



Getting fit for Monarch Mouthguard with Dr. Nicholson

Good Neighbor **SPOTLIGHT**

STUDIO Z DENTAL – SUPPORTING OUR **COMMUNITY ONE MOUTH AT A TIME!**

Sponsored by Brad Hughes of State Farm Written by Erin Edwards





Monarch Mouthguard

Studio Z Dental, located in Louisville, is known locally not only for providing high-quality dental care but for going the extra mile to make a difference in the community.

Established in 2010 by Superior resident Dr. Tom Zyvoloski and led by Dr. Zyvoloski and Dr. Jenna Nicholson, Studio Z Dental provides family and cosmetic dentistry. The office provides holistic and natural dental health and has some of the most up-to-date equipment to enhance patient care, including intra-oral cameras for patient education, digital X-rays, a Swiss IQ Air purification system for mercury-safe silver amalgam filling removal, and "Air Defense," the air ionizer purification system. They have received rave reviews in local papers and magazines and on Angie's List.

Yet what is perhaps most impressive about Studio Z is their devotion to the community they serve. According to Jackie Zyvoloski, Dr. Zyvoloski's wife and Community Relations Director, "We are a very community-driven office. We sponsor many youth activities and contribute to the community whenever possible." A large part of Jackie's position at Studio Z Dental is to be involved with the community as much as possible. "This is very unusual for a dentist office," she says. "I don't know any other office around that employs a person to cultivate relationships with the community at large."

Their dedication is what led them to make a decision over the summer to change the lives of Monarch High School football players by generously donating custom-fitted mouthguards. These were not just any mouthguards; Studio Z Dental went the extra mile and provided the same mouthguards that are designed for NFL players.

"Studies show that wearing a custom-fitted mouthguard, rather than the over-the-counter type that most kids use, significantly reduces concussion rates," Jackie says. "But these types of guards come at a cost. Coach Bravo, over at Monarch High School, was concerned that the boys would



not want to wear this type of mouthguard. They thought it would be too bulky."

"We found an incredible model created by the former team dentist for the Oakland Raiders," she continues. "This type of guard was meant to protect well, without being too bulky. We purchased the machine and all of the materials just for this project. The kids now are receiving the same protection as the NFL players. And why not? They are young. Let's make sure their brains are good for the long haul! In addition to that – the guards also reduce costly dental injuries."

Studio Z Dental was driven by their commitment to making a difference in the community and by their longtime pursuit to find a project that would be their "signature community giving event."

"For years we thought about what way we could give back rather than just handing over cash to groups," Jackie says. "We wanted it to be something only we could give. It seems so obvious in hindsight – but it was not that easy to come up with!"

Students and parents at Monarch are grateful that they did. According to Jackie, statistically, football is the sport with the highest rate of concussions, which made it a great choice for Studio Z Dental's project.

"Kids in sports and concussions have been huge in the media for a while now," she says. "It is a really big problem, and this seemed like the perfect way for us to offer something to the youth in our community to really make a difference."

As for the players, Jackie says she has only heard positive feedback from the athletes. "They really appreciate having a high quality mouthguard," she says.



Monarch Mouthguard fitting with Dr. Z

Want to learn more or see what Studio Z Dental has to offer? Visit their website at www.studiozdental.com. "We love to have clients who share our vision of community and expect great dentistry as well!" Jackie says.

Studio Z Dental is located at 818 W South Boulder Rd, in Louisville. For more information, www.studiozdental.com



www.BradHughes.net

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