

**September 2020**  
**Post Newsletter**  
WesternSpringsVFW.org

**Commander's Stuff**

**By Esteban Lopez**

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We did it! We held our first Post meeting and started rolling the ball for the rest of the year. It was nice to see you all! We missed some of our Comrades, but we hope to see them at the next meeting.

Our challenge is to come up with alternate ways to keep a presence in the community. Some of our activities are at a standstill because of the pandemic. Your ideas are the solution to the enigma. Please let me know if you have an idea that we can implement. We are looking for ways to keep the Patriot Pen and the Voice of Democracy going and how to fund them.

We are facing a technology crisis. Some of you have problems installing software that can give us the ability to meet remotely or by phone conference. Please give me a call and I can help. I can install software remotely and test it. From there it is a short step to use it for any purpose.

On the same note, if you know of veterans who are facing challenges or issues with their home PCs, I can also help as long as they have

**Save the Dates**

Sept. 8<sup>th</sup> – 7:30 p.m. **Post Regular meeting** at Grace Lutheran Church  
Sept. 11<sup>th</sup> – deadline for October newsletter  
Oct. 13<sup>th</sup> – 7:30 p.m. **Post Regular meeting** at Grace Lutheran Church

internet access. The work will be done at no cost to the requester.

Mike Winner is putting together a new calling roster for the Post. When you get a copy, make sure the information is correct. The call roster will be tested in September.

I would like to thank Bruce, Chuck and Guy for accepting my request as Adjutant, Parade Committee and Service Officer. With their acceptance to the duties, the list of Post officers is complete.

Remember that wearing a face mask properly when in public and keeping 6 feet of distance, together with hand sanitation, is our first line of defense against COVID-19. As fighting men we learned to defend the perimeter. Your perimeter is 6 feet. Keep the defense up!

Hines need volunteer drivers. If you know of anyone who will like to help

driving veterans to their appointments,  
let Bruce know.

See you in September,  
Ad Maiora

### **Quartermaster Report**

**By Mike Winner**

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#### Statement of funds as of 8/11/20:

Post General Fund	\$6,240.03
Post Relief Fund	3,532.10
TOTAL:	\$9,772.13

Semper Fidelis

### **School Lunches Around the World**

**Japan** – Kids wear aprons and take turns serving one another foods like fish, vegetables, rice and soup. After the meal, they clean their dishes and sweep the floor.

**France** – Lunch is a four-course affair, even for 3-year-olds. A typical lunch features a vegetable salad such as cucumber salad, a hot entree such as roasted chicken, a cheese course and fruit or a tart for dessert.

**Brazil** – In parts of Brazil, schools get ingredients from local farmers. Kids drink passion fruit and fill colorful plates with rice and beans, along with beef or chicken and seasonal fruit.

*Source: Food Network Magazine*

### **How to Know When You're Growing Older**

Everything hurts and what doesn't hurt doesn't work.

The gleam in your eye is from the sun hitting your bifocals.

Your Little Black Book has only names ending in MD.

You get winded playing cards.

Your children begin to look “middle aged.”

You join a health club and don't go.

A dripping faucet causes an uncontrollable bladder urge.

You know all the answers, but nobody asks you the questions.

You look forward to a dull evening.

You need glasses to find your glasses.  
You turn out the lights for economic, not romantic reasons.

You sit on a rocking chair and can't get it going.

Your knees buckle, but your belt won't.

Your back goes out more often than you do.

You have too much room in the house and not enough in the medicine chest.

You sink your teeth in a steak and they stay there.

You are wondering why more people aren't using large print.

*Thanks to Walt for sharing!*