

**USATF Lake Erie Association Throws Pentathlon Championship**  
**Norm Bower Memorial Throws Pentathlon**  
**Kent State University - 9/15/2019**  
**Results - Weight Pentathlon**

**Event 3 W29&U Hammer Throw**

Name	Age	Team	Finals	
<b>Finals</b>				
1 Patten, Mackenzie	W17		34.26m	112-05
2 Erhard, Elise	W15		22.56m	74-00

**Event 3 W60 Hammer Throw**

<b>Finals</b>				
1 Alegria-Dybvig, Tamara	W60		36.38m	119-04
2 Zukas, Donna	W64		18.81m	61-08
3 McElhiney, Vickie	W64		14.66m	48-01

**Event 5 W29&U Shot Put**

<b>Finals</b>				
1 Romano, Maria	W25		11.15m	36-07.00
2 Crane, Grace	W16		8.71m	28-07.00
3 Patten, Mackenzie	W17		8.63m	28-03.75
4 Erhard, Elise	W15		7.05m	23-01.75

**Event 5 W60 Shot Put**

<b>Finals</b>				
1 Alegria-Dybvig, Tamara	W60		8.51m	27-11.00
2 McElhiney, Vickie	W64		5.37m	17-07.50

**Event 7 W29&U Discus Throw**

<b>Finals</b>				
1 Romano, Maria	W25		37.52m	123-01
2 Patten, Mackenzie	W17		33.55m	110-01
3 Crane, Grace	W16		30.67m	100-07
4 Walters, Allyssa	W14		27.47m	90-01
6 Erhard, Elise	W15		24.48m	80-04

**Event 7 W60 Discus Throw**

<b>Finals</b>				
5 Alegria-Dybvig, Tamara	W60		25.09m	82-04
8 McElhiney, Vickie	W64		13.08m	42-11

**Event 7 W65 Discus Throw**

<b>Finals</b>				
7 Stross, Karen	W65		13.46m	44-02

**Event 9 W29&U Javelin Throw**

<b>Finals</b>				
1 Crane, Grace	W16		20.10m	65-11
2 Walters, Allyssa	W14		19.39m	63-07

**Event 9 W60 Javelin Throw**

<b>Finals</b>				
1 Alegria-Dybvig, Tamara	W60		29.42m	96-06
2 Zukas, Donna	W64		18.85m	61-10
3 McElhiney, Vickie	W64		12.09m	39-08

**Event 11 W29&U Weight Throw**

<b>Finals</b>				
2 Patten, Mackenzie	W17		10.91m	35-09.50

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4	Erhard, Elise	W15	8.04m	26-04.50
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**Event 11 W60 Weight Throw****Finals**

1	Alegria-Dybvig, Tamara	W60	13.22m	43-04.50
3	Zukas, Donna	W64	8.47m	27-09.50

**Event 4 M29&U Hammer Throw****Finals**

1	Wirtz, Justin	M18	52.66m	172-09
2	Freeman, Ryan	M18	47.47m	155-09

**Event 4 M60 Hammer Throw****Finals**

1	Chapman, Don	M62	21.75m	71-04
2	Russell, Ray	M61	16.30m	53-06

**Event 6 M29&U Shot Put****Finals**

1	Linscott, Nic	M25	13.74m	45-01.00
2	Freeman, Ryan	M18	12.56m	41-02.50

**Event 6 M60 Shot Put****Finals**

1	Russell, Ray	M61	9.08m	29-09.50
2	Chapman, Don	M62	7.11m	23-04.00

**Event 6 M65 Shot Put****Finals**

1	McElhiney, Ed	M67	10.34m	33-11.25
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**Event 8 M29&U Discus Throw****Finals**

1	Wirtz, Justin	M18	49.03m	160-10
2	Linscott, Nic	M25	42.59m	139-09

**Event 8 M60 Discus Throw****Finals**

4	Russell, Ray	M61	26.73m	87-08
5	Chapman, Don	M62	23.34m	76-07

**Event 8 M65 Discus Throw****Finals**

3	McElhiney, Ed	M67	30.94m	101-06
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**Event 10 M60 Javelin Throw****Finals**

1	Russell, Ray	M61	24.81m	81-05
2	Chapman, Don	M62	19.37m	63-06

**Event 10 M70 Javelin Throw****Finals**

1	Stross, Bill	M71	25.33m	83-01
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**USATF Lake Erie Association Throws Pentathlon Championship****Norm Bower Memorial Throws Pentathlon****Kent State University - 9/15/2019****Results - Weight Pentathlon****Event 12 M29&U Weight Throw****Finals**

1	Wirtz, Justin	M18	16.43m	53-11.00
2	Freeman, Ryan	M18	15.25m	50-00.50

**Event 12 M60 Weight Throw****Finals**

3	Russell, Ray	M61	7.96m	26-01.50
4	Chapman, Don	M62	7.76m	25-05.50