



FlagFootball@CVU

Starts Sunday March 5th!

CVU Redhawks Football players are putting down their helmets and putting on their coaching hats – and YOU are their star player!

“Pickup” style football! No registration fees or preregistration required -- just complete the waiver!

Every Sunday in March and April, 3:30-5:00 pm

March 5, 12, 19, & 26

April 2, 9, 16, & 26

*FlagFootball@CVU is proudly sponsored by
CVU Redhawks Football and Buccaneers Youth Football!*



2017

**INDOOR FLAG
FOOTBALL**

for

Grades 2 – 7

***No experience
Necessary!***

***Coached by Redhawks
Players, Supervised by
Redhawks Coaches***



No Charge!

Starts Sunday, March 5!

Where: CVU GYM

**When: Sundays in
March and April**

Time: 3:30-5:00 pm



What to Expect:

Each Sunday, players will participate in a non-contact indoor flag football game comprised of 4-7 players per side. Teams are divided in a “pick-up” style depending on turnout, ages etc. Everyone gets a chance to be quarterback at least once and everyone is eligible to catch a pass on every play. The emphasis is on smiles and fun, not on strategy and winning. There is no charge for FlagFootball@CVU.

What to Bring:

All players must bring sneakers, a mouth guard, and a water bottle, but that is it! CVU Redhawks Football and the CSSU Buccaneers provide all other equipment. A completed and signed *Player Participant Waiver* (below) is required to be on file – please bring on the first Sunday of participation.

Previous Experience:

No previous experience necessary! All youths in grades 2nd-7th are welcome.

Player Participant Waiver for FlagFootball@CVU

I do hereby waive, release and forever discharge CVU Redhawks Football and its coaches and players, the CSSU Buccaneers, Champlain Valley Union High School, and all others acting on their behalf from any and all claims or causes of action (known or unknown) for any and all injury, illness, damage or loss that may occur to my child during his/her participation in FlagFootball@CVU.

I agree that my child’s participation is strictly voluntary and has not been required by CVU Redhawks Football and its coaches and players or the CSSU Buccaneers. I further agree that my child’s participation in FlagFootball@CVU is at my own risk and that I assume any and all risk of injury, illness, damage or loss that might result.

I declare my child to be physically sound and suffering from no condition, impairment, disease, infirmity or other illness that would prevent his/her participation in the games. I acknowledge that he/she either has had a physical examination and/or has been given a physician’s permission to participate in these activities.

My child agrees to strictly adhere to stated rules that have been established for everyone’s safety and understands violation of the rules will result in termination of his/her participation.

Player’s Name (Printed):	
Parent/Guardian Name (Printed):	
Parent/Guardian E-mail Address:	
Parent/Guardian Primary Phone Number:	
Secondary Number in Case of Emergency:	
Parent/Guardian Signature:	
Date:	