



Phoenix Netball Club

Player & Parent

Handbook

2019



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WELCOME TO THE SEASON

Welcome to all our new and returning players as well as parents/guardians and thank you for joining Phoenix for the 2019 season!

We as a committee are here to ensure our players have the best possible experience and enjoyment playing netball. All the Phoenix committee members have many years of experience in the exciting game of netball and we look forward to helping you/your child have a wonderful and fulfilling experience in 2019.

We are always looking for new members, ideas and support so if you are interested in helping out in some way (big or small) for the 2019 season, then please contact us:

- via email - [_phoenixnetballclubgc@gmail.com](mailto:phoenixnetballclubgc@gmail.com) or
- find us on Facebook - [Phoenix Netball Club - Gold Coast Inc](#)

To be advised at next meeting!

Our "**Welcome to the Season BBQ**" will be held after training (to be advised at next meeting). Come and help us celebrate the start of what we hope will be a fantastic season for Phoenix. It's a great opportunity for our players and their families to get to know each other, as well as practice the PHOENIX WAR CRY in preparation for the start of season march past. We look forward to seeing you there.

Kind Regards,

The Phoenix Committee.



CLUB CONTACT DETAILS

Address	PHOENIX Netball Club Gold Coast Inc PO BOX 1663, Oxenford Qld 4210
Email	phoenixnetballclubgc@gmail.com
Website	http://phoenixnetballclubgc.com.au/
Facebook	 Like us on Facebook - Phoenix Netball Club-Gold Coast Inc https://facebook.com/phoenixnetballclubgc/ <i>Please note: Facebook is our main method of communication.</i>

COMMITTEE MEMBERS

President	Donna Bell
Vice President	
Secretary	Michael Bell
Treasurer	Kelly Young
Registrar	Samantha Partridge
Coaching Coordinator	Bec Lombardo
Umpiring Assistant	Amy Novak
Uniform / Equipment Coordinator	Dee Hefernan
General Members	Lisa McDonald Mel Harrison

PORTFOLIO REPRESENTATIVES

Grants / Sponsorship	Donna Bell
Umpiring	Vicki Hardin
Media/Advertising	Lisa McDonald



REGISTRATION & FEES

Online Registration Our Club's registrations are now managed online using the MyNetball system. For more information or links to register, please visit our website, Facebook page or email us at phoenixnetballclubgc@gmail.com.

Online Registration Open Date 1st January, 2019

Proof of Age Please provide a copy of your Birth Certificate or Passport **if you are a new player** to the Phoenix Club for 2019. We must have a copy of your Birth Certificate or Passport on file before you can take the court.

Age Groups & Fees The **2019 Season fees** are as follows and include a team and individual photo.

5-6s (NetSetGo)	\$230
7-8s (NetSetGo)	\$250
9-10s (NetSetGo)	\$265
11s & Up (Junior & Senior Competition)	\$275

All fees to be paid prior to the 23rd of February.

NOTE: No player will be permitted to take the courts without payment in full by this date.



PAYMENTS

Credit Card	Via Online Registration / Ordering only – For more information, please visit our website, Facebook page or email us at phoenixnetballclubgc@gmail.com.
Direct Deposit	BSB: 034 292 (Westpac) ACCOUNT #: 480274 <u>NOTE</u> : Please use reference – Initial, Surname and Birth Year of Player
Cheque or Money Order	Please post to: PO BOX 1663, Oxenford QLD 4210
Cash	Cash payments can be made to the Club's Treasurer (Kelly Young), our uniform convenor (Dee Hefernan), Secretary (Michael Bell) or President (Donna Bell). <u>PLEASE NOTE</u> : To help ensure cash payments are tracked and receipted properly for auditing purposes, cash payments will not be accepted by coaches, managers or committee members (other than those stipulated above). We apologise for any inconvenience and thank you in advance for your understanding.



GRADING

Phoenix Netball Club will be grading all players in the junior competition (U11–U18) into teams according to skill level, ability, positional dynamic, sportsmanship, attitude and commitment.

Selections will be made over 2 days (1 training session & a grading day). The only exception to this will be if the number registered in any age group does not permit more than one team.

Grading Training – Skills & Drills	
Age Groups:	All U11 – U18
Date:	Wednesday 30 th January 2019
Venue:	NGCNA Courts, Sports Drive Runaway Bay
Time:	To be advised

Grading - Trials	
Age Groups:	Age groups required and time slots will be notified on Facebook.
Date:	Saturday 23 rd February 2019
Place:	NGCNA Courts, Sports Drive Runaway Bay
Time:	To be advised



TRAINING

Phoenix books the courts for training @ NGCNA Sports Drive, Runaway Bay, every Wednesday between 4.00pm and 6.00pm.

Team training session start and end times will be determined by your coach.

Training is held every school week. Generally, there is no training held during school holidays, however, please confirm this with your Coach as some teams may choose to train during the holidays.

Your team will train even if you have a bye or no game that weekend.

Venue	NGCNA Courts, Sports Drive Runaway Bay
Training Times	Team training sessions are held between 4.30pm to 6.00pm every Wednesday . The start time will be determined by your coach.
Pre-grading / Trials Training (U11 & Up)	Group training sessions will be held from 4.00pm to 5.30pm for all Phoenix registered players U11 and up on Wednesday the 23rd January and Wednesday the 30th January . Please arrive at 4.15pm for a 4.30pm start.
1st Training Day (NetSetGo)	NetSetGo (5-10 years) team training will commence on Wednesday the 20th February .



GAMES

Grading rounds will start on **Saturday 23rd of March** (11 and up), with the first official round (all ages) to commence on **Saturday 6th April**.

A march past will be held on Saturday 6th April to celebrate the start of the season. Phoenix encourages teams to make banners and streamers and to paint their faces in our club colours. Please take time to learn the Phoenix War Cry (next section). All players must be in full uniform on this day.

Competition Times	Games on Saturdays start at 8am, with each game commencing on the hour. Times will be confirmed on issue of the draw by NGCNA.
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Grading	NGCNA will be conducting 3 weeks of grading for under 11 and up. This is to ensure that teams are placed in the correct grade.
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Please note: All players must be in club uniform, not be wearing any jewellery and have short nails to take the court.

PHOENIX WAR CRY

PHOENIX - PHOENIX - RA - RA - RA

We Are Here to Win by Far

We'll Do Our Best

To Beat the Rest

PHOENIX - PHOENIX - RA - RA - RA

P - H - O - E - N - I - X

GOOOOOO PHOENIX



WET WEATHER

Training

If training is cancelled, a notice will be posted on Facebook and your Coach / Manager will be notified by the committee so they can notify the team. The courts can become slippery in wet weather and pose a safety hazard. Ring your Coach if you are unsure.

Games

If games are cancelled, then the following will occur:

1. A notice will be posted on the NGCNA Facebook page
2. A notice will be posted on the Phoenix Facebook page
3. Phoenix's President will notify the Coaching Convenor
4. Phoenix's Coaching Convenor will contact all Coaches
5. Coaches will contact players

You will be notified within minutes of the cancellation decision being made. If you have not been contacted, then please assume games are on and proceed to the courts.

TEAM PHOTOS

Team and individual photos have been scheduled to be taken on Saturday the **8th of June**. All teams will be given a timeslot for their team and individual photo closer to the date.

PRESENTATION DAY / EVENING

Phoenix Netball Club holds a presentation day at the end of each season to reward the achievements of the players and recognise the effort of the committee members, coaches, managers, umpires and supporters. This will be held on Saturday the **7th of September** (this will be confirmed at next meeting).



UNIFORMS & ACCESSORIES

Our club uniform is compulsory and includes a Phoenix A-line dress, black bummers, white socks and sports shoes.

Please note: Black shorts can be worn however NGCNA requires them to be shorter than the dress. Also, white socks must be above the ankle.

Items can be purchased separately for the prices listed or in packs as detailed below. The uniform and accessory packs are a great way to purchase items at a discounted price.

		Pack A	Pack B	Pack C
Phoenix A-line Dress ¹	\$65.00	1		
Phoenix Training Singlet ²	\$35.00	1	1	
Phoenix Neoprene Visor	\$10.00	1	1	1
Phoenix Socks	\$10.00	1	1	1
Phoenix Water Bottle	\$7.50	1	1	1
Phoenix Drawstring Bag	\$10.00	1	1	1
Phoenix Hoodie ³	TBA			
<i>Total Pack Value</i>		\$137.50	\$72.50	\$37.50
Pack Saving		-\$22.50	-\$17.50	-\$9.50
Discounted Pack Price		\$115.00	\$55.00	\$28.00

Ordering

Uniform ordering is now available online. For more information or links to order, please visit our website, Facebook page or email us at phoenixnetballclubgc@gmail.com.

¹ Compulsory

² Training Singlets and packs containing singlets are only available while stocks last

³ Orders will be taken early in the season



SUPPORTING PHOENIX

Umpiring

Interested in umpiring? Please email the club at phoenixnetballclubgc@gmail.com.

Level 1 course available online at www.netball.com.au. Level 1 course needs to be completed before umpiring can begin.

Coaching / Managing

Your children need YOU! If you are a parent you can do this, after all you have an abundance of multi-tasking skillsets under your belt already. This can be a fun activity and you get to be a great role model for your kids. Seriously, your children need you as a mum or dad to volunteer and have a go.

Participation not Perfection is being asked from you.

Please talk to either Bec, Andrea or Dee on your committee, about these rewarding and critical roles. The committee can provide training to get you started and ongoing support throughout the year.

Club Duty Day

Every club has a duty day during the season. Phoenix's club duty day has been scheduled for the **Saturday the 1st June** (Round 7).

Duty day responsibilities generally include; setting up the courts with post pads, bringing in post pads after the last games are played, putting out and emptying bins, keeping the grounds clean and helping in the canteen.

Club duty day is also a great opportunity to fundraise for our club, this is when we will host our Bake Sale. Your help on this day is appreciated! A roster, per team, will be provided to your team manager closer to the day.

REPRESENTATIVE NETBALL

NGCNA representative trials are held towards the end of the year. The NGCNA typically holds player development programs prior to trials.

Please contact the NGCNA for more information on representative netball trials and player development programs.



CODES OF CONDUCT

It is important for all players, parents and supporters of Phoenix to understand our Codes of Conduct. Our Codes of Conduct are in place to protect and support our players, coaches, managers, umpires and all members of our club. We appreciate you taking the time to read and understand the below.

Players Code of Conduct

PLAY BY THE RULES AT ALL TIMES.

NEVER ARGUE WITH GAME OFFICIALS. If you disagree with or are unclear on a decision, have your captain, coach or team manager approach the office during a break or after the game to seek clarification. Make sure you know what the rules are because often not knowing the correct or current rules can cause frustration and unrest.

SHOW RESPECT FOR YOUR COACH. All coaches freely volunteer their time to assist players to develop their netball skills. Without them there would be no team.

BE A GOOD SPORT AT ALL TIMES. Applaud all good play whether it is a by your team or the opposition. Work equally hard for yourself and your team. Your team's performance will benefit and so will you.

SOCIAL MEDIA - BE MINDFUL OF OTHERS AND POSSIBLE LEGAL RAMIFICATIONS; be positive and treat all with dignity and respect, under NO circumstances use social media to create, incite, or sustain conflict, or to bring your Netball Club or the game of Netball into disrepute.

DO NOT INTERFERE WITH, INTIMIDATE, BULLY OR TAKE UNFAIR ADVANTAGE OF ANY OTHER PLAYER. Treat all players with respect.

I have read the Players Code of Conduct and understand that any breach of the code may result in but is not limited to:

- a) A written warning, or
- b) Dismissal from the club



Parents and Spectators Code of Conduct

SHOW RESPECT FOR ALL COACHES AND CLUB OFFICIALS. Remember that all positions are unpaid and the club would not exist without our volunteers. Abuse or intimidation will not be tolerated from players, parents or spectators. Parents are expected to model the behaviour we want of our players.

NEVER ARGUE WITH A GAME OFFICIAL. This is not acceptable behaviour at a game and not the example we want to set for our players. If you have any concerns or questions, please raise these with the coach or team manager after the game.

ENCOURAGE PLAYERS to always participate according to the rules.

NEVER RIDICULE OR ABUSE ANY PLAYER, particularly for making a mistake or losing a game.

SOCIAL MEDIA - BE MINDFUL OF OTHERS AND POSSIBLE LEGAL RAMIFICATIONS; be positive and treat all with dignity and respect, under NO circumstances use social media to create, incite, or sustain conflict, or to bring your Netball Club or the game of Netball into disrepute.

MODEL APPROPRIATE BEHAVIOUR TO ALL. Applaud good plays by all players and encourage all players. Children learn best from examples and remember that children are involved in the sport for their enjoyment, not yours.

FOCUS ON EFFORTS AND PARTICIPATION rather than the outcome and teach children that an honest effort is as important as a victory. This will assist in setting goals related to ability, by reducing undue disappointment and the emphasis on winning.

If children are interested, encourage them to participate. If they're not willing or not interested, don't force them or they may never learn to enjoy the game.

I have read the Parent's Code of Conduct and understand that any breach of the code may result in but is not limited to:

- a) A written warning, or
- b) A ban on my attendance at training sessions and/or games, or
- c) My child being dismissed from the Club

Any such actions will be at the discretion of the Executive Committee of the Phoenix Netball Club, and in the event of dismissal there will not be any reimbursement of membership fees.