

## CAGE Alcohol Screening Instrument

The CAGE screening test is short and simple to administer. Two or more positive answers are correlated with alcohol dependence in about 90% of cases.

CAGE may not pick up problems in those who are fearful of negative consequences of disclosure such as those looking for accommodation, people who are fearful of child protection agency staff, and those with mental health problems.

### Short Questionnaire About Alcohol Use

**C** - Have you ever felt you ought to **C**ut down on your drinking?

**A** - Have people **A**nnoyed you by criticizing your drinking?

**G** - Have you ever felt bad or **G**uilty about your drinking?

**E** - Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (**E**ye-opener)?