



REDWOOD WILD RIVER RUN

11:00 a.m. Saturday, March 21, 2020

Distance: 15 and 5 K (walk or run)

Location: Ten miles northeast of Crescent City, CA

Directions: From inland, take Hwy 199 west to South Fork Rd. and turn left.

From the coast, take Hwy 199 east to South Ford Rd. and turn right.

Follow "RACE" signs. Please carpool.

Divisions: 15K: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

5K: 9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Entry: Early registration (excluding shirt) is \$15. Registration after March 14 is \$20.

*Family flat rate of \$50 excluding sweatshirts.

Shirts: Shirts are not included in the registration. We have heavy weight hooded sweatshirts available for \$30.

Course: Out and back on gently rolling, hard-packed gravel through scenic old growth redwood forest. Aid station at 3 & 6 miles. Toilets at start. Dressing areas limited to space being available trees.

Name _____

Mailing address _____

City/State/Zip _____

Phone _____

Email _____

Age _____ Gender _____ Total paid _____

Circle adult shirt size: S M L XL (Shirts not included in registration. Purchase for \$30.)

Circle your event: 5K 15K (\$15 before March 14. \$20 after March 14.)

PARTICIPATION AGREEMENT: I, for myself, my heirs, executors, and assigns, forever waive, release and discharge any and all rights, demands, claims for damages and causes of suit or action, known or unknown, that I any have against any and all participating sponsors (including Redwood National and State Parks), agencies of such parties, for and all injuries, including negligence. I have full knowledge of the risks and I attest that I am physically fit and sufficiently trained to participate in this event and assume all responsibility and payment for any and all medical emergencies that may rise. I certify that I have read the entry information and that all information that I have provided is true and complete, and certify my compliance by my signature.

Signature of participant (or of Parent/Guardian if participant is under 18 years old)

Date

Send to RWRR, 645 Meridian St., Crescent City, CA 95531

For information, call Ralph Hirt, 707-954-4952 or 707-464-3779 coonrunner@gmail.com

A USATF Sanctioned Event