

Don's Sleeping System Gear Options Charted

Provided by: HighCountryExplorations.com

				<i>Sleeping</i>	<i>Sleeping</i>	<i>Sleeping</i>			Extra	TOTAL
Type of Trip	Comfort		Ground	Pad/	Bag/	Base	Insulated	Shell	Heat	SYSTEM
Predicted Weather	Level	Shelter	Sheet	Mattress	Quilt	Layers	Clothing	Clothing	Source	WEIGHT
Summer UNPLANNED emerg. bivouac—generally warm and dry	Low	Emergency mylar bivy	—	11x18 hip pad	—	Long John top	down vest	wind parka + WP/B parka	—	
	Wt. oz-->	3.6		1		7	4	11		26.6
3 season UNPLANNED emerg. bivouac—moderate; no precipitation	Low	Emergency mylar bivy	—	11x18 hip pad	—	LJ top & bottom	down vest + synthetic parka	wind parka + full WP/B storm suit	chemical warmer	
	Wt. oz-->	3.6		1.8		8	17.6	17.3	1.9	50.2
Winter UNPLANNED emerg. bivouac —moderate, cool	Low	Emergency mylar bivy + 5x8 tarp	—	20x33 pad	—	LJ bottoms; Vapor barrier shirt	down jacket + synthetic parka	wind parka + full WP/B storm suit	chemical body wrap	
	Wt. oz-->	15		6.4		17.5	31	17.3	2.9	90.1
UL Summer PLANNED bivouac—warm and dry	Low	Breathable bivy	—	20x33 pad	Synthetic quilt	LJ top & bottom	down vest + synthetic parka	wind parka + full WP/B storm suit	chemical warmer	
	Wt. oz-->	8.8		6.4	12	14	17.6	15	1.9	75.7
3 Season ULTRALIGHT Multi-day—moderate; no prec.	Mod	Solo tarp tent	40x96 sheet	2/3 Air Mattress	Down quilt	LJ top & bottom	Down jacket	wind parka + full WP/B storm suit	—	
	Wt. oz-->	17.8	1.8	9.2	18.3	14	17.3	17.3		95.7
Summer Multi-day HIGHER ELEVATIONS—snow possible	Mod	Solo tarp tent	72x96 sheet	2/3 Air Mat+ 11x18 pad	30 degree down bag	LJ top & bottom	Fleece shirt; Down jacket	wind parka + full WP/B storm suit	—	
	Wt. oz-->	17.8	2.6	11	18.5	14	28.3	17.3		109.5
Summer Multi-day BASE CAMPING—full range of weather	High	Share 3 Person pyramid tent + 8x10 cook tarp	72x96 sheet	2/3 Thermo Mattress + 11x18 pad	30 degree down bag	LJ top & bottom	Fleece shirt; Down jacket	wind parka + full WP/B storm suit	—	
	Wt. oz-->	21	2.6	20	18.5	14	28.3	17.3		121.7
Winter BASE CAMPING—cold, stormy weather likely	Mod	Share 2 Person Double-walled tent + 8x10 cook tarp	Nylon tent footprint	Full cover floor mats + 2/3 Thermo Mattress	30 degree down bag + down quilt	Mid-Wt wool shirt + 200 Wt fleece pants	Fleece shirt; Down jacket	wind parka + full WP/B storm suit	bottles filled boiling water	
	Wt. oz-->	50	4	35	36.8	32	28.3	20	5	211.1