



ACRO TUMBLING I.II.III.IV

Class Description:

ACRO TUMBLING (ACROBATICS) is open for dancers that are ages 5+ (as of June 1, 2024). Acrobatics is a combination of balance, agility and motor coordination. It is also a dance form and is very different from gymnastics/tumbling. It involves flexibility and explosive power through movement. Depending on your child's level, they will learn a variety of skills, from chin stands to cartwheels, backbends to aerial variations, back handsprings and more. The technique is very different from a regular tumbling class as dancers have to be able to continue to dance through any acrobatic movement and will not have extensive space or time to prepare to execute each skill as in power tumbling/cheerleading/gymnastics. This is the perfect class for dancers who want to increase their skillset for dance.

Class placement may be determined based on the instructor's evaluation of the student.



FALL SESSION ACRO TUMBLING FEES

Annual Studio Registration Fee: \$50 per dancer / \$75 per family

Tuition: \$315 / session

Payments due: \$105 due August 19, \$105 due September 1, and \$105 due October 1.

Recital Costume: THEY DO NOT PARTICIPATE IN THE FALL SESSION RECITAL

Class Supplies:

Class Attire: CEDC LEOTARD (\$30) OR CEDC ACROBATICS UNIFORMS (see office for options), bare feet, hair in low bun or braided ponytail.



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