

**VICTORY OVER FAILURES WORKSHEET (I John 5:4-5)**Page 2 of 2**Column (4) Expansion**

(4) My plan not to repeat this sin and to respond biblically instead (Titus 2:11-14)

I will ask myself the following questions before I respond:

Will this response cause me to sin?

Will this response teach Matthew to act in a godly manner,  
or will it teach him to be selfish and angry?

Will my response edify Matthew or tear him down?

How can I glorify God in this situation?

**Speak biblically.**

I will not yell or fuss at Matthew. I will gently admonish him in a calm manner and with a soft voice when necessary. I will compliment Matthew on his accomplishments in order to form a habit of praise instead of just focusing on his shortcomings. I will include laziness and deception in our devotions without bringing up this incident in order to allow the Holy Spirit to work in Matthew's heart. I will apologize to Matthew for my unbiblical behavior. I will say, "Matthew, I really treated you poorly this week. Will you please forgive me for yelling at you?" I will seek to teach him biblical values in each situation instead of having a, 'Because I said so' attitude. I will talk of the Lord often throughout the day, in order to strengthen him spiritually and to give him a Christ-centered focus.

**Act biblically.**

I will remain calm when handling situations of this type with Matthew instead of losing control or being controlled by anger. I will continue to review Ephesians 4:29-32 using my scripture memory plan. I will pray for Matthew to grow spiritually. I will pray for him to come to a place in his life where he is seeking to please God, not just being compliant to stay out of trouble. I will seek to become more Christ-like in my actions by spending more time in prayer on a regular basis.

**My contingency plan for overcoming anger:**

As soon as I feel like yelling or using unwholesome words I will **S.T.O.P.:**

**S**urrender my desire to tear someone else down through yelling unwholesome words by confessing my sinfulness to God. I will ask God for wisdom in dealing with the situation at hand.

**T**hink of the situation biblically, reminding myself that no situation is worth being disobedient to God by getting angry and tearing someone else apart with my foolish words. Recite my Scripture memory verses which deal with anger, unwholesome speech, clamour, etc.

**O**pen my heart to receive God's peace and calming spirit. With Matthew, I can take a break from the immediate situation, and go to my bedroom and pray before I address any issue.

**P**repare for God's blessings, knowing that He will richly bless those who seek to do His will. I will keep my focus on the prize rather than on the problem. I will remind myself that God is working in the current situation to make me more Christ-like as I am obedient to His will.

**If I fail to keep my plan:**

I will confess my sinful behavior to the Lord and seek to be reconciled to those against whom I have sinned.

I will start on my basic plan again immediately, making adjustments as necessary.