



Newsletter of the Capital Area Speech-Language-Hearing Association

January 2023

Volume 61 Number 1

Helena E. Mills, Editor

From the CASHA President

Happy New Year, CASHA members!

We have a new year planned with lots of great speakers and new topics for 2023. Take a look at the next page to see everything we have planned for the year, and don't forget to renew your membership for 2023 so you can take advantage of all these wonderful programs.

Please note the ASHA CEU requirements for each three year cycle:

- *Ethics: 1 hour*
- *Diversity: 2 hours*

We are hard at work planning wonderful program meetings and conferences that cover these topics and lots more.



Jessica Kurimsky, CASHA President

A look ahead at CASHA's 2023 program calendar...

<p>January 23rd, 2023</p> <p>There is still time to register!</p>	<p>6:00pm-8:00pm via Zoom Kelly Dorfman, M.S., LDN - Clinical Nutritionist and Author will present The Surprising Ways the Digestive System Affects Mood, Learning and Development: What clinicians should know about food intolerance, constipation, and the gut ecosystem.</p> <p>https://us02web.zoom.us/webinar/register/WN_UfA-62TMSQ6gfVOeUG5gCg</p>
<p>February 27th, 2023 Date TBD</p>	<p>Kelly Dorfman: Nutrition Therapy</p>
<p>March 2023 Date TBD</p>	<p>Hallie Sherman: Technology in Therapy</p>
<p>April 2023 Date TBD</p>	<p>Laura Verdun: "Love the Larynx"</p>
<p>May 2023 CASHA's Full Day Spring Conference Date TBD</p>	<p>Laura Moorer: Child Apraxia of Speech what do I do and treatment strategies</p>
<p>June 2023 Date TBD</p>	<p>Jessie Andricks: How to use Mindfulness to manage your SLP and AUD stress</p>
<p>September 2023 Date TBD</p>	<p>Shannon Hall-Mills: Literacy-based program</p>
<p>October 2023 CASHA's Full Day Fall Conference Date TBD</p>	<p>Shannon Hall-Mills: Building literacy and speech-language targets for school- aged children and adolescents.</p>
<p>November 2023 Date TBD</p>	<p>Colleen Fluman: Adult or Pediatric Feeding</p>

From the Membership Chair

Hello and Happy New Year, CASHA! The time is now to register as a 2023 CASHA member. No significant changes this year regarding membership protocol. Please follow directions carefully on the membership form and our website. A reminder, even as a life member, I still need your completed form via snail mail to finalize your membership. Unfortunately, scanned and emailed forms cannot be accepted. PLEASE DO NOT SIGN UP FOR PROGRAM MEETINGS UNLESS YOU HAVE FINALIZED YOUR MEMBERSHIP (paid if applicable and mailed completed form). Thank you for your continued support!!! Looking forward to a great year! And don't forget, our Executive Council is always open to additional volunteers to run CASHA well and smoothly.

**Thank you and stay warm!
Karen Klouse
CASHA Membership Coordinator**



Find CASHA on Facebook!

Check us out and like our page, "CASHA NY," on Facebook at

<https://www.facebook.com/pages/category/Local-Business/CASHA-NY-68098215683/>

We will be posting conference announcements, reminders for signups, links to interesting articles, and other similar things. We welcome your comments and questions too.



Upcoming Events...

We are in the process of arranging a variety of interesting program meetings for the coming months. We expect to keep with the Zoom platform for now and hope to be able to return to in-person meetings and/or conferences in the near future. Stay tuned for more details on these events coming soon!

CASHA Awards Update

We are now accepting applications for CASHA's 2023 graduate scholarship! See the announcement below on page 5 and on our website at <http://www.cashany.org/scholarship.html>. Please share the info with eligible graduate students you know.

We are still accepting nominations for the Distinguished Service Award of 2023. Consider nominating a speech-language pathologist or audiologist who is a member of CASHA and has made outstanding contributions to the field.

Nominations will be accepted through April 1st, 2023. The award will be presented later in the spring. Find the nomination form here: <https://forms.gle/Mk46px3woWESmduf9> or on our website at <http://www.cashany.org/distinguished-service.html>.

Helena Mills,
CASHA Award Chair

CALL FOR APPLICATIONS
Annual Graduate Scholarship
Sponsored by
CAPITAL AREA SPEECH-LANGUAGE-HEARING
ASSOCIATION (CASHA)

This scholarship is awarded to a student member of CASHA who is enrolled in a graduate program in a Speech-Language Pathology, Audiology, or Communication Sciences and Disorders program in the fall of 2023. Students must have a home address in the capital district OR be enrolled at a College or University in the capital district served by CASHA (Albany, Columbia, Greene, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, or Washington Counties).

The application must be submitted via Google Form, found here:
<https://forms.gle/FE6LoLaozTmVemEu5>

For questions contact helena.e.mills@gmail.com
All application requirements must be received by April 1, 2023.

Have an idea for a speaker or meeting topic?

Let us know!

Want to present on a topic?

We can help!

Email us at Denisep@nycap.rr.com
or jessiemaaccslp@gmail.com

Advertise with CASHA

Advertising rates are: \$20 for a one-time bulk email; \$20 for one month's newsletter; \$40 for a one-month long ad on our website. To run longer, please specify and adjust payment accordingly. Please note that our newsletters are distributed three times per year: September/October, January, and June.

To advertise in the newsletter: Email the exact written advertisement to Newsletter Editor, Helena Mills, at helena.e.mills@gmail.com.

To advertise via bulk email: Email Denise Senick-Pirri at Denisep@nycap.rr.com the exact written piece that you want advertised within a bulk email. Denise will bulk email it and notify you when it is completed so that you may expect calls regarding your ad.

To advertise via CASHA website: Email Meagan Collins, Website Manager, at cashawebwizard@hotmail.com the exact piece that you want advertised on the website and specify the start date.

Send a check payable to CASHA to treasurer Liz Durocher, 184 Berkley Ave., Cohoes, NY 12047. Please inquire if you wish to pay via PayPal. For questions, email Liz at: cashatreasurer@gmail.com.

Join the CASHA Executive Council!

The Executive Council is an exciting collaboration of professionals that helps bring relevant continuing education opportunities to our members and colleagues throughout the area. Please reach out to any one of our Executive Council members if you are interested in joining our team or want more information. Enjoy the many benefits of being on the EC!

To reach CASHA: Website: www.cashany.org

CASHA, PO Box 2, Guilderland, NY 12084