



Public Health
Prevent. Promote. Protect.
City-County Health District

CITY-COUNTY HEALTH DISTRICT

PUBLIC HEALTH AND HOME CARE

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To Parents:

This fall City-County Health District will again be holding a seasonal influenza vaccination clinic in your school for students K-12th grade. City-County Health is committed to making vaccinations more convenient for parents and increasing the number of children vaccinated against influenza in our communities. Flu vaccination is the single best way to help prevent your child from getting and spreading the flu. **The Flu Mist vaccine is not available again this year;** studies have found it not to be as effective recently. All individuals 6 months and older are recommended to receive an annual flu vaccine. If you would like your child to receive seasonal influenza injectable vaccine in school this fall, please read the vaccine information sheet and follow the steps below:

The consent form and vaccine information sheets can be accessed on the City-County Health website at www.citycountyhealth.org. Forms and vaccine information sheets are also available at City-County Health office and may be available at the school office and websites. Information and forms are sent home with students, depending on school and grade.

STEP 1. Flu Consent Form - (1-sided)

- ✓ Fill out the Vaccine Administration Record (consent) down through the signature line only.
- ✓ The form must be completed in ink, signed by a parent or legal guardian.
- ✓ Return the consent form to the school at least two days prior to your school's scheduled clinic (see schedule below).
- ✓ **Your child will not be vaccinated if we do not receive a completed and signed flu vaccine consent form.** Parents/designated adults are welcome, but not required, to be present. However, if your child is uncooperative, CCHD will not immunize your child that day.

STEP 2. Payment – (if applicable)

- ✓ Use the chart below to determine if payment needs to be sent in.
- ✓ If payment is needed, it should be sent in with the vaccine consent form.
- ✓ Payment by cash or check is accepted. Checks should be made payable to CCHD.
- ✓ Credit and debit cards are not accepted at school clinics.

***Please call the number on the back of your insurance card to determine if your insurance policy covers the cost of seasonal flu vaccine.**

No Insurance	Your insurance <u>does not cover</u> flu vaccine*	Medicaid (Pays for flu shots)	Your insurance policy <u>covers</u> flu vaccine*
\$20.99 per child** Send with consent form.	\$20.99 per child** Send with consent form.	Write Medicaid # on vaccine consent form.	No out of pocket expense as long as primary policy insurance information is on the vaccine consent form.

** Suggested donation.
Services will not be denied for inability to pay.

If you have any questions about your child being vaccinated or about the vaccination clinics at your school, please call City-County Health District at 845-8518 from 8:00 AM to 5:00 PM. You may visit the following websites for more information: www.flu.gov and www.ndflu.com. City-County Health District also offers flu immunizations at their office at 415 2nd Ave. NE (west of Levers supermarket), Monday through Friday, 9 a.m. to 5 p.m. We suggest you call ahead for an appointment.

School Influenza Clinic Schedule

Jefferson Elementary – Friday, Sept. 29, 7:45-9:15 a.m. (staff and students)

Litchville – Tuesday, Oct. 3, (8:30-9:15 a.m. Community Center - community) 10-11 a.m. @ school (staff and students)

St. Catherine School – Tuesday, Oct. 3, 2:00-3:00 p.m. (staff and students)

Barnes County North – Tuesday, Oct. 10, 8:30-10 a.m. (staff and students); 10-10:30 a.m. (community)

Washington Elementary – Friday, Oct. 13, 7:45-9 a.m. (staff and students)

Valley City Jr/Sr High School – Tuesday, Oct. 17, 7:30-9 a.m. (staff and students)

Oriska School – Wednesday, October 18, 8-9 a.m. (staff and students) 9-9:30 (community)



Flu Shot

Please read this important vaccine information statement about
Flu Shot before completing and signing the consent form.

VACCINE INFORMATION STATEMENT

Influenza (Flu) Vaccine (Inactivated or Recombinant): What you need to know

1 Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year **thousands of people in the United States die from flu**, and many more are hospitalized.

Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

Many Vaccine Information Statements are available in Spanish and other languages. See www.hhs.gov/flu. Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.hhs.gov/flu.

There is no live flu virus in flu shots. **They cannot cause the flu.**

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:

- flu that is caused by a virus not covered by the vaccine, or
- illnesses that look like flu but are not.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

3 Some people should not get this vaccine

Tell the person who is giving you the vaccine:

- **If you have any severe, life-threatening allergies.** If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.
- **If you ever had Guillain-Barré Syndrome (also called GBS).** Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.
- **If you are not feeling well.** It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.

4 Risks of a vaccine reaction

With any medicine, including vaccines, there is a chance of reactions. These are usually mild and go away on their own, but serious reactions are also possible.

Most people who get a flu shot do not have any problems with it.

Minor problems following a flu shot include:

- soreness, redness, or swelling where the shot was given
- hoarseness
- sore, red or itchy eyes
- cough
- fever
- aches
- headache
- itching
- fatigue

If these problems occur, they usually begin soon after the shot and last 1 or 2 days.

More serious problems following a flu shot can include the following:

- There may be a small increased risk of Guillain-Barré Syndrome (GBS) after inactivated flu vaccine. This risk has been estimated at 1 or 2 additional cases per million people vaccinated. This is much lower than the risk of severe complications from flu, which can be prevented by flu vaccine.
- Young children who get the flu shot along with pneumococcal vaccine (PCV13) and/or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Ask your doctor for more information. Tell your doctor if a child who is getting flu vaccine has ever had a seizure.

Problems that could happen after any injected vaccine:

- People sometimes faint after a medical procedure, including vaccination. Sitting or lying down for about 15 minutes can help prevent fainting, and injuries caused by a fall. Tell your doctor if you feel dizzy, or have vision changes or ringing in the ears.
 - Some people get severe pain in the shoulder and have difficulty moving the arm where a shot was given. This happens very rarely.
 - Any medication can cause a severe allergic reaction. Such reactions from a vaccine are very rare, estimated at about 1 in a million doses, and would happen within a few minutes to a few hours after the vaccination.
- As with any medicine, there is a very remote chance of a vaccine causing a serious injury or death.

The safety of vaccines is always being monitored. For more information, visit: www.cdc.gov/vaccinesafety/

5 What if there is a serious reaction?

What should I look for?

- Look for anything that concerns you, such as signs of a severe allergic reaction, very high fever, or unusual behavior.

Signs of a severe allergic reaction can include hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, and weakness. These would start a few minutes to a few hours after the vaccination.

What should I do?

- If you think it is a severe allergic reaction or other emergency that can't wait, call 9-1-1 and get the person to the nearest hospital. Otherwise, call your doctor.
- Reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your doctor should file this report, or you can do it yourself through the VAERS web site at www.vaers.hhs.gov, or by calling 1-800-822-7967.

VAERS does not give medical advice.

6 The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines.

Persons who believe they may have been injured by a vaccine can learn about the program and about filing a claim by calling 1-800-338-2382 or visiting the VICP website at www.hrsa.gov/vaccinecompensation. There is a time limit to file a claim for compensation.

7 How can I learn more?

- Ask your healthcare provider. He or she can give you the vaccine package insert or suggest other sources of information.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call 1-800-232-4636 (1-800-CDC-INFO) or
 - Visit CDC's website at www.cdc.gov/flu

Vaccine Information Statement

Inactivated Influenza Vaccine

Office Use Only



08/07/2015

42 U.S.C. § 300aa-26

