

# **Seating and Mobility Guidelines for Individuals with Muscular Dystrophy**

**Length:** 1 Hour

## **Description:**

This one-hour course will review each of the various types of Muscular Dystrophy including average age of onset; Life expectancy and etiology of each.

Guidelines will be presented to aid in the assessment stage to provide the appropriate mobility device along with proper seating/positioning accessories for both manual and power platforms- including specialty input devices. The course will also examine anticipated future needs of individuals with Muscular Dystrophy as their condition progresses.

The course will be presented as a Power Point with cases studies and is aimed at both Clinicians and Assistive Technology Providers to maximize independence and delay the onset of postural deformities for individuals with Muscular Dystrophies and other neuromuscular conditions.

**Instructional Level:** Intermediate

**Credits:** 1.0 CCU / 0.1 CEU

**TPTA approval pending**

**TOTA approval pending**

**Presenter:**

## **Steffen Tiskus PT, ATP**

Steffen Tiskus is currently the Training and Development Coordinator- Power Positioning for Motion Concepts. Steffen began his career as a Physical Therapist, working with a wide range of patient populations. Later worked as a Rehabilitation Technology Supplier in a variety of clinical settings, with both pediatric and adult populations. For fourteen years worked as an Independent Representative and consultant of Complex Rehabilitation Equipment. With over twenty years of Complex Technology experience, He has presented on numerous occasions throughout the United States on Seating and positioning and wound care management.