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Soccer Drills and Soccer Tips for Coaching Youth Soccer!

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All Soccer Drills

Soccer Tips By Topic Getting Started Coaching Planning Soccer Practices Position and Game Mgmt Taking it to the Next Level Offensive Soccer Tatics Defensive Soccer Tactics Individual Soccer Skills Soccer Fitness

Soccer Nutrition and Diet

Frogger

For U6 and U8 players. This drill will assist the younger player with dribbling under minimal pressure.

Drill Rating 3.41 from 12 user votes. Viewed 27694 times.

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U6, u8, soccer drill, fun soccer drill, free soccer drill, youth soccer drill, dribbling

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Build a grid 20X30 (may adjust if too large or small). Every player must be in the grid with a ball except for 2 players who will be the FROGS

Instructions

All of the players will start on one side of the grid and try to make it to the other side. The two FROGS must hop and try to tag the other players as they try to get to the other side. When a player is tagged, they both become a frog. Play continues until only 2 players are left, who become the frogs for the next game.

Variations

Coaching Points

o Start getting the players dribbling to get their heads up to avoid the frogs

Focus

- o Dribbling Drills
- Warm up Drills o Fun Soccer Drills

Titled: Frogger

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