



## Pain Management and Substance Use (Addiction Medicine) Management Advice & Support

---

Your medical group / physician group may have existing relationships with pain management/substance abuse departments that they should take advantage of. It may also be valuable to check with health plans to make use of pain management and substance abuse services that are available through each respective health plan. For example, one of the documents in this section illustrates the relationship between Blue Shield and Magellan.

**1. UCSF Clinical Consultation Center (CCC) Substance Use**

**Warmline** <http://nccc.ucsf.edu/clinical-resources/substance-use-resources/>  
<http://nccc.ucsf.edu/clinician-consultation/substance-use-management/>

*Substance Use Management: Clinically supported advice on substance use management for health care providers. Peer-to-peer consultation from physicians, clinical pharmacists, and nurses with special expertise in substance use evaluation and management.*

*Call for a Phone Consultation: 855-300-3595 (Monday-Friday, 10am – 6pm EST)*

**2. UC Davis Pain Management ECHO Telementoring Program Project**

(<http://www.ucdmc.ucdavis.edu/advancingpainrelief/Projects/ECHO.html>)

**3. Blue Shield / Magellan Contact Sheet**

**4. County of Los Angeles Substance Abuse Prevention and Control**

**List** <http://nebula.wsimg.com/ba638bf5557aafecfae859e8488b9803?AccessKeyId=5647EEC704480FB09069&disposition=0&alloworigin=1>

**5. Smartphone App Helps Physicians Treat Opioid Abuse**

[http://www.physiciansnewsnetwork.com/connected\\_care/article\\_d5cd0d02-a10f-11e6-8760-63fada63a229.html?utm\\_medium=social&utm\\_source=email&utm\\_campaign=user-share](http://www.physiciansnewsnetwork.com/connected_care/article_d5cd0d02-a10f-11e6-8760-63fada63a229.html?utm_medium=social&utm_source=email&utm_campaign=user-share)

**6. Surgeon General's Website: Turn The Tide: Help Is A Call Away**

<http://turnthetiderx.org/for-patients/#>

*HELP IS A CALL AWAY: Opioid use disorder can occur when a patient has a hard time controlling his or her opioid use, which results in significant health or social problems. There are effective treatments for opioid use disorder. If you or someone close to you has an addiction to pain medication, talk to your health care professional or contact the Substance Abuse and Mental Health Services Administration's (SAMHSA) TREATMENT HELP LINE at (800) 6662-HELP (4357) or visit the [online treatment locators](#).*

*[SAMHSA's National Helpline (also known as the Treatment Referral Routing Service) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental health and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.]*

<http://www.samhsa.gov/find-help/national-helpline>