

GREEN TREE TIMES

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September Happenings: Festivals, Food and Fun

by Shelly Davis

September is always a strange month for me because it represents the end of summer and school starts for the kids. It's a time of change, which isn't always the easiest thing to do.

This year has been especially challenging because my oldest started college. That is an adjustment that I'm still working through. I'm counting on the fun fall activities around the area to keep me busy. Maybe I'll try out a new hobby? Who knows? In this area, the opportunities are pretty endless.

Pittsburgh and its communities are all about tradition and September is full of those year after year.

Oktoberfest is celebrated in almost every neighborhood around the area and downtown as well.

Green Tree has Oktoberfest on Sept. 14 and will feature a car cruise, and of course food, live music and fireworks. More information and schedule on page 11.

Canonsburg has their PA Bavarian Oktoberfest on Sept. 20-22 and features amusement rides, two stages with live music, German food and beer, games and much more!

Heidelberg's Oktoberfest is Sept. 21, 11 a.m. with food, fun, beer and games at Heidelberg Park.

Hofbrauhaus Pittsburgh Oktoberfest is Sept. 13-14 & 20-21 at the Southside Works. Two week-ends of fun, music, food and more!

Collier Twp. is celebrating Collierfest on Sept. 27 in the evening & 28, 2-10 p.m. at Collier Park. The Friday Collier Kick-off event is geared more towards adults featuring live music, small games of change, beer and food. Saturday is for the entire family featuring live music, food, drinks, inflatables, Wild World of Animals, Voice of Collier Contest and more!

Scott Township is celebrating Oktoberfest with Unnecessary Polka on Oct. 5, 11:30 a.m. - 1 p.m. at Scott Park.



There are fun activities for all ages at Collierfest 2019.

~photo credit Collier Township

Penn Brewery has an annual Oktoberfest that spans two week-ends, Sept. 2--22 and 27-29. This event will offer different VIP packages to cut wait time in lines, reserve seating and more. German dishes like schnitzel, potato pancakes, apple strudel and more! There will be plenty of fun, German beer and fun! Info pennbrew.com.

If I missed a location close to you, try calling your local borough to find out if there is an Oktoberfest event near you.

Another Annual event is the Pittsburgh Pierogi Festival on Sun., Sept. 22, 1- 6 p.m. at Kennywood Park. The event will feature many different and creative versions of the loved pierogi from over 24 different restaurants. Some classic Kennywood rides will be open and running as well as live folk music and the pop-up Pierogi Marketplace for everything from clothing to pottery. Open beer garden. Info at pittsburghpierogifestival.com.

A Taste of Dormont, a 21+ year old event, is being held Sat., Sept. 21, 6-9 p.m. under the tent at Dormont Pool. You can sample foods from local restaurants, sip beer and wine from local wineries and breweries and listen to live music.

The Annual Pittsburgh Irish Festival is being held Sept. 6-8 at The Lots at Sandcastle. This event is for the entire family and offers everything Irish, including food, games, activities, entertainment and so much more! Information at pghirishfest.org.

The Washington & Greene Counties 49th Annual Covered Bridge Festival is Sept. 21-22. This is road trip filled with picturesque landscaping and of course 10 historic bridges that will serve as festival sites with homestyle food, crafts, historic re-enactments, demonstrations, live music, and activities. Visit Meadowcroft's Historic Pine Bank Bridge during this event and receive free admission and only \$5 to tour the Rockshelter. Info at visitwashingtoncountypa.com.

A Gathering of Chefs on Sept. 15, 5-8 p.m. will be the 4th annual farm-to-fork feast that benefits the children at The Bradley Center. This event will be held at The Barn at Soergel Hollow and will feature gourmet food and drinks by notable chefs and restaurateurs from the area. Enjoy wagon rides, music, lawn games, a silent auction and a sunset toast. Dress is barn casual. Info at thebradleycenter.org.

If you like wine, try First and

Third Casual Fridays at Palates Partneron Liberty Ave. from 5:30-7:30 p.m. Sample six wines, some bread and cheese and get a mini-lesson from a wine expert. Cost \$12/person and sold at the door. Info at palatepartners.com.

The Art of Wine and Food is being held on Thursday, Sept. 19, 6-9 p.m. at Children's Museum of Pittsburgh. This food tasting event includes over 25 vendors of either wines, food or sweet desserts. Proceeds benefit HEARTH, a program that has been helping women and children of domestic violence receive transitional housing, educational programming and so much more. This fun setting lets you explore the museum, enjoy the food and wine, bid on silent auction items and just visit with friends. Info at hearth-bp.org.

Try something really different, Broadway BINGO, on Sept. 20, 7-9 p.m. Instead of traditional BINGO cards, the numbers have been replaced with song titles from popular Broadway musicals. You'll get 10 seconds to listen to clips of the music and then mark your cards. Event also features live performances, food, drinks and of course, the chance to win! Location is at the Trust Arts Education Center, 807 Liberty Ave. Info at trustarts.org.

Fall will be here very shortly, although I'm sure there are plenty of hot weather days still ahead. Enjoy the outside activities this month and the many festivals because before we know it, that first snow flake will be falling.



Ebenezer Covered Bridge, Mingo Creek Park, PA

MUSINGS . . . ATTITUDE

by Sharon Eakes

"We are in charge of our attitudes."
Chuck Swindoll

Ignoring gnats

I woke up yearning for a long walk in nature. As soon as possible, before it got hot, I was at the local cemetery, which sits on a hill above our village. It was as beautiful and serene as I'd hoped. Silence broken only by lovely birdsong. The fresh smell of grass and trees. Then I noticed some bothersome gnat-like creatures flitting around my eyes. How annoying. For just one second, I considered turning back. It was then I realized I had a choice. I could get upset about the flies. Or focus on the beauty, the smell, the silence, the way it felt good in my body to stride up and down hills. I chose the latter and had an invigorating, delightful walk.

Do you know people who have a negative attitude toward everything? Lots of complaining? I do, and they wear me out. I'd much rather be with

people who are more upbeat. Not Pollyannaish, just looking for and seeing possibilities everywhere.

My first speech

When I was in the 4th grade, Mrs. Robinson gave us an assignment to write and deliver a 5 minute speech. It could be about anything. Walking around my house looking for inspiration, I zeroed in on the quote on my dad's office blackboard:

"Whether you think you can do a thing or not, you're absolutely right."
Henry Ford

Intrigued, I asked my dad what it meant. He explained it with such passion and energy I remember it still. "It's like the Little Engine that Could," he said. "And it worked in my life." My dad had a hard childhood, losing his mother and moving around a lot. "I thought I could marry a wonderful woman, have a bunch of great kids, and live in one place a long time. And I DID!" He gave me a big hug, and said it was called "attitude" and it was very important.

he said. "Will you time me?" I agreed. He whined a bit and complained about the fact that he'd always taken good care of his health and this stroke seemed unfair. Before the 5 minutes was up, he stopped and laughed, saying "Well, it's good to have that over. Now I'll work on getting better." Which he did, living to be a pretty amazing 95.

Attitude - a Catalyst

"A positive attitude causes a chain reaction of positive thoughts, events and outcomes. It is a catalyst and it sparks extraordinary results." Wade Boggs

I find these attitudes especially helpful in staying upbeat and happy in life:

- I-can attitude
- Acceptance attitude
- Curiosity attitude
- Playful attitude
- Loving attitude
- Gratitude attitude

How about you?

Attitude - a Choice

The thing I really understood was that there is a choice. You can't choose what happens to you, but you CAN choose how you respond to what happens to you. And that makes all the difference. I delivered my first speech of many at age 9 on "Attitude."

Many years later, when my he was in his mid-seventies, my dad had a stroke. I visited him in the rehab hospital. His left side was weak and his speech slurred. The professionals would not give a prognosis. "I'd like to feel sorry for myself for 5 minutes,"

COACHING QUESTIONS/TIPS:

1. What's your habitual attitude? Is it positive or negative? Glass half-full or half-empty?
2. Do you look for the humor in even unsettling situations?
3. Do you get curious or react when someone offends you?
4. Are you grateful on a regular basis? Remember, you have a choice.
5. Choose well – whatever attitude you choose creates ripples.

Send me some instances where attitude made a difference in your life. I'd love to hear from you.



Editor's Note: Sharon Eakes is a personal and executive coach, who is a regular columnist for our paper as well as for the Huffington Post. She is the author of Fresh Views on Resilient Living. She may be reached by calling 412-741-1709 or email Sharon @hopellc.com.

Sharon and Nancy Smyth, her business partner in Two Wise Women, together published, "Chocolate or Lunch, How Choices Impact Relationships." If you have tense relationships, this book is for you. Both books are available through Amazon.

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Eating Less Meat Can Improve Your Health



Jayesh Gosai, M.D.

There are many healthy reasons to include meatless alternatives in your diet. A plant-based diet, which emphasizes fruits, vegetables, grains, beans, legumes and nuts, is rich in fiber, vitamins and other nutrients. Vegetarians eat fewer calories and less fat, weigh less, and have a lower risk of heart disease than non-vegetarians.

Because Vegetarian food tends to be lower in fat, especially saturated fats, and higher in fiber, than animal-based foods, even reducing meat-

based meals will improve your family's health.

A few beneficial facts:

A study of 38,000 people showed that fish eaters, vegetarians, and vegans had a lower body mass index (BMI) than meat-eaters.

Scientists found that one specific vegetarian diet can lower cholesterol almost as well as treatment with medication. The diet consisted of almonds, soy proteins, high-fiber foods such as oats and barley, and a special margarine with plant sterols, found in leafy green vegetables and vegetable oils.

Many research studies support the fact that vegetarians have a lower risk of many different types of cancer, compared with meat eaters.

A vegetarian diet has been linked to a lower risk of cardiovascular disease and. Studies have found that the more meat people consume, the higher their risk of type 2 diabetes.

The Academy of Nutrition and Dietetics notes that a vegetarian diet can benefit people of all ages.

You can get adequate amounts of protein without eating meat. The Daily Value for protein is 50 grams based on a 2,000-calorie diet. Individual protein needs vary depending on body size, medical conditions and activity levels. Adults generally need about 5 1/2 ounces of protein a day. Replacing red meat with eggs, low-fat milk and products made from it, beans and peas, soy products, tofu and unsalted nuts and seeds is a good way to start. You can ease into meatless meals by trying meal alternatives just one day a week.

Apart from health considerations, many people stop eating meat for ideological, ethical, or religious reasons. The ethical argument focuses on our connection to other living animals who share similar biological traits as humans. And, like us, animals experience fear, pain, and distress. PITA suggests "As Humans we are uniquely capable of choosing between cruelty and kindness, so we should never willfully inflict pain on any being—human or nonhuman."

In addition to animal suffering, animal agriculture also contributes to environmental destruction. Raising animals for food requires land, food, energy, and water and results in polluted land, water, and air. The United Nations has acknowledged that raising animals for food is "one of the top two or three most significant contributors to the most serious environmental problems, at every scale from local to global."

No matter what the reason, it is clear that cutting back on a meat-based diet will improve your health. Of course, anyone who is deciding to become a vegetarian needs to educate themselves to ensure they continue to get their key nutrients. Parents, especially, must make sure their child is not just omitting the meat served with the family meal, but getting their nutrients in other ways. It is best to consult your doctor before making any radical changes to your family's diet.

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The Fishin' Hole



by Sam Hall

I slowly rolled my car off the side of the road and immediately cut the engine off as fast as possible. The sound of the engine was too invasive of the nearly silent surroundings. Light was just beginning to invade the thick, dark grey sky overhead. Mist and fog hung over the lake, drifting up and to the east with the reluctance of an old man getting out of bed. For a moment, I only stood outside the car observing. Closing the door and opening the trunk seemed way to noisy and disturbing things to do. I was sure they would break the spell

the beginning of dawn was casting over the entire area. Instead, about thirty seconds later, it was the sound of a large fish breaking the surface that snapped me into action. Ooooooh, there he is, I thought to myself as I quickly grabbed my pole and vest from the trunk and headed down the tight weed crossed path toward the lake. In shorts the weeds (mostly Lambsquarter and good old hay my dad once told me) slapped the cold rain they still held from the night before on my bare legs. It was discomforting but a necessary evil as the cool of the morning would soon give way to summer heat that would make waders unbearable. I walked quickly, with a purpose, but always wary. Past experiences with spider webs, and poison ivy make every walk a careful one heading to the water for me. I waved the tip of my fishing pole up and down in front of my face to clear away the



spider webs that crisscrossed the path from side-to-side. The weeds thinned as the path came down to the water, giving way to the sandy looking shale that was the bed of the lake. The path then turned to the right and ran alongside the lake, the cove thickly covered in lily pads. I stopped for a moment looking out over the water. I would "bait-up" here. I looked down at my vest and chuckled at the grime and age of it. No wonder my wife won't allow it to be in the house. The history of dirt, rain, worms, fish slime, blood, bugs and mud on it would take a lifetime to explain. Inside it though, in the right breast pocket was a brand spanking new package of plastic worms. They were pumpkinseed colored, curly-tailed beauties that, when I saw them in the bait shop, spoke to me. They whispered "five-pound largemouth love

us" over and over again, and I believed them because, I wanted to believe them. I opened the package and breathed deeply the familiar scent of hope, and adventure, and plastic and garlic. I love that smell so much. I took one then carefully closed the zip lock bag and stuffed it back into my right hip pocket because quick access would be important later I told myself. I threaded my hook through the tip of the worm until the entire shaft of the hook was covered and then popped the hook out of the worm. I checked my watch, 6:23 a.m. My heart lifted and soared! The entire lake and morning were spread out in front of me like a smorgasbord of adventure and mystery. A few more steps on the rocky path and I was at the spot where the lily pad infestation gave way to some open water. Here was where I knew, with the safety and cover of the lily pads to protect and hide them, the best, biggest, hungriest largemouth bass in the lake waited for my first cast of the morning. I placed my left pointer finger on the line and held it to the pole while opening my bail with my right hand. I flick my wrist and the whirl of the line shooting parallel to the lily pads is the only sound I hear until the plat of my worm slaps the water.....

Send your pics and stories to samdhall@comcast.net

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Local Libraries Offer Engaging Programs for Adults, Teens, Kids

All of the libraries across the area offer unique programming for all ages. Most activities are free but some special events require a small fee. Each library listed below includes a summary of their scheduled events for the month. Be sure to check with the library directly or go to their website to view their events calendar for a complete listing and details regarding age requirements, registration and fees.

GREEN TREE PUBLIC LIBRARY

10 Manilla Ave., Pittsburgh, 15220
greentreepubliclibrary.org, 412-922-9292

Annual Used Book Sale - Oct. 3 - 7.
Great bargains and helps the library!

Storytimes for toddlers, preschoolers, and school age children.

Book Donation Day, first Sat. of month

Dino Crafts, Sept. 6, 10 - 4 p.m.

Art Discussion Group, Sept. 9, 2 p.m.

Family Game Night, Sept. 11, 6-8 p.m.

Booth at GT Octoberfest, Sept. 14

Adult Board Games, Sept. 14, 12-4:30

Henna Art (Adults), Sept. 16, 6:30-8

Reduce Risk Stroke, Sept. 18, 2 p.m.

Cookbook Club, Sept. 20, 2 p.m.

Tail Waggin Reads, Sept. 23, 4-5 p.m.

Home Staging (Adults), Sept. 24

Lolipop Lab, Sept. 26, 6:30 p.m.

Dan Deasy Senior Health Expo, Sept. 27, 10 a.m. - 12 p.m.

Sesame Street Sat., Sept. 28, 10 - 4 p.m.

STEM Storytime, Sept. 30, 6:30 p.m.

CARNEGIE LIBRARY OF PITTSBURGH MT. WASHINGTON

315 Grandview Ave., Pittsburgh, 15211
carnegielibrary.org., 412-381-3380

Storytimes for all ages and special sensory storytimes for children with developmental delays

Call library for specific events

SCOTT TOWNSHIP PUBLIC LIBRARY

301 Lindsay Rd., Scott Twp., 15106
scottlibrary.org, 412-429-5380

September is Library Card Sign-Up Month!

Storytimes and activities for toddlers, preschoolers, and school age children.

Texas Roadhouse Fundraiser, Sept. 12, 4- 10 p.m. Stop to get the flier and help the library!

Book Sort Volunteers Needed! - call.

Cooking Club, Sept. 16, 5:30 p.m.

Conversation Salon, Sept. 9, 1 p.m.

Make Back to School Supplies, Sept. 9, 3 p.m.

Adult Scrabble and Games, Tuesdays

Senior Chair Exercises, Tuesdays

Puzzle Time, Fridays, 1-4 p.m.

Seasonal Arts & Crafts, Sept. 4, 3:30 p.m.

LEGO Club, Sept. 18, 6:30 p.m.

Yoga Class, Sept. 11, 25, Oct. 9, 23, Nov. 13, 6:30 p.m.

Garden Group, Sept. 11, 6:30 p.m.

Drop-In eBook Assistance, Sept. 12, 19 & 26, 3 p.m.

Adult Color Time, Sept. 13

Video Games After Hours, Sept. 13, 5 p.m. for 3rd - 12th grade. Pizza and prizes.

Bookmaking: a Zine, Sept. 14, 10:30 a.m.

Steeler's Trivia, Sept. 19, 6:30 p.m.

Fall Craft Fair, Sept. 21, 10 - 2 p.m.

British Discussion Group, Sept. 23, 6 p.m.

Family Game Night, Sept. 26, 6 p.m.

STEM in the Kitchen, Sept. 28, 11 a.m.

Book Discussion, Sept. 19, 1:30 p.m.

Cult Movie Classic Series:

Easy Rider, To Kill a Mockingbird,

CARNEGIE LIBRARY OF PITTSBURGH WEST END

47 Wabash St., Pittsburgh, 15220
carnegielibrary.org, 412-921-1717

Storytimes for toddlers, preschoolers, and school age children.

Kids' Club, Wednesdays, 3:30-5 p.m.

Teen Time, Tuesdays, 4:30-6 p.m.

West End Writing Club, Weds., 10 a.m.

Book Ends Book Club, Sept. 12, 11 a.m.

Summer Never Ends, Sept. 14, 1 p.m.

Adult Craft: Watercolor, Sept. 18, 6 p.m.

West Pittsburgh History Club, Sept. 19, 11 a.m.

Upa Yoga, Sept. 28, 1 p.m.

Reading is Fun!

CRAFTON PUBLIC LIBRARY

140 Bradford Ave., Pittsburgh, 15205
craftonpubliclibrary.com, 412-922-6877

Storytime for babies through preschool.

Family Storytime, Mondays, 11 a.m.

Homeschool Art Class, Tuesdays, 12:30 p.m. - 2 p.m.

Yoga, Mondays at 7 p.m.

Technology Help, Weds. at 1 p.m.

Scrabble, Thursdays, 1-4 p.m.

Teen Anime Club, Sept. 9 & 23, 3:30 p.m.

Conversation Salon, Sept. 17, 6 p.m.

Writers Support Group, Sept. 7, 10 a.m.

Movie Classics, Saturdays, 1-3 p.m.

Mini Golf Fundraiser, Sept. 27 & 28, 7 - 9 p.m.

What's Cooking, Sept. 25, 6 p.m.

Fibromyalgia Support Group, Sept. 7

Super Smash Bros Night, Sept. 24, 4 - 8 p.m. for ages 16 and up.

CARNEGIE LIBRARY OF PITTSBURGH SHERADEN

720 Sherwood Ave., Pittsburgh, 15204
carnegielibrary.org., 412-331-1135

Storytimes plus a variety of programs for toddlers and preschoolers.

One-on-One Computer Assistance and Resume Assistance, Mondays and Wednesdays, all day, by appointment.

Green Grocers - Mobile Farmers Market, Every Tues. 4:30 p.m.

Teen Time, Mondays, 3:30 p.m.

The Labs: Open Labs, Thursdays, 3 p.m.

Kids Club, Tuesdays, 3:30-5 p.m.

Reading Buddies, Every Mon., Tues., & Wed., 4-6 p.m.

Make it Take it: Etched Tiles, Sept. 3, 5 p.m.

Upa Yoga, Sept. 9, 11 a.m.

Adult Open Craft Hour, Oct. 3, 12:30 p.m.

A Novel Bunch Book Club, Sept. 9, 1 p.m.

THE ANDREW CARNEGIE FREE LIBRARY AND MUSIC HALL

300 Beechwood Ave., Carnegie,
carnegiecarnegie.org, 412-276-3456

Storytimes for babies, toddlers and preschoolers offered.

Teen Tuesdays, 2nd and 4th Tuesdays, 4-5:30 p.m.

Lego Club, Sept. 11, 4 p.m., ages 5-10.

2nd Sat. Lecture, Sept. 14, 1 p.m.

STEAM on Saturday, Sept. 21, 2 p.m. for K-5.

PALS Book Club, Sept. 25, 1- 2 p.m.

Library Fundraiser: Carnegie Swings - see Community Bulletin Board.

Family Evening Storytime, Mondays, 7 p.m.

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GREEN TREE ROTARY

The club meets every Thursday at noon at the Doubletree Hotel, Green Tree.

September speakers are Sept. 5, Dick Daffner - Creepy Crawlers; Sept. 12, Jim Skal - Outdoor Immersion; Sept. 19, Joe Stavish - Tree Pittsburgh; Sept. 26 - no speaker, Club Assembly.

More info call Rick Porach 412-655-4174.

SUNDAYS IN THE SEPTEMBER

Visit the Carnegie Farmers Market every Sunday from 12 -3 p.m. in the East Main Parking lot.

A variety of produce will be available including cherries, strawberries, beets, snap peas, and more. Also featuring meats, cheeses, honeys and jams, candles, soaps, and more. Info at carnegieborough.com.

OPEN STREETS CARNEGIE

East and West Main Streets will be closed so people can enjoy biking, skateboarding, walking and more. Fun, free activities for the entire family! Includes climbing wall, extreme pogo sticking, yoga, dance, Top Golf activities and more. Info at visitcarnegie.com

SPAGHETTI DINNER FUNDRAISER

Includes Salad, Roll w/butter drink, and desert. Help us help others! Sun., Oct. 13, 1-5 pm at Christ Community Church, 900 Chartiers Ave., McKees Rocks, 15136. Adults - \$10, Children (under 12) - \$4. Take-Out Available. Basket Auction and more. Proceeds benefit Meals on Wheels (serving Crafton Heights, Elliott, Kennedy, McKees Rocks, Robinson, Sheraden & Stowe).

AARP #638 MEETING

Ingram/Pittsburgh West AARP #638 will resume their meeting on Monday, September 16 at 1:00 PM at the Ingram Borough Building, 40 West Prospect Avenue in Ingram. Marirose and her Thorn will be our entertainers. Light refreshments provided; new members needed; visitors always welcome. Call 412-331-2669.

RETIRED MEN'S LUNCHEON GROUP

The Retired Men's Luncheon Group invites retirees to our Thurs., Sept. 19 luncheon with event speaker David Lopus who is with the federal government census bureau. He will speak about the purpose of taking the census and job opportunities that the census provides. Lunch is at noon. cost is \$8.00 payable at the door.

The luncheon will be held at the Pleasant Hills Presbyterian Church, 199 Old Clairton Rd., Pleasant Hills. The Men's Group is non-denominational. Please reserve by calling 412- 655- 2000, option 0. Come socialize with us and enjoy the educational presentation of David Lopus' report on the upcoming census.

OPEN MIC NIGHT

Wanted: musician's, songwriters, and poets, as well as audience members to attend the "Artists At Atonement Open Mic" at the Church of the Atonement, 618 Washington Ave, Carnegie on Sun., Sept. 8, 6:30 -9:30 p.m. This is a BYOB event so feel free to enjoy the performances with either beer or wine. Performers should come about 20 minutes early to sign up. Please share news of this event with friends!

CARNEGIE SWINGS! LIBRARY FUNDRAISER

Fresh Retro Comes to the Carnegie Carnegie.

Musical director, arranger and trombonist Reggie Watkins has whipped up a fabulous blend of vintage music, dance and style from across the spectrum of Jazz and popular song – Carnegie SWINGS!

This event is being held Sat., Sept. 28. A dance party in the Studio follows the performance. Join in or just enjoy! Dancers will offer micro lessons to get folks started. In the spirit of the evening, attendees are encouraged to flaunt their favorite brand of Retro – or not – with that special dress, tie, shoes or hat. Carnegie SWINGS! is a decades-spanning evening and anything goes is the flavor of the night!

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Community Bulletin Board

SOUTH HILLS WOMEN'S CLUB

The South Hills Women's Club is looking for new members. The group has just celebrated its 75th anniversary. We meet the 2nd Monday of the month September through May with a meeting and a speaker.

Our first meeting is Sept. 9 at 8 p.m. at Vanadium Woods Village, 50 Vanadium Rd., Bridgeville, Pa.

Elaine Frantz, PhD and history professor will be the speaker. Call Susan 412-257-1057 if you are interested in attending.

DINNER & BINGO

Green Tree Woman's Civic Club is having a Covered Dish Dinner & Bingo on Sept. 5, 6:30 p.m. Stop by the Sycamore Room even if you aren't a member and join in the fun!

GREEN TREE LIBRARY USED BOOK SALE

Friends of Green Tree Public Library invite and encourage you to come to the 2019 Annual Used Book Sale. This sale supports Green Tree Public Library. The special Preview Sale will be Thurs., October 3, 7-9 p.m. Admission is \$5 per person. Preview night will give you first access...get the best books, etc. On all other days of the sale, Oct. 4-7, there will be no admission charge.

ANNUAL RUMMAGE SALE

St. Pius X Byzantine Catholic Church, 2336 Brownsville Rd., Carrick (15210) will be holding its annual Rummage Sale on Sat., Sept. 7, from 9 a.m.- 3 p.m. If you have any questions, call the church at 412-881-8344.

6TH ANNUAL FAMILY TREASURE SALE

Friends of Family Hospice & Palliative Care will hold the 6th Annual Family Treasures Sale on Sat., Sept. 28, 8 a.m.-3 p.m. and Sun., Sept. 29, 10 a.m.-2 p.m. at Family Hospice offices, 50 Moffett Street, Mt. Lebanon. The sale of high-quality, gently-used items will include two floors of home decor, antiques, collectibles, china, artwork, furniture, lighting, all-season holiday items, jewelry, purses, and more! Proceeds to Hospice Patients and Families. Information at famhospisale@gmail.com

WALKING TOUR OF INGRAM

The Ingram Historical Society invites you to join in a Walking Tour of Ingram, Sun., Sept. 8 at 2 p.m. The tour begins at the Ingram Borough Building, 40 W. Prospect Ave., Ingram. The tour will feature Ingram's architectural styles. Learn about the quintuplet of homes, built about 1910, that have the internal construc-

tion of Natko tile. After tour, enjoy a slide show of local sites of Ingram's history. Tour is \$5 and children and I.H.S. members/free.

GREEN TREE GARDEN CLUB

On Thurs., Sept. 12, The Green Tree Garden Club will hold its monthly meeting and program in the Carlisle Social Hall, GT Fire Hall.

"Heirloom Vegetables and Tomatoes" will be presented by Barb Kline, a Penn State Master Gardener and will include heirloom tomato sampling.

Lunch is served at 11 a.m., followed by a meeting at noon and the presentation at 12:30 p.m. Guests are welcome to attend. No charge and a reservation is not needed.

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4:00 to 7:00 p.m.
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FRIDAY, 11:30AM-10PM • SATURDAY, 5PM-10PM

Church Directory

Mt. Pisgah Presbyterian Church

31 Warriors Rd., Green Tree
412-921-8444
Sunday Worship: 9:00 a.m.
Joyful Journey Preschool
Rev. Tom Ribar, Pastor

St. Margaret of Scotland Catholic Church

310 Mansfield Avenue, Green Tree
412-921-0745 Fax: 412-921-0707

www.stmargparish.org

Mass Schedule:

Tuesday and Friday: 9 a.m.

Sunday: 7:30, 9:00 and 10:30 a.m.

Reconciliation:

Saturday: 12-1 p.m.

and any time by appointment

Administrator: Fr. Robert Grecco

Parochial Vicar: Fr. Aleksandr Schrenk

Deacons: Kevin Lander & Jim Mackin

All Saints Polish National Catholic Church

500 Fifth Street, Carnegie
412-276-2462 Fax: 412-276-9677

www.allsaintspncpa.org

all.saints.pnc.church@verizon.net

Weekday Mass: See Bulletin

Weekend Masses:

Sat., 4:35 p.m. and Sun., 8:30 a.m.

Very Rev. Richard Seiler, Jr. Pastor

Independent - Catholic - Sacramental

Crafton United Presbyterian Church

80 Bradford Avenue
412-921-2293 Fax: 412-921-0348

www.CraftonUP.com

All Are Welcome

Sunday Worship: 11 a.m.

Pastor Diane Flynn

Office: 8:30 a.m.-1:30 p.m., M-Th

Church of the Atonement (Episcopal)

618 Washington Avenue, Carnegie,
PA 15106

412-279-1944

Holy Eucharist Rite II:

Sunday, 9 a.m.

The Rev. Ben Wright

Bible Study: Wed., 6:30 p.m.

www.atonementcarnegie.org

www.facebook.com/atonementcarnegie

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Carnegie, PA 15106

Minister Robert W. Hale,

412-279-5030

carnegiechristianchurch@gmail.com

Sunday Services:

Bible Study: 9:45 a.m.

Worship & Communion: 10:45 a.m.

Wednesday Bible Study: 10 a.m.

St. Matthew's Evangelical Lutheran Church

Steuben St. & Lincoln Ave.

412-921-1125

Pastoral Office Hrs. by Appointment

10:15 a.m. Sunday Worship

with Holy Communion

Rev. Douglas Kinsey, Pastor

Rev. Shawn Markarkey, Pastor

Hawthorne Avenue Presbyterian Church

90 Hawthorne Ave.,

Crafton, PA 15205

412-921-2504

Handicapped Accessible

11 a.m. Sunday Worship

10 a.m. Adult Bible Study

Pastor Paul Nigra

www.hawthornechurch.org

1st United Presbyterian Church of Crafton Heights

50 Stratmore Avenue

412-921-6153

10 a.m. Worship Service

Child Care Available

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Pastor: Dave Carver

Unity Presbyterian Church

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Phone & Fax: 412-561-2431

www.unitypresbyterianchurch.org

facebook.com/unitypresbyterianchurch

9:30 a.m. Sunday School

10:30 a.m. Worship Service

(4 yrs-adult; childcare under 4 yrs.)

Rev. Dennis W. Molnar, Pastor

Saint Philip Parish

St. Philip Church, 50 W.Crafton Ave.

Pittsburgh, PA 15205

Ascension Church, 114 Berry St.

Pittsburgh, PA 15205

412-922-6300

Saturday Vigil Masses

4:00 p.m. - St. Philip

5:30 p.m. - Ascension

Sunday Masses:

7, 9 & 11 a.m. - St. Philip

9:30 a.m. - Ascension

Weekday Masses are 8 a.m.

Mon., Wed., & Fri. - St. Philip

Tues. & Thurs. & Sat. - Ascension

Sacrament of Reconciliation

Saturdays -

12:15 p.m. - 1:15 p.m. at Ascension

Eucharistic Adoration

First Saturdays -

8:30 a.m. - 9:30 a.m. at Ascension

Rev. John B. Gizler, Administrator

Saint Stephen Lutheran Church

55 Forsythe Road, Pittsburgh 15220

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412-279-5868

Pastor Maurice C. Frontz III, STS

Sunday Worship: 10:30 a.m.

Saturday Worship: 6:30 p.m.

Church of the Nativity (Episcopal)

33 Alice Street, Crafton

412-921-4103

www.nativitychurch.org

Sunday: 8 a.m. & 10 a.m.

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The Rev. Shawn Malarkey

Ambassador Baptist Church

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412-477-3210 www.HisService.com

ambassador.montgomery@gmail.com

Sunday Services: 9:45, 11, 1:15

Thurs. Bible Study and Kids Club: 7 p.m.

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Carnegie Presbyterian Church

219 Ewing Road, Carnegie

412-279-3223

Worship Service: 10:30 a.m.

Rev. Dr. Colleen F. Molinaro

www.carnegiepresby.org

United Presbyterian Church in Ingram

30 West Prospect Avenue

412-921-2323

Website: ingramupchurch.org

Worship Service: 11 a.m.

Office Hours:

Tues.-Thurs. 9 a.m.- 2 p.m.

Rev. Bonnie Taylor

Bible Baptist Church

412 Old Washington Pike

Carnegie, PA 15106

412-276-7717

bbc.pittsburgh.com

Sunday Services:

9:45 a.m. Sunday School

10:15 a.m. Breakfast

11 a.m. Worship

6 p.m. Evening Worship

Wednesday:

6:30 p.m. Prayer Meeting

& Children's Program

Rev. Phil Golden Jr., Pastor

Carnegie Primitive Methodist Church

640 Dow Ave., Carnegie, 15106
(Corner of Fountain St. & Dow Ave.)

412-563-4484

Welcome

Adult Sunday School: 10 a.m.

Worship Service: 11 a.m.

Thursday Bible Study & Prayer: 7 p.m.

Daniel Pastorius, Pastor

Mount Washington Baptist Church

112 W. Sycamore, Mt. Washington

412-431-8396

mtwashingtonbaptistchurch.org

Sunday Worship Services:

11 a.m. & 6 p.m.

Wed. Prayer & Bible Study: 7 p.m.

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Christ Community Church

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McKees Rocks, 15136

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meyercclministry@verizon.net

Sunday School: 10 a.m.

Sunday Worship: 11:15 a.m.

Wednesday: 7 p.m.

Thrift Shop Monthly: 2nd Sat., 9 a.m.

Free Community Dinner Monthly:

Last Saturday, 5-7 p.m.

Rev. Wayne D. Meyer, Pastor

Church Corner News

Mt. Pisgah Church, 31 Warriors Rd., Green Tree, is back to the fall schedule with worship hours and Sunday School.

Daytimers will meet Sept. 24 at 11 a.m.

Info at 412-921-8444.

St. Matthew's Church, 45 East Steuben St., Pittsburgh, is having the Feast of St. Matthew's (Beer Fest) on Sat., Sept. 21, at 4 p.m. Event includes several beer varieties, root beer, snacks and lots of fun. Info at 412-921-1125.

Unity Presbyterian, (formerly Wallace Memorial Presbyterian) Church, Greentree Rd. at Potomac Ave., will be offering Sunday School classes beginning Sept. 8 at 9:30 a.m. for all ages. Joyful Noise (4 yrs old - grade 1), Disciple Zone (grades 2-6) and adult classes.

Enjoy the Dean Shotak, Glass Armonica concert on Sept. 14, 7:30 p.m. Suggested donation, \$20.

Stop by the church booth at the Green Tree Octoberfest on Sept. 14.

Information at 412-561-2431.

Crafton United Presbyterian Church, 80 Bradford Ave., is still holding the weekly food bank on Tuesdays and Wednesdays from 9:30-12:30 p.m. as part of the Greater Pittsburgh Food Bank. Those who wish to receive food must reserve their space by calling 412-921-2293, opt. 3, ahead to sched-

ule their day and time for pickup.

The Blessing of the Pets and Church Picnic will be held Sat., Sept. 21, 12-2 p.m. All are welcome.

Info at 412-921-2293.

Saint John Evangelical Lutheran Church, 601 Washington Ave., Carnegie, will be holding services of Holy Communion each "Come as You Are" Saturday at 6 p.m. and Sundays at 10 a.m.

The church will be holding an evening of Beer, Pop & Hymns at Bakn, 335 E. Main Street, Carnegie, on Tuesday, Sept. 17, 7-9 p.m. All are welcome to sing, drink and eat at this family friendly event!

St. John's Cup & Portion ministry hosts a free dinner for the community on the third Saturday of most months from 4-6 p.m. The first meal for the fall season is Sept. 21 in Dittmer Hall.

Information at 412-279-2952.

Carnegie Presbyterian Church, 219 Ewing Road, Carnegie, is having a Pancake and Sausage Breakfast on Sept. 21, 8:30 a.m. - 12 p.m. Adults/ \$5, kids 4-10/ \$3 and 3 and under/ free.

Info at carnegiepresby.org.

1st United Presbyterian Crafton Heights, 50 Stratmore Ave., is holding a Blood Drive on Sun., Sept. 8, 8 a.m. - 1 p.m.

Information at 412-921-6153.

The Parish of Sts. Peter & Paul Ukrainian Orthodox Church will host its 8th Annual Ukrainian Food Festival on Sept. 6 & 7, 1 a.m. - 7 p.m. at 220 Mansfield Blvd., Carnegie, 15106.

Event will feature either outdoor or air conditioned indoor seating, delicious homemade Ukrainian foods and pastries, live ethnic entertainment as well as Church Talk "Praying with Icons" with Fr. John Charest at 1, 3 & 5 p.m. on Saturday.

Take out available. MC/Visa accepted. Handicap accessible. More inforamtion at 412-527-5359.

Our Lady of Grace School, 1734 Bower Hill Rd., 15243, will host the Annual Fall Food Truck Fest on Sat., Sept. 21, 4-8 p.m. featuring over 15 food trucks with a variety of choices to eat, basket raffle, and lawn games. Beer available to purchase.

Info at olgscott.net.

St. Andrew Romanian Orthodox Church, 56 Glenn Way, McKees Rocks, will host a Traditional Romanian Food Festival on Sept. 7, 2-7 p.m., Sept. 8, 1-5 p.m. Enjoy specialty foods like the famous Mititei (skinless little sausages), tripe soup, bulz, Sarmale (stuffed cabbage), Frigarui (grilled chicken on a skewer), and much more including sweets, beer, traditional dances and lots of fun! All are welcome! Info at standrewpitt.org.



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Green Tree's 23rd Annual Octoberfest Celebration



Green Tree is celebrating its 23rd Annual Octoberfest on Sat., Sept. 14 at Green Tree Park, located off of Green Tree Road. This event is full of fun activities and shopping for the entire family.

This is one of Green tree's largest social and fundraising events for local groups, community groups and businesses.

Expect to find delicious food, sweet treats and games for all. Children always have a great time and love the inflatables, and entertainment acts

including a juggler, a magic show, storytime and more!

The car cruise starts right at the beginning at 11 a.m. and games, food and entertainment lasts all day and evening long ending with fireworks at 8:15 a.m.

Be sure to shop at the crafting vendor tables and try your hand at luck with a roll of the dice or enter a raffle.

Information booths will be manned by local businesses, libraries, community groups, and more.

GREEN TREE BOROUGH OCTOBERFEST 2019 SCHEDULE

11:00 Opening Ceremonies with American Legion Post #823
11:00-3:00 Car Cruise sponsored by Parkway Florist
11:30-12:00 Technique by Toni Dance
12:30-1:00 Element of Dance
1:00 Storytime
1:00 Mobile Axe Throwing Tournament
1:00-3:00 Juggling Bob
1:30 Unnecessary Polka
2:00-3:00 Iceburgh

3:00 Car Cruise Trophy Presentation
3:00-4:00 Magic by Steve Haberman
3:30 Corn Hole Tournament
4:00 Unnecessary Polka
4:00-6:00 Steve Haberman Balloon Animals
6:00-8:00 Let's Groove Tonight
8:15 Fireworks by Starfire sponsored by Green Tree Medical Center and Urgent Care and High Field Imaging

BINGO Fun!

Support Saving Cats, at FosterCat's Upcoming Bingo Event

Sunday, September 22, 2019

Doors open at 12:00PM

Royal Place Restaurant, 2660 Library Rd, (Castle Shannon)

Chinese Auction

50/50 Raffle

Food

Door Prizes

BINGO game cash prizes

Baked Goods

Tickets are \$30 each for 10 bingo games (6 cards to a game)

Buy tickets online at fostercat.org, call 412-481-9144 for advance ticket purchases, or send email to info@fostercat.org to request tickets.

All proceeds from this event go directly to the support of cat rescue, cat care, foster and adoption.

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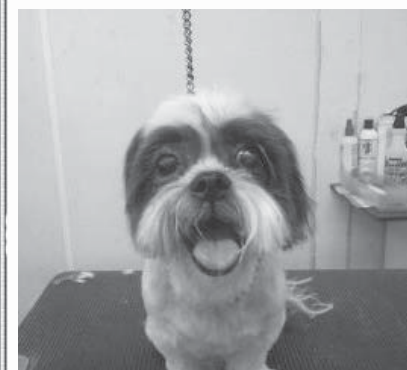
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