# Philippine Nurses Association of Central Florida BULLETIN

# PNACF TAMBULATION ORLANDO

Editor-in-Chief Manny Ramos • Managing Editor Rose Apostol • Senior Editors Arlene Bautista & Aurita Panggat

# CONSULAR COMMUNITY OUTREACH SERVICES Brought to you by

The EMBASSY OF THE PHILIPPINES, Washington, D.C.
In Partnership With the

#### PHILIPPINE NURSES ASSOCIATION OF AMERICA Inc.

By Virginia G. Alagano, BSN, RN, PNAA Consular Outreach Coordinator, PNACF Executive Director

The PNAA Office of International Affairs, led by Victoria Navarro, has partnered with the Embassy of the Philippines in Washington D.C. to provide consular community outreach services. The Philippine Embassy in Washington D.C. holds regular consular outreach missions to states under its jurisdiction and deliver on-site services such as passport applications and renewal, civil registration of documents and administration of the Oath of dual citizenship.



On November 5th and 6th, 2016, PNA of Central Florida hosted the first PNAA-Philippine Embassy Consular Community Outreach in Orlando, Florida.



PNACF Executive Board and members volunteered their time for the two-day event and sponsored the venue and meals for the Consular staff. Consular services were rendered to 385 people and 75 took the Oath of Allegiance for dual citizenship. The Philippine Embassy staff and Consul Katrina Borja-Martin complimented PNACF for a very organized and efficient hosting and implementation of the consular community outreach. The *kababayan* were very grateful for the cost savings on travel, hotel and transportation that they would have spent in going to the embassy in Washington D.C.

The 2017 Consular Outreach Services will be hosted by the following PNAA chapters:

PNA Tennessee June 17-18
PNA Miami and Southeast Florida August 12-13
PNA Central Florida August 15-16
PNA Northeast Florida August 18-19
PNA South Carolina September 29-30
PNA North Carolina October 14-15



## My PNACF Scholarship

By: Alexis del Fonzo



Alexis del Fonzo is a graduate of Nursing from Valencia College in Spring 2017. She served as the President of the Valencia Nursing Students Association (VNSA) and was the PNACF Student Ambassador.

Alexis got involved with PNACF through a fellow nursing student. She joined PNACF to strengthen connections with her Filipino heritage and culture as well as network with nurses. She volunteered her time in several community events and outreach projects of PNACF.

Alexis received the PNACF Scholarship
Award in 2015 when she started the nursing program
at Valencia. Alexis claims that the PNACF
Scholarship represented a beacon of hope. The
scholarship award motivated her to work harder
amidst the stress and exhausting demands of nursing
school. It pushed her to develop a more proactive
leadership role within VNSA. She encouraged nursing
students to work hard and seek resources to help them
in nursing school. The scholarship award positively
impacted her journey not only as a student but as a
person overall. Alexis looks forward to continuing her
involvement with PNACF when she becomes a
registered nurse.

### PNA Central Florida Outreach Project

by Alicia Tullo, MSN, RN

In October 3-7, 2016, the Philippine Nurses Association of Central Florida (PNACF) conducted a site visit and medical mission at the Biao Gianga Elementary School, for indigenous children and a second medical mission at Baranggay Calinan in Davao Province. The school has been the recipient of PNACF's funding for a nutrition program for the last three years in partnership with Rotary Club of Pikesville and the San Pedro College 1972 Alumni. Studies have shown that children tend to remain in school when they are fed. Conditioned in this agreement is that the mothers will shop, cook and feed the children, while the schoolteachers and students maintain a vegetable garden in the school grounds. At this site visit, the children are performing well and all conditions are being met. The Community Extension Service of San Pedro College coordinates these efforts, monitors, conducts regular visits, and maintains records and reports. For their contribution, PNACF was awarded with a certificate of appreciation from the school principal, Mr. Elmer del Rosario. On behalf of PNACF, Alicia Tullo, MSN, RN accepted the award.



The medical mission at this site was attended by close to 1000 adults and children from the community. Volunteer nurses conducted initial assessments of patients with vital signs, height and weight and completed intake forms and well as transcribed physician's orders. Nine volunteer physicians did physical examinations, diagnosed and wrote prescriptions, and volunteer pharmacists dispensed drugs and supplements and explained directions. One volunteer dentist examined and treated 300 children. All drugs and supplements were given to patients for free.

A second site for the medical mission was at the Baranggay Calinan located at the foot of Mt. Apo, the tallest mountain range in Mindanao. This was attended by close to 2000 indigenous people who received similar care from volunteer nurses, physicians, dentist and pharmacists.

It is also during this medical mission that PNACF delivered a portable ultrasound machine and two probes from a generous benefactor. The ultrasound machine will be used for abdominal, vascular, obstetrical and gynecological applications during the medical missions. When not being used for a medical mission, it will be used by the college for instructional purposes.



PNACF continues to support these missions that are conducted every two years. Anyone from the PNA community is invited to participate in these missions. It is well - organized and coordinated and certainly a very rewarding experience for anyone who volunteers. Because it is well-coordinated, we can witness the outcomes and receive reports on our projects. Fundraising activities is a continuous effort by the members of the PNACF to be able to aid those less fortunate. This year's successful nutrition project and medical missions are both testaments to the dedication, effort and compassion by the PNACF members and supporters. The next mission is scheduled for 2018. Contact PNACF for any interest.

