

**DUBUQUE INDOOR**  
 @ Dubuque College  
 03/22/14

*Monday*

*Kingston @ 9:00 AM*

*Tuesday*

*Quad @ Waterloo*

**7:30 AM**

Bus leaves from gym parking lot

**10:00 AM**

Team warm up

**10:15 AM**

Coaches Meeting

Shot Put

10:30 AM

**Eivins**

**Smith**

**McInerney**

3v/3jv Entries

43-11.00

42-00.00

35-05.25

Robinson

24-05.00

Long Jump

10:30 AM

3v/3jv Entries

High Jump

11:00 AM

**Szabo**

**Hart**

3 Entries

5-06.00

5-04.00

Pole Vault

3 Entries

4 X 800 M Relay

11:00 AM

**Hitchings**

**Pady**

**Baxter**

**Cortez**

1v/1jv

2:09.26

2:15.43

2:13.81

2:14.59

8:53.07

Szabo

Homan

Gesling

Berger

2:17.66

2:24.21

2:18.61

2:30.31

9:30.87

55 M Dash Pr

11:30 AM

**Karlan**

**Chittick**

**Beaton**

3/3 Entries

6.55

6.55

6.69

Larson

May

Ridenour

6.8

7.13

7.36

55 M Hurd Pr

12:10 PM

**Bounds**

**Furnish**

**Tomkins**

3 Entries

8.13

8.60

8.91

Distance Med Relay

12:35 PM

**May**

**Beaton**

**Bonheur**

**Gesling**

1v/1jv

24.71

23.57

58.68

2:23.42

4:10.48

Tomkins

Hart

Ridenour

Henderson

26.61

27.30

59.68

2:32.45

4:26.20

1600 M Run

12:55 PM

**Baxter**

**Cortez**

3/3 Entries

5:31.27

5:32.01

Krambeer 5:48.07 Prochnow 5:28.39

55 M Dash Finals	1:25 PM	<b>Karlan</b> 6.47	<b>Chittick</b> 6.57	<b>Beaton</b> 6.63		
55 M Hurd Finals	1:35 PM	<b>Bounds</b> 8.05				
400 M Dash 3 Entries	1:45 PM	<b>Hager</b> 57.48	<b>Morford</b> 60.22			
4 X 200 M Relay 1v/1jv	2:15 PM	<b>Beaton</b> 23.64 May 24.83	<b>Karlan</b> 22.92 Furnish 24.24	<b>Larson</b> 23.19 Short 25.12	<b>Chittick</b> 23.27 Bounds 24.59	1:33.17  1:38.67
800 M Run 3 Entries	2:45 PM	<b>Hitchings</b> 2:15.21	<b>Homan</b> 2:18.31			
3200 M Run 3 Entries	3:05 PM	<b>Szabo</b> 11:33.77	<b>Henderson</b> 12:38.50	<b>Berger</b> DNF		
4 X 400 M Relay 1jv/1v	3:35 PM	<b>Chittick</b> 55.42 Short 56.26	<b>Larson</b> 54.54 Bonheur 56.51	<b>May</b> 58.08 Baxter 57.93	<b>Pady</b> 57.64 Hager 56.88	3:45.76  3:47.70

## Team warm down

### Teams entered:

Dubuque Hempstead	68.00	IC High	32.00
Ames	64.00	Bellevue	32.00
Madison Memorial	56.00	Cascade	23.00
Dubuque Senior	52.00	Lisbon	22.00
Monroe	46.00	Wahlert	19.00
Linn Mar	46.00	North Linn	2.00
CR Jefferson	44.00		