

The Fjellheim Flammen



Fjellheim Lodge 6-107

Sons of Norway

1045 Ford Street, Colorado Springs, CO 80915

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www.sonsofnorwaycs.com

Juni/Juli 2021

Volume 48 Issue #06

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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Club Message	

Monthly heritage meetings are held the **second Wednesday of every month** (except July).

7:00 pm

Viking Hall, 1045 Ford Street

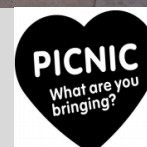
Send Articles to :

Kerry Hefta
khefta@comcast.net

Deadline for the August issue is July 20th



Summer Picnic Bear Creek Park



Southeast Corner of 21st St and West Rio Grande

June 20, 2021 (Father's Day) @ 12:00 Noon

Potluck picnic so bring your favorites: casseroles, meats, side dishes, buns, desserts, chips, dips, etc.

Lodge will provide drinks, plates, and hardware.

Join us for a time of fun, fellowship, and relaxation.

Please call Karen Ravnaas @ 719-390-0621 for a head-count and to reserve your place on the bench!



2021 Summer Schedule!!

Current El Paso County Covid masking and social distancing regulations are required for all events!



Fjellheim Event Calendar for June thru August 2021

Event	Date	Time	Place
Board Meetings	Wed: June 2, Aug 4	2 pm	Viking Lodge
Heritage Meetings	Wed: June 9, Aug 11	7 pm	Viking Lodge
**Ladies Dine Out	Thurs June 10th	11:30 am	Uwes Restaurant, 31 Iowa Ave, Col Spgs, Co *Details below
Fjellheim Picnic	Sun: June 20	Noon	Bear Creek Park
FMC Meeting	Wed Aug 11	6 pm	Viking Lodge
July Celebration and Bar-B-Que	Sat: July 10	Noon	Viking Lodge, back parking lot *See Page 3 of this Issue for details
Rosemaling	Sat: July 17	Noon to 4 pm	Viking Lodge * details below
**Cooking and Baking Club	Sat July 24	10 am—2pm	Viking Lodge * details below
Cripple Creek Melodrama OR Flying W Ranch dinner and music	Thurs: August 15* (TBD)	TBD	*Details and final decisions in later editions
Colorado Vibes Baseball (Tentative)	Wed: Aug 25 ** Date may change	TBD	Security Service Field, Colorado Springs, Co *More Info in later editions

Baking and Cooking at the Lodge

(Fjellheim Cooking Club)

Prior to the COVID shutdown several members had expressed an interest in having a cooking and baking group at the Lodge and we would now like to give it a try.

Would you like to learn how to make a traditional Norwegian recipe? Do you have a favorite recipe to share? Here's your chance.

We will have our first cooking and baking session on Saturday, July 24th from 10:00 – 2:00.

Our first endeavor will be Cream Cake/ Bløtkake.



If you'd like to join us for this first session, please call BJ at 719-440-3992.

The ingredients for the first meeting will be provided. There will be coffee and cake if all goes well.

Come and join us!

Ladies Dine OUT

Ladies Dine out is June 10th @ 11:30
@ Uwe's German Restaurant 31 Iowa Ave.

Please call Lois Halvorson 632-6003 to make your reservation by June 9th.



Rosemaling Update

We are planning to resume rosemaling instruction this summer. We will have classes at the Lodge on the 17th of July, Classes are from noon to 4:00 pm and on Saturdays.



The cost is \$20.00 for each session.

If you are interested in attending please call our instructor Cindy at 719-330-1275 or BJ at 719-440-3992.

June/July Presidents Corner

Hello all! It feels great to be starting to get back to our regular schedule!

Hope you all enjoyed the Fish Fry and Sytten de Mai celebrations. We are looking forward to some fellowship, fun and food at our Annual June picnic and at the July Lodge BBQ.

Unfortunately, the Scandinavian Midsummer Festival has been canceled this June and postponed until next year. So we will be looking forward to finally making lefse in the fall for the end of year festivities.



Thank goodness the sun is finally coming out and warming things up. I look forward to seeing members at all that we have planned throughout the next couple of months.

Fraternally, Becky Tamblyn



Let's have some fun and fellowship in July!

Fjellheim Lodge, Viking Hall

July "Parking lot" BBQ

July 10, 2021 @ 2:00 p.m.



Hamburgers, Hot Dogs, Chicken, Sides, Desserts, and
Drinks provided by the Lodge.



Donations requested to defray cost of food.

Please call Karen 719-390-0621 to sign-up

June Birthdays

Lisa N Johanson	Jun 3
Nicholas J Dickovich	Jun 4
Steven Babcock	Jun 5
Matthew H Disbrow	Jun 5
Curtis Lawrence Miller	Jun 6
Karl Kvam Schneider	Jun 7
Michael H Johaneson	Jun 8
Lori R Weaver	Jun 10
Daryl Wayne Lundquist	Jun 11
Peter Osburnsen	Jun 12
Desiree J Mach	Jun 23
Steven Phillip Erickson	Jun 25
Mildred Sullivan	Jun 29

Heritage and Youth

Ryan J Hollenbeck	Jun 4
Silje Ostrem	Jun 22

July Birthdays

Valerie B Lundy	Jul 3
Patricia C Rowe	Jul 3
Phylis J Smith	Jul 3
George C Gund	Jul 5
Terry L Mapstone	Jul 6
Grace P Johnson	Jul 7
Pamela Bakken-O'Neill	Jul 9
Maynard O Larson	Jul 10
Gerald L Rowe	Jul 12
Vivian I Johnson	Jul 13
Carol Hackett	Jul 16
Kathie Dawn Godsil	Jul 21
Susanne A Arens	Jul 26
Jeff B Calvin	Jul 28
Debbie Lee House	Jul 28
Joyce C Suter	Jul 30

Heritage and Youth

Thomas M Dickovich	Jul 4
Sam Schneider	Jul 9
Austin J Coltrin	Jul 19
Miranda G Coltrin	Jul 30



Sunshine Request:

Thank you to **Dave Haugen, Pat and Gerald Rowe, Ginny Johnson, Clarence Versluys and Dean Tollefson** for bringing your cards to me for Sunshine. They are beautiful and I greatly appreciate your help and these cards. If others have been cleaning out your home during the past year and are wondering what to do with excess birthday cards, Sunshine will be glad to take them and use for our member's birthdays. I will also take get well and sympathy cards. Please, no blank cards!

Tusen Takk, Fraternally Karen



Sunshine Report – June-July 2021



Happy Birthday and Happy Anniversary to all who are celebrating these special occasions during June and July 2021. Happy Flag Day (fly the red-white and blue), Happy Father's Day, and Happy 4th of July (bring out the flag again!). See you at the Summer picnic and also at our special picnic at the lodge in July.

Spencer Holland: Memorial Service was on May 22, @ 2:00 p.m, at Shrine of Remembrance. Our sincerest condolences go out to Spencer's family and friends.

Marje Erickson: As reported last month, Marje had wrist surgery; she is doing much better but is still in the healing process.

Terry Mapstone: Terry took a fall and broke a finger on his left hand; he has had surgery inserting 3 pins to help it heal. Then to add insult to injury, he got gout on his right foot; meds have relieved some of the pain but only time will take the swelling away.

Randi Babcock: Randi also had a fall; she landed on her face on a hard floor and was bruised all over. She is recovering, is feeling better, feels a little slow, but is getting better every day!

Bev Moe, Zone 8 Director: Bev also took a fall while walking Gunnar with her friends and their dogs in Denver. She broke her right ankle and has pins to hold it in place. She is on the mend but it will take time.

We wish them all well on their road to recovery.

Quote for the month: "Just living is not enough" said the butterfly, "one must have sunshine, freedom, and a little flower." - Hans Christian Andersen

Fraternally, Karen Ravnaas, Sunshine Director 719-390-0621



Hipp Hipp Hurra For 17 Mai

Event hosted by Fjellidalen Lodge on May
16, 2021

Sterne Park, Littleton, Co
Bunad Parade, Hot Dogs, Lefse, Ice
Cream! What's not to like!

Fjellheim members are beginning to enjoy friends of the lodge and events we have not been able to have for a year or two. Top, we have pictures of Randy Johnson, Kerry Hefta, and Kristie Brindle participating in the Syttendi Mai celebration .

The spring **Fish Fry** was a **huge** success, with sixty-six people enjoying the meal.

Pictures from the Fish Fry start right clockwise: Matthew Disbrow, Don Speas, Sissel Disbrow, Ferman Brown, and Sharon Martinez having fun while patiently waiting to be served their fish dinner. Then Kenny Halvorson tending the bar, Joyce Suter enjoying her dinner and finally Mike Johaneson frying the fish,

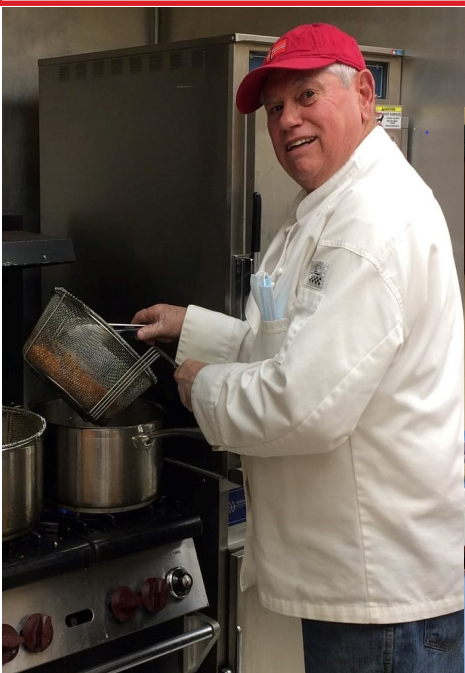
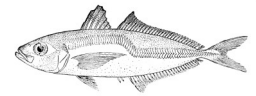
The comments were positive and everyone **LOVED** the fish. Good job to all who made this event so successful.

Tusen Takk.

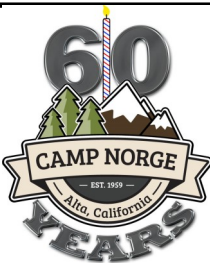


Fjellheim's Walleye Fish Fry

May 22, 2021



Sixth District Recreation Center Century Club Update



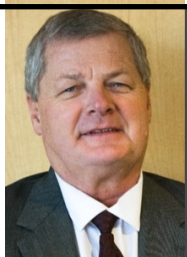
In 1996, after touring Camp Norge as part of the District 6 Convention held in Sacramento, the idea was born to raise funds to help with much-needed maintenance at the Camp. The founders of the Century Club were President Roger Merrill, Vice President Karin Brevig, Secretary Sherrill "Swede" Swenson, Treasurer Joe Rasmussen, and Publicity Director Lynn Lende; and the Directors at Large Ola Brevig, Ordale Johnson, Bob Olson and Asbjorn Rostad. The purpose of the club was to raise funds to be used for the support of the Sons of Norway Sixth District Recreation Center. The name "Century" was decided based on the goal of having at least 100 members per year donate \$100.00. One half of each year's funds went direct to the Recreation Center Board and the other half was invested for future needs.

Now 25 years later, the present Board of Directors of Century Club made the decision to turn over all funds on-hand to the Sixth District Recreation Center Board. The ages of many current directors and the lack of interest from members wanting to volunteer to serve on the current Board forced the decision to hand over the operation direct to Camp Norge. As of July 1, 2021, the Recreation Center Board will become the Board of Directors of the Century Club. New bylaws will be written to reflect the change of leadership of the Century Club Board and to establish when and where the Board will meet. They will continue operating Century Club using the formula of half of the yearly contributions are used for maintenance and the other half will be invested.

On behalf of the current Century Club Board Members, past and present, I thank all the members, friends and lodges who have generously made yearly contributions. These donations made it possible to maintain our "Jewel in the Sierras". Please continue sending your yearly donation of \$100 direct to the Recreation Center Board. As the Camp ages, the need and cost of maintenance grows. Century Club purpose and goals will continue under the leadership of the Recreation Center Board. You may be confident that Century Club will continue to exist under new leadership. Members can expect to hear from the Recreation Center Board in the near future.

Again, thank you for all your support to our beautiful camp and the Century Club.

Ordale Johnson, President



Kendall Kjerstad

**Financial
Benefits
Counselor**



FJELLHEIM - 2021 OFFICERS

Board of Directors

President	Becky Tamblyn	271-3631
Vice-President	Kerry Hefta	
Counselor	Kerry Hefta	266-9429
Secretary	Randi Babcock	377-0336
Treasurer/Finance	Terry Mapstone	351-5644
Membership	Kathie Godsil	266-9592

Program Directors

Sunshine	Karen Ravnaas	390-0621
Cultural Coordinator	Jean Luce-Hagen	661-7667
Social Coordinator	Kathie Godsill	266-9592

Support Officers

Greeters	Lois Halvorson Cleo Allgood	632-6003 598-1982
Marshall	Leonard Beasley David Haugen	471-1801 599-0810
Editor	Kerry Hefta	266-9429
Web Page & Facebook	Randy Johnson	260-7028
Musician	Sonja Gund	473-9588
Publicity	Eunice Bluhm Randy Johnson	351-3554 260-7028
Librarian	Sonja Gund	473-9588
Viking Sisters	TBD	

Committees/Special Activities

Auditors	Dean Tollefson Ole Bakken Sara Berge	473-1110 632-3892 495-2134
Financial Benefits	Kendall Kjerstad	605 939-1714 or 970-697-1114

Fjellheim Management Corporation (FMC)

Directors	Karen Ravnaas Jeff Calvin Paul Wiig Jerry Maines John Larson	390-0621 331-8575 596-6159 282-0253 570-0043
Trustees	Terry Mapstone Jerry Johnson	351-5644 495-0253

Colorado Zone 8 Director Beverly Moe 720-746-9755
bevm259@comcast.net

District 6 President Luella Grangaard 760-363-7704
morongo2@verizon.net

Sons of Norway Board Mary Beth Ingvaldstad 707-987-2404
mbingvaldst@aol.com

Sons of Norway

Monthly Newsletter

Kerry Hefta, Editor

Viking Hall—Fjellheim 6-107


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