

Bulletin for the Catholic Parishes of Oklee, Grygla, and Goodridge

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Tuesday & Wednesday 8:30 a.m. — 3:30 p.m.
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Bulletin Deadline

Wednesday: Noon

C l e r g y C o l u m n

Today used to be known as Sexagesima Sunday. Back in the “Olden Days,” prior to the liturgical changes of the 1970s (Don’t shoot me! It’s just a small joke.), the three Sundays leading up to the beginning of Lent were known as Septuagesima, Sexagesima, and Quinquagesima. These Latin words mean seventy, sixty, and fifty, respectively, and they were used as titles for these Sundays because they fall within 70, 60, and 50 days of Easter. Together, these three Sundays, form a small sub-season of preparation for Lent known as Septuagesima. Perhaps you remember it. The focus here is on making preparations to start Lent off well. All too often, it feels as if Lent sneaks up on us, and it is already Ash Wednesday, and we haven’t yet even planned what our penances and prayer-life will look like for the duration of Lent. I think there is wisdom in the old ways. During the Season of Septuagesima, the priest already started to wear purple vestments, and the Alleluia ceased being used, although the Gloria continued to be sung until Ash Wednesday. These were visual and audible reminders to get our spiritual lives sorted out because Lent would be coming soon. That is my admonition for you today: plan out your Lenten prayer life and penances, so that you can make a good, hard start to Lent, and not just slide into it and only find your rhythm once it is half spent.

FYI: The Latin word for “Lent” is actually “Quadragesima,” which means forty, in reference to the forty days of Lent, excluding Sundays.

Weekly Schedule

St. Francis Xavier Parish in Oklee

	<u>Mass Times</u>	<u>Confessions</u>
Sun:	8:00 a.m.	7:30 a.m.
Tues:	8:00 a.m.	7:45 a.m.
Wed:	8:00 a.m.	7:45 a.m.
Thurs:	8:00 a.m.	7:45 a.m.
Fri:	8:00 a.m.	7:45 a.m.

St. Clement Parish in Grygla

	<u>Mass Times</u>	<u>Confessions</u>
Sun:	11:45 a.m.	11:30 a.m.

St. Ann Parish in Goodridge

	<u>Mass Times</u>	<u>Confessions</u>
Sun.	10:00 a.m.	9:45 p.m.

The 2018 Lenten season begins on Ash Wednesday, February 14, for Latin-rite Catholics with Easter Sunday on April 1.

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by [giving alms](#), and to sacrifice self-control through [fasting](#). Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition in this [reflection](#). In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

Lent is a favorable season for opening the doors to all those in need and recognizing in them the face of Christ."-- Pope Francis

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the [Rite of Christian Initiation of Adults](#), a period of learning and discernment for individuals who have declared their desire to become Catholics.

The key to fruitful observance of these practices is to recognize their link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began new life in Christ.

On these pages, you will find a variety of suggestions and resources to help you "raise up," "sacrifice," and "offer" during this Lent and to embrace your baptismal commitment.

Catholics are also encouraged to make going to confession a significant part of their spiritual lives during Lent. The U.S. Bishops' statement, "[God's Gift of Forgiveness: The Pastoral Exhortation on the Sacrament of Penance and Reconciliation](#)" can be distributed and shared in parishes. Dioceses are encouraged to make the sacrament available often during Lent and to use [these resources](#) to promote participation. We also have [resources to help individuals](#) who have not been to confession in a while "rediscover" the sacrament.

Lent Fasting And Abstinence Rules In The Roman Catholic Church: How To Start Penance On Ash Wednesday

Practicing Roman Catholics traditionally sacrifice something for the [40 days and 40 nights](#) of Lent, which starts on Ash Wednesday, but they are also instructed to abstain from meat on Fridays during this time. Since who and how this rule applies can be confusing, some of the rules, which comes from the [Code of Canon Law](#), a guide put together by the Vatican, have been shared below:

Who is expected to participate: People from the ages of 18-59 are expected to fast on Ash Wednesday and Good Friday. This means, participants only eat one full meal for the day. Snacks can be had at any time during the day. It doesn't matter when the full meal is consumed.

Who is allowed to skip the "no meat" rule on Fridays: Catholics who are 13 and under do not have to participate. However, those 14 and older should abstain from meat on Ash Wednesday, all the Fridays in Lent and especially Good Friday, which is the last Friday before Easter.

What counts as "meat": While poultry, beef, pork and more are not allowed to be consumed, Dairy products are allowed. This includes eggs and condiments and dressings that are made from animal fat. That means butter lard and margarine are permitted too. If meat drippings make their way into a source, it's OK to eat them.

What should be given up: While most people assume they must sacrifice during this time, Lent doesn't have to be about going without. Instead, people can do community service, like volunteering at a local soup kitchen, or even help an overworked mother with some babysitting.

Lent is not just about food. Even though there are many rules about fasting, the most important part of Lent is for Catholics to forgive each other and demonstrate their love. During this time, followers are recommended to go to mass daily or several times a week.

Mass Intentions

Oklee	Sunday	02/04/18	8:00 a.m.	†Rita Burthwick
Goodridge	Sunday	02/04/18	10:00 a.m.	<i>Pro Populo</i>
Grygla	Sunday	02/04/18	11:45 a.m.	†Jackie Dobmeier
Oklee	Tuesday	02/06/18	8:00 a.m.	NO MASS
Oklee	Wednesday	02/07/18	8:00 a.m.	NO MASS
Oklee	Thursday	02/08/18	8:00 a.m.	NO MASS
Oklee	Friday	02/09/18	8:00 a.m.	NO MASS
Oklee	Sunday	02/11/18	8:00 a.m.	<i>Pro Populo</i>
Goodridge	Sunday	02/11/18	10:00 a.m.	†Veneda Skibicki
Grygla	Sunday	02/11/18	11:45 a.m.	†Janet Pearson

What a great time of year to take care of your spiritual health!



Many in our parish have attended **Cursillo** weekends over the years and give great testimony to the power of such weekends.

Cursillo is pronounced KER-SEE-O meaning - short course in Christianity.

Weekends are being offered this fall and next spring at Sand Hill Bible Camp, just south of Fosston.

The weekends include quiet time, inspirational talks, and most importantly, time to be with Jesus without the many distractions of daily life.

Grow closer to Jesus by taking the time to join us. HE will bless your sacrifice of time for HIM.

The weekend starts Thursday evening and ends Sunday afternoon.

The Men's will be held February 22-25.

The Women's will be March 15-18.

Contact Carol Olsonawski (218-689-9081) or

Bobbi Mercil (701-866-5706) for more information.

Applications can be printed at crookstoncursillo.weebly.com or picked up at your parish office.

St. Francis Xavier Catholic church

Prayer Blankets

You Matter. We care. You are not alone. There are prayer blankets in the back of the church for those whom are sick, suffering or dying.

Please sign the book to whom it is given to so we know who the prayers are for. Thank you

We are the Hands of Christ

Are you good at making people feel welcome? When you meet someone new, a new neighbor, a new work colleague, a new parishioner, do you make them feel at home?

Many of us probably do a much better job at this. When we make people feel welcome, we make them feel like they are included instead of being excluded.

A simple "hello" and a smile goes a long way.



What right have we to hate others, since our own selfishness is often the cause of their hatred. The first word from the Cross and the Beatitude of meekness both demand that we tear up self-love by the roots; love our executioners; do a favor for those who insult us; be kind to the thieves who accuse us of theft; be forgiving to liars who denounce us for lying; be charitable to the adulterers who charge us with impurity. Be glad and rejoice for their hate. It will only harm our pride, but not our character; it will cauterize our conceit, but not blemish our soul – for the very insult of the world is the consecration of our goodness." Archbishop Fulton Sheen (The Cross and the Beatitudes)

Tithing

January 28, 2018

St. Francis Xavier's in Oklee

Adults	\$945.00
Loose Plate	\$24.00
Church of Africa	\$17.00
Endowment for Priest	<u>\$85.00</u>
Total:	\$1071.00

St. Ann's in Goodridge

Adults	\$486.00
Loose Plate	\$40.00
Endowment Priest	<u>\$20.00</u>
Total:	\$546.00

St. Clement's in Grygla

Adults	\$395.00
Loose Plate	<u>\$165.00</u>
Total:	\$560.00

ST. ANN'S MINISTRY

Sunday February 11, 2018

Commentator:	Carol
Lector:	Eliza
EMHC:	Marie & Eliza
Ushers:	Joe & Darwin
Counter:	Louann & Maggie

ST. CLEMENT'S MINISTRY

Sunday February 11, 2018

Commentator:	Angie
Lector:	Dawn
EMHC:	Coleen & Ron
Usher:	Bill Z. & Aaron

POPE FRANCIS FEBRUARY INTENTIONS **Say "NO" to Corruption**

That those who have material, political or spiritual power may resist any lure of corruption.

St. Francis Xavier, Oklee
Lay Contacts

Body *Year of Term—Term Ends (Term #)*

Pastoral Council & Finance Council

Virginia Weber	3/3—June 2017 (2nd)	P
David Bachand	3/3—June 2017 (1st)	P
Jacob Melby	3/3—June 2017 (1st)	F
Don LaCoursiere	2/3—June 2018 (2nd)	P
Phyllis Melby	2/3—June 2018 (1st)	P
Mitch Bernstein	1/3—June 2018 (1st)	F
Margaret Buer	1/3—June 2019 (1st)	P
Rick Dulka	1/3—June 2019 (1st)	P
Janet Halvorson	1/3—June 2019 (1st)	F

Parish Trustees

Al Paquin	2/2—Sept. 2017(1st)
Shirley Cyr	2/2—Sept. 2017 (1st)

St. Clement, Grygla
Lay Contacts

Body *Year of Term—Term Ends (Term #)*

Joint Pastoral & Finance Council

Ron Kiesow	3/3—June 2017 (2nd)
Tom Morrissey	3/3—June 2017 (1st)
Jim Carriere	2/3—June 2018 (1st)
Gary Polansky	2/3—June 2018 (2nd)
Bill Zavoral	1/3—June 2019 (1st)
Angie Kiesow	1/3—June 2019 (1st)

Parish Trustees

Jody Miller	1/2—Sept. 2018 (2nd)
Jack Miller	1/2—Sept. 2018 (2nd)

St. Ann, Goodridge
Lay Contacts

Body *Year of Term—Term Ends (Term #)*

Joint Pastoral & Finance Council

Darwin Eidelbes	3/3—June 2017 (2nd)
Gerri Rustan	3/3—June 2017 (1st)
Audrey Rogalla	2/3—June 2018 (1st)
Cindi Kotrba	2/3—June 2018 (1st)
Marlin Kotrba	1/3—June 2019 (1st)
Karyl Mayernik	1/3—June 2019 (1st)

Parish Trustees

Patty Skibicki	1/2—Sept. 2018 (1st)
Veron Rogalla	1/2—Sept. 2018 (1st)

Recently Deceased Loved Ones

- † Janet Pearson
- † Imelda Carin
- † Richard Radniecki
- † Carol Haugen
- † Tom Karakash
- † Steven McPherson
- † Geraldine Weber

Pray For Those Who Are Sick

- Susan Sunberg
- Bob Carriere
- Carter Torgerson
- Debra Olson
- Floyd Neuschwander
- Dorothy Plante
- Alice Bluemke
- Ann Peterson
- Tom Radniecki
- Del Determan
- Joey Johnson
- Cindy Stoneouse
- Kathleen Amiot

Oklee Ministry List

Sunday, February 04, 2018

Sacristan: Rick Dulka
Lector: Jacob Melby
EMHC: Bonnie Cote & Ann Hammer
Usher: Doug Cote & Jake Martell
Greeter: Karen Fossum & Sue Carriere
Counter: Anne Hammer & Dolores Grimm

Sunday, February 11, 2018

Sacristan: Margaret Buer
Lector: Dorothy Sebenaler
EMHC: Rick & Jan Dulka
Usher: Ken & Shirley Boucher
Greeter: Don & Annette LaCoursiere
Counter: Pat Asselin & Jo Lambert

Sunday, February 18, 2018

Sacristan: Rick Dulka
Lector: Paul Cyr
EMHC: Bob & Emily Bernier
Usher: Don LaCoursiere & Al Paquin
Greeter: Ken & Shirley Boucher
Counter: Lora Johnson & Margaret Buer

OTHER WAYS TO SUPPORT YOUR PARISH

- Have Masses offered for friends or relatives, deceased or still living. Just drop a note in the collection basket, along with your donation, the usual amount is \$5.00/Mass. If this would be a financial hardship, please let me know.
- Offer Memorials in honor of your deceased loved ones to your parish's building and maintenance fund, or to your parish cemetery.
- Leave a legacy gift to the parish in your will, or name the parish as the beneficiary of your retirement policy or life insurance plan.