

... what is O.A.?

Wondering if Overeaters Anonymous (OA) might be the solution to your food and eating behaviors?

Come join us at one of our Newcomers Open House gatherings for a chance to meet members, ask questions and learn about the program where *all* who want to stop eating compulsively are welcome!

Newcomers Open Houses:

	<u>Tuesday</u>	<u>Wednesday</u>	<u>Saturday</u>	<u>Sunday</u>
<i>Week of the month:</i>	Every	1st, 3rd	1st, 3rd, 5th	2nd, 4th
<i>Time:</i>	11:45a-12p	6:15p-6:45p	10:30a-11a	10a-10:30a
<i>OA Meeting right after:</i>	12p Lifeline	6:45p Newcomers / 100 pounders	10:30a OA Literature	10:30a Big Book

Location

Address

Questions?

OA Office

1219 E Glendale, #23, Phoenix, AZ

602-234-1195