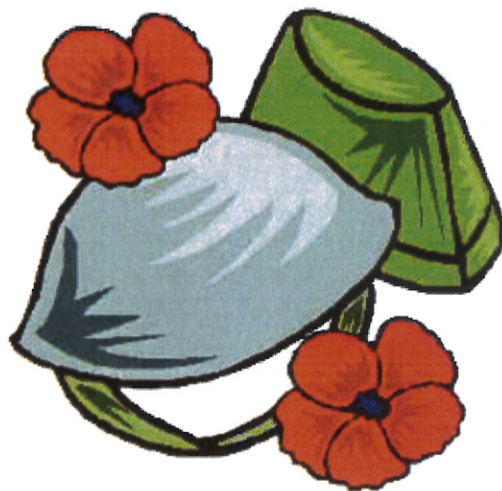


Golden Years Society November 2017 Newsletter



United Way
Fort McMurray



**REGIONAL MUNICIPALITY
OF WOOD BUFFALO**



United Way
Fort McMurray

Fort McMurray Golden Years Society

November 2017 Calendar of Events



REGIONAL MUNICIPALITY
OF WOOD BUFFALO

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Luncheon 12-1 Bingo at 1 p.m.	2 Walk the Island Bus	3 Drop in 10-12	4 GYS SINGERS 10:30 -12
5 SENIOR ZUMBA 2 P.M. BUS FREE	6 CARPET BOWLING AT NEXEN FIELD HOUSE MAC ISLAND 2:30	7 Walk the Island 9:30 CRIB 7-9	8 Luncheon 12-1 Bingo at 1:00 p.m.	9 Walk the Island 9:30 Foot Clinic	10 Drop in 10-12	11
12 SENIOR ZUMBA 2 P.M. BUS FREE	13 CARPET BOWLING AT NEXEN FIELD HOUSE MAC ISLAND 2:30	14 Walk the Island 9:30 Board Meeting 9:30 CRIB 7-9	15 Luncheon 12-1 Bingo at 1 p.m. PET THERAPY 12:30 	16 Walk the Island 9:30 Movie Matinee 1:00 Million Dollar Baby	17 Drop in 10-12	18 CHRISTMAS BAZAAR & BAKE SALE AT THE GOLDEN YEARS DOORS OPEN AT 10 AM - 2 PM
19 NO ZUMBA	20 CARPET BOWLING AT NEXEN FIELD HOUSE MAC ISLAND 2:30	21 Walk the Island 9:30 CRIB 7-9	22 Luncheon 12-1 Bingo at 1 p.m.	23 Walk the Island 9:30 Foot Clinic	24 Drop in 10-12	25 GYS SINGERS 10:30 -12
26 SENIOR ZUMBA 2 P.M. BUS FREE	27 CARPET BOWLING AT NEXEN FIELD HOUSE MAC ISLAND 2:30	28 Walk the Island 9:30 ANZAC LUNCH 12:00 CRIB 7-9	29 Luncheon 12-1 Bingo at 1 p.m.	30 Walk the Island 9:30 Friendship Center Supper 5:00		



Birthdays of the Month

November Members



Arthur Wareham	Nov	2
Janet Bullock	Nov	7
Victoria Rhodes	Nov	8
Charles Fraser	Nov	9
Myrtle Werstiuk	Nov	10
Duncan Barry	Nov	15
Joanne Ireland	Nov	15
Nancy Tynan	Nov	15
Eileen Delange	Nov	16
Alain Blaney	Nov	16
Norma Brentnall	Nov	16
Len Marcischuk	Nov	16
Karen Brebant	Nov	17
Sandra Marullo	Nov	21
Fabier Gerard	Nov	23
Margie Barry	Nov	24
Maureen Queen	Nov	25
Tom Power	Nov	27
Virginia Whitford	Nov	29
Colleen Weibe	Nov	



**Birthdays are
good for you...
The more you have
the longer you live!**

UPCOMING EVENTS

CRIB: Every Tuesday from 7-9 (must be a member)

LUNCHEONS: Members \$7.00 Non-members \$12.00. Lunch is catered 12:00 to 1:00 p.m. Bingo to follow.

SMART BUS: To register or book, please call (780) 743-7909 and leave your name and number.

FOOT CLINIC: Call (780) 791-6250 to book your appointment)

DROP IN PROGRAM – Every Friday from 10-12. Muffins and Coffee. BUS IS AVAILABLE

SENIOR ZUMBA: Every Sunday at 2 p.m. at the Center unless stated otherwise. BUS IS AVAILABLE

PET THERAPY: Wednesday, November 15



WALK THE ISLAND: Every Tuesday and Thursday starts at 9:30 a.m. at Mac Island. After the walk they have coffee. A BUS IS AVAILABLE

ANZAC LUNCHEON: Tuesday, November 28 – Bus is available. Bus sign up – First come first serve

FRIENDSHIP CENTER SUPPER: Thursday, November 30 at 5:00 p.m.

LEGION BINGO: Every Sunday. Doors open at noon. First game at 1:00.

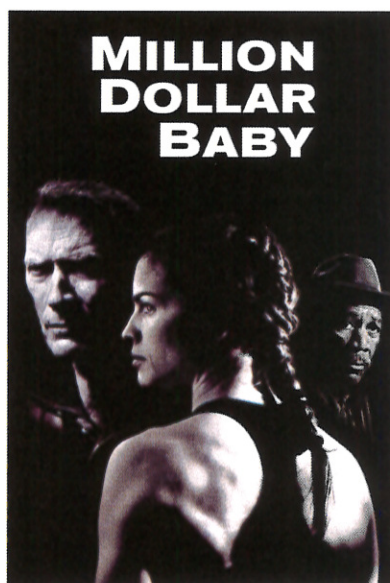
MEMBERSHIP IS \$15.00 FOR THE YEAR – January to December. All memberships expire December 31.

HOSTESS SCHEDULE

Date	Board Member	Volunteer
Nov 1	Cora Verkuil	Eileen Velez
Nov 8	Betty Samaroden	Julie Port
Nov 15	Sandra Marullo	Chris Finn
Nov 22	Gwen Leepart	Yvonne Dixon
Nov 29	Cora Verkuil	Edna Bacon

The Golden Years Society has a lounge where you can sit and relax, watch Tv while you knit or crochet or just sit and visit. Take advantage of our library.

Next movie matinee will be on Thursday, November 16 – “Million Dollar Baby” starring Hillary Swank, Clint Eastwood and Morgan Freeman



*Do you like to sew or do crafts? Well, then come and
join our ladies every Monday from 1-3
All items made support our craft store or bazaar*





Volunteer of the Month for September – Claire Campbell



Golden Years Society
Annual Christmas Bazaar & Bake Sale
Saturday, November 18, 2017

10:00 a.m. to 2 p.m.

Raffle tickets will be available later in September.

1st Prize: King Size Quilt

2nd Prize: Afghan

3rd Prize: Gift Basket

4th Prize: Baby Quilt

**Loading for donations of Craft items, baked goods
and garage sales. Please no clothes or big items.**

Did you know that Mari-Lee is a Commissioner for Oaths. She will do statutory declarations. She is unable to certify true copies, witness or certify and attest deeds, contracts and commercial instruments. Issue a certificate under the Guarantees Acknowledgement Act.

Alberta 55 plus and Lakeland Senior Association News

Congratulations to Millicent Compton who received a pin for being a 20 year member of Alberta 55 plus.

Thank you to Myrtle Dussault from L.S.G.A. for being a director of Area one (Fort McMurray) for many years and her time and devotion to the association. Myrtle was presented with a plaque.

Germain Routhier was presented with a token of appreciation for being a member of Alberta 55 plus for 33 years.

Senior fall games were held in High Prairie and one of our members took part in bocce and five members took part in the craft competition.

Marie Routhier and her team captured the gold medal in bocce. Seven teams took part in that category.

In the crafts component of the games - Myrtle Dussault was awarded a silver medal, Mary Ann Latty a bronze, Gina Willman a bronze, Marie Routhier one bronze, and three silver medals. Out of nine entries, we received seven medals.

Our next senior games will be held in Camrose on April 13, 14, & 15, 2018

Watch the bulletin for more information. If you would like to join Alberta 55+, the membership fee is only \$30.00 per year. For more information go to www.alberta55.ca

Respectfully

Marie Routhier

Area 1, Zone 7 director

Raffle ticket update

Our tickets for the fall bazaar raffle are sold out. Thank you to all members that helped sell tickets in the stores, at the trade show and those who took books of tickets to sell. It has made my job so much easier.

Marie Routhier

Raffle chairperson



CARPET BOWLING

for seniors 55+

WHEN

Every Monday

Starting October 16 at 2:30pm

except statutory holidays and other blackout dates

WHERE

Nexen Energy Field House

at MacDonald Island Park

FREE Drop In program | No registration required

For more information, contact St. Aidan's Society
at heatherl@staidanssociety.ca or 780-743-4370 ext 1

Walk On ... The Island



A Free Walking Program for Seniors!

Where: Fort McKay Group of Companies Running Track at
MacDonald Island (third floor)

Time: Tuesday & Thursdays at 9:30 am
Coffee to follow at 10:15am at Mac Is' Café (main floor)

FREE Busing: Provided by the Golden Years Society
Please contact Mari-Lee to register at 780-743-4088

What You'll Need: Walking Shoes & Comfortable Clothing

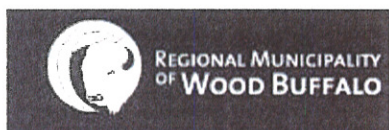
For more information please contact:
Carolyn Evancio 780 714 5637 carolyn.evancio@ahs.ca

Seniors Outreach Support



Have questions?
Need information?
Looking to connect?

Please contact Heather or Sharon at (780)-743-4370 or by
e-mail: info@staidanssociety.ca



Heather
780-743-4370 ext. 1

Sharon
780-743-4370 ext. 3

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Heather
780-743-4370 ext. 1

Sharon
780-743-4370 ext. 3



Grand Ole Opry Country Christmas Night

Friday, Dec. 1
6 - 8 pm

**SENIORS
ONLY
EVENT**

**Northern Lights Health Centre
Cafeteria**

55+ (absolutely FREE)

Free parking area for guests
Escort from the vehicle to the venue
Prizes
LIVE MUSIC
Photo Booth
Lite snacks and refreshments

Questions?
Please call Heather: 780-743-4370, ext. 1