## "TRYING TO LOSE WEIGHT? WHAT YOU NEED TO KNOW"

**PLEASE JOIN** 

SUZETTE IVERSON PA-C,
CERTIFIED HEALTH COACH AND
MEMBER OF THE OBESITY MEDICINE ASSOCIATION

THE "WHYS "AND "HOWS" OF SUCCESSFUL WEIGHT MANAGEMENT

IF YOU HAVE TRIED AND FAILED TO LOSE WEIGHT,

LOST WEIGHT OR REGAINED IT,

THIS TALK IS FOR YOU!

WEDNESDAY 3/29/2023 5:30-6:30PM SUITE 220 LOBBY AREA



PENINSULA FAMILY MEDICAL