



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

July 09, 2014

Volume LXIX, Number 01

President Scott presided. Guests: None. Visiting Rotarians: None. Attendance: 23 members and no guests for a total of 23.

Announcements and Business:

1. The Chamber of Commerce is preparing for the 16th annual People's Choice Awards to be presented on Wednesday, November 5th. Nomination forms may be found at www.lexrockchamber.com. The form should be completed and mailed to the chamber at 100 East Washington Street. Or you may call 463-5375 to submit names of nominees over the telephone. **All entries must be received by Wednesday, July 16.** The chamber is also asking for a brief description (three to five sentences) about why this person or group is qualified for this award.
2. The Lexington Sunrise Rotary Club is now meeting at 7:00 am on Thursday at the Lexington Golf and Country Club. Note the day – they have been through many iterations on their meeting day but have finally settled on Thursday.
3. AG and PP Emily completed the installation of new officers for 2014-15 by presenting Scott his President's pin and herself the Past-President's pin.
4. President Scott announced that Nick Cuzzimano suffered a stroke or series of strokes on Saturday morning and was taken to Roanoke Memorial Hospital. He returned home on Friday afternoon. The stroke produced restricted movement in his right leg and some lesser effect in his right arm. Nancy is encouraged and relieved. Nick will see the family doctor next week and return to the neurologist at the end of the month. He will have home PT and OT beginning next week. Nancy says his speech was not affected. Our thoughts and prayers go out to Nick and his family. Members present at our meeting signed a "Get Well" card which was sent to Nick.
5. All indications are that Chip Honsinger's prostate surgery on Wednesday was a complete success, although the final votes will not be counted for another month or so. He is home! Also, his rotator cuff PT is progressing nicely, right on schedule. That PT will go on for several months. Members present at our meeting also signed a "Get Well" card to send to Chip.
6. President Scott announced that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. He wanted to give everyone a heads up because the meeting will not be on our regular night. More details later.
7. Our Board of Directors held their regular monthly meeting immediately following our regular meeting.

Program:

President Scott outlined his **Leadership Philosophy and Goals for the 2014-15 Rotary Year**. He claims that there are two types of people – those who seek to serve and those who seek to be served. He contends that Rotarians seek to serve.

Scott intends to focus on fundamentals this year:

1. Service: To serve, we must consider others more important than ourselves. Service is much more than gratuitous assistance. We have an obligation to serve our Club, our community, and one another.
2. Telling our Story: Why should we expect Lexington and Rockbridge County folks to help us if we don't tell them our story? We need to update our website and use social media to reach out to

younger prospective members. Increased commitment to our club should follow from better knowledge of its history and its members.

3. Membership: Add new members from across the community – recruit Rotarians, not members. The goal of each member should be to bring in one new Rotarian this year. Get new members involved early.
4. Communications: Employ both external and internal means to improve communications. Develop an operations calendar showing recurring and planned events.

See President Scott for a copy of his document setting out a fuller explanation of his program.

A good start to a new year. Scott had obviously put a great deal of thought and effort into his presentation.

Approval of Member:

Chuck Fraley, a former member of this Club, has indicated an interest in returning to membership. Our Board of Directors has unanimously approved him:

Charles E. Fraley. Classification: Computer Services. Chuck was a member from 1985 to 1994. Now retired, Chuck was the former Director of Computer Services at VMI. Sponsor: John Tucker.

Any member who objects to offering membership to Chuck should submit their reason(s) in writing to Secretary John within 7 days of receipt of this Bulletin.

Summary of Board Meeting:

The Board discussed five topics:

1. Max Ivankov, Co-Chair of the Planning Committee, and Josie McElroy, Entertainment Chair, updated the Board on Club responsibilities for the upcoming Rockbridge Community Festival. Josie is seeking street entertainers to supplement stage performances. They told us we need to identify volunteers for block captain, and to help staff a food booth; we will solicit volunteers from the club in August, along with volunteers to help set up in our block then tear down and clean up.
2. John Tucker proposed as a candidate for membership Chuck Fraley, a former Rotary club member. The board voted unanimous approval. See above.
3. Joe Milo proposed to the board that our club recognize John Ellestad, Lexington's City Manager, by awarding him a Paul Harris Fellowship when he speaks to our club next week. Joe, as a sustaining member, plans to cover the cost of this award. After discussion, the board approved this action unanimously. John Tucker will secure a medallion and pin, and submit the paperwork to District for the publication of this award. Emily Higgins, in her role as new District AG, will present the award to John.
4. Scott Risser thanked everyone present for volunteering to serve the club as directors and officers. He reviewed with the board his plans to empower directors, delegating them responsibility and authority then looking to them to be responsible for the committees and functions they oversee. Scott promised to keep club leaders and directors informed, and part of the decision-making process. He reaffirmed his belief in a leadership team; stating his intent to include Derek and Skip in club decisions and seeking the advice, counsel and mentoring of them and all directors.
5. Emily Higgins, Membership Committee Chair, briefed directors on her plans to publish written procedures that emphasize new member orientation, involvement, and time requirements to be a Rotarian. As an educator, she headed such an orientation program for new teachers. Board members affirmed her leadership of this vital function.

Happy Bucks:

- Linda Krantz was happy to relate her experience at a recent Lime Kiln concert where she was amazed at the audience' spirit and enthusiasm she had never before observed there.
- Joe Milo was happy to contribute to PolioPlus for tickets from Chip for a concert at The Greenbrier; he saw Jimmy Buffet in shorts and barefoot in concert before 40K spectators; 67 years old and bald, Jimmy thanked everybody for raising their kids on his music; Joe had a great evening until having to fight the traffic to get home; even so, a great experience.

- Emily Higgins was happy to report that she behaved herself reasonably well at a concert by Crosby, Stills, and Nash at Wolf Trap; she also saw the concert and fireworks on the Mall for the first time; and enjoyed a wonderful dinner with a motley crew (?) on Sunday night.
- Derek Carter was happy to remind us that he was getting married Saturday so we would not see him again until August.
- Max Ivankov was happy to report supervision of a very successful bachelor party for Derek.
- Dick Minnix was unhappy with the performance of the State Police in clearing interstate routes after an accident on Tuesday; traffic was still backed up on I-81N 6-7 hours later; apparently they were chasing wild turkeys who were released in the accident.
- Skip Ravenhorst was happy to reinforce Dick's comment.
- Joe Milo was happy to learn that even though Skip was approximately the same age, he could use a Smart Phone.
- John Tucker was happy to report that he had finished updating club attendance records even if it took him two weeks.

Lawyers Should Never Ask a Question if They Aren't Prepared for the Answer:

In a trial, a Southern small-town prosecuting attorney called his first witness, a grandmotherly, elderly woman to the stand. He approached her and asked, 'Mrs. Jones, do you know me?' She responded, 'Why, yes, I do know you, Mr. Williams. I've known you since you were a boy, and frankly, you've been a big disappointment to me. You lie, you cheat on your wife, and you manipulate people and talk about them behind their backs. You think you're a big shot when you haven't the brains to realize you'll never amount to anything more than a two-bit paper pusher. Yes, I know you.'

The lawyer was stunned. Not knowing what else to do, he pointed across the room and asked, 'Mrs. Jones, do you know the defense attorney?'

She again replied, 'Why yes, I do. I've known Mr. Bradley since he was a youngster, too. He's lazy, bigoted, and he has a drinking problem. He can't build a normal relationship with anyone, and his law practice is one of the worst in the entire state. Not to mention he cheated on his wife with three different women. One of them was your wife. Yes, I know him.'

The defense attorney nearly died. The judge asked both counselors to approach the bench and, in a very quiet voice, said, 'If either of you idiots asks her if she knows me, I'll send you both to the electric chair.' (Thanks to Scott Risser.)

Pot:

No raffle tonight, however, the BIG pot still amounts to \$58.50.

Future Programs & Activities:

- Jul 16:** Lexington City Manager Jon Ellestad; RoD Joe Milo
- Jul 23:** Some History of Lylburn Downing by Scott Risser; RoD Scott Risser
- Jul 30:** Arlington National Cemetery: History and Stories; RoD Kent McMichael
- Aug 06:** Care Box Project by Colette Barry-Rec; RoD Scott Risser
- Aug 13:** Rockbridge Health Center by Katy Datz; RoD Jim Slack

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

July 16, 2014

Volume LXIX, Number 02

President Scott presided. Guest: Kelly, Partner of Jon Ellestad. Visiting Rotarian: Jon Ellestad, member of the Lexington Sunrise Rotary Club. Attendance: 22 members and 2 guests for a total attendance of 24.

Announcements and Business:

1. The Lexington Sunrise Rotary Club is now meeting at 7:00 am on Thursday at the Lexington Golf and Country Club. Note the day – they have been through many iterations on their meeting day but have finally settled on Thursday.
2. President Scott announced that Nick Cuzzimano suffered a stroke or series of strokes earlier in July and was taken to Roanoke Memorial Hospital. He returned home about 10 days ago and is "doing well," however, he is not yet the old Nick we know and love. His speech was not affected but he is quieter than normal. Our thoughts and prayers still go out to Nick and family.
3. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1. More details later.
4. The Lexington Sunrise Rotary Club has scheduled Colonel Jim Hentz to speak to their club at its meeting at 7am on Thursday July 31st at Lexington Golf & Country Club. Hentz is the celebrated Africanist at VMI who just delivered a compelling lecture on the current crisis in Africa, the Boko Haram abduction of the 200 schoolgirls, etc. The Sunrise Club would be delighted if members of our club join them for this particular meeting. We are welcome just to come listen as fellow Rotarians; or, we may join them for breakfast at a cost of \$10 per person. To clarify - we still plan to hold our regular club meeting on Wednesday, July 30. This opportunity to attend the Sunrise club's meeting on July 31 and hear Colonel Hentz speak is an additional opportunity – **IT IS NOT A JOINT MEETING HELD IN LIEU OF OUR CLUB'S REGULAR MEETING**. If you plan to attend and eat, please notify President Scott at our July 23rd meeting so he can give the Sunrise Club an accurate count for breakfast.
5. UPDATE ON PDG ERIC ADAMSON: Earlier in the summer, Eric fell and suffered a serious head injury. He has been on a feeding tube but is about ready to begin eating his meals. He is often agitated and confused. It takes a lot of quick talking and diversions on the part of caregivers to keep him calm and distracted. The doctors say that this confusion is not unusual because of his brain injury (there is still blood on his brain). They explained that the information in his brain is "disorganized" right now. It will take time for the connections in his brain to reconnect properly again and for the confusion to subside. It is such a comfort for his family to know of all of the love and support they are receiving from so many people.
6. Joe Pagnam lost his glasses at or after our meeting. Please contact Joe if you have any knowledge of their whereabouts.
6. Our Public Relations Committee met immediately following our regular meeting.

Program:

RoD Joe Milo introduced Jon Ellestad, our speaker. Jon joined our Club in 1991 before leaving to become a charter member of the Lexington Sunrise Rotary Club in 1994. See below for his career highlights.

Jon recounted some area accomplishments during his tenure:

- **Infrastructure:** a nation-wide problem but consider what has been done in this area in 24 years: new police station; new fire station; new courthouse with parking deck; administration for public schools; renovation of Lylburn Downing School and Lylburn Downing Center; East Lexington bridge; Nelson Street bridge; new waste water treatment plant and renovation 10 years later; and completion of water loop around Lexington. Note that all of this is paid for except for the repayment of bonds issued for Lylburn Downing School renovation.
He is most proud of the storm water management system that includes rain gardens and bio-retention areas. These have been established with little or no cost to area governments. Lexington already meets the state standards which must be satisfied by 2025.
- **Park System:** Fair Winds Park; Kids Playce, built essentially by volunteers; outdoor and indoor pools, valued at about \$600K but cost government only \$100K; bought 3 acres adjacent to Brewbaker Field; and Jordons Point Park, completed through total community effort, including this club's pavilion.
- **Service Improvement:**
 1. EMS - emergency medical services, Lexington Crew answers 2200-2300 calls per year; Fire Department answers 700-800 calls per year. These levels surpassed volunteer crews so Lexington was first in the Rockbridge area to hire professionals to provide these services. Lexington is the backbone of EMS in the area, answering many calls outside the City. Jon feels this area will be a major challenge in the future.
 2. Curbside Recycling Program
 3. Arborist Program to care for trees
 4. Regional Tourism Program
 5. Regional Energy Conservation Program
 6. Backbone for High-Speed Internet Connection
- **Housing:** Low- to moderate-income housing in the Diamond Hill area; rental inspection program; and city donated building lots to Habitat for Humanity.
- **Economic Development:**
 1. Private Sector - East Nelson Street corridor and especially the Hampton Inn - Col Alto.
 2. Downtown - much private sector investment in such properties as the Lyric Building, Cornerstone Bank, Sheridan Building, Troubadour Building, Sheridan Livery, many new restaurants, and upcoming: the Two Georges and R. E. Lee Hotel.
 3. Renovation of the Jail and Courthouse,
 4. Kendal at Lexington - not really in the City but a large employer and largest taxpayer in Rockbridge County.

This impressive list of accomplishments shows us to be an energetic community with good leadership. Several years ago, *Smithsonian Magazine* listed Lexington as one of the 20 best small communities in which to live. Jon says he "came here for the job, but found a home!"

RoD Joe Milo concluded the program by saying when he was called recently by a consultant and asked what he was looking for in a new City Manager: "One like Jon Ellestad."

Paul Harris Fellowship Award:

The Rotary Foundation is a not-for-profit corporation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational and cultural exchange programs. The Foundation helps fund our humanitarian activities, from local service projects to global initiatives. Our club or district can apply for grants from the Foundation to invest in projects and provide scholarships. The Foundation also leads the charge on worldwide Rotary campaigns such as eradicating polio and promoting peace. Rotarians and friends of Rotary support the Foundation's work through voluntary contributions.

When a Rotarian gives \$1,000 to the Foundation, he/she may nominate someone for the award of a Paul Harris Fellowship, one of Rotary's most prestigious honors named in honor of Rotary's founder, to recognize extraordinary service. Rotarians often designate a Paul Harris Fellow as a tribute to a person whose life demonstrates a shared purpose with the objectives of the Rotary Foundation. This evening we have the honor and pleasure of recognizing a Lexington community

leader, Mr. T. Jon Ellestad.

Jon, born in Fort Atkinson, WI, graduated from the University of WI with a BA in History. He studied Public Administration at the University of DE, followed by an internship in the city manager's office in Newark, DE. He then served as assistant city manager of that city for 3 years. He served as assistant city manager in Blacksburg (5 years) and Fairfax (8 years) before coming to Lexington nearly 24 years ago.

Highlights of his tenure include: consolidation of the fire and emergency medical services; hired the first paid fire chief; forged cooperation with Buena Vista and Rockbridge County that resulted in a regional tourism program, an emergency dispatch center, and a senior center. **He builds teams that solve problems.**

"Jon Ellestad – you were selected to receive this recognition because the Lexington Rotary Club affirms that your life exemplifies the humanitarian and educational objectives of the Rotary Foundation. We thank you for demonstrating in your service to our community a commitment to helping people in need here, and around the world. You told us, Sir, how others deserve credit for your accomplishments. We know that none of these happened without great leadership. Your humility speaks to your character. During my 30 years in the Army, I learned to appreciate a good leader – Sir, you are a good leader."

It therefore gives me great pleasure to present you with the prestigious Paul Harris Fellowship. Ladies and gentlemen – please join me in congratulating our new Paul Harris fellow – Mr. Jon Ellestad.

Happy Bucks:

- Skip Ravenhorst was happy to note that Jon Ellestad was such a good manager that he made the traffic lights work when apparently no one else could do so.
- Chip Honsinger was happy to contribute in honor of Jon as a grand city manager who assisted volunteer organizations; thanked us for the card last week; and also for the good results from his two surgeries in the last month.
- Rae Carpenter was happy to report that his buddy, Dick Minnix, had his knee replacement checked today (after one year) and was told he didn't have to come back for 5 years.
- Kent McMichael was happy (?) to recall a phone call from the City Manager on the first day of operation of the Lexington Carriage Company chastising him for posting advertising signs on public utility poles; eventhough they went round and round for a few years, Kent found him always willing to assist in various projects.
- Jacki Bellairs was happy to commend Kelly for her support and assistance to Jon in all his endeavors; she has also been a real asset to the community.
- Joe Milo was happy to recall employing Jon's influence on getting the loop project approved; various local governmental groups had approved with the stipulation that the PSA approved; Joe apparently had some problems with the PSA but he finally got their approval after he asked Jon to intervene with them on behalf of the project.

Pot:

Kent McMichael won the raffle but not the BIG pot which now amounts to \$74.50.

Future Programs & Activities:

Jul 23: Some History of Lylburn Downing by Scott Risser; RoD Scott Risser
Jul 30: Arlington National Cemetery: History and Stories; RoD Kent McMichael
Jul 31: "The Crisis in Africa" by Colonel Jim Hentz, Sunrise Rotary Club
Aug 06: Care Box Project by Colette Barry-Rec; RoD Scott Risser
Aug 13: Rockbridge Health Center by Katy Datz; RoD Jim Slack
Aug 20: TBA
Aug 23: Rockbridge Community Festival
Aug 27: TBA

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

July 23, 2014

Volume LXIX, Number 03

President Scott presided. Guests: None. Visiting Rotarians: None. Attendance: 24 members.

Announcements and Business:

1. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1. More details later.
2. The Lexington Sunrise Rotary Club has scheduled Colonel Jim Hentz to speak to their club at its meeting at 7:00am on Thursday July 31st at Lexington Golf & Country Club. Hentz is the celebrated Africanist at VMI who just delivered a compelling lecture on the current crisis in Africa, the Boko Haram abduction of the 200 schoolgirls, etc. The Sunrise Club would be delighted if members of our club join them for this particular meeting. We are welcome just to come listen as fellow Rotarians; or, we may join them for breakfast at a cost of \$10 per person. To clarify - we still plan to hold our regular club meeting on Wednesday, July 30. This opportunity to attend the Sunrise club's meeting on July 31 and hear Colonel Hentz speak is an additional opportunity – **IT IS NOT A JOINT MEETING HELD IN LIEU OF OUR CLUB'S REGULAR MEETING**. If you plan to attend and eat, please contact the Sunrise Club ASAP so they will have an accurate count for breakfast.
3. Secretary John has extra copies of a new roster compiled by Dick Minnix. See him for a copy. Remember: this published list of members should not be used for commercial purposes.
4. Jim Slack and Julia Van de Water have cooperated to produce additional copies of the *History of the Lexington Rotary Club* CD for members who joined after 1998. See Dick Minnix for your copy.
5. Our thoughts and prayers go out to PP Mary Sayre who lost her mother recently.
6. The Rockbridge Community Festival is coming up soon. Consult your calendar and be prepared to sign up to help. Block Captains and Food Booth workers are especially needed. We will be responsible for Block C, the southernmost block which includes the Rockbridge Regional Library.
7. President Scott made a plea for a laptop computer for the Club to use in Powerpoint presentations. See the Joes (Pagnam or Milo) if you wish to donate. In this connection, Ed Claiborn has a set of speakers that connect to a laptop computer to amplify and enhance the sound for such programs, but you need to notify him in advance if you wish to use them.
8. August is Membership and Extension month in Rotary. Looking for ideas? Download Global Outlook: A Rotarian's Guide to Getting and Keeping Members at www.rotary.org.
9. For an eye-opener, read "Boy Genius: How Rotary Helped Raise a Rocket Scientist" in the August 2014 issue of *the Rotarian* magazine.

Program:

President Scott filled us in on some little known facts about local figure Lylburn Downing.

The city of Lexington built a school for African-American students in 1927, and named it in honor of Reverend Lylburn Liggins Downing, who preached the dedication sermon. Prior to the dedication, Pastor Downing unsuccessfully petitioned to have the main entrance to the school named Jackson Arch in honor of Thomas J. Jackson. That school, since renamed the Lylburn Downing Middle School, sits atop Diamond Hill above the VMI athletic facilities. So who was Lylburn Downing, that Lexington named a school after him, and what did he have to do with Stonewall Jackson?

Lylburn Liggins Downing was born on May 3, 1862 to Lylburn and Ellen Downing, slaves of the McDowell family, one of Rockbridge County's leading families. (There is a McDowell roadside marker

along US Route 11, north of Lexington near Emily Higgins home.) The Downings belonged to the McDowells who owned Col Alto, now the Hampton Inn on Nelson Street. The elder Lylburn Downing worked as a trained nurse at the Virginia Military Institute.

The elder Downings attended a colored Sabbath school founded in 1856 by an obscure professor at the Virginia Military Institute and deacon of Lexington Presbyterian Church, Thomas J. Jackson. Lylburn and Ellen Downing came to faith in Jackson's Sabbath school. Jackson broke the law by teaching slaves to read and write, so they could understand the Gospel. Their students understood that Jackson risked jail time, not just ridicule, by doing so. They became loyal to Jackson in ways we can't fully understand, but which transcended and survived the Civil War.

In the 1890s, Lexington erected a monument to Jackson in the town cemetery named for him. The first donation received to fund this project came from the African-American Baptist Church on Main Street. Free Blacks and former slaves who had been members of Jackson's Sabbath school classes, including Downings parents, built this church.

The Downings raised young Lylburn and his siblings on stories of how Jackson cared enough about sharing the Gospel with slaves and free Blacks that he risked his freedom to do so. Young Lylburn attended the same Sunday school after Jackson was already dead. JTL Preston, founder and an early professor of VMI, taught Jackson's Sabbath school after his death along with his wife Margaret Junkin Preston, Poetess of the South during the Civil War and Jackson's sister-in-law from his first marriage.

Young Lylburn wanted to enter the medical profession, but received his call to ministry in Jackson's Sabbath school, then taught by JTL Preston. Downing attended seminary at Lincoln University in Pennsylvania, where he excelled academically and taught Latin as a student. Upon his graduation, Lincoln University offered him a position on the faculty, which he turned down to follow his call to ministry.

He founded a mission church of 7 people in the city of Roanoke in 1895. His church grew to become the Fifth Avenue Presbyterian Church – still a worshipping congregation. In 1906 Pastor Downing designed and dedicated a stained glass window placed behind his altar to honor the 50th anniversary of Jackson's colored Sabbath school in Lexington. Please note the words on the scrolling ("Let us cross the river and rest in the shade of the trees", reportedly Jackson's last words before he died.) I leave to your imaginations how popular it was for an African-American pastor leading a Black flock at the beginning of our Civil Rights movement to so honor a Confederate leader; that's what Jackson meant to the Downing family.

(Scott had some photos to show but was unable to do so without a laptop computer available.)

Happy Bucks:

- Skip Ravenhorst was happy to report that he had noticed two dead skunks in the road on his way here which proves he is luckier than both.
- Kent McMichael was happy to relate his saga of the lost wallet; after he spent most of the day retracing his schedule, as a last resort he went to WalMart and asked if they had found his and luckily they had; everything was still in it, including money; the happy buck was for the few honest people still around.
- George Piegari was happy that the two skunks story reminded him that he returned from vacation to find two ground hogs in his trap.
- Joe Pagnam was happy (?) to relate his experience with a lost wallet in a hotel in New York city; he went to the gift shop and discovered they had it: the good news was that it contained all his credit and other cards, the bad news was that about \$300 was missing.

A Little Humor: Very Little:

- State Trooper: Any drugs, alcohol? Motorist: No thanks, I've got everything.
- Ever wonder why there is a stairway to heaven and a highway to hell? There is apparently more traffic to hell.
- Vegetarian is an old word for bad hunter.

Senior Trying to Set a Password:

WINDOWS: Please enter your new password. USER: cabbage.

WINDOWS: Sorry, the password must be more than 8 characters. USER: boiled cabbage.

WINDOWS: Sorry, the password must contain 1 numerical character. USER: 1 boiled cabbage.

WINDOWS: Sorry, the password cannot have blank spaces. USER: 50bloodyboiledcabbages.

WINDOWS: Sorry, the password must contain at least one upper case character.

USER: 50BLOODYboiledcabbages.

WINDOWS: Sorry, the password cannot use more than one upper case character consecutively.

USER: 50BloodyBoiledCabbagesShovedUpYourAssIfYouDon'tGiveMeAccessNow!

WINDOWS: Sorry, the password cannot contain punctuation.

USER: ReallyPissedOff50BloodyBoiledCabbagesShovedUpYourAssIfYouDontGiveMeAccessNow.

WINDOWS: Sorry, that password is already in use.

Pot:

John Furgerson won the raffle and rolled a 3 with the dice to win the BIG pot of \$92.50.

Future Programs & Activities:

Jul 30: Arlington National Cemetery: History and Stories; RoD Kent McMichael

Jul 31: "The Crisis in Africa" by Colonel Jim Hentz, Sunrise Rotary Club

Aug 06: Care Box Project by Colette Barry-Rec; RoD Scott Risser

Aug 13: Joint Meeting with Jaycees and Kiwanis on RCF Preparations; RoD Max Ivankov

Aug 20: New Member Profile by Jackie Bellairs; RoD George Piegari

Aug 23: Rockbridge Community Festival; RoD Max Ivankov/Josie McElroy

Aug 27: TBA

Sep 03: TBA

Sep 10: Military Officers' Association of America by Col(Ret) Patrick Webb; RoD Scott Risser

Sep 29: Joint Meeting of Area 6 Clubs with DG Vivian Crymble at Glen Maury Park Pavilion

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

July 30, 2014

Volume LXIX, Number 04

President Scott presided. Guests: None. Visiting Rotarians: None. Attendance: 16 members. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1. More details later.
2. The Rockbridge Community Festival is coming up soon (August 23). Consult your calendar and be prepared to sign up to help. Block Captains, Food Booth workers, and clean-up crew are especially needed. We will be responsible for Block C, the southernmost block which extends from Wells Fargo Bank to Nikko's Grill. Sign-up sheets will be on the tables the next two weeks.
3. President Scott made a plea last week for a laptop computer for the Club to use in Powerpoint presentations. See the Joes (Pagnam or Milo) if you wish to donate. In this connection, Ed Claiborn has a set of speakers that connect to a laptop computer to amplify and enhance the sound for such programs, but you need to notify him in advance if you wish to use them.
4. President Scott announced that the Military Officers Association of America is sponsoring a Golf Tournament at LGCC next Monday to benefit the Virginia Wounded Warriors Program.

Program:

Our own Kent McMichael reviewed the history and policies of Arlington National Cemetery (ANC). He served with the "Old Guard" while on active duty.

ANC, in Arlington County, Virginia, directly across the Potomac River from the Lincoln Memorial, is a United States military cemetery beneath whose 624 acres have been laid casualties, and deceased veterans, of the nation's conflicts beginning with the American Civil War, as well as reinterred dead from earlier wars. It was established during the Civil War on the grounds of Arlington House, which had been the estate of the family of Confederate general Robert E. Lee's wife Mary Anna (Custis) Lee (a great-granddaughter of Martha Washington). The cemetery, along with Arlington House, Memorial Drive, the Hemicycle, and the Arlington Memorial Bridge, form the Arlington National Cemetery Historic District, listed on the National Register of Historic Places.

At the outbreak of the Civil War, most military personnel who died in battle near Washington, D.C., were buried at the United States Soldiers' Cemetery in Washington, D.C., or Alexandria Cemetery in Alexandria, Virginia, but by late 1863 both were nearly full. Congress subsequently passed legislation authorizing the U.S. federal government to purchase land for national cemeteries for military dead. An examination of eligible sites was made and led to the recommendation that Arlington Estate was the most suitable property in the area. The property was high and free from floods (which might unearth graves), it had a view of the District of Columbia, and it was aesthetically pleasing. It was also the home of the leader of the armed forces of the Confederate States of America, and denying Robert E. Lee use of his home after the war was a valuable political consideration. The first military burial at Arlington (a white soldier, William Henry Christman) was made on May 13, 1864. The date or name of the first African American burial cannot be precisely determined, but occurred on either July 2 or July 3, 1864. Arlington did not desegregate its burial practices until 1948.

The flags in Arlington National Cemetery are flown at half-staff from a half hour before the first funeral until a half hour after the last funeral each day. Funerals are normally conducted five days a week, excluding weekends. Funerals, including interments and inurnments, average between 27-30 per day. The cemetery conducts approximately 6,900 burials each year. With more than 400,000

interments, ANC has the second-largest number of burials of any national cemetery in the United States. The largest of the 130 national cemeteries is located on Long Island. Any person who has served on active duty (provided it ended honorably) in the armed forces and/or member of their immediate family are eligible for ground burial

In addition to in-ground burial, ANC also has one of the larger columbaria for cremated remains in the country. Four courts are currently in use, each with 5,000 niches. When construction is complete, there will be nine courts with a total of 50,000 niches; capacity for 100,000 remains. Any honorably discharged veteran is eligible for inurnment in the columbarium, if s/he served on active duty at some point in her/his career.

With limited space but large numbers of World War II, Korean War, Vietnam War, and other veterans dying and wanting to be buried at Arlington, the need for additional burial space at the cemetery became a pressing issue. In 1990, plans were made to implement expansion but it was not until 2007 that the Millennium Project was announced. The Millennium Project expanded Arlington's physical boundaries for the first time since the 1960s, and was the largest expansion of burial space at the site since the American Civil War. These plans were criticized and opposed by several environmental and historical preservation groups because they included the conversion of some historic woodlands.

ANC is divided into 70 sections: Section 60, in the southeast part of the cemetery, is the burial ground for military personnel killed in the Global War on Terror since 2001; Section 21, also known as the Nurses Section, is the area where many nurses are buried and is the site of the Spanish-American War Nurses Memorial and the Nurses Memorial; another section—Chaplains Hill—includes monuments to Jewish, Protestant, and Roman Catholic military chaplains. In 1901, Confederate soldiers buried at the Soldiers' Home and various locations within Arlington were reinterred in a Confederate section that was authorized by Congress in 1900. In 1914, the United Daughters of the Confederacy dedicated the Confederate Memorial designed by Moses Ezekiel. Upon his death in 1917, Ezekiel was buried at the base of the monument as he was a veteran of the Confederate army. More than 3,800 former slaves, called "Contrabands" during the Civil War, are buried in Section 27. Their headstones are designated with the word "Civilian" or "Citizen".

The Tomb of the Unknown Soldier stands on top of a hill overlooking Washington, D.C. One of the more well-attended sites at the Cemetery, it was completed and opened to the public in 1932. It was initially named the "Tomb of the Unknown Soldier." Other unknown servicemen were later entombed there, and it became known as the "Tomb of the Unknowns", though it has never been officially named. The soldiers entombed there are: Unknown Soldier of World War I, Unknown Soldier of World War II, Unknown Soldier of the Korean War, and Unknown Soldier of the Vietnam War. The remains of the Vietnam Unknown were disinterred in 1998, and were identified as those of Air Force 1st Lt. Michael J. Blassie, whose family had them reinterred near their home in St. Louis, Missouri. It has been determined that the crypt at the Tomb of the Unknowns that contained the remains of the Vietnam Unknown will remain empty.

The Tomb of the Unknowns has been perpetually guarded since 1937 by the U.S. Army. The 3rd U.S. Infantry Regiment ("The Old Guard") began guarding the Tomb in 1948. There is a meticulous routine which the guard follows when watching over the graves. The Tomb Guard: marches 21 steps down the black mat behind the Tomb; turns, faces east for 21 seconds; turns and faces north for 21 seconds; takes 21 steps down the mat; and repeats the routine until the soldier is relieved of duty at the Changing of the Guard. After each turn, the Guard executes a sharp "shoulder-arms" movement to place the weapon on the shoulder closest to the visitors to signify that the Guard stands between the Tomb and any possible threat. Twenty-one was chosen because it symbolizes the highest military honor that can be bestowed—the 21-gun salute. Each turn the guard makes is precise and is instantly followed by a loud click of the heels as he snaps them together. The guard is changed every half hour during daylight in the summer, and every hour during daylight in the winter and every two hours at night (when the cemetery is closed to the public), regardless of weather conditions.

The first soldier to be buried in Arlington was Private William Henry Christman of Pennsylvania in 1864. As of May 2006, there were 367 Medal of Honor recipients buried in ANC, nine of whom are Canadian. Five state funerals have been held at Arlington: those of Presidents William Howard Taft and John F. Kennedy, his two brothers, Senator Robert F. Kennedy and Senator Edward "Ted"

Kennedy, and General of the Armies John J. Pershing. Whether or not they were wartime service members, U.S. presidents are eligible to be buried at Arlington, since they oversaw the armed forces as commanders-in-chief.

Among the most frequently visited sites in the cemetery is the grave of President John F. Kennedy, who is buried with his wife, Jacqueline, and two of their children.

President Herbert Hoover conducted the first national Memorial Day ceremony in ANC, on May 30, 1929. Currently, gravestones at ANC are marked by U.S. flags each Memorial Day.

Beginning in 1992, Morill Worcester donated thousands of wreaths around the end-of-year holiday season to be placed on graves at Arlington. He has since expanded his effort, now known as Wreaths Across America, and supplies wreaths to over 230 state and national cemeteries and veterans monuments across the country. (Source: Wikipedia: The Free Encyclopedia)

Happy Bucks:

- Mary Honsinger was happy to donate just 'cause she was happy.
- Scott Risser was happy to give thanks to Kent for a good, informative program.
- Stuart Fleming was also happy to commend our speaker for an excellent program.

Pot:

Allan Somerville Brown won the raffle but not the POT of \$12.50, now rebuilding after John Furgerson's win last week.

Future Programs & Activities:

- Jul 30: Arlington National Cemetery: History and Stories; RoD Kent McMichael**
- Jul 31: "The Crisis in Africa" by Colonel Jim Hentz, Sunrise Rotary Club**
- Aug 06: Care Box Project by Colette Barry-Rec; RoD Scott Risser**
- Aug 13: Joint Meeting with Jaycees and Kiwanis on RCF Preparations; RoD Max Ivankov**
- Aug 20: New Member Profile by Jackie Bellairs; RoD George Piegari**
- Aug 23: Rockbridge Community Festival; RoD Max Ivankov/Josie McElroy**
- Aug 27: TBA**
- Sep 03: TBA**
- Sep 10: Military Officers' Association of America by Col(Ret) Patrick Webb; RoD Scott Risser**
- Sep 17: TBA**
- Sep 24: Annual Steak Cookout; Site TBA**
- Sep 29: Joint Meeting of Area 6 Clubs with DG Vivian Crymble at Glen Maury Park Pavilion**
- Oct 24: World Polio Day**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

August 6, 2014

Volume LXIX, Number 05

President Scott presided. Guests: our speaker, Collette Barry-Rec. Visiting Rotarians: none. Attendance: 23 members and 1 guest for a total of 24. Meeting held at the Lexington Golf and Country Club (LGCC).

Announcements and Business:

1. President Scott recognized Joe Milo as a Sustaining Member and commended him for sponsoring the Paul Harris Fellowship for Jon Ellestad presented at our July 16th meeting.
2. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. You may wish to car pool to this event. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1st. More details later.
3. We will meet jointly with the Jaycees and Kiwanis Club at LGCC next week to finalize plans for the Rockbridge Community Festival coming up on August 23rd. Be prepared to sign up to help if you haven't already done so. Block Captains, Food Booth workers, and Clean-Up Crew are especially needed. We will be responsible for Block C, the southernmost block which extends from Wells Fargo Bank to Nikko's Grill.
4. President Scott announced that he and Partner Barbara will host our Annual Steak Cookout at their abode on September 24th.
5. We still need some programs to fill out our schedule over the next few months. Contact President Scott if you have suggestions.
6. Our Board of Directors met for their regular monthly meeting immediately following our meeting.

Minute for Rotary:

Traveling to San Antonio, Texas for business, I was very lucky to meet the Executive Vice President of one of the largest construction companies in Texas. Over dinner I mentioned my affiliation with Rotary and he told me the following story: As a young Lebanese man entering the American University in Beirut in 1976, I was just one of the many victims of the conflict that not only devastated my country, but also took the lives of many of my family and friends. As a Lebanese Christian, I and my family were especially targeted and my parents arranged for me to leave the country to continue my education in the US. I ended up at Texas Tech. I worked hard as my parents were making great sacrifices for me, and ultimately graduated near the top of my class in Civil Engineering. I had no idea what to do next with mounting bills, and the real possibility of having to return to a war-torn country with little prospects. A call came to me at that point from the local Rotary Club. I had been given a substantial monetary reward, being designated as the "International Student of the Year". I was stunned and humbled. I was told that I was respected by the faculty and my story touched the hearts of the Rotary Club. My life was changed forever. I ended up working on my graduate degree and subsequently arrived at this stage of my life, very proud to be an American citizen, raising two fine children, and hopefully contributing to the better welfare of the citizens of San Antonio. I can never thank Rotary enough. (Contributed by PP Emily Higgins.)

Program:

RoD Scott introduced Colette Barry-Rec who spoke to us about The Care-Box Project of Rockbridge. She, her husband who is a stone mason and musician, and their two children moved to Rockbridge in 1988. They lived out in the County for 20 years before moving into town. Colette taught Movement Repatterning/Anatomy at Washington and Lee for 20 years after creating the job there. A Certified Nursing Assistant, she is a member of Lexington Baptist Church. She is grateful to

be working with several veteran's organizations including MOAA, VFW, MCL, and the American Legion Auxiliary.

Collette Barry-Rec started the Care-Box Project after reading a letter to the editor in the News-Gazette where a local woman thanked a Rockbridge County High School government class for sending her son letters, pictures and care packages while he was deployed in Baghdad. She was so moved by that letter that she called the woman and said, "You don't know me, but I want to be helpful," and the rest is history. The woman's son had attended Rockbridge County High School and graduated from Virginia Military Institute in 2002. He became the first recipient of the Care-Box Project's care packages and letters when he was deployed in 2004.

Since that first box, more than 1850 boxes have been sent to local soldiers deployed in Afghanistan and Iraq through the program. It's 100 percent word of mouth that identifies deployed service members. As soon as the names of local soldiers deployed overseas are heard, their mailing information is tracked down and care packages and letters start to go out. Packages contain a variety of contents and special requests never go unfilled. The amount contained in each box is plentiful, thereby encouraging sharing with fellow soliders.

Sometimes soldiers will write requesting boxes be sent to other men and women in their units who don't get mail or support of any kind. Care-Box ends up not only supporting that person, but if they learn that someone isn't getting mail or anything at all, they end up supporting a whole or part of a unit.

The Care-Box Project also offers support for the soldiers' families in the Rockbridge area. One of the program's board members said that the project brought local military families together when there was no civilian support system. "When I know my daughter is getting support and then I, in turn, can get support from the group, that's tremendous," she said. Her daughter said she received a box almost every week of her 15-month deployment. "It's very easy when you're deployed to feel very remote," she said and she really appreciated the peanut butter and letters she received from a woman who adopted her through the Care-Box Project. The Care-Box Project's "Adopt a Soldier" program allows individuals or groups to adopt a soldier to support independently.

A quilting group offers another arm of support for military families by making quilts with their soldier's picture in the center. Over 100 quilts have been made and presented to families to date. One wife says she received one with her and her husband's picture in the center of the quilt. "It's so amazing to see such a small community like Lexington to rally around our fighting women and men," she said.

Barry-Rec credits the community with the Care-Box Project's success. The Care-Box Project receives donations from individuals and organizations or groups including Rockbridge County's VFW Post 1499, Military Officers Association of America, various churches, Ruritan clubs and Girl Scouts groups. "Many are veterans and they appreciate what's going on here," said Barry-Rec. Contributions may be addressed to Rockbridge Care-Box Project, P. O. Box 556, Lexington, 24450. Care-Box is a 501(c)3 organization so all contributions are tax deductible.

Update on PDG Eric Adamson:

Eric sustained a fall earlier in the summer that resulted in a serious head injury. He is recovering at a pace surprising to his health providers but there remains a number of issues. His short-term memory is incomplete, he is at times seeing things that are not there, he is somewhat in denial about what has happened to him, and he remains physically weakened. But he is very much the old Eric we all knew.

He is not 100%, but a bigger percentage than was expected. He recognizes visitors instantly. Much of his memory is intact, though some areas are sketchy. He has a great appetite but is still somewhat physically frail. He has lost a lot of weight. His arms and legs are skinny. However, in the last week he has gained 6 pounds. He has a little more gray hair. He has his sense of humor as well as much of his lawyering qualities (which can be disconcerting and a bit problematic). He can get out of bed and walk without assistance (though currently forbidden to do so, he tries it anyway!). He was very disappointed a recent visitor did not bring him any single malt scotch whisky.

Eric is excited about the prospect of getting back into his Rotary duties. He is expected to be able to do so completely. As you know, he is enormously dedicated to Rotary's mission. It is hugely

important to him. The plan is for Eric to return to Front Royal, Virginia, next Friday for a couple weeks at the Lynn Care Center before returning home.

Thanks to all for your prayers. To a very great extent, these prayers have been answered. (Condensed from message by PDG Ron Napier.)

Happy Bucks:

- PP Julia Van de Water reported that father Ken is in Stonewall Jackson Hospital suffering from pneumonia. Our thoughts and prayers go out to Ken at this difficult time.
- Betty McMichael was happy to explain that she was not here last week for Partner Ken's program because she was on her annual girl's trip to ME.
- Kent McMichael was happy to remind us that the first American casualty in WWI occurred in 1914 and was a VMI graduate serving with the French Foreign Legion; he became famous because his journalist brother published his letters from France.
- PP Emily Higgins was happy on multiple counts: for speaker Collette for what she has done for many years; she just started a job as a paid communications specialist at Boxerwood; she is just back from a wonderful trip to lovely San Antonio, TX; met a delightful guy on flight home who is a banjo-picker and blue grass fan; and son Patrick finally popped the question to his girl friend of several years.
- Bill Lowe was also happy on multiple counts: he and Nancy just returned from an extensive trip that included Italy, Kansas, NC, Alabama, etc. and he is tired of driving; his son-in-law Matt has returned from a deployment to Qatar; and Matt's brother has returned today from his time in Jordan.
- Linda Krantz was happy to bring our attention to a concert in the Krantz Music Hall: Steve Katz, formerly with the group known as Blood, Sweat, and Tears will appear on August 21st.
- Scott Risser was happy to report that the MOAA-sponsored Golf Tournament held at LGCC last Monday raised in excess of \$10K in support of the Wounded Warrior Project.
- Derek Carter was happy to donate in honor of our speaker and her work; and that he is back from his honeymoon but didn't wish to disclose any details – maybe later.
- Jerry Plante was happy to commend Collette for her work and contribute to it; many others did likewise.

Pot:

Joe Milo won the raffle but not the POT of \$31.00, now rebuilding after John Furgerson's recent win.

Future Programs & Activities:

- Aug 13:** Joint Meeting with Jaycees and Kiwanis on RCF Preparations; RoD Max Ivankov
- Aug 20:** New Member Profile by Jackie Bellairs; RoD George Piegari
- Aug 23:** Rockbridge Community Festival; RoD Max Ivankov/Josie McElroy
- Aug 27:** TBA
- Sep 03:** TBA
- Sep 10:** Military Officers' Association of America by Col(Ret) Patrick Webb; RoD Scott Risser
- Sep 17:** TBA
- Sep 24:** Annual Steak Cookout at Home of Barbara and Scott Risser
- Sep 29:** Joint Meeting of Area 6 Clubs with DG Vivian Crymble at Glen Maury Park Pavilion
- Oct 24:** World Polio Day

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

August 13 2014

Volume LXIX, Number 06

This was our annual joint meeting with the Lexington-Rockbridge Jaycees and the Lexington Kiwanis Club to review final plans and arrangements for the upcoming Rockbridge Community Festival (RCF). Scott Risser, president of the Lexington Rotary Club presided over the program. The meeting was held at the Lexington Golf and Country Club. Guests: Captain Bucky Miller of the Lexington Police Department. Attendance: 28 Rotarians and 1 guest with Kiwanis and Jaycees making up the balance for a total attendance of 45.

Announcements and Business:

1. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. You may wish to car pool to this event. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1st. More details later.
2. President Scott announced that he and Partner Barbara will host our Annual Steak Cookout at their abode on September 24th.

Program:

The 38th Annual Rockbridge Community Festival (RCF) will be held on Saturday, August 23th, from 9:00 am until 3:00 pm. In the absence of RCF Chair Ned Riester of the Kiwanis Club, our own Max Ivankov (Co-Chair) reviewed preparations for this traditional joint venture of our club (R), with the Lexington-Rockbridge Jaycees (J), and the Lexington Kiwanis Club (K). Set-up will begin around 5:00 am. He reminded us that the RCF has a web site at www.rockbridgecommunityfestival.org and also has Twitter and Facebook pages.

Chair – Ned Riester (K)

Vice-Chair -- Max Ivankov (R)

Treasurer -- Brad Hastings (J).

Space Assignments -- Nicole Manley (J). 167 vendors already registered. Have emphasized arts and crafts this year.

Set-Up – Curtis Jaques (J). Expect to start marking streets about 5:00 am on Saturday morning. Adequate space will be provided between vendors and curbs to accommodate emergency vehicles. Vendors allowed in at 7:00 am.

Entertainment – Josie McElroy (R). All slots filled; scheduled to appear: (540) Productions; The Luddites; Blue Ridge Mountain Cloggers; Bill Cook & Friends; Loose Gravel; SaraJane McDonald; and Coprolite. Also look for The Rockbridge County High School Ukelele Club and The Rockbridge County Line Dancers. Stage will be in usual place next to old County Courthouse.

Food -- Felicia Bush (K). Booth at Wells Fargo Plaza will serve hot dogs and drinks; booth near McAdos will serve only drinks.

Publicity -- Jim Gaines (K).

Sponsorships – Katie Stinnett (J). Over \$2000 committed to date. More expected before brochure-printing date next week.

Clean-up – John Milford (K). Can always use more bodies to speed up process – the more, the merrier.

The Lexington Fire and Rescue, Police, and Public Works Departments are an integral part of this project – we couldn't function without them. Captain Miller encouraged our volunteers to help unload vendors in order to get them out of the way quickly for later arrivals. And to ask vendors to depart promptly after closing to facilitate clean-up.

Note that Washington Street must be open to through traffic on Route 60 because Nelson Street will be closed with vendors located there.

Josie distributed some very attractive posters and asked us to post them in prominent places around the city and county.

President Scott thanked the Jaycees and Kiwanis Club for their long-time partnership with us in this event. This promises to be one of our largest and most outstanding RCFs. Thanks to Ned and his Planning Committee for an excellent job.

Birthdays and Anniversaries in August (Somewhat Belated, Sorry):

Happy Birthday to: Wally Fogo on the 16th; Mike Higgins on the 21st; and Melou Piegari on the 27th.

Happy Anniversary to: June and Ed Jeffries on the 1st; Josie and Stephen McElroy on the 5th; Mary and Scott Sayre on the 9th; Susan and Chuck Barger and Nancy and Bill Lowe on the 12th; Rita and Skip Ravenhorst on the 20th; Marian and Dick Minnix on the 27th; and Shirley and Ed Claiborn on the 31st.

Feng Shui:

August, this year, will have 5 Fridays, 5 Saturdays and 5 Sundays. This happens only once every 823 years. The Chinese call it 'Silver pockets full.' So: send this message to your friends and in four days money will surprise you. Based on Chinese Feng Shui.

Sex After Surgery:

A recent article in the Dominion Post reported that a woman, Anne Maynard, has sued Wellington Hospital, saying that after her husband had surgery there, he lost all interest in sex.

A hospital spokesman replied: "Mr. Maynard was admitted for cataract surgery. All we did was correct his eyesight."

Summary of Board Meeting on August 6th:

- Membership - the board reviewed the list of prospective new members the directors and club already approved extending membership to, and membership prospects.
- President Scott asked directors for their thoughts on ways to affirm club members, such as celebrating perfect attendance, birthdays of members and spouses, anniversaries and graduations of club members' family members. Emily stated that she has a list of club members' birthdays and anniversaries she will pass to Scott.
- President Scott asked Chuck Barger to have the nominating committee work with a milestone date of mid-October to forward their recommendations for 2015-2016 club officers and directors to the board of directors, allowing their action in time for the club to vote on a proposed slate of candidates not later than December 31.
- President Scott commended the public affairs committee for their work thus far, and reiterated that he'd like to see our club be aggressive and proactive in publishing stories in the local newspapers and the District newsletter. He asked all directors to emphasize this with their committees, and to help by forwarding draft articles and stories to the public affairs committee.
- Kent McMichael informed the board that this year's GSE team will come from Canada; specifically from Quebec, with little English fluency. He expects the team to be in Lexington only 2 days and 3 nights, a shorter stay than most years. More details to follow.
- President Scott reminded Kent that we needed a headcount from the Jaycees and the Kiwanis on the numbers of their folks participating in the August 13 joint meeting dedicated to the Rockbridge Community Festival, so we could give the country club an accurate planning number. Max Ivankov forwarded those numbers to Scott, who gave them to the country club.
- Kent informed us that the next date our club honors veterans by decorating their graves with National colors is November 11.

- The board discussed the youth study exchange (YSE). President Scott commented that the pending departure of the student we sponsor gives us a great opportunity to publish a story before she goes, then after she returns. Kent and John are looking into a District fee of \$400 for YSE, something they'd not seen before.
- Julia Van de Water informed Scott and the board before and during our club meeting that we lack the proper non-profit tax exempt status to continue using the Kroger cards as a means of raising funds. John informed us that we have 501(c)4 status; we need to be a 501(c)3 organization to continue deriving money from use of the Kroger cards. John and Julia thought Jim Slack was working that last year; John was going to check with Jim. Scott asked Derek and John to study this, take action as needed, and inform the club of what we need to do. Kudos to Julia for her diligence with this.
- Scott asked all directors to encourage their folks to regularly attend club meetings. We're doing well, with room for improvement; our success as a club depends on all of us. He encouraged all club members to consider continuing as or becoming a sustaining member. He further asked that we all look at ways to serve one another; one easy way is to help carry the club banner, flag, bell, CART buckets, name badges, etc., from the entryway closet to our meeting room before the meeting, then to help return those items to the closet after our meeting. Many hands make the task light.

Future Programs & Activities:

- Aug 20: New Member Profile by Jackie Bellairs; RoD George Piegari**
- Aug 23: Rockbridge Community Festival; RoD Max Ivankov/Josie McElroy**
- Aug 27: Overview of Travels to Russia; RoD Jim Slack**
- Sep 03: Club Assembly, RoD Scott Risser**
- Sep 10: Military Officers' Association of America by Col(Ret) Patrick Webb; RoD Scott Risser**
- Sep 17: Rotary's CART Program by PDG Woody Sadler; RoD Scott Risser**
- Sep 24: Annual Steak Cookout at Home of Barbara and Scott Risser**
- Sep 29: Joint Meeting of Area 6 Clubs with DG Vivian Crymble at Glen Maury Park Pavilion**
- Oct 24: World Polio Day**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

August 20 2014

Volume LXIX, Number 07

President Scott presided. Guests: Melou Piegari, Partner of George; and our speaker, Jonathan Hadra. Attendance: 21 members and 2 guests for a total of 23. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. You may wish to car pool to this event. An alternate site is being explored in case of bad weather. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1st. More details later.
2. President Scott reminded us that he and Partner Barbara will host our Annual Steak Cookout at their abode on September 24th.
3. The Lexington Golf and Country Club will host the 18th annual Hospice Hustle 5K Glow Run and Walk, on September 6th from 6:00pm - 10:00pm. No charge for kid's activities; food/beverage and glow items will be available for purchase. For more information, check their website at hospicehustle.org.
4. The Rockbridge Area Health Center announces its Grand Reopening on Tuesday, September 9th from 5:00 pm - 7:00 pm, at the new clinic at 25 Northridge Lane. Our club has supported this clinic generously and often, and at least one of our members faithfully volunteers there. Dress is business casual; heavy hors d'oeuvres will be served. Please RSVP to Katy Datz at 540-464-8700, ext 7118, or kdatz@rockahc.org if you plan to attend,
5. The final distribution of wheelchairs from the 2012-2013 wheelchair project will take place 8-13 October. A team will be going to the Yucatan Peninsula in Mexico to deliver 240 wheelchairs. Rotarians should be proud of their efforts. The lives of thousands of people have been changed. This final distribution will bring our total wheelchair donations to over 1,600 wheelchairs. Personally delivering the wheelchairs has been a rewarding experience for PDG Woody Sadler and the Rotarians who have gone with him to the Caribbean, Colombia and Guatemala. He would like to invite any Rotarian who would like to participate in this final wheelchair distribution to Mexico to contact him at lorwood@embarqmail.com. They only have spaces for 13 so please let him know as soon as possible.
6. Nick Cuzzimano suffered a broken hip last week when he fell from a horse. He had surgery Friday morning at 10:00 am at Roanoke Memorial Hospital to place a pin in his hip. The surgery went well. He will reportedly be in rehab near Roanoke for about 4 weeks. Please keep Nick and Nancy in your prayers.
7. PP Julia presented our club a check for \$361 as our 5% share of purchases made on Kroger Gift Cards. Keep eating and recharging your gift cards.

Program:

RoD George Piegari introduced Jonathan Hadra. A member of the VMI Class of 2004, Jonathan lettered in baseball all four years. He joined the coaching staff in 2010 and is now the Associate Head Coach. He also serves as the third base coach during games.

The VMI baseball program has come a long way. Between 1995 and 2003, not a single player was drafted or signed a professional contract. Since 2003, 23 players have been drafted or signed a free agent contract (18 draft picks, 5 signed as free agents). Two players were selected as all-conference last year and the team beat three top 25 ranked teams for the first time in the program's history. 21 players played summer ball this year on teams located all over the nation.

The NCAA allows only 11.7 full scholarships in college baseball so there are no full rides, only partials. Coupled with that limitation, only 27 players are permitted to have scholarships. VMI is looking forward to rejoining the Southern Conference this year and renewing old rivalries, especially with The Citadel.

Last year the team's record was 25-23. Its best record was 33-22 in 2010-11. The team has played better than .500 ball in three of the last five years. Baseball is a year-round sport now – practice will begin on September 5th.

Happy Bucks:

- Skip Ravenhorst was happy to contribute because his photo appeared in the latest News-Gazette with his musical group Loose Gravel that played at the Palmer Center Ice Cream Social last Saturday.
- Stewart Fleming was (un)happy that the name of his nephew Scott mistakenly appeared instead of his on the work schedule for the RCF.
- George Piegari was happy to commend our speaker for filling in at the last minute when our scheduled speaker was unable to make it.
- Betty McMichael was happy to have spent a week in ME earlier this summer with cousins on her father's side and this past weekend in Fredericksburg with cousins on her mother's side so she has had a double dose of family this summer which should last her for another year.
- Bill Lowe was happy to have lost a wisdom tooth successfully on Monday without lingering effects.
- Scott Risser was happy to heartily recommend the Palmer Center Ice Cream Social as a wonderful family-friendly event; and endorsed the VMI Baseball Team and coaches for their success in competing with much larger and better supported teams – they are even fun to watch.
- Jim Slack was happy to return with Partner Mary Ellena Ward from a three-week trip to Russia, visiting a number of islands (except one where they were denied) and saw many marine animals, whales, and birds; Mary Ellena will report on their trip next week; he concluded with the answer to the question, "Why do mermaids wear sea shells? Because B-shells are too small and D-shells are too large."
- Joe Milo was happy to donate for that last joke.
- Kent McMichael was happy for the grace period (?) while his wife was away visiting relatives.

Puns for Educated Minds:

- How does Moses make his tea? Hebrews it. ? ?
- Venison for dinner again? Oh deer! ? ?
- A cartoonist was found dead in his home. Details are sketchy. ? ?
- I used to be a banker, but I lost interest. ? ?
- Haunted French pancakes give me the crepes. ? ?
- England has no kidney bank, but it does have a Liverpool. ? ?
- I saw the fog rolling in, but then it mist me. ? ?
- They told me I had type-A blood, but it was a type-o. ? ?
- I changed my iPod's name to Titanic. It's syncing now. ? ?
- Jokes about German sausages are the wurst. ? ?
- I know a guy who's addicted to brake fluid, but he says he can stop any time. ? ?
- I stayed up all night to see where the sun went, and then it dawned on me... ? ?
- This girl said she recognized me from the vegetarian club, but I'd never met herbivore. ? ?
- When chemists die, apparently they barium. ? ?
- I'm reading a book about anti-gravity. I just can't put it down. ? ?
- I did a theatrical performance about puns. It was a play on words. ? ? ?
- I didn't like my beard at first. Then it grew on me. ? ?
- Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils ? ? ?
- When you get a bladder infection you know urine trouble. ? ?

- Broken pencils are pretty much pointless.? ?
- What do you call a dinosaur with an extensive vocabulary? A thesaurus.? ?
- I dropped out of the Communism class because of lousy Marx.? ?
- All the toilets in New York 's police stations have been stolen. As of now, it appears the police have nothing to go on.? ?
- I got a job at a bakery because I kneaded dough.? ?
- Velcro - what a rip off! ? ?

Thanks to Linda Krantz.

Pot:

Guest Speaker Jonathan won the drawing but not the big pot.

Future Programs & Activities:

- Aug 23:** Rockbridge Community Festival; RoD Max Ivankov/Josie McElroy
- Aug 27:** Overview of Travels to Russia by Mary Ellena Ward; RoD Jim Slack
- Sep 03:** Veteran Member Profile by Rae Carpenter; RoD Dick Minnix
- Sep 10:** Military Officers' Association of America by Col(Ret) Patrick Webb; RoD Scott Risser
- Sep 17:** Rotary's CART Program by PDG Woody Sadler; RoD Scott Risser
- Sep 24:** Annual Steak Cookout at Risser Abode; RoD Scott Risser
- Sep 29:** Joint Meeting of Area 6 Clubs with DG Vivian Crymble at Glen Maury Park Pavilion; RoD Scott Risser
- Oct 01:** NO MEETING
- Oct 08:** Club Assembly; RoD Scott Risser
- Oct 15:** Rockbridge Health Center by Katy Datz; RoD Jim Slack
- Oct 24:** World Polio Day

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1062

92nd YEAR OF "SERVICE ABOVE SELF"

Web Site: <http://www.lexingtonvarotary.org>

August 27 2014

Volume LXIX, Number 08

President-Elect Derek presided in the absence of President Scott. Guests: Dot Fogo, Partner of Wally; and our speaker, Mary Ellena Ward, Partner of Jim Slack. Attendance: 15 members and 2 guests for a total of 17 – there were lots of make-ups at the Rockbridge Community Festival. Meeting held at the Lexington Golf and Country Club.

Announcements and Business:

1. Don't forget to put on your calendar that the joint meeting of Area 6 Rotary Clubs with DG Vivian Crymble will take place on Monday, September 29, at the pavilion in Glen Maury Park in Buena Vista. You may wish to car pool to this event. An alternate site is being explored in case of bad weather. This meeting will take the place of our regular meeting scheduled for Wednesday, October 1st. More details later.
2. President Scott reminded us that he and Partner Barbara will host our Annual Steak Cookout at their abode on September 24th.
3. The Lexington Golf and Country Club will host the 18th annual Hospice Hustle 5K Glow Run and Walk, on September 6th from 6:00pm - 10:00pm. No charge for kid's activities; food/beverage and glow items will be available for purchase. For more information, check their website at hospicehustle.org.
4. The Rockbridge Area Health Center announces its Grand Reopening on Tuesday, September 9th from 5:00 pm - 7:00 pm, at the new clinic at 25 Northridge Lane. Our club has supported this clinic generously and often, and at least one of our members faithfully volunteers there. Dress is business casual; heavy hors d'oeuvres will be served. Please RSVP to Katy Datz at 540-464-8700, ext 7118, or kdatz@rockahc.org if you plan to attend,
5. The final distribution of wheelchairs from the 2012-2013 wheelchair project will take place 8-13 October. A team will be going to the Yucatan Peninsula in Mexico to deliver 240 wheelchairs. Rotarians should be proud of their efforts. The lives of thousands of people have been changed. This final distribution will bring our total wheelchair donations to over 1,600 wheelchairs. Personally delivering the wheelchairs has been a rewarding experience for PDG Woody Sadler and the Rotarians who have gone with him to the Caribbean, Colombia and Guatemala. He would like to invite any Rotarian who would like to participate in this final wheelchair distribution to Mexico to contact him at lorwood@embarqmail.com. They only have spaces for 13 so please let him know as soon as possible.
6. PE Derek Carter reported on a very successful meeting with other clubs from Area 6 on the subject of club membership. AG Emily Higgins organized the meeting which was held at Sweet Treats.

Rotary Minute:

Julie Goyette announced that a prototype new website was now on-line. The address is lexingtonvarotary.com; please note this is the same as the old site.

Program:

RoD Jim Slack introduced Partner Mary Ellena Ward who presented an Overview of their recent Travels to Russia entitled **Mysteries of the Far North**.

Jim Slack and Mary Ellena Ward went on a three week trip to Russia in July and August. It was more of an expedition than a tourist trip. Mary Ellena presented the trip as a series of topics rather than a chronology. The chronology was: start in St. Petersburg, Russia, visit the Karelia region north

of there, fly further north to Archangel to get on the ship Island Sky, and travel north through the White Sea to the Barents Sea finally and Murmansk. Then around the top to Norway and home again.

The topics Mary Ellena presented were:

Tourist venues: St. Petersburg, Kizhi, Vallaam, Solovetskiy (mostly the Russia Orthodox Church, ancient buildings, and lots of gold);

Places where tourists don't go: Gridino fishing village and other urban residential areas (very old wood buildings, decrepit, and unpainted but very friendly people);

Worship: Labyrinths and churches (very, very old);

Town and country contrasts: Petrozavodsk, Archangel, Murmansk, and Chapona (some places were as down-trodden as parts of Philadelphia or Appalachia);

People: at this point she was out of time so she didn't get to present any more or the last topic of **Monuments.**

The rest of the talk will be scheduled soon.

Happy Bucks:

- Derek Carter was happy to contribute because his photo was in the paper showing him cooking hot dogs at Wells Fargo Plaza.
- Skip Ravenhorst was happy to contribute even though his photo while playing music did not appear in this week's paper.
- Betty McMichael was happy on multiple counts: thanks to all who came and helped set-up for the RCF: Chuck, Stewart, Allan, Ed, and Scott; thanks to Ed Jeffries who bought her breakfast at Niko's; thanks to Emily for subbing as block captain for Julie who had a family emergency; and thanks to the entire RCF Committee for a fine job – everything went smoothly.
- Julie Goyette was happy to thank Emily and Jim for picking up the slack in her absence.
- Emily Higgins had her grand kids for about two weeks and they were "fabulous."

Pot:

PP Emily Higgins won the drawing but not the big pot of \$62.00.

Birthdays and Anniversaries in September:

Happy Birthday to: Chuck Barger on the 20th; Heather Branstetter on the 22nd; Anne Tucker on the 23rd; and Mary Ellena Ward on the 27th.

Happy Anniversary to: Sue and Joe Milo on the 8th; and Betty and Kent McMichael on the 14th.

Future Programs & Activities:

Sep 03: Veteran Member Profile by Rae Carpenter; RoD Dick Minnix

Sep 10: Military Officers' Association of America by Col(Ret) Patrick Webb; RoD Scott Risser

Sep 17: Rotary's CART Program by PDG Woody Sadler; RoD Scott Risser

Sep 24: Annual Steak Cookout at Risser Abode; RoD Scott Risser

Sep 29: Joint Meeting of Area 6 Clubs with DG Vivian Crymble at Glen Maury Park Pavilion; RoD Scott Risser

Oct 01: NO MEETING

Oct 08: Club Assembly; RoD Scott Risser

Oct 15: Rockbridge Health Center by Katy Datz; RoD Jim Slack

Oct 24: World Polio Day

END