



# Kiddos Academy

February 27<sup>th</sup> to February 31<sup>st</sup>



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 7:30 - 8:30	<ul style="list-style-type: none"> <li>✓ Biscuit</li> <li>✓ Scrambled eggs</li> <li>✓ Orange juice</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Oatmeal</li> <li>✓ French Toast Sticks</li> <li>✓ Peaches</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Scrambled Eggs</li> <li>✓ WG Buttered Toast</li> <li>✓ Bananas</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Warm Bagel with Cream Cheese</li> <li>✓ Fresh Strawberries</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Breakfast Muffins</li> <li>✓ Pineapples</li> <li>✓ Milk</li> </ul>
<b>Lunch</b> 11:00 - 11:30	<ul style="list-style-type: none"> <li>✓ Tuna Salad &amp; Celery</li> <li>✓ WG Rice with Mixed Vegetables</li> <li>✓ Lettuce &amp; Tomato</li> <li>✓ Mixed fruit</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken Quesadilla</li> <li>✓ WG Brown Rice</li> <li>✓ Refried Beans</li> <li>✓ Pineapple</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Sloppy Joes</li> <li>✓ Baked French Fries</li> <li>✓ Green Peas</li> <li>✓ WG Bread</li> <li>✓ Peaches</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Fish Sticks</li> <li>✓ Corn</li> <li>✓ Mash Potatoes</li> <li>✓ WG Brown Rice with Carrot Cubes</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken Sandwich</li> <li>✓ Broccoli &amp; Cheese</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>
<b>Snack</b> 2:00 - 2:30	<ul style="list-style-type: none"> <li>✓ Vegetables chips</li> <li>✓ Apple sauce</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Kellogg's Nutri-Grain Bars</li> <li>✓ Orange Juice</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Ritz Cracker</li> <li>✓ Cheese Stick</li> <li>✓ Apple Juice</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Oats 'n Honey Crunchy Bar</li> <li>✓ Fresh Oranges</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Greek Yogurt</li> <li>✓ Graham Cracker</li> <li>✓ Banana</li> <li>✓ Milk</li> </ul>
<b>Dinner</b> 4:00 - 5:30	<ul style="list-style-type: none"> <li>✓ Baked BBQ Chicken</li> <li>✓ Mashed Potatoes</li> <li>✓ Sweet corn</li> <li>✓ WG Dinner Rolls</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Ground Beef Mac &amp; Cheese</li> <li>✓ Green Beans</li> <li>✓ WG Brown Rice</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Parmesan Tilapia</li> <li>✓ WG Seasoned Brown Rice with Mixed Vegetables</li> <li>✓ Pears</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Spaghetti Meat Balls</li> <li>✓ WG Bread</li> <li>✓ Fresh Salad</li> <li>✓ Banana</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken Alfredo Penne pasta</li> <li>✓ WG Garlic Bread</li> <li>✓ Mixed fruit</li> <li>✓ Milk</li> </ul>

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