



GRIZZLY MTB / CROSS / FAT Bike Marathon & Relay

Canmore Nordic Centre - Sunday, July 21, 2019

We are very excited to announce a new and unique format for this year's event. We are opening up the race to allow for all types of bikes including mountain, cross, gravel and fat varieties. E-bikes are the only type strictly prohibited for obvious reasons ;)

Riders can even bring more than one bike and switch bike type between laps to optimize racing their racing strategy.

The event will start with one mass start with all participants riding the exact same 11.26 km lap course. Results and awards will be based on one overall classification. i.e. we will not be offering separate awards / results for different bike types.

We can't wait to celebrate the diversity of different cycling cultures which have developed in recent years.

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Registration Fee Includes

- Draw prizing from generous sponsors
- Awards for top age group and overall winners
- Finish Line Soda From Grizzly Paw Brewing Co
- Hammer Nutrition
- Post Race Lunch
- World Class Event At Former Olympic Venue
- Highly Trainer Medical / Emergency Evacuation Team

Event Updates

'LIKE' us on Facebook to stay in touch with event updates. Update notifications will also be sent to all registered participants by email.

When ?

Race day is Sunday, July 21. Pre-race briefing will take place at 09:45 at the start / finish area at the Canmore Nordic Centre. Mass race start will be 10 a.m. Sharp !

Race Package Pick Up

Package pick up will be available on Saturday, July 20 from 1pm until 5pm at Rebound Cycle on Canmore's Main Street.

Rebound Cycle. 902 8 Street, Canmore. Tel: (866) 312 1866
www.reboundcycle.com

Race morning package pick up is also available at the Canmore Nordic Centre, start / finish area from 08:30 – 09:30 a.m. Please **arrive early** if you plan to pick up on race day.

Timing Chips

Must be picked up by all racers at the start / finish area from 08:00 until 09:30

Online Waivers

Online waivers will be available for download from the event webpage at www.grizzlyevents.ca these must be printed and signed by all solo and team riders. Signed copies must be presented at time of race package pick up.
No signed waiver = no race package.

Start & Cut Off Times

Start Time is 10:00 a.m. Sharp! Riders will have 8 hours to complete as many laps as possible. Only laps completed under the 8 hour cut off time will be counted towards overall

results / awards.

Course Maps

Check out www.grizzlyevents.ca for detailed course descriptions, maps and elevation profiles. Email tony@grizzlyevents.ca for gpx files.

Safety & Medical

All riders must be self-sufficient. Our medical base station will be located at the start / finish line in the stadium area. All participants will be required to submit the signed Grizzly waiver at racer check in. We will have a team of sweepers on course for each leg; they will be equipped with radio communications to our emergency medical team.

Water / Aid Station

Each and every leg will start and finish in the main stadium. We will have one main water / aid station located here. Hammer Sports drink and gels will be provided at this station. Riders must provide their own solid nutrition.

Prizing And Awards

Will take place at the start / finish area at 6:30 p.m.

Changes And Refunds

Bib transfers and team roster changes are possible until midnight on July 16th. Your entry fee is 100% non refundable under any circumstances. Please do not email us with requests for refunds 😊 We thank you in

advance for your understanding.