

Essex Senior News

JANUARY 2019

An update from Essex Area Senior Center
2 Lincoln Street, Essex Junction, VT 05452
802-876-5087 www.essexvtseniors.org

SWAN SONG

(as submitted to the Essex Reporter)

It is with a heavy heart that I'll be bidding farewell to a most amazing and wonderful group of people who have, in four years, become my second family. December 31 will be my final day in my role at the helm of the Essex Area Senior Center, a role I have embraced with passion, heart, joy and enthusiasm, and one that I will never forget. I've been blessed with the absolute best volunteers a person could wish for, who willingly and tirelessly worked alongside me to keep the Center and the Senior Vans running smoothly. I had the enviable fortune of caring, supportive co-workers in the Village office who welcomed me from day one and treated me as one of their own. I've been honored to work among the most selfless, caring senior van drivers imaginable. I was gifted with many new friendships which undoubtedly will last the rest of our lives. I was privileged with countless opportunities to meet and network with other Center directors and workers from so many agencies, government entities, schools, and businesses all committed to helping and supporting seniors. This position has never been a "job" to me. It was my vocation. Leaving is undeniably bittersweet.

The philosopher Heraclitus maintained that "The only thing that is constant is change-", and those of us who have lived long enough certainly know the truth in those words. And, in some instances, it takes a change to make a change.

I'll be ushered into the new year as a retiree on a new adventure, which will allow me more time with my nearly-99-year-old Dad and the rest of my family. My many friends at the Senior Center will still see me on occasion as a fellow member enjoying a meal or special event. I'm looking forward to the continued laughter and hugs!

I cannot adequately express my gratitude to all those who have enriched my life and filled my heart during my tenure at EASC. Please continue to nurture the warm, welcoming environment we created together that has made our Center so remarkable and successful.

As Always ,
Lou Ann

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To EASC's Newest Members:
Daisy Barland Leo Beauregard
Jean Bergman Carl Bickmore
Deborah Ragione
Thank you for joining us!





The Center will be closed on Tuesday, January 1 (New Year's Day), and Monday, January 21 (Martin Luther King Day).

Celebrating Birthdays in January



Joyce Stone Louis Pioli Marge Shepard
 Gert Laramee Martha Di Maggio Sandra Retell
 Chris Szarek Rebecca Nelson Tina Corasaniti
 Irene Bowman Carl Bickmore Yvonne Fuller Carol Poquette
 Patrick Buffet Jeannine Cote Fran Wager
 Maryellen Crangle Donald Dygert Gloria Deeley
 Donna Marzouk Jeff Trainor Sharon MacGaw



Thank You to this month's Bingo Callers:

January 8 Martha Di Maggio
 January 15 Maddie Lister
 January 22 Monica G. Dougherty
 January 29 Fran Hogan

Join a really fun group of folks for penny Bingo every Tuesday beginning at 12:30 sharp. Laughter guaranteed!



WEDNESDAY LUNCHEON NEWS

There will be no meal on January 2.

\$7 tickets for JP's on January 9 will be on sale through January 4 only.

\$5 tickets for CTE on February 6 will be on sale from January 14-30 only.

WEDNESDAY LUNCHEONS

Date/Host	Location	Meal	Program
January 9 Outing	JP's 11-12:30 \$7 Ticket Required	Chicken & Bisc. or Meatloaf	None
January 16 Essex Middle School	EMS 12:15-1:15 \$3/\$4 Ticket Req.	Cafeteria Special	TBA
January 23 Holy Family Grace Meth.	Senior Center 11:30-1 \$2/\$4	Soup & Sandwich	Hiawatha Third Graders
January 30 All	Senior Center 11:30-1 Admission is a dish to pass.	Potluck	Jan. Birthdays
February 6 Outing	CTE 11-12:15 \$5 Ticket Required	Sauteed chicken breast in light butter sauce	None

ABOUT WEDNESDAY LUNCHEONS...

Essex Area Senior Center (EASC) sponsors Senior Luncheons every Wednesday from late August through May. Most of our luncheons are now held here at the Senior Center. Those meals are typically soup (from the CTE) and sandwiches with dessert and beverages. Sandwiches and desserts are donated by participating area churches who also send volunteers to serve. The soup, beverages, paper products, etc. are purchased by EASC. EASC volunteers and staff set up, clean up, organize and receive admission for each luncheon. Soup and Sandwich meals at the Center are \$2 for EASC members and \$4 for non-members.

Usually, on the 3rd Wednesday of each month, we are invited to Essex Middle School for lunch. The students and staff take very good care of us there! Tickets are \$3 for members and \$5 for non-members.

The last Wednesday of the month is Potluck. Admission for Potluck is a dish to share for our members. Non-members must pay \$2 AND bring a dish to share. The month's birthdays are also celebrated at Potluck. **No desserts, please!**

On occasion, we have special outings to the Grand Buffet, CTE, or JP's. Those tickets are \$5-\$7 for our members and \$10 for non-members. For more information, please call 876-5087.

JANUARY HAPPENINGS

Please see the January calendar insert for regular, ongoing programs and activities and drop-in times.

2019 MEMBERSHIP: Annual membership fees were due by December 31. Please note: New this year, members who are 90 years of age and above earn free membership! All others are \$12 for Essex residents, \$15 for those living outside of Essex. If you would like the Essex Senior News mailed to you, please include an additional \$6 for postage. Please make checks payable to Village of Essex Junction. Returning and New Member applications can be found on our website or at the Center. Thank you for your continued support of our Senior Center!

Tuesday, January 1, 2019: HAPPY NEW YEAR! Center is closed today.

Wednesday, January 2: No senior luncheon today.

Thursdays, January 3, 10, 17, 24, and 31, 10-10:30 AM: Seated Yoga with our own Sandi McGowan. Free for our members, \$2/session for non-members.

Wednesday, January 9: Luncheon at JP's. \$7 ticket required.

Thursday, January 10, 10-11 AM: Session 1 of Weave a Wall Hanging with Beth Abustan. Pre-registration is required. Please see back of Calendar insert for details.

Friday, January 11: Joint meeting of the Program Committee and Meal Site Advisory Board to discuss future of EASC.

Monday, January 14: \$5 tickets for Feb. 6 luncheon at CTE go on sale today through January 30.

Wednesday, January 16:

12:15-1:15: Luncheon at EMS. \$3/\$4 ticket req.

1:30-3:30 Paint & Sip with Susan Bressack. \$15 Pre-registration required. Please see back of calendar insert for details.



Thursday, January 17, 10:30-11:30: The book for January is "Hotel on the Corner of Bitter and Sweet" by Jamie Ford.



Friday, January 18: Soup & Sandwich, 12-1. You bring your own sandwich and the Center supplies the soup and dessert. \$1 members, \$3 non-members. **Reservations are required!**

Monday, January 21: Center is closed in observance of Martin Luther King Day.

Wednesday, January 23, 11:30-1: Senior Luncheon at Center. Soup & Sandwich. \$2 members, \$4 non-members.

Thursday, January 24, 10-11 AM: Session 2 of Weave a Wall Hanging with Beth Abustan. Pre-registration is required. Please see back of Calendar insert for details.

Wednesday, January 30, 11:30-1: Senior Luncheon at Center. Potluck and January birthday celebration. Admission is a dish to share.

Thursday, January 31, 10-11 AM: Session 3 of Weave a Wall Hanging with Beth Abustan. Pre-registration is required. Please see back of Calendar insert for details.

"Hope smiles from the threshold of the year to come, whispering 'it will be happier'..."

— Alfred Lord Tennyson



SENIOR VANS operate from 9:00AM-4:00PM Monday through Friday. Transportation on the vans to destinations in the town or village is free for residents of Essex Junction or the Town of Essex who are 60 years of age or older. The vans are equipped with wheelchair lifts. Reservations must be made the day before your appointment by calling 878-6940 between the hours of 9:00 AM and Noon, Monday through Friday. (For Monday appointments, calls must be made on the Friday before.)

SPECIAL HOLIDAY SCHEDULE: Please remember to call on Monday, December 31 for rides needed Wednesday, January 2, and on Friday, January 18 for rides needed on Tuesday, January 22. SENIOR VANS AND SCHEDULERS WILL NOT BE AVAILABLE ON JANUARY 1 AND 21!



SPECIAL THANKS

A special thank you to all those involved in our annual Board Hosts Christmas Luncheon. Meal Site Advisory Board members Jean Allard, Gloria Deeley, Rose Drost, Betty Garrapy, Rosie Keene, Jo Ann Leedy, Connie Marshall, Brenda Rathe, and Ernie Rheame; volunteer helpers Jeff Trainor, Laurie Collins and Georgi Tatro, and staff member Lou Ann Pioli for setting up, cooking, baking, serving, and clean up; Gary Moreau who provided Holiday tunes for our listening pleasure; Father Ranges and St. Pius X parish for use of their hall; Maplehurst Florist for the poinsettia plants, and all who came to enjoy our meal and time together. Thank you for another successful and appreciated event!

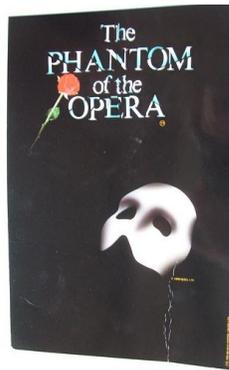
Many thanks also to all those who contributed to our Holiday Cheer bags, and especially to the “elves” who assembled and/or delivered a bit of Holiday Cheer: Rose Drost, Randy Forguites, Gemma Montani, Margaret Nardone, Lou Ann Pioli, Brenda Rathe, and Linda Wheel.

TRIP NEWS

A fun time was enjoyed by all on our December trip to see “The Drowsy Chaperone” at Middlebury Town Hall Theater. Everyone enjoyed a delicious meal and great service at Rosie’s Restaurant before the show, and Mother Nature provided a beautiful, sunny day for traveling.

DON’T MISS OUT!

There are not many seats left for our April 25, 2019 trip aboard a Premier Coach to Proctor’s Theater in Schenectady, NY to see “Phantom of the Opera”. Join us for a comfortable ride aboard a luxury coach and a Broadway caliber production in a beautiful theater. \$125 members, \$140 non-members. Dinner is on our own at Cracker Barrel. Stop in and reserve today! Call 876-5087 for more information.



Claire B. was one of the lucky winners of the poinsettia raffle at our annual Board Hosts Christmas Luncheon.



Elves at work: Rose, Brenda, Gemma, Linda, Margaret & Randy.