## American Red Cross, North Star Chapter

2029 South 6th Street

Brainerd, MN 56401

Contact: 218-829-4004

Toll-Free: 1-866-299-4004

www.northstar-redcross.org

Educational courses: Babysitter's Training for ages 11-14; Infant and Child CPR; First Aid and Safety; CPR Certification and Refresher courses. Call office for courses scheduled in the community. Also available as a Full Service Contract (our trainers at your location) and Authorized Providers (we train your staff to serve as instructors). Contact: Health & Safety Coordinator

# Animal Shelter - Heartland Animal Rescue Team (HART)

15494 Dellwood Drive

Brainerd, MN 56401

Contact: 218-829-4141

Promote animal welfare through education, cruelty investigation, and animal adoption. Hours: Open Tuesday – Saturday 11 am – 5 pm; Sunday – 11 am to 2 pm – Closed Monday

#### **BAY Ministries**

PO Box 1131

Brainerd, MN 56401

Contact: 218-825-9149

bayministries.org

dale@bayministries.org

Full, part time and volunteer youth leaders who meet the first Tuesday of each month, September to May. Meetings take place at the Light House on Norwood, in Brainerd, from 11:30 AM to 1:30 PM. Group plans and holds cooperative youth ministry events including rally's and concerts. BAY works with the school district in counseling students during times of crisis.

## Bethany Good Samaritan Village

804 Wright Street

Brainerd, MN 56401

Contact: 218-829-1407

www.good-sam.com

A non-profit Christian nursing home, Medicare and Medicaid certified, contracted with the V.A. 24-hour nursing care; physical, occupational and speech therapy; activity programming; social services; pastoral care; barber and beauty shop. Includes a 29-bed unit for Alzheimer's Disease, a 25 bed sub-acute unit, a 10 bed residential memory care facility and a 39 bed congregate assisted living facility. Inpatient and outpatient therapy services. Private rooms for short-term rehabilitation stays.

# Birthright

701 W. Laurel St., Suite B

Brainerd, MN 56401

Contact: 218-829-8470

Toll-Free: 1-800-550-4900

Emotional and practical support for persons whose pregnancy might be a problem. Free pregnancy tests, clothing, housing, transportation and information. Confidential. Call office for information.

# Boy Scouts of America- Pine Tree District

803 Kingwood St. 2nd Floor

Brainerd, MN 56401

Contact: 218-280-9379

320-251-3930

marty@bsacmc.org

Instills values and character in young people and prepares them to make ethical choices. Programs: Cub Scouts, Boy Scouts, Venturing, Exploring, Learning for Life, Leader Training.

# Community Action Council of Crow Wing County

213 South 5th St

Brainerd, MN 56401

Contact: Nancy Cross

218-829-5278

Fax: 218-829-4872

Email: nancy@brainerdcommunityaction.org

www.brainerdcommunityaction.org

A private non-profit whose main focus is to listen to the needs of the community, prioritize those needs and then help the group or organization fulfill those needs. We assist groups and organizations with board development, articles of incorporation and bylaws, and the 501(c)3 application. Our web site features a community calendar with links to other events. We help sponsor or coordinate community events such as Citizen of the Year, 4th of July Celebration, Arts in the Park, East Meet West Dryland Challenge, Brunch with Santa, Kids Vote and many more.

# Brainerd Family History Center

101 Buffalo Hills Lane

Brainerd, MN 56401

Contact: 218-829-4701

Branch of the Salt Lake City Family History Library. Open to public at no charge. Librarian can assist you in your research. Many resources available, including local. Open Tues. & Thurs. 9 AM to 6 PM and Wed. 6:30 PM to 8:30 PM. Need volunteers to help others with research.

#### Brainerd Lakes Area Chambers of Commerce

124 N. 6th St.

Brainerd, MN 56401

Contact: 218-829-2838

Toll-Free: 1-800-450-2838

info@explore brainerdlakes.com

www.explore brainerdlakes.com

Voluntary, not for profit business membership organization serving members throughout the lakes area. Convention and visitor information.

#### Brainerd Public Library

416 South 5th Street

Brainerd, MN 56401

Contact: 218-829-5574

brainerd@krls.org

www.krls.org

Visit the library for books, magazines, large print materials, books on cassette or CD, videos and DVD's, plus a lot more! The library staff is happy to assist you with reference questions and other informational needs. The library has six computers available for internet use, word processing and research. Be sure to take a look at the ELM databases which provide access to hundreds of full-text magazine articles! The library also provides meeting rooms, fax service, photocopies, story hours, adult and teen books clubs, authors & speakers of interest, summer children and teen reading programs, an adult winter reading program and much more. The library has something for everyone. We are now proud to be a network location for the Foundation Center's Cooperating Collection, which is a group of print and electronic resources that provide valuable information to assist non-profit organizations in securing grant funds. The collection is available for use during library hours, at no charge. Training sessions to assist organizations in utilizing the collection are offered throughout the year. For more information, please contact Branch Manager: Marta Mercereau.

# Brainerd Regional Human Services Center, (BRHSC) - Volunteer Services

11800 State Hwy 18 Suite 17

Brainerd, MN 56401

Contact: 218-828-2420

Carol.L.Rose@state.mn.us

Answer telephones, assist with light office tasks, teach, entertain, drive patients to appointments, sell items in the Canteen, decorate, assist patients in getting to church and social activities, plant, write letters, play cards, bowl, sing or go fishing. Be a positive role model. Initial interview to assess your interests and discover how you can make a difference. Orientation and training. Call to make an appointment with our Volunteer Services Office. Also host site for live-in program for students of Central Lakes College.

#### **Brainerd Restoration**

324 East River Rd.

Brainerd, MN 56401

Contact: 218-824-3425

www.brainerdhra.org/restoration.php

A nonprofit corporation organized for charitable purposes to develop a culturally and economically vital, dynamic and attractive Brainerd business district to visit and to work in.

Contact: Doug Grout

# Breath of Life Adult Day Service

200 Buffalo Hills Lane E

Brainerd, MN 56401

Contact: 218-822-3296

E-mail: bolads@brainerd.net

breathoflifeads.org

Breath of Life Adult Day Service is located in the heart of Brainerd, Minnesota. Established in 2001 as a non profit organization, we provide an encouraging, caring, Christian atmosphere for senior dependent loved ones. It is a place for them to socialize with peers in a stimulating environment, helping the caregiver to maintain their own physical and emotional well being. The program includes daily activities, health monitoring, medication administration, assistance with personal care, nutritious meals and snacks, individualized care plans, companionship and socialization. Our hours of operation are Monday through Friday from 7:30 am through 5:00 pm. We accept private pay or financial assistance that may be available through long term care insurance, Veterans Administration, community service contracts or Minnesota wavered programs.

#### Citizens Police Academy

PO Box 911

Brainerd, MN 56401

Contact: 218-829-2805

The academy meets from 6:30-9 p.m. starting March 20 and ending April 24. Applications and academy information can be picked up at the Brainerd Police Department, 225 East River Road. A background check is required for admittance to the academy.

For volunteers whose mission is to help the community learn more about and help law enforcement. Training begins each January. Projects "Kids Christmas Shopping" and "Kids Count, Too" picnic. Also help with security at local events.

Volunteerism 6

#### Civil Air Patrol- CAP

P.O. Box 109

Brainerd, MN 56401

Contact: 218-963-7550

Meets Monday evenings at 7:00 PM at the Civil Air Patrol Building, Brainerd Lakes Regional Airport. The composite squadron serves both cadets (youth ages 11-21) and senior members (adults) with 3 missions: aerospace education, cadet program and emergency services. Contact: Capt Dale C Armstrong

## Community Education - Brainerd ISD #181

804 Oak St.

Brainerd, MN 56401

Contact: 218-454-6924

Broad range of educational opportunities for community members of all ages. 4 sessions. Two adult sessions are available. Sign up in September and February. Summer programs are available for children, grades K-12 Please call for information.

# Community Education of ISD #182- Crosby

711 Poplar Street

Crosby, MN 56441

Contact: 218-545-8822

dsova@ci.k12.mn.us

Committed to lifelong learning! Early Childhood/School Readiness, Adult Education, Snack Attack-student run business and a variety of adult education programs are available.

## Community Education of ISD #186- Pequot Lakes

30805 Olson St.

Pequot Lakes, MN 56472

Contact: 218-568-4996

www.pequotlakes.net/school

Located in the Lakes Area Family Center. Programs include: Adult education classes published three times during the school year; Kid Konnection, Greater Lakes Area Performing Arts; and computer access for the community in the Eclipse Teen Center. Director Richard Mark

# Confidence Learning Center, (Camp Confidence)

1620 Mary Fawcett Memorial Drive

East Gull Lake, MN 56401

Contact: 218-828-2344

info@camp confidence.com

www.campconfidence.com

A non-profit organization operating year round, offering camping, outdoor education, and workshops primarily serving persons of all ages with developmental disabilities such as mental retardation, including schools, families, group homes and individuals.

#### Crisis Line and Referral Service

P.O. Box 192

Brainerd, MN 56401

Contact: 218-828-HELP(4357)

Toll-Free: 1-800-462-5525

Hotline providing free, non-judgmental help 24-hours a day. Trained volunteers provide crisis intervention assistance, help to individuals in a suicide situation, a listening ear for those stressful times, as well as information about appropriate area resources and support groups. Volunteer training is offered on an on-going basis. Anyone interested in volunteering is invited to call 218-828-4515.

### Crossing Arts Alliance

Franklin Arts Center

PO Box 348

Brainerd, MN 56401

Contact: 218-833-0416

www.crossingarts.org

Our mission is to promote and enhance arts opportunities in the Central Lakes Area through facilities partnering and programing.

## Crow Wing County 4-H

322 Laurel Street, Ste. 22

Brainerd, MN 56401

218-824-1065

The mission of the Minnesota 4-H Youth Development is to engage youth, in partnership with adults; in quality learning opportunities that enable them to shape and reach their full potential as active citizens in global community. Our Programs deliver quality, research-based content that nurtures positive partnerships between youth and caring adults in safe learning environments. 4-H Clubs contribute to youth who are caring, competent, and citizens of character. 4-H is supported by adult volunteers who can serve in many different roles.

# Crow Wing County Historical Society: Museum and Library

PO Box 722

Brainerd, MN 56401

Contact: 218-829-3268

history@co.crow-wing.mn.us

Since 1927, the Historical Society has been collecting and preserving the history of Crow Wing County. The Society manages and operates the county Museum housed in the old county jail and Sheriff's residence. The museum has exhibits on the history of the county from its early pioneer life to the logging railroad, mining and resort business open year round.

### Crow Wing County Victim Services, Inc.

803 Kingwood St, #203

Brainerd, MN 56401

Contact: 218-828-9518

cwcvs@integra.net

Provides general crime victims (theft, robbery, burglary, assault, arson, homicide, etc.) with aid and support as they move through the criminal justice system, and assistance to cope with the impact of the crime. Limited emergency funds to assist crime victims.

# Cuyuna Regional Medical Center- Outreach Educ. Dept.

320 East Main Street Crosby, MN 56441 Contact: 218-546-7000 1-888-487-6437 tbymark@cuyunamed.org www.cuyunamed.org

Cuyuna Regional Medical Center's ("Outreach" should be deleted) Education Department is a resource for the community, small businesses and industry, as well as health care providers. Course

offerings include: American Heart Association CPR at all levels, First Aid, First Responder and refresher, EMT and refreshers, paramedic refresher and Safe Sitter.

# **Dorcas Community Services**

2910 E. Oak Street

Brainerd, MN 56401

Contact: 218-828-8362

Helps anyone in need (fire victims, families, others) with clothing and bedding.

## Evergreen Readers

10154 Birch Grove Rd.

East Gull Lake, MN 56401

Contact: 218-829-6591

Group of volunteers who do readings at nursing homes.

# Family Learning Program

311 10th Avenue NE

Brainerd, MN 56401

Contact: 218-829-2915

Provides a time of learning and playing for parents and their children, a "Parent Topic" time, and an "Adult Basic Education" lesson. A collaborative effort between ABE, ECFE, and Headstart.

### Northern Pines Mental Health Center, Inc.

520 5th Street NW

Brainerd, MN 56401

Contact: 218-829-3235

Offers respite opportunities for families who have a child or children with mental health issues affecting their ability to function at home, in school, or in the community. Parent liaisons help parents/caretakers of child with a mental health disability to understand their child's disability, to learn more about and help to establish educational accommodations for the child, to find effective resources, and to find meaningful ways to connect with others. Assist families in which a child displays symptoms of a mental health disorder to find psychological assessments and other resources. Referrals from CWC families and from programs that include kids, especially kids with mental health needs.

## Family Support Network

P.O. Box 297

Brainerd, MN 56401

Contact: 218-828-4485

www.familysupport.org

Three separate groups for adults, children and young adolescents meet each Monday from 6pm-8pm at the Campus Playhouse day care center next to Central Lakes College at 501 W. College Dr, Brainerd, MN. Trained staff facilitates group discussions, but the parents are the real resource. Parents are invited to attend the adult meeting while their children join one of the kid's groups. FSN is strictly confidential and everyone is welcome.

#### Fare For All

Light of the Lakes UMC 13091 Meredith Drive Baxter, MN 56425 Contact: 829-7729

Monthly food package of meats, fruits, vegetables and staple items. Price: \$16.50 and 2 hours of community service. No eligibility requirements. Register a month in advance.

# Foster Grandparent Program- LSS

PO Box 254

Brainerd, MN 56401

Contact: 218-828-2354

Toll-Free: 1-877-612-6243

marcia.ferris@lssmn.org

Foster Grandparents create and build relationships which nurture special and/or exceptional needs children under the age of 21 in schools, institutions and shelters. Seniors age 55+ receive a stipend, transportation and meal reimbursement for volunteering 10-20 hours per week. National Senior Service Corps.

## Friends of the Brainerd Public Library

416 South 5th Street

Brainerd, MN 56401

Contact: Dawn Stattine

218-829-5574

A volunteer association that works with the staff and board of Brainerd Public Library to encourage the use of the library's resources and services through publicity and participation in library activities and programming. Friends sponsor a used book sale and "brown bag lunch" summer speaker seriers. Meets 6:30 PM first Thursday of the month at library. Meetings are open to anyone interested.

## Girl Scouts, Brainerd

#### Central Lakes Office

803 Kingwood St Ste 305 Brainerd, MN 56401-3409 Contact: 218 828-3515

mhusen@gslakesandpines.org

Provides informal educational programs for girls of all races, religions, socio-economic, and differently-able backgrounds: teaching self-awareness, developing values, contributing to society and relating to others while having fun. Ages 5-17. Also Teen Outreach Program.

### Grace House

P.O. Box 759

Pequot Lakes, MN 56472

Contact: 218-568-4760

Transitional safe housing for women and children for one month or longer, if needed

### Greater Lakes Area Performing Arts

4276 West Lake St.

Pequot Lakes, MN 56472

Contact: 218-568-9200

www.glapa.com

Group presenting professional and community programs in the Pequot Lakes Theater.

## Hospice - CRMC, HomeHealth Partnership

320 East Main Street

Crosby, MN 56441

Toll-Free: 1-800-698-2311

www.cuyunamed.org

A HomeHealth Partnership Home Care Service. Hospice is a special way of caring for terminally ill people and their families in-home that stresses comfort, dignity and peace of the dying person.

# Hospital Auxiliary - St. Joseph's Medical Center

523 North 3rd Street

Brainerd, MN 56401

Contact: 218-828-7610

Formed in 1955. Raises funds in the Gift Shop and at various fundraisers to purchase special equipment for patients of educational purposes. Over 200 members. Call for information. Contact: Sara Dunlap or Deb Anderson

# Independent School District #181- Brainerd

311 10th Ave NE

Brainerd, MN 56401

Contact 218-454-5400

www.isd181.org

# Independent School District #182- Crosby

711 Poplar St.

Crosby, MN 56441

Contact: 218-545-8800 Ext. 8801

### Independent School District #186- Pequot Lakes

30805 Olson St.

Pequot Lakes, MN 56472

Contact: 218-568-4996

# Independent School District # 2174- Pine River/Backus

P.O. Box 610

Pine River, MN 56474

Contact: 218-587-8000

#### Initiative Foundation

405 1st Street SE

Little Falls, MN 56345

Contact: 1-877-632-9255

Fax: 320-632-9255

www.ifound.org

The mission of the Initiative Foundation is to unlock the potential of the people of Central Minnesota to build and sustain healthy communities. We do this by providing grants to non-profits, loans to small businesses, leadership training and donor services that help to strengthen communities and families in the 14 counties of central Minnesota.

# Jessie F. Hallett Memorial Library

101 1st Street SE

Crosby, MN 56441

Contact: 218-546-8005

jhallett@emily.net

www.emily.net/~jhallett

Fall/Winter Hours: Mon & Wed- 10-6; Tues & Thrs 10 - 8 PM; Fri & Sat 10 - 2 PM; Summer Hours: Mon-Wed-Fri 10-6; Tues-Thurs 10-8; Closed Sat/Sun/Holidays

Items for checkout include books, audiobooks, CDs, DVD's, magazines, and pamphlets. Reference assistance, meeting rooms, story hours for pre-school children. Available is teen area, 7 internet computers, wireless access, tax help, summer reading program for elementary

Students in July.

Head Librarian-Peggi Beseres

#### Key Club

702 S. Fifth St.

Brainerd, MN 56401

Contact: 218-824-6228

Kiwanis-affiliated community service organization for students in grades 10-12.

# Kinship Partners, Inc., Brainerd

PO Box 642

Brainerd, MN 56401

Contact: 218-829-4606

1-877-730-5437

www.kinshippartners.org

info@kinshippartners.org

Provides youth with positive role models through mentorships with caring adult volunteers, and supportive educational and social development opportunities.

# Kinship Partners, Inc., Crosby

4 Hallett Ave

Crosby, MN 56441

Contact: 218-546-7308

kinship2@emily.net

Provides youth with positive role models through mentorships with caring adult volunteers, and supportive educational and social development opportunities.

# Kinship Partners, Inc., Pequot Lakes

4325 W. Woodman St.

PO Box 754

Pequot Lakes, MN 56472

Contact: 218-568-4015

Toll-free: 1-877-730-5437

lakes@kinshippartners.org

www.kinshippartners.org

#### Kiwanis Club of Brainerd

P.O. Box 70

Brainerd, MN 56401

Contact: 218-829-5117

Provides a preactical means of forming friendships and building better communities. Focus on youth. Sponsor youth programs financially and through volunteerism. Meet Mondays at Noon at Red Roof Inn, Brainerd.

# Lakes Area Chaplaincy Program

P.O. Box 948

Brainerd, MN 56401

Contact: 218-851-4563

Davidgreaver@midwestchamplains.org

Offer counseling and emotional help in times of crises. Help answer spiritual questions during difficult times. Provide support to inmates in the county jail as well as training and education. Offer help in domestic situations. Death notifications, major accidents, critical incident debriefings. Also collaborates with fire departments and First Responders.

# Lakes Area Habitat for Humanity

P.O. Box 234

Brainerd, MN 56401

Contact: 218-828-8517

www.lakesareahabitat.org

Provide homes for low income families. Renovate or build and sell homes to families who are unable to qualify for affordable conventional loans and are currently living in inadequate rental housing. Volunteers needed to help.

### Lakes Area Interfaith Caregivers

P.O. Box 654

Pequot Lakes, MN 56472

Contact: 218-820-7454

Toll-Free: 1-877-245-7454

Nonprofit organization providing volunteers to meet unmet needs in the areas of transportation, home visits, homemaking, chore/repairs, and respite care for people in need throughout Crow Wing County. Contact: Tim McCarthy or Lisa

#### Lakes Area Law Enforcement Association

PO Box 911

Brainerd, MN 56401

Contact: 218-829-3445 ( John Lenertz )

Volunteers from Citizens Police Academy and law enforcement officers whose mission is to build a posotive & mutually long term relationship between law enforcement and citizens. Projects- "Kids Christmas Shopping" and Kids County Fair (in law enforcement building).

# Lakes Area Senior Activity Center

803 Kingwood St.

Brainerd, MN 56401

Contact: 218-829-9345

lakesareasenioractivitycenter@yahoo.com

#### March of Dimes

5233 Edina Industrial Blvd.

Edina, MN 55439

Contact: 952-835-3033

MN631@marchofdimes.com

www.marchofdimes.com/minnesota

Sponsors research on saving infants from birth defects. Walk America sponsor. Call for information

### Mentoring Programs, LSS

716 E Street

Brainerd, MN 56401

Contact: 218-828-4399

gsalie@lssmn.org

Provides mentors to youth and families who reside in Crow Wing County. Mentors focus on assets and strengths of the youth or family they are serving. They provide support, advocacy and friendship.

## Minnesota AIDS Project-- St. Cloud

1411 W. St. Germain

St. Cloud, MN 56301

Contact: 320-259-1909

Toll-Free: 1-800-761-2439 www.mnaidsproject.org

administration1@ mnaidsproject.org.

HIV/AIDS prevention education. Case management services for individuals living with HIV/AIDS.

# Minnesota Senior Federation - Heartland Region

803 Kingwood Street

Brainerd, MN 56401

Contact: 218-828-8457

# Mission Township Volunteer Drivers

14231 Horseshoe Lake Rd

Merrifield, MN 56465

Contact: 218-765-4042

Volunteer drivers to help people get to treatments or medical appointments.

# Mothers Against Drunk Driving, (MADD)- CWC Chapter

P.O. Box 267

Brainerd, MN 56401

Contact: 218-828-5055 (24-hour answering machine)

Nationwide Hotline: 1-877-MADD-HELP

MADD's mission is to stop drunk driving, to support the victims of this violent crime, and to prevent under-age drinking. Trained victim advocates available to assist victims through the court process. Meetings on the 2nd Tuesday of each month (except July and August) @ 7:00 PM at the Old Trail Bldg., 601 NW 5th St., behind the Brainerd Dispatch Bldg.

# Mounted Eagles Therapeutic Horsemanship

6504 59th Ave SW Motley MN 56466

Contact: 218-568-5883

1-888-828-9920

info@mountedeagles.org www.mountedeagles.org

Offering therapeutic horsemanship and equine assisted activities to persons who face physical, mental, social and/or emotional challenges. Volunteer opportunities are available and training is provided. 501©3 Non-Profit organization.

# North Memorial Ambulance - Brainerd Region

210 NW 5th St.

Brainerd, MN 56401

Contact: 218-829-8767 (office)

www.northmemorial.com

Coverage area includes Longville area. Can give referral by area to First Responder organization.

# Parent Mentor Program

P.O. Box 121

Brainerd, MN 56401

Contact: 218-828-4485

www.familysupport.org

PMP links volunteers experienced in parenting with moms and dads looking for support. The goal of the PMP is to provide role models, build relationships, encourage positive parenting and empower others to help themselves.

### Paul Bunyan Nature Learning Center

7187 Wise Rd.

Brainerd, MN 56401

Contact: 218-829-9620

pbnlc@brainerd.net

www.pbnlc.net

Nature setting allows hands-on learning of environmental surroundings through scheduled programs and outdoor trails.

# Pequot Lakes/Crosslake Senior Van

P.O. Box 1019

Crosslake, MN 56442

Contact: 218-692-3340

Senior van with scheduled days. Tuesdays- transport for errands around Pequot Lakes. Fridays-from Pequot Lakes to Brainerd and back 9 AM to 1 PM. Thursdays- from Crosslake to Brainerd. Contact: Judy Maas

# Right Friends

11675 Five Mile Rd

Brainerd, MN 56401

Contact: 218-829-0332

A group for disabled persons that has an activity night the 4th Thursday of each month except Nov. and Dec.. Socially, community, and spiritually oriented.

### Road to Recovery

4220 Clearwater Rd.

Baxter, MN 56425

Contact: 218-829-5946

Rides to radiation or chemotherapy treatments and other medical needs.. In certain situations there is reimbursement for travel and other costs. Serves many communities such as: Crosslake, Merrifield, Ideal corners, Jenkins, Fifty Lakes, Emily, Pequot Lakes, Nisswa, Breezy Point, Crosby-Ironton, Garrison, Brainerd and Baxter.

#### Rural Renewable Energy Alliance-RREA

2330 Dancing Wind Rd.

Pine River, MN 56474

Contact: 218-587-4753

info@rreal.org

www.rreal.org

Nonprofit dedicated to making renewable energy accessible to all. Designs, builds, and installs systems onto low income households free to help families weather energy crises and help society shift away from fossil fuels. Also provides adult and youth volunteer programs.

## Senior Companion Program - LSS

PO Box 254

Brainerd, MN 56401

Contact: 218-839-6650

Toll-Free: 1-877-612-6243

This program relies on seniors, 55 years and older, provide one-on-one support and visitation to homebound elderly at risk of nursing home placement, and one-on-one support and mentoring to children and youth in schools, shelters and Headstart programs. Volunteers are provided with financial reimbursement for transportation, meals and other expenses.

### Sexual Assault Services, Inc.

217 S. 7th St., Suite 114

Brainerd, MN 56401

Contact: 218-828-0494

Toll-Free: 1-888-458-0494

Crisis intervention, legal, court and medical advocacy, & support counseling for survivors of sexual violence and their loved ones. Information and referral to mental health professionals, community education and professional training. Trained speakers for youth groups and young children's presentations. SAS also maintains a speaker's bureau and an extensive lending library on topics of sexual violence and related topics. ADVOCATES ON CALL 24-HOURS.

### Sharing Bread Soup Kitchen

923 Oak St.

Brainerd, MN 56401

Contact: 218-829-4203

pastorbob@sharingbread.com www.sharingbread.com

Serves from 5:30 PM to 6:00 PM Monday through Saturday. Call about holidays. Volunteers prepare and serve meals.

#### Southeast Brainerd Residents' Association (SEBRA)

P.O. Box 1082

Brainerd, MN 56401

Contact: 218-828-3743(Cheryl)

Grassroots neighborhood group for persons who live, work or have rental units south & east of downtown Brainerd. Promote Neighborhood Watch & Safe House programs. Mission is to get to know neighbors & make southeast Brainerd safe, friendly and a better place to live and work

# Special Olympics Minnesota

100 Washington Avenue South, Suite 550 Minneapolis, MN 55401 Contact: 1-612-333-0999

1-800-783-7732

www.specialolympicsminnesota.org

info@somn.org

Region 5 organization covering all Crow Wing, Cass, Morrison, Aitkin, Todd & Wadena counties. Year-round sports competition & training; 24 sports.

# St. Gabriel's Hospital

815 SE 2nd Street

Little Falls, MN 56345

Contact: 320-632-5441

www.stgabriels.com

A not-for-profit community hospital offering a broad range of inpatient and outpatient services.

# Timber Bay

704 Norwood Street

Brainerd, MN 56401

Contact: 218-831-2708

www.timberbay.org

Relational outreach to at-risk youth in grades 6-12. Weekly groups during the school year and camps year-round. Special summer outings. Independent living program for ages 14-21.

## United Way of Crow Wing County

424 NW 3rd Street/PO Box 381

Brainerd, MN 56401

Contact: Heidi Funk - 218-829-2619

Toll-Free: 1-800-286-2619

www.unitedwaynow.org

heidi.uw@brainerd.net

Improve peoples lives by addressing issues strategically by bringing partners together for results that matter.

### Unity Family Home Care & Hospice

815 SE 2nd St.

Little Falls, MN 56345

Contact: 320-632-5575

A full-service home care and hospice organization offering skilled nursing, home health aide and hospice services. Hours: 8 a.m. to 4:30 p.m.

### Upper Room, The

605 Laurel St.

Brainerd, MN 56401

Contact: 218-829-2137

rmc@brainerd.net

Informal space below Coco Moon for middle, high school and college students. Games, snack bar, prayer room. Sponsored by Remnant Ministry Center. Open Friday nights, 7 PM to Midnight. Occasional concerts, place to build friendships. No charge. Contact: Mark Annand

# Volunteer Coordinators, Crow Wing County

Brainerd, MN 56401

Contact: 218-824-1345

To coordinate volunteer agencies in the county through continuing education, publicity, volunteer recognition and recruitment of volunteers. Meets at 8 AM on the third Wednesday at Lakes Area Senior Activity Center. Contact:Mike Koecheler

#### Women's Center of Mid-Minnesota

P.O. Box 602

Brainerd, MN 56401

Contact: 24-hour crisis lines-218-828-1216

Toll-Free: 1-888-777-1248

#### www.womenscenteronline.org

24-hour crisis line; emergency shelter, support, and legal advocacy for battered women & their children; support groups; speakers available; consultation and training; volunteer opportunities.

# Woodland Good Samaritan Village

100 Buffalo Hills Lane

Brainerd, MN 56401

Contact: 218-829-1429

A licensed, skilled-care 80 bed long term care facility. Services include physical and occupational therapy, 24-hour skilled nursing, full activities program, beauty shop, private and semi-private rooms, chapel facilities and social services.

### Y.M.C.A

602 Oak St.

Brainerd, MN 56401

Contact: 218-829-4767

info@brainerdlakesymca.org

Provides youth, family and adult programs including swimming lessons, recreation leagues, family nights, teen dances, special events. Facility includes pool, gym, nautilus & free weight center, racquetball court, family/special needs showers, youth center, wellness center, licensed childcare. Free babysitting for family and single parent members. Day passes available.

# Youth As Resources (YAR) - Crow Wing County

213 S. 5th Street

Brainerd, MN 56401

Contact: 218-829-5278

yar@brainerdcommunityaction.org

www.brainerdcommunityaction.org

Youth As Resources in a community-based program that challenges youth to make a significant contribution to their communities, through service to others.

# Youth As Resources (YAR) - Pequot Lakes

30805 Olson St.

Pequot Lakes, MN 56472 Contact: 218-820-6885 blmyers@tds.net

Community-based program that provides small grants to youth to design and carry out community service projects. We fund projects in ISD#186 that are planned, organized and carried out by youth under the age of 21. Funding preference is given to intergenerational projects and proposal requests from youth in 6th - 12th grades. For more info or an application, contact Brenda Myers.