



**Summer Book Club / Virtual Story Time
August Activity Guide**

There Might Be Lobsters

Written by Carolyn Crimi and illustrated by Laurel Molk

Lesson Theme: Overcoming fears, courage, and trying new things

Book: *There Might Be Lobsters*, written by Carolyn Crimi and illustrated by Laurel Molk

Age Group: Ages 3 – 7 (PreK to 2nd Grade)

Description: This Activity Guide includes discussion questions, supplemental online activities, arts and crafts ideas, and more, to use when reading *There Might Be Lobsters*, written by Carolyn Crimi and illustrated by Laurel Molk. Readers will explore the topic of overcoming fears, courage, and positivity.

Discussion Questions:

- Name something you would like to do now but have been afraid to try. How can I help you with that?
- Can you recall two or three things you tried but gave up on soon after?
 - o What were they?
 - o Why did you give up?
 - o Is it too late to try again?

Supplemental Resources

Apps:

- **Fobie Friends:** Particularly for younger children, it may be difficult to recognize and verbalize their feelings of fear or stress. Parents may notice the manifestations of undealt with emotions in their children’s behavior.
- **Smart Parenting: Raising Happy and Responsible Children in the 21st Century:** This app looks at children’s behavior from a psychological standpoint and is designed to help parents understand why children engage in certain behaviors – essentially why children do the things they do. Subjects include how to know if you are a demanding parent; communicating with your children; building their self-esteem; and praising your children.

Videos:

- What is Courage?: <https://safeYouTube.net/w/tgkl>
- How to Raise Brave Kids, by Stacy Ennis TEDx: <https://safeYouTube.net/w/3Bkl>

Songs:

- All About Courage, by Harry Kindergarten Music: <https://safeYouTube.net/w/eckl>
- Touch the Sky, Disney Sing-Along: <https://safeYouTube.net/w/0Qkl>

DVDs:

- A Bug’s Life
- Brave

Arts & Crafts

Face Changing Paper Dolls

Supplies:

- Paper
- Paint
- Scissors
- Markers
- Pictures of your child's face (optional)
- Glue
- Piece of cardboard
- Toilet paper roll
- Paper towel roll

Click [here](#) for directions to create Face Changing Paper Doll

Egg Carton Lobster

Supplies:

- Egg carton (that held 10 or 12 eggs)
- 3 red pipe cleaners
- Red paint
- Hole Puncher
- Scissors
- Glue
- Kitchen skewer
- 2 small google craft eyes

Click [here](#) for directions to create your egg carton lobster.

Handmade Puppets

Create your own monster puppets! Click [here](#) for the complete instructions.

Supplies:

- Paper lunch bag
- Crayons
- Yarn
- Construction paper
- glue

Other Book Recommendations:

- *Jabari Jumps*, by Gaia Cornwall
- *Life*, written by Cynthia Rylant and illustrated by Brendan Wenzel

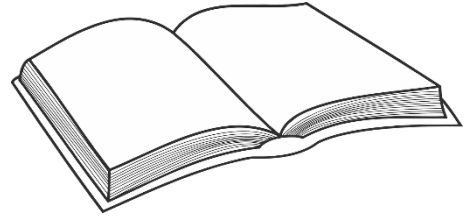
- *Don't Think About Purple Elephants*, written by Susanne Merritt and illustrated by Gwynneth Jones
- *Find Your Calm: A Mindful Approach to Relieve Anxiety and Grow Your Bravery*, written by Gabi Garcia and illustrated by Marta Pineda

Worksheets (Included)

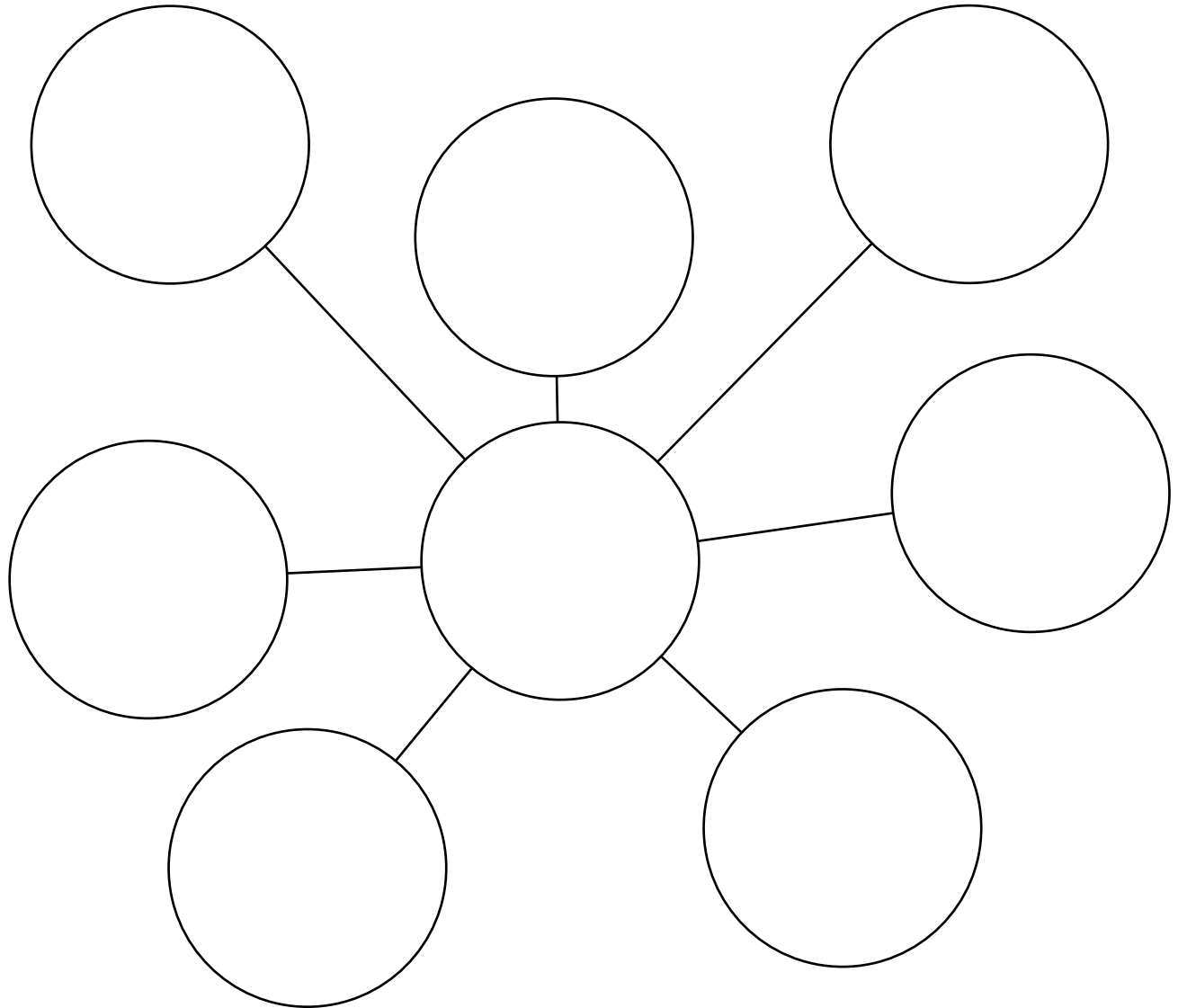
- Character Traits: Select a character from one of your favorite stories and create a web identifying their character traits.
- Keep a Positive Mindset!: It is important to take time to self-reflect. Using the prompts on this worksheet, reflect upon some positivity in your life.

Character Traits

Character traits are the individual characteristics and qualities that make characters from books, stories, movies, plays, and other forms come to life for readers.



Directions: Select a character from one of your favorite stories. Write the character's name in the center of the web below. Brainstorm traits of that character and write a trait in each of the circles. At the bottom of the page, there is a box with some ideas to help you. You may use these or think of your own!



Character Traits

Honest	Brave	Loyal	Leader	Fearless
Patient	Loving	Kind	Funny	Mean
Selfish	Enthusiastic	Outgoing	Resourceful	Nice

Keep a Positive Mindset!

You can do it!

Directions: We all have good days and bad days. It is important to take some time to self-reflect, and think about what you are proud of, or what you are good at. Complete each of the prompts below.

1. I am good at _____

2. I am proud that I _____

3. I am grateful that _____

4. I love that I _____
