS \$9

Sliced chouriço & hand sliced fried potatoes

### GREEK \$9.50

Olives, mozzarella, feta, spinach, & tomato

### CHICKEN MOZAMBIQUE \$10.50

Chunks of chicken in a zesty saffron garlic sauce

### SÃO JORGE PIZZA \$10.75

Ground linguica & thick slices of São Jorge cheese

### VEGETABLE \$11

Spinach, broccoli, tomatoes, onions, green peppers & mushrooms

### AVOCADO CHICKEN \$14.50

Bacon, tomato, grilled chicken + drizzled with chipotle aioli

## Sandwiches

Served with potato chips and on your choice of bread: white, wheat, seeded rye, marble or a Portuguese roll

### EGG SALAD \$7.35

Hard boiled egg mixed with mayo + parsley topped with lettuce + tomato  
Make it a BELT + add bacon \$2

### BLT \$8.65

Bacon, Lettuce & Tomato with mayo

### TUNA \$8.45

Light tuna mixed with mayo, pureed onion + celery topped with lettuce + tomato

### CHICKEN SALAD \$8.45

Pulled chicken with mayo, pureed onion + celery topped with lettuce + tomato

### HAM OR TURKEY \$8.35

Deli meat hand sliced fresh with lettuce + tomato

### PESTO TOMATO MELT \$8.35

Provolone, spinach & red onion

### TURKEY FRESCO \$9.85

Provolone, spinach, sundried tomato, roasted red peppers & artichokes

### TURKEY PESTO \$9.65

Provolone, spinach & tomato

### THANKSGIVING \$10.35

Deli turkey, cranberry sauce, stuffing, lettuce & mayo best served on a Portuguese roll

### FLORENTINE SANDWICH CHICKEN

### \$10.35 TUNA \$9.35

Provolone, spinach, red onion & mayo  
Award-winning photographer, Peter Pereira's favorite!

### BBQ CHICKEN SANDWICH \$10

Grilled chicken, cheddar, red onion + bbq sauce best served on a Portugues roll

### HAM CRANBERRY MELT \$9.65

Deli ham, cranberry sauce + cheddar cheese

### ADDITIONAL TOPPINGS .95 EACH

Spinach, lettuce, onions, sliced olives, green peppers, hot peppers, pickles, pesto, tomatoes, artichokes, sundried tomatoes, roasted red peppers, egg, American, provolone, cheddar, swiss, feta, mozzarella or mushrooms

### PORTUGUESE CHEESE \$2.75

São Jorge or Queijo da Serra

### SUBSTITUTE CHIPS

Rodelas OR Rice \$2 - Pasta salad, vegetable OR garden salad \$2.50

### SUBSTITUTE BREAD

Sweet bread, bolo lêvedo or bagel \$1 - Gluten free bread, Croissant or cheese roll \$2

### MAKE ANY SANDWICH A WRAP \$1.45

Whole wheat wrap

### TIA'S FLATBREAD YOUR WAY \$6.75

Add vegetables .95 each: Spinach, onions, olives, green peppers, hot peppers, garlic, broccoli, tomatoes, artichokes, sundried tomatoes, roasted red peppers or mushrooms

Add meat \$1.50 each: Bacon, sausage, ham, pepperoni, linguica, chouriço or morçela

CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.  
BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF YOU OR A PERSON IN YOUR PARTY HAS A FOOD ALLERGY



## WRAPS

### WHOLE WHEAT WRAP

#### VEGETABLE \$9.85

Spinach, lettuce, onions, tomatoes, roasted red peppers, artichokes, sundried tomatoes, cucumbers + olives tossed in balsamic vinaigrette served with chips

#### BUFFALO CHICKEN \$9.85

Grilled chicken tossed in buffalo hot sauce with bleu cheese & lettuce served with chips

#### CHICKEN CAESAR \$10

Grilled chicken, lettuce, parmesan cheese & caesar dressing served with chips

#### BALSAMIC CHICKEN \$10

Grilled chicken, red onion, lettuce, dried cranberries, feta + balsamic vinaigrette served with chips

#### CHICKEN MOZAMBIQUE + RICE \$10.50

Sautéed chicken in a mild spicy saffron garlic sauce & rice served with rodela

#### CACOILA + RICE \$10.50

Stewed chunks of pork & rice served with rodela

## SPECIALTY SANDWICHES

### SERVED ON A PORTUGUESE ROLL WITH RODELAS - FRIED SLICED POTATOES

#### LINGUIÇA OR CHOURIÇO \$9

Grilled Portuguese Sausage

#### CAÇOILA \$9

Chunks of stewed Pork

#### BIFANA \$9.45

Pan fried pork steak topped with hot peppers

#### CHOURIÇO & CHIPS \$9.45

Sliced Portuguese sausage & rodela

#### MORCELA & PINEAPPLE \$9.85

Grilled blood sausage & pineapple

#### CHICKEN MOZAMBIQUE \$9.85

Chicken breast in a mild saffron garlic sauce

#### STEAK SANDWICH \$11.50

Prego no Pão - Grilled thinly sliced steak with hot peppers

#### TOSTA MISTA \$8.50

Buttered + pressed with deli ham & American cheese

## 1/2 POUND BURGERS

### HAND PACKED 1/2LB BURGERS BEST SERVED ON A PORTUGUESE ROLL

#### CHEESEBURGER \$10.50

Lettuce, tomato, onion & your choice of cheese served with chips - Add bacon \$2

#### GREEK BURGER \$11.50

Spinach, tomato, feta & greek dressing served with chips

#### AZORES BURGER \$13.50

Lettuce, bacon, grilled pineapple & São Jorge cheese served on a grilled bolo levedo with rodela

#### TIA'S BURGER \$14

Bacon, deli ham, cheddar, green + hot peppers & fried egg served with rodela

#### AVOCADO BBQ BURGER \$14.50

Lettuce, tomato, bacon + bbq served with chips

#### PORTUGUESE BURGER \$15

A Phantom Gourmet favorite! Stacked with grilled linguica, rodela, fried egg, & hot peppers served with rodela

## Entrees

All entrees served with two sides: rodela, rice or vegetables  
Add \$2.50 for pasta salad or garden salad

#### CAÇOILA PLATE \$15

Chunks of stewed pork

#### BIFANA PLATE \$16

Pan fried pork steak topped with hot peppers

#### CHICKEN MOZAMBIQUE \$16

Boneless chicken in a saffron garlic sauce Available Gluten Free - Add \$1.50

#### CHICKEN MARSALA \$18

Sautéed chicken in a marsala wine cream sauce with fresh sliced mushrooms

#### SHRIMP MOZAMBIQUE \$17

12 Shrimp in a mild saffron garlic sauce Available Gluten Free - Add \$1.50

#### PORTUGUESE FILETS \$19

Deep fried boneless codfish served with our house pickle tomato tartar sauce

#### BAKED CHOURIÇO SCROD \$20

Topped with bread crumbs, ground chouriço & lemon butter

#### CAJUN SCROD \$20

Oven baked boneless scrod topped with breadcrumbs + cajun seasoning

#### PANKO SHRIMP \$16

Butterfly shrimp deep fried served with a sweet chili sauce on the side

#### JUNIOR STEAK \$17

Prego no Prato - 6 ounce steak topped with one egg & homemade gravy

#### PORTUGUESE STEAK \$19

A Phantom Gourmet Favorite! 10 ounce steak topped with 2 eggs, hot peppers & our homemade gravy

#### AZOREAN STEAK \$19.75

10 ounce steak smothered with hot peppers, spicy homemade gravy & topped with 2 eggs

#### MADEIRAN STEAK \$19.75

10 ounce steak smothered with mushrooms in a madeira wine sauce

#### TIA'S STEAK \$20

10 ounce steak topped with queijo da serra, grilled thick ham & an egg

## SIDES

#### RICE \$4

Saffron with peas, carrots, tomato & onion

#### RODELAS \$4

Hand sliced fried potatoes

#### VEGETABLES OF THE DAY \$4.50

#### PASTA SALAD \$4.50

Mixed with cucumbers, olives & carrots

#### GARDEN SALAD \$5

Green leaf lettuce topped with cucumbers, red onions, tomatoes & carrots

### \*\* KITCHEN NOTES \*\*

*Linguiça [ling-gwee-sah]  
Mild portuguese sausage*

*Chouriço [shore-EE-so]  
Sausage with a spiced flavor*

*Morceia [mor'sela]  
Blood sausage*

*Portuguese Roll  
Bulky, crusty & soft inside*

*Rodelas  
Hand sliced round fried potatoes*

*A full wine + beer  
list available upon request.*



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