

Menu Form for children ages 1-12 years

Month Menu # 3 Year 2017

	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> • Bread or bread alternate (including cereal) • Juice or fruit or vegetable <ul style="list-style-type: none"> • Milk, Fluid 	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
Snack	<ul style="list-style-type: none"> • Milk, fluid • Juice or fruit or vegetable • Bread or bread alternate • Meat or meat alternate 	Juice Graham Crackers Jelly	Water Strawberries Corn bread	Water Cheese Cubes Gold Fish	Juice Cinnamon Toast	Juice Apple Crisp
Lunch	<ul style="list-style-type: none"> • Meat or meat alternate • Vegetable and/or fruit • 2nd Vegetable or fruit • Bread or bread alternate <ul style="list-style-type: none"> • Milk, fluid 	Cheese Tortellini Peas Mandarin Oranges Milk	Meatloaf (Hamburger) Corn Cucumbers Rolls Milk	Mini Corn Dogs Baked Beans Peaches Milk	BBQ Pork Hash Browns Applesauce Buns Milk	Tacos (Hamburger) Green Beans Bananas Tortilla Shells Milk
Snack	<ul style="list-style-type: none"> • Milk, fluid • Juice or fruit or vegetable • Bread or bread alternate • Meat or meat alternate 	Water Apples / Honey Crackers	Juice Zucchini Bread	Water Smokies BBQ Sauce Roasted Veggie Ritz	Juice Pizza Rolls Crackers	Juice Soft Pretzels Cheese

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal