

# JULY 2017

Brilliant Beginnings  
LEARNING CENTER

	Mon 3rd	Tues 4th	Wed 5th	Thur 6th	Fri 7th
<b>Breakfast</b> 8:00-8:45	Breakfast Bar Assortment Milk		Bagel w/cr cheese Milk	Rice Cakes Juice	Cereal Milk
<b>Lunch</b> 11:00-12:00	Shredded Chicken Baked Beans Crackers Applesauce Milk	<b>CLOSED</b> 	Chicken Nuggets Garlic Bread Peas Strawberries Milk	Fish Sticks Muffin Carrots Pineapple Milk	Taco Meat Tortilla Chips Corn Pears Milk
<b>P.M. Snack</b> 2:45-3:30	Wheat Thins Milk		Popcorn/ Puffcorn Juice	Cheese its Milk	Animal Crackers Milk
	Mon 10th	Tues 11th	Wed 12th	Thur 13th	Fri 14th
<b>Breakfast</b> 8:00-8:45	Waffles / Waffle Sticks Milk	Cereal Milk	Fruit Milk	Cinnamon Bar Milk	Cereal Milk
<b>Lunch</b> 11:00-12:00	Hamburger Bun Mashed Potatoes Peaches Milk	Sausage Links Bread Cubed Potatoes Oranges Milk	Spaghetti w/ Hamburger Corn Melon Milk	Cold Meat Slices Bread Carrot Sticks Fruit mix Milk	Cheese Pizza French Fries Apples Milk
<b>P.M. Snack</b> 2:45-3:30	Chips & Salsa Juice	Muffins Juice	Graham Crackers Milk	Pretzels Juice	Ranch Crackers Milk
	Mon 17th	Tues 18th	Wed 19th	Thurs 20th	Fri 21st
<b>Breakfast</b> 8:00-8:45	Granola Bar Juice	Wow butter Bread Milk	Cereal Milk	Nutri Grain Bar Milk	Bagels w/Cream Cheese Milk
<b>Lunch</b> 11:00-12:00	CheeseBurger Macaroni Bake Peas Pears Milk	Tomato Soup Crackers/Cheese Broccoli Applesauce Milk	Ham Creasent Roll Tator Tots Watermelon Milk	Hot Dogs Corn Muffin Mixed Veggies Fruit Mix Milk	Meat Balls Cinnamon Roll Cubed Potatoes Oranges Milk
<b>P.M. Snack</b> 2:45-3:30	Cereal Mix Juice	Banana Vanilla Wafers Water	Apple/cutie orange Milk	Animal Crackers Milk	Celery and Carrots Milk
	Mon 24th	Tues 25th	Wed 26th	Thurs 27th	Fri 28th
<b>Breakfast</b> 8:00-8:45	Poptart Milk	Yogurt with Peaches Milk	Pancakes Milk	Cereal Milk	Cinnamon Roll Milk
<b>Lunch</b> 11:00-12:00	Pizza Burgers Crescent Rolls Green Beans Peaches Milk	Pork Chops Stuffing Corn Watermelon Milk	Chicken Salad Crackers Green Beans Melon Milk	Tuna Noodle Casserole Peas Fruit Cocktail Milk	Cold Meat Slices Bread Carrot Sticks Oranges Milk
<b>P.M. Snack</b> 2:45-3:30	Goldfish Milk	Yogurt Juice	Iced Graham Crackers Milk	Wheat Thins Juice	Rice Cakes Juice
	Mon 31	Tues Aug 1st	Wed 2nd	Thur 3rd	Fri 4th
<b>Breakfast</b> 8:00-8:45	Cinnamon Bars Milk	Nutri Grain Bars Milk	Cereal Juice	Pancakes Milk	Bagel w/cr cheese Milk
<b>Lunch</b> 11:00-12:00	Barbeque Chicken Seasoned Rice Broccoli Pineapple Milk	Fish Sticks Garlic Bread Mixed Veggies Banana Milk	Hamburger Bun Mashed Potatoes Fruit Cocktail Milk	Breaded Chicken Bun Baked Beans Apples Milk	Taco Meatballs Tortilla Chips Lettuce/cooked Carrots Oranges Milk
<b>P.M. Snack</b> 2:45-3:30	Snack Mix Juice	Wow Butter/J Bread Milk	Cinnamon Roll Juice	Cheese Slices Crackers Water	Granola Bar Juice

Snacks include 2 food groups  
Lunch includes 1 serving of each food group

\*\*Choking Hazards are substituted for Infant / Toddlers  
Juice is 100% Juice. Fluid milk is served with lunch