Guidance for Industry

Drug Interaction Studies — Study Design, Data Analysis, Implications for Dosing, and Labeling Recommendations

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U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (CDER)

> February 2012 Clinical Pharmacology

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U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (CDER)

> February 2012 Clinical Pharmacology

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I. INTRODUCTION

This guidance provides recommendations for sponsors of new drug applications (NDAs) and 19 20 biologics license applications (BLAs) for therapeutic biologics regulated by CDER regarding in *vitro* and *in vivo* studies of drug metabolism, drug transport, and drug-drug or drug-therapeutic 21 protein interactions. Drug interactions can result when one drug alters the pharmacokinetics of 22 another drug or its metabolites. Drug interactions also can reflect the additive nature of the 23 pharmacodynamic effect of either drug when taken with the other drug. The main focus of this 24 guidance is pharmacokinetic drug interactions. This guidance reflects the Agency's view that 25 the pharmacokinetic interactions between an investigational new drug and other drugs should be 26 defined during drug development, as part of an adequate assessment of the drug's safety and 27 effectiveness. It is important to understand the nature and magnitude of drug-drug interactions 28 29 (DDI) for several reasons. Concomitant medications, dietary supplements, and some foods, such as grapefruit juice, may alter metabolism and/or drug transport abruptly in individuals who 30 previously had been receiving and tolerating a particular dose of a drug. Such an abrupt 31 alteration in metabolism or transport can change the known safety and efficacy of a drug. 32 33 FDA's guidance documents, including this guidance, do not establish legally enforceable 34 responsibilities. Instead, guidances describe the Agency's current thinking on a topic and should 35 be viewed only as recommendations, unless specific regulatory or statutory requirements are 36 cited. The use of the word *should* in Agency guidances means that something is suggested or 37 recommended, but not required. 38

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¹ This guidance has been prepared by the Drug-Drug Interaction Working Group in the Office of Clinical Pharmacology, Office of Translational Sciences, in the Center for Drug Evaluation and Research (CDER), with input from other offices in CDER.

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41 II. SUMMARY OF GUIDANCE

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The key recommendations for sponsors to consider when evaluating drug-drug interactions
 during drug development are listed below. The various sections of this guidance provide more
 details for each recommendation.

46

Interactions between an investigational new drug and other drugs should be defined during drug development, as part of an adequate assessment of the drug's safety and effectiveness. The objective of drug-drug interaction studies is to determine whether potential interactions between the investigational drug and other drugs exist and, if so, whether the potential for such interactions indicates the need for dosage adjustments, additional therapeutic monitoring, a contraindication to concomitant use, or other measures to mitigate risk.

53

Development of a drug should include identification of the principal routes of elimination,
 quantitation of the contribution by enzymes and transporters to drug disposition, and
 characterization of the mechanism of drug-drug interactions.

57

Sponsors who believe a complete evaluation of the potential for drug-drug interactions is not necessary for an investigational drug because of the target population and likely co-administered drugs should contact the Office of Clinical Pharmacology and the clinical division in the Office of New Drugs.

62

This guidance and its appendices include numerous decision trees intended to help sponsors determine what types of drug-drug interaction studies may be needed (see Figures 2 through 7 and Appendix Figures A-1 through A-6).

66

The study of drug-drug interaction for a new drug generally begins with in vitro studies to determine whether a drug is a substrate, inhibitor, or inducer of metabolizing enzymes. The results of in vitro studies will inform the nature and extent of in vivo studies that may be required to assess potential interactions. Along with clinical pharmacokinetic data, results from in vitro studies may serve as a screening mechanism to rule out the need for additional in vivo studies, or provide a mechanistic basis for proper design of clinical studies using a modeling and simulation approach.

74

When testing an investigational drug for the possibility that its metabolism is inhibited or
 induced (i.e., as a substrate), selection of the interacting drugs should be based on in vitro or
 in vivo studies identifying the enzyme systems that metabolize the investigational drug. The
 choice of the interacting drug can then be based on known, important inhibitors and inducers
 of the pathway under investigation. Strong inhibitors and inducers provide the most sensitive
 assessment and should generally be tested first (see section V.C).

81

If potential drug-drug interactions are identified based on in vitro and/or in vivo studies,
 sponsors should design further studies or collect information to determine (1) whether

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84		additional studies are needed to better quantify the effect and to examine the effects of
85		drugs as substrates and effects of investigational drugs (as inhibitors) on a range of
80		alugs as substrates and effects of investigational drugs (as initiations) on a range of substrates, and (2) whether decase adjustments or other prescribing modifications (a g
8/		substrates, and (2) whether dosage adjustments of other prescribing modifications (e.g.,
88		additional safety monitoring or contraindications) are needed based on the identified
89		interaction(s) to avoid undesired consequences.
90		
91 92	•	The potential for drug interactions with metabolites of investigational drugs (metabolites present at $\geq 25\%$ of parent drug AUC) should be considered (see section IV.A.3).
93		
94	•	Metabolic drug-drug interactions should also be explored for investigational drugs that are
95 95		not eliminated significantly by metabolism because such drugs can inhibit or induce a co-
96		administered drug's metabolic pathway (see section IV A 1)
97		
98	•	When evaluating a new drug as a potential cytochrome P450 (CYP) enzyme inhibitor,
99		sponsors should consider a stepwise, model-based evaluation of metabolism-based
100		interactions (from basic model for initial assessment to more mechanistic models including
101		physiologically-based pharmacokinetic (PBPK) modeling) (see section IV.A.1). The criteria
102		used for assessing "equivalence" (e.g., predicted AUC ratio of 0.8-1.25 using population-
103		based PBPK models) may be used as an initial cutoff in deciding whether in vivo studies are
104		needed. The criteria discussed in this guidance document are suggested values. We are open
105		to discussion based on sponsors' interpretation.
106		
107		- PBPK is a useful tool that can help sponsors (1) better design drug-drug interaction
108		studies, including dedicated trials and population pharmacokinetic studies, and (2)
109		quantitatively predict the magnitude of drug-drug interactions in various clinical
110		situations. PBPK models also may offer useful alternatives to dedicated clinical
111		studies.
112		
113		- When submitting PBPK studies to CDER, sponsors should provide details of model
114		assumptions, physiological and biological plausibility, the origin of the parameters,
115		and information on uncertainty and variability.
116		
117	•	The evaluation of CYP enzyme induction should begin with studies of CYP1A2, CYP2B6,
118		and CYP3A in vitro (Figure 4). If the in vitro induction results are positive according to
119		predefined thresholds using basic models, the investigational drug is considered an enzyme
120		inducer and further in vivo evaluation may be warranted. Alternatively, a sponsor can
121		estimate the degree of drug-drug interactions using mechanistic models to determine the need
122		for further in vivo evaluation (see section IV.A 1 b-3)
123		
124		- It should be noted that there may be mechanisms of induction that are presently
125		unknown Therefore a potential human teratogen needs to be studied in vivo for
126		effects on contracentive steroids if the drug is intended for use in fertile women
120		and the set of the set

regardless of in vitro induction study results.

128		
129 130	•	In addition to CYPs, other metabolizing enzymes (e.g., uridine diphosphate (UDP)- glucuronosyl transferases (UGTs)) that may be important for the drugs under evaluation
131		should also be considered (see section IV A 1)
132		
132	•	A number of transporter-based interactions have been documented in recent years (see Table
134		1, section 111.B.2).
135		
136 137		- All investigational drugs should be evaluated in vitro to determine whether they are a potential substrate of P-glycoprotein (P-gp) or Breast Cancer Resistance Protein
138		(BCRP) (see Figure 6, left panel, section IV.A.2). Investigational drugs should be
139		evaluated in vitro to determine whether they are a substrate of hepatic uptake
140		transporters Organic Anion Transporting Polypeptide 1B1(OATP1B1) or OATP1B3
141		when their hepatic pathway is significant (see Figure 6, middle panel, section
142		IV.A.2). Similarly, investigational drugs should be evaluated in vitro to determine
143		whether they are a substrate of Organic Aniton Transporter 1 (OAT1) or OAT3 or
144		Organic Cation Transporter 2 (OCT2) when renal active secretion is important
145		(Figure 6, right panel, section IV.A.2).
146		
147		- Because there have been clinically significant interactions demonstrated for critical
148		drugs that are known substrates for P-gp (e.g., digoxin), BCRP (e.g., rosuvastatin),
149		OATP1B1/OATP1B3 (e.g., statin drugs), OAT1/OAT3 (e.g., methotrexate, tenofovir)
150		and OCT2 (e.g., metformin), evaluation of investigational drugs as inhibitors for
151		these transporters should be conducted (see section IV A 2)
152		
153		- The need for further in vivo drug interaction studies based on in vitro evaluation will
155		be based on the criteria described in the decision trees in Figures A1-A6 in the
155		Annendix
155		Appendix.
157	•	Because of the lack of a validated in vitro system to study transporter induction, the
158		definitive determination of induction potential of an investigational drug on transporters is
159		based on in vivo induction studies. The sponsor should consult with CDER about studying
160		induction of transporters in vivo.
161		
162	•	Human clinical studies to assess drug-drug interactions may include simultaneous
163		administration of a mixture of substrates of multiple CYP enzymes and transporters in one
164		study (i.e., a "cocktail approach") to evaluate a drug's inhibition or induction potential (see
165		section V.C.3). Negative results from a well-conducted cocktail study may eliminate the
166		need for further evaluation of particular CYP enzymes and transporters. However, positive
167		results may indicate that further in vivo evaluation should be conducted.
168		
169 170 171	•	The potential for interactions with drug products should be considered for certain classes of therapeutic proteins (TPs) (see Figure 7, section IV.B.2).

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172 173 174 175 176	- If an investigational TP is a cytokine or cytokine modulator, studies should be conducted to determine the TP's effects on CYP enzymes or transporters. The in vivo evaluations of TPs in targeted patient populations can be conducted with individual substrates for specific CYP enzymes and transporters, or studies can be conducted using a "cocktail approach" (see section V.C.3).
177 178 179 180 181	- For TPs that will be used in combination with other drug products (small molecule or TP) as a combination therapy, studies should evaluate the effect of each product on the other. This evaluation is particularly important when the drug used in combination has a narrow therapeutic range.
182 183 184 185 186	- When there are known mechanisms or prior experience with certain PK or PD interactions for other similar TPs, appropriate in vitro or in vivo assessments for possible interactions should be conducted.
 187 188 189 190 191 192 103 	Refer to section V for information regarding in vivo drug interaction study design. The section also contains tables on classification of in vivo inhibitors (Table 3) or inducers for CYP enzymes (Table 4), examples of sensitive in vivo CYP substrates and CYP substrates with narrow therapeutic ranges (Table 5), examples of in vivo inhibitors and inducers of selected transporters (Table 6), examples of in vivo substrates of selected transporters (Table 7) and examples of in vivo CYP3A and P-gp inhibitors and their relative potency (Table 8).
193 194 195 196 197	 Simulations (e.g., by population-based PBPK models) can provide valuable insight into optimizing the study design (see section IV.A.1). Detailed information on the dose given and time of administration should be
198 199 200	documented for the co-administered drugs. When relevant for the specific drug, the time of food consumption should be documented.
201 202 203 204 205 206 207 208 209	- Population pharmacokinetic (PopPK) analyses of data obtained from large-scale clinical studies that include sparse or intensive blood sampling can help characterize the clinical impact of known or newly identified interactions and determine recommendations for dosage modifications for the investigational drug as a substrate (section V.B). DDI analyses using a population PK approach should focus on excluding a specific clinically meaningful PK change. Because exposure of co-administered drugs is not monitored in most PopPK studies, the PopPK approach may not be useful to assess the effect of the investigational drugs on other drugs.
 210 211 212 213 214 215 	The likelihood of drug interactions in specific populations (e.g., patients with organ impairment, and pediatric and geriatric patients) should be considered on a case-by-case basis. PBPK modeling (if well verified for intended purposes) can be helpful to guide the determination of the need to conduct population-specific studies (see "Populations" in section V.B and "Complex Drug Interactions" section V.C.4).

-15

- 216 Additional study design issues are discussed throughout the guidance (e.g., route of administration (section V.D), dose selection (section V.E), defining endpoints (section V.F), 217 and statistical considerations (section V.G)). 218 219 Labeling recommendations with regard to drug interactions are described in section VI. 220 ٠ 221 _ A forest plot is considered a useful tool for presenting changes in pharmacokinetic 222 exposure measures by various intrinsic and extrinsic factors including drug 223 224 interactions in the PHARMACOKINETIC subsection of the labeling (see Figure 8, section VI). 225 226 If the sponsor wishes to include a statement in the labeling that no known drug-drug 227 interaction of clinical significance exists, the sponsor should recommend specific no 228 effect boundaries, or clinical equivalence intervals, for a drug-drug interaction and 229 should provide the scientific justification for the recommendations. No effect 230 boundaries represent the interval within which a change in a systemic exposure 231 measure is considered not clinically meaningful. These conclusions can be based on 232 exposure-response or dose-response data. 233 234 Sponsors are encouraged to communicate with the Office of Clinical Pharmacology or the 235 236 appropriate clinical review divisions within CDER regarding questions about drug interactions, in particular when 237 238 Using mechanistic or PBPK models for the prediction of drug-drug interactions 239 including evaluation of complex drug-drug interactions 240 - Determining the need to evaluate drug interactions with non-CYP enzymes or 241 additional transporters that are not included in the decision trees 242 Determining drug-drug interaction studies involving TPs. 243 -244 245 246 247 III. BACKGROUND 248 **Relevance of Drug Interactions** 249 A. 250 The desirable and undesirable effects of a drug are related to its concentration at various sites of 251 action, which is usually related to the blood or tissue concentration of the drug. The blood or 252 tissue concentrations resulting from a dose are determined by the drug's absorption, distribution, 253 metabolism, and excretion (ADME). Elimination of a drug or its active metabolites occurs either 254
- by metabolism to an inactive metabolite that is excreted, or by direct excretion of the drug or active metabolites. The kidneys and liver are responsible for most drug excretion. Drug
- 257 interactions related to metabolism and excretion are well-recognized, but effects related to
- transporters are being documented with increasing frequency and are, therefore, important to
- consider in drug development. Therapeutic proteins may be eliminated through a specific

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interaction with cell surface receptors, followed by internalization and lysosomal degradation 260 within the target cell. 261 262 The overall objective of interaction studies for a new drug is to determine: 263 264 • whether any interactions are sufficiently large to necessitate a dosage adjustment of the 265 drug itself or of the drugs with which it might be used, 266 • whether any interactions calls for additional therapeutic monitoring, or 267 • whether there should be a contraindication to concomitant use when lesser measures 268 269 cannot mitigate risk. 270 In some instances, understanding how to adjust a dose or dosage regimen in the presence of an 271 interacting drug, or how to avoid drug-drug interactions, may allow marketing of a drug that 272 would otherwise have an unacceptable level of risk. In a few cases, consequences of an 273 interaction have led to the conclusion that the drug could not be marketed safely. In almost all of 274 these cases, that conclusion was strengthened by the availability of alternative drugs with lower 275 risks for interactions. Several drugs have been withdrawn from the market because of significant 276 drug interactions that led to QT prolongation and Torsades de Pointes (TdP) arrhythmias, after 277 warnings in drug labels did not adequately manage the risk of drug interactions. For example, 278 terfenadine and astemizole, two early nonsedating antihistamines metabolized by CYP3A, were 279 280 withdrawn after labeling failed to reduce cases of TdP sufficiently, because fexofenadine and loratadine fulfilled the need for nonsedating antihistamines that had no risk of TdP. Cisapride, a 281 CYP3A metabolized drug, was withdrawn because its gastrointestinal benefits were not felt to 282 outweigh its TdP risk. A fourth drug, mibefradil (a calcium channel blocker similar to verapamil 283 and diltiazem) was a strong CYP3A inhibitor and, when used with simvastatin, caused 284 rhabdomyolysis because of markedly increased simvastatin exposure. 285 286

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288 B. Drug Interaction Considerations for Small Molecule Drugs

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The main focus of this guidance is pharmacokinetic drug interactions. The drug development 290 291 process should include evaluation of a new drug's potential to affect the metabolism or transport of other drugs and the potential for the new drug's metabolism or transport to be affected by 292 293 other drugs. Use of in vitro tools to determine whether a drug is a substrate, inhibitor, or inducer 294 of metabolizing enzymes, followed by in vivo interaction studies to assess potential interactions, has become an integral part of drug development and regulatory review. In addition to the 295 evaluation of metabolic drug interactions, the role of transporters in drug interactions should be 296 evaluated. This section will separately discuss drug-drug interactions at the levels of 297 metabolizing enzymes and transporters, and also consider situations when multiple drug-drug 298 interaction mechanisms are present. 299 300

- 301 1. Metabolism-Based Drug-Drug Interactions
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Hepatic metabolism occurs primarily through the cytochrome P450 family (CYP) of enzymes located in the hepatic endoplasmic reticulum, but may also occur through non-CYP enzyme systems, such as glucuronosyl- and sulfo-transferases, which can, in general, inactivate a drug and increase its renal elimination. Some drug metabolizing enzymes are present in the gut wall and other extrahepatic tissues, in addition to the liver.

Many metabolic routes of elimination can be inhibited or induced by concomitant drug 309 treatment. Metabolic drug-drug interactions can cause substantial changes — an order of 310 magnitude or more decrease or increase in the blood and tissue concentrations of a drug 311 or metabolite — and can affect the extent to which toxic or active metabolites are 312 formed. These large changes in exposure can alter the safety and efficacy profile of a 313 drug and its active metabolites, regardless of whether the drug has a narrow therapeutic 314 range (NTR). For example, certain HMG-CoA reductase inhibitors (e.g., lovastatin, 315 simvastatin) that are extensively metabolized by CYP3A can have a 10-fold or more 316 increase in blood levels when their metabolism is inhibited by co-administration with 317 strong CYP3A inhibitors such as mibefradil or ketoconazole, or even moderate inhibitors 318 such as erythromycin. Although the HMG-CoA reductase inhibitors are not NTR drugs. 319 the blood level increases caused by interactions between HMG-CoA reductase inhibitors 320 and CYP3A inhibitors can cause myopathy and in some cases rare and life-threatening 321 rhabdomyolysis. 322

In addition to evaluating a drug as a substrate of an enzyme that another drug may inhibit or induce, it is important to determine whether an investigational drug significantly affects the metabolic elimination of drugs already in the marketplace. Metabolic drugdrug interactions should be explored for investigational drugs that are not eliminated significantly by metabolism because such drugs can inhibit or induce a co-administered drug's metabolism pathway.

Drug-drug interactions can differ among individuals based on genetic variation of a 331 polymorphic enzyme. For example, a strong CYP2D6 inhibitor (e.g., fluoxetine) will 332 increase the plasma levels of a CYP2D6 substrate (e.g., atomoxetine) in subjects who are 333 extensive metabolizers (EM) of CYP2D6, but will have minimal effect in subjects who 334 335 are poor metabolizers (PM) of CYP2D6, because these individuals have no active enzyme to inhibit. It is noted that CYP2D6 PMs will already have greatly increased 336 levels of atomoxetine if given usual doses. There are also situations where inhibition 337 may have a greater effect in PMs than EMs. If a drug is metabolized by a minor pathway 338 (nonpolymorphic enzyme) and a major pathway (polymorphic enzyme), inhibition of the 339 minor pathway will usually have minimal effect on plasma concentrations in EMs. 340 However, the minor pathway plays a greater role in clearance of the drug in PMs of the 341 major pathway. Thus, inhibition of the minor pathway in PMs of the major pathway can 342 have a significant effect on drug clearance and resulting drug concentrations. Therefore 343 studying the effect of interactions may be recommended in subjects with varied 344 genotypes or phenotypes. 345

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2. Transporter-Based Drug-Drug Interactions

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349	Although less well-recognized than metabolizing enzymes, membrane transporters can
350	have important effects on pharmacokinetics and drug exposure. To date, most identified
351	transporters belong to one of two superfamilies: ATP-Binding Cassette (ABC) and
352	Solute Carrier (SLC). Transporters govern the transport of solutes (e.g., drugs and other
353	xenobiotics) in and out of cells. In contrast to metabolizing enzymes, which are largely
354	concentrated in the liver and intestine, transporters are present with varying abundance in
355	all tissues in the body and play important roles in drug distribution, tissue-specific drug
356	targeting, drug absorption, and elimination. For example, recent research indicates an
357	important role of transporters in the absorption, distribution, and excretion of drugs (see
358	Figure 1 below and Table 1). Transporters can also work in concert with metabolizing
359	enzymes and play a role in drug metabolism.
360	

362Figure 1. Illustration of Examples of Efflux and Uptake Transporters in the Gut363Wall (A), Liver (B), and Kidneys (C) that May Be Involved in a Drug's Absorption,364Distribution, Metabolism, and Excretion.

361

365



366 Abbreviations: MRP: multidrug resistance associated protein; PEPT1, peptide transporter 1; OATP: 367 organic anion transporting polypeptide; OAT: organic anion transporter; OCT: organic cation transporter; 368 BCRP: breast cancer resistance protein; MDR1: multidrug resistance 1(P-glycoprotein (P-gp)); MATE: 369 370 multidrug and toxic compound extrusion protein (Adapted from Huang S-M, Lesko LJ, and Temple R, "Adverse Drug Reactions and Pharmacokinetic Drug Interactions," Chapter 20, Adverse Drug Reactions 371 372 and Drug Interactions in Part I (Section 4), *Pharmacology and Therapeutics: Principles to Practice*, 373 Waldman SA and Terzic A, Eds., Elsevier, 2009). 374

A number of transporter-based interactions have been documented in recent years. Analogous to drug interactions mediated by P450 enzymes, co-administration of a drug that is an inhibitor or an inducer of a drug transporter may affect the pharmacokinetics of a drug that is a substrate for that transporter. It has been shown that various drugs (e.g., quinidine, verapamil, itraconazole) increase plasma levels of digoxin by inhibiting the efflux transporter, P-gp, at the intestinal level. Plasma levels of many HMG-CoA reductase inhibitors, including rosuvastatin, pravastatin, and pitavastatin, are increased by

382	co-administration of inhibitors of hepatic uptake transporters (e.g., OATP1B1), such as
383	cyclosporine and single dose rifampin. For example, co-administration of cyclosporine
384	increases the area under the plasma concentration-time curve (AUC) of pravastatin,
385	rosuvastatin, and pitavastatin by 10-fold, 7-fold, and 5-fold, respectively. This effect and
386	a number of other transporter interactions are shown in Table 1 below. Because these
387	statins are not significantly metabolized, the interactions appear to result from inhibition
388	of transporters, including OATP1B1. Table 1 also shows a substantial effect of
389	lopinavir/ritonavir on bosentan, which is potentially important because of bosentan's
390	dose-related hepatotoxicity. Probenecid increases plasma concentrations of cidofovir,
391	furosemide, and acyclovir because it inhibits their active renal tubular secretion by the
392	transporters OAT1 and OAT3. Table 1 lists additional clinically relevant transporter-
393	based drug-drug interactions.
394	
395	Transporters can affect the safety profile of a drug by affecting the concentration of a
396	drug or its metabolites in various tissues. An example of transporter-mediated effects on
397	drug toxicity involves the drug cidofovir. This antiviral drug causes nephrotoxicity;
398	however, when administered with probenecid, an inhibitor of organic anion transport in
399	the kidney, the uptake of cidofovir into the renal tubular cell is blocked and
400	nephrotoxicity is reduced. Another example involves simvastatin, polymorphism of
401	OATP1B1 was found to correlate with the prevalence of myopathy in patients receiving
402	simvastatin. Transporter-based drug interactions and the potential effect of drug
403	transporters on safety make it important to determine whether transporters affect the
404	absorption and disposition of an investigational drug and whether the investigational drug
405	can affect the absorption and disposition of other drugs through an effect on transporters.
406	
407	3. Multiple Drug-Drug Interaction Mechanisms
408	
409	The above sections separately discuss drug-drug interactions related to effects on
410	enzymes and transporters, but drug interactions for a specific drug may occur based on a
411	combination of mechanisms. Such "complex drug interaction" scenarios include, but are
412	not limited to:
413	
414	 Concurrent inhibition and induction of one enzyme or concurrent inhibition of
415	enzyme and transporter by a drug
416	• Increased inhibition of drug elimination by the use of more than one inhibitor of the
417	same enzyme that metabolizes the drug
418	• Increased inhibition of drug elimination by use of inhibitors of more than one enzyme
419	that metabolizes the drug
420	• Inhibition by a drug and its metabolite or metabolites, both of which inhibit the
421	enzyme that metabolizes the substrate drug
422	• Inhibition of an enzyme other than the genetic polymorphic enzyme in poor
423	metabolizers taking substrate that is metabolized by both enzymes
424	• Use of enzyme/transporter inhibitors in subjects with varving degrees of impairment
425	of drug eliminating organs (e.g., liver or kidney)

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When there are multiple factors that affect clearance and multiple mechanisms of drug–
drug interactions, the prediction of in vivo interactions from results of in vitro assessment
is challenging. Modeling and simulations accounting for multiple mechanisms can be
helpful in the design of clinical studies to inform the potential for drug interaction or
prediction of the extent of interactions (see section V.C.4).

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Table 1. Selected Transporter^a-Mediated Clinical Significant Drug-Drug Interactions

Gene	Aliases ^a	Tissue	Function	Interacting Drug	Substrate (Affected Drug)	Changes in Substrate Plasma AUC (AUC ratios)
ABC Transp	porters of clinical impor	tance in the absorption, disposition, and excretion of	f drugs			
ABCB1	P-gp, MDR1	Intestinal enterocyte, kidney proximal tubule, hepatocyte (canalicular), brain endothelia	Efflux	Dronedarone Quinidine	Digoxin Digoxin	2.6-fold 1.7-fold
				Ranolazine	Digoxin	1.6-fold
				Tipranavir/Ritonavir	Loperamide	0.5-fold
				Tipranavir/Ritonavir	Saquinavir/Ritonavir	0.2-fold
ABCG2	BCRP	Intestinal enterocyte, hepatocyte (canalicular), kidney proximal tubule, brain endothelia, placenta, stem cells, mammary gland (lactating)	Efflux	GF120918	Topotecan	2.4-fold
SLC Transp	orters of clinical import	tance in the disposition and excretion of drugs				
SLCO1B1	OATP1B1 OATP-C OATP2	Hepatocyte (sinusoidal)	Uptake	Lopinavir/ritonavir Cyclosporine	Bosentan Pravastatin	5-48 fold ^c 9.9-fold
	LSI-I			dose)	Glyburide	2.3-fold
SLCO1B3	OATP1B3, OATP-8	Hepatocyte (sinusoidal)	Uptake	Cyclosporine	Rosuvastatin ^{d, e}	7.1- fold ^d
				Cyclosporine Lopinavir/ritonavir	Pitavastatin ^d Rosuvastatin ^d	4.6-fold 2.1-fold
SLC22A2	OCT2	Kidney proximal tubule	Uptake	Cimetidine	Dofetilide	1.5-fold
				Cimetidine	Pindolol Metformin	1.5-fold
SLC22A6	OAT1	Kidney proximal tubule, placenta	Uptake	Probenecid	Cephradine	3.6-fold
				Probenecid	Cidofovir	1.5-fold
				Probenecid	Acyclovir	1.4-fold
SLC22A8	OAT3	Kidney proximal tubule, choroid plexus, brain endothelia	Uptake	Probenecid	Furosemide ^f	2.9-fold

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- 436 ^a Abbreviations: BCRP, breast cancer resistance protein; P-gp, p-glycoprotein; MDR, multidrug resistance: LST, liver-specific transporters; OATP, organic anion transporting
- 437 polypeptide; OCT, organic cation transporter; OAT, organic anion transporter
- 438 ^b Implicated transporter refers to the likely transporter; however, because the studies are in vivo, it is not possible to assign definitively specific transporters to these interactions.
- 439 ^c Minimum predose plasma level (C_{trough}) data from Day 4 (48-fold), Day 10 (5-fold) after co-administration.
- ^d Interaction could be partly mediated by OATP1B1.
- ^e Interaction could be partly mediated by BCRP.
- 442 ^f Interaction could be partly mediated by OAT1.

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444 C. Drug Interaction Considerations for Therapeutic Proteins

445

446 Therapeutic proteins (TPs) typically do not undergo metabolism or transport as their clearance pathway, therefore the potential is limited for small molecule drugs (termed 447 "drug" in this document) to affect TPs through metabolism or transport pathways. 448 However, a drug may affect the clearance of TPs through the drug's effect on 449 450 immunogenicity (e.g., methotrexate reduces the clearance of infliximab, possibly due to methotrexate's effect on the antibodies formed against infliximab). In addition, TPs that 451 are cytokines or cytokine modulators may modify the metabolism of drugs that are 452 substrates for P450 enzymes through their effects on the regulation pathways of P450 453 enzymes. For example, cytokines such as IL-6 can produce concentration-dependent 454 inhibition on various CYP isoforms at the transcription level or by alteration of CYP 455 enzyme stability in patients with infection or inflammation, and increase the plasma 456 457 concentrations of specific CYP substrate drugs. In contrast, cytokine modulators such as tocilizumab (anti-IL-6 receptor antibody) may reverse the apparent "inhibition" effect of 458 the cytokines on CYP substrates, resulting in a "normalization" of CYP activities. 459 460

General points to be considered for evaluation of TP-drug interactions are discussed insection IV.B.2.

463

464

465 IV. GENERAL STRATEGIES

466

Development of a drug should include identification of the principal routes of 467 elimination, quantitation of the contribution by enzymes and transporters to drug 468 disposition, and characterization of the mechanism of drug-drug interactions. The 469 quantitative assessment of drug-drug interaction potential for an investigational drug 470 employs a variety of models including basic models, mechanistic static models, and more 471 472 comprehensive dynamic models (e.g., physiologically-based pharmacokinetic (PBPK) 473 models). Appropriately designed pharmacokinetic studies, usually performed in the early phases of drug development, can provide important information about metabolic and 474 excretory routes of elimination, their contribution to overall elimination, and metabolic or 475 transporter-mediated drug-drug interactions. Together with information from in vitro 476 studies, these in vivo investigations can be used for PBPK model construction and 477 refinement. Quantitative assessment of the findings from these studies helps address key 478 479 regulatory questions regarding whether, when, and how to conduct further clinical drugdrug interaction studies. In many cases, negative findings from early in vitro and clinical 480 studies eliminate the need for later clinical investigations of drug-drug interaction 481 potential. If potential drug-drug interactions are identified based on in vitro and/or in 482 483 vivo studies, sponsors should design further studies or collect information to determine (1) whether additional studies are needed to better quantify the effect and to examine the 484 effects of weaker inhibitors (early studies usually examine strong inhibitors) on the 485 investigational drugs as substrates and effects of investigational drugs (as inhibitors) on a 486 range of substrates, and (2) whether dosage adjustments or other prescribing 487

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- 488 modifications (e.g., additional safety monitoring or contraindications) are needed based
- on the identified interaction(s) to avoid undesired consequences. Further 489
- 490 recommendations about the types of in vivo studies that should be conducted in certain
- circumstances appear in section V of this guidance. 491
- 492
- Drug interaction information is used along with information about exposure-response 493 relationships in the general population and specific populations, to help predict the 494 clinical consequences of drug-drug interactions. 495
- 496

A. In Vitro Studies 497

498 499 Findings from in vitro metabolism, transport, and drug interaction studies are valuable in quantitatively assessing the drug-drug interaction potential of an investigational drug. 500 501 Along with clinical pharmacokinetic data, results from in vitro studies can serve as a screening mechanism to rule out the need for additional in vivo studies, or provide a 502 mechanistic basis for proper design of clinical studies using a modeling and simulation 503 approach. Considerations critical for conducting in vitro studies include, but are not 504 505 limited to, appropriately validated experimental methods, choice of test systems, and rational selection of substrate/interacting drug and their concentrations. 506

- 507 508
- 1.
- 509
- In Vitro Metabolism Studies
- Figure 2 below shows a decision tree that describes when in vivo metabolism-510 based interaction studies are indicated, based on in vitro metabolism, in vitro 511
- 512 drug-drug interaction, and/or other appropriate pharmacokinetic data.

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Figure 2. Metabolism-Based Drug-Drug Interaction Studies — Decision Tree



513

- ^{*} Other Phase I enzymes (CYP and non-CYP) are discussed in section IV.A.1.a.
- ^b Results from in vitro enzyme phenotyping experiments, human pharmacokinetic studies such as an intravenous study, a mass-balance study, and
- 519 pharmacokinetic studies in which renal/biliary clearances are determined can be evaluated together to determine the percent contribution of enzyme to
- 520 overall in vivo drug elimination in humans.
- ^c See Figure 4 for calculation of R values and cutoff values. Sponsor may conduct an in vivo cocktail study in humans (Reference: *Clinical Pharmacology and Therapeutics*, 81: 298-304, 2007). See section V.C.3.
- ^d See section V.C.4 for evaluation of complex drug interactions.
- ^e Additional population pharmacokinetic analysis may assist the overall evaluation of the investigational new drug as a substrate.

525	
526	a. Drug Metabolizing Enzyme Identification — the Investigational Drug as
527	an Enzyme Substrate
528	
529	The metabolic profile of the investigational drug should be characterized from in
530	vitro studies. The in vitro systems include human liver tissues such as liver
531	microsomes, microsomes expressing recombinant enzymes, or freshly isolated or
532	cryopreserved human hepatocytes. Generally, decisions on the need for in vivo
533	drug interaction studies with enzyme inhibitors/inducers are based on the
534	quantitative measurement of the contribution of the enzyme to the overall
535	systemic clearance of the substrate. We consider metabolism to be a significant
536	pathway when it constitutes 25% or more of the drug's overall elimination. When
537	the contribution is $\geq 25\%$ or unknown, in vivo studies using appropriate
538	inhibitor(s)/inducer(s) are warranted. The sequence of these in vivo studies
539	should start with a strong inhibitor/inducer. If the results from the study with
540	strong inhibitors/inducers indicate positive interactions, the impact of a less
541	strong inhibitor/inducer should be evaluated. The subsequent evaluations with a
542	less strong inhibitor/inducer can be conducted through a clinical study.
543	Alternatively, it may be possible to conduct the evaluation through PBPK
544	modeling (see section IV.A.1.b-3 below related to model building and strategies
545	to evaluate drug-drug interaction using PBPK). The choice of in vivo enzyme
546	inhibitors/inducers can be found in section V.
547	
548	Minor elimination pathways mediated by a drug metabolizing enzyme may
549	require further investigation under certain conditions. The contribution of these
550	enzymes may become significant in specific populations (e.g., in subjects with
551	renal impairment when the substrate drug is significantly eliminated through renal
552	excretion, in poor metabolizers when substrate drug is predominantly metabolized
553	by the polymorphic enzymes, or in subjects taking a strong inducer of the enzyme
554	of minor pathway). The likelihood of metabolism-based drug interactions in
555	these populations should be considered on a case-by-case basis (also see
556	"Populations" in section V.B and "Complex Drug Interactions" section V.C.4).
557	

558	
559	Phase I Metabolizing Enzymes
560	
561	Routine assessment to identify the following CYP enzymes for potential
562	metabolism-mediated interactions is recommended: CYP1A2, CYP2B6,
563	CYP2C8, CYP2C9, CYP2C19, CYP2D6, and CYP3A. If an investigational drug
564	is a substrate in vitro for a particular CYP, in vivo interaction studies with a
565	strong inhibitor and inducer for that CYP (refer to the later sections about
566	classification of CYP inhibitors and inducers) are recommended to determine the
567	extent of changes in the investigational drug's pharmacokinetics. Negative
568	results alleviate the need for further in vivo studies with less strong inhibitors or
569	inducers, if the study is well designed and appropriate.
570	
571	If a drug is not metabolized by the major CYPs (listed above), the drug's
572	likelihood of being a substrate for other CYP enzymes (e.g., CYP2A6, CYP2J2,
573	CYP4F2, CYP2E1) or non-CYP Phase I enzymes should be considered. Non-
574	CYP Phase I enzymes (enzymes involved in oxidation, reduction, hydrolysis,
575	cyclization, and decyclization reactions) that are involved in drug metabolism
576	include monoamine oxidase (MAO), flavin monooxygenase (FMO), xanthine
577	oxidase (XO), and alcohol/aldehyde dehydrogenase. The potential for an
578	investigational drug to be a substrate for these enzymes can be studied on a case-
579	by-case basis (e.g., based on prior knowledge of the drug class).
580	
581	Phase II Metabolizing Enzymes
581 582	Phase II Metabolizing Enzymes
581 582 583	Phase II Metabolizing Enzymes Phase II enzymes (enzymes that are involved in conjugation reactions —
581 582 583 584	Phase II Metabolizing Enzymes Phase II enzymes (enzymes that are involved in conjugation reactions — conjugation involving, for example, glucuronic acid, sulfonates, glutathione, or
581 582 583 584 585	Phase II Metabolizing Enzymes Phase II enzymes (enzymes that are involved in conjugation reactions — conjugation involving, for example, glucuronic acid, sulfonates, glutathione, or amino acids) have historically attracted less attention than CYP enzymes in drug
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581 582 583 584 585 586 587 588 589 590 591 592 593 594 595 595 596 597 598	 Phase II Metabolizing Enzymes Phase II enzymes (enzymes that are involved in conjugation reactions — conjugation involving, for example, glucuronic acid, sulfonates, glutathione, or amino acids) have historically attracted less attention than CYP enzymes in drug interaction evaluations, most likely because of the lack of tools to study them and a lower incidence of observed adverse drug-drug interactions. Recently, there has been an increased interest in drug-drug interactions involving UGTs (UDP glucuronosyl transferases), enzymes responsible for the biotransformation of many drugs. For example, UGT1A1, 1A3, 1A4, 1A6, 1A9, 2B7, and 2B15 have been shown to play important roles in drug metabolism. However, determination of the contribution of each UGT isoform to the overall elimination is not as straightforward as that for CYP enzymes because of the absence of data on the abundance of these isoforms in drug eliminating organs, and the lack of specific inhibitors. For example, atazanavir has been used as a UGT1A1 inhibitor; however, it also inhibits CYP3A. Therefore, an investigation of a UGT-based drug-drug interaction may follow the decision tree outlined in
581 582 583 584 585 586 587 588 589 590 591 592 593 594 595 594 595 596 597 598 599	 Phase II Metabolizing Enzymes Phase II enzymes (enzymes that are involved in conjugation reactions — conjugation involving, for example, glucuronic acid, sulfonates, glutathione, or amino acids) have historically attracted less attention than CYP enzymes in drug interaction evaluations, most likely because of the lack of tools to study them and a lower incidence of observed adverse drug-drug interactions. Recently, there has been an increased interest in drug-drug interactions involving UGTs (UDP glucuronosyl transferases), enzymes responsible for the biotransformation of many drugs. For example, UGT1A1, 1A3, 1A4, 1A6, 1A9, 2B7, and 2B15 have been shown to play important roles in drug metabolism. However, determination of the contribution of each UGT isoform to the overall elimination is not as straightforward as that for CYP enzymes because of the absence of data on the abundance of these isoforms in drug eliminating organs, and the lack of specific inhibitors. For example, atazanavir has been used as a UGT1A1 inhibitor; however, it also inhibits CYP3A. Therefore, an investigation of a UGT-based drug-drug interaction may follow the decision tree outlined in Figure 3. If glucuronidation is a predominant pathway of drug elimination, in
581 582 583 584 585 586 587 588 589 590 591 592 593 594 595 594 595 596 597 598 599 600	 Phase II Metabolizing Enzymes Phase II enzymes (enzymes that are involved in conjugation reactions — conjugation involving, for example, glucuronic acid, sulfonates, glutathione, or amino acids) have historically attracted less attention than CYP enzymes in drug interaction evaluations, most likely because of the lack of tools to study them and a lower incidence of observed adverse drug-drug interactions. Recently, there has been an increased interest in drug-drug interactions involving UGTs (UDP glucuronosyl transferases), enzymes responsible for the biotransformation of many drugs. For example, UGT1A1, 1A3, 1A4, 1A6, 1A9, 2B7, and 2B15 have been shown to play important roles in drug metabolism. However, determination of the contribution of each UGT isoform to the overall elimination is not as straightforward as that for CYP enzymes because of the absence of data on the abundance of these isoforms in drug eliminating organs, and the lack of specific inhibitors. For example, atazanavir has been used as a UGT1A1 inhibitor; however, it also inhibits CYP3A. Therefore, an investigation of a UGT-based drug-drug interaction may follow the decision tree outlined in Figure 3. If glucuronidation is a predominant pathway of drug elimination, in vitro studies (see Figure 3 below) to determine whether the drug is a substrate of

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602	studies can be conducted using recombinant human UGTs, many of which are
603	available from commercial sources. Results from these studies inform future in
604	vivo drug interaction studies. In certain cases, comparative PK data in subjects
605	with various UGT genotypes may be used to identify important UGT pathways
606	and estimate the possible extent of interactions (e.g., comparison of PK in
607	subjects who are poor metabolizers versus those who are extensive metabolizers).
608	For example, UGT1A1 polymorphic variants affect the level of SN38, an active
609	metabolite of irinotecan, which has both safety and efficacy implications. The
610	clinical significance of interactions mediated by UGTs depends on the extent of
611	interaction and the therapeutic range of the substrate drug.

- 612
- 613

Figure 3. Evaluation of Investigational Drugs as UGT Substrates





615

¹ In an in vitro system capable of informing contribution by UGT and non-UGT enzymes (e.g., hepatocytes

or microsomes supplemented with appropriate co-factors).

 2 Main UGTs recommended to be studied: UGT1A1, 1A3, 1A4, 1A6, 1A9, 2B7, and 2B15.

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623	b. Evaluation of Investigational Drug as an Enzyme Inhibitor or Inducer
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625	The decision to conduct an in vivo drug-drug interaction study for an
626	investigational drug as an enzyme inhibitor and/or inducer should be based on
627	quantitative analysis of both in vitro and clinical pharmacokinetic data. Such
628	analysis is accomplished by a variety of algorithms and models including basic
629	models, mechanistic static models, and more comprehensive dynamic models
630	(e.g., physiologically-based pharmacokinetic (PBPK) models, see Figure 4).
631	
632	Basic models have been predominantly used because they are simple and
633	practical. These models are conservative, but in some cases they eliminate the
634	need for later clinical investigations of drug-drug interaction potential. For
635	example, the cut-off value to decide whether further in vivo investigation of a
636	drug as an inhibitor or an inducer is needed is generally calculated based on the
637	ratio of intrinsic clearance values of a probe substrate for an enzymatic pathway
638	in the absence and in the presence of the interacting drug (i.e., the R value ²).
639	Based on the estimation of an R value, ² a decision can be made about whether an
640	in vivo drug-drug interaction study is needed. Alternatively, in vitro data can be
641	incorporated into mechanistic models to further investigate drug-drug interaction
642	potential and determine the need to conduct a clinical drug-drug interaction study.
643	
644	Mechanistic static models incorporate more detailed drug disposition and drug
645	interaction mechanisms for both interacting and substrate drugs (Fahmi et al.
646	2009). For example, these models integrate parameters such as bioavailability (in
647	gut and liver) and fractional metabolism data (e.g., "fm" by a certain CYP
648	enzyme) for substrate drugs and parameters related to all interaction mechanisms
649	(inhibition and induction) for interacting drugs.
650	
651	A PBPK model integrates system-dependent parameters (e.g., based on human
652	physiology) and drug-dependent parameters, which can be continuously refined.
653	When appropriately constructed, the PBPK model offers clear advantages over
654	static models. First, the PBPK model reflects the dynamics of drug-drug
655	interactions, allowing the investigation of the effect of an interacting drug on the
656	entire pharmacokinetic profile of the substrate. Second, the PBPK model can be
657	used to evaluate concurrent mechanisms of drug-drug interactions, including the
658	effect of inhibitory metabolites. Third, the emerging population-based PBPK
659	models provide greater insight into the causes of uncertainty and variability when
660	evaluating drug-drug interactions. Additionally, the inherent system-dependent

² Ratio of estimated intrinsic clearance values in the absence and presence of an inhibitor or an inducer. For a drug that is a reversible inhibitor, $R=1+[I]/K_i$. K_i is the unbound inhibition constant determined in vitro. Sometimes inhibitor concentration causing 50% inhibition (IC₅₀) is determined, and K_i can be calculated as IC₅₀/2 by assuming competitive inhibition. See Figure 4 for discussion of [I] values.

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661	components make the PBPK model readily capable of investigating drug-drug
662	interactions in the presence of multiple intrinsic and/or extrinsic factors (section
663	V.C.4). These features make PBPK a useful option for sponsors to (1) better
664	design drug-drug interaction studies, including dedicated trials and population
665	pharmacokinetic studies, and (2) quantitatively predict the magnitude of drug-
666	drug interactions in various clinical situations, including the existence of multiple
667	patient factors such as renal impairment and/or genetic deficiency in certain
668	metabolizing enzymes. Regardless of which prediction model is used, the
669	sponsors should provide details of model assumptions, physiological and
670	biological plausibility, the origin of the parameters, and information on
671	uncertainty and variability.
672	

673 The sections that follow include details on enzyme inhibitor and inducer,674 respectively.

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Figure 4. General Scheme of Model-Based Prediction: The Investigational Drug (and Metabolite Present at ≥25% of Parent Drug AUC) as an Interacting Drug of CYP Enzymes



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678	^[a] An in vitro induction system may be established in cultured human hepatocytes from \geq 3 donors. Use sufficient
679	numbers of clinical inducers and non-inducers to determine a cutoff value (e.g., as described in Fahmi, Kish et al,
680	2010). Note that these cutoff values may vary among different laboratories because of the variability among
681	hepatocyte lots.

682

^[b] Equations are as described in Bjornsson et al. 2003. [I] can be estimated by the maximal total (free and bound)

- systemic inhibitor concentration in plasma and the cutoff for R is 1.1. In addition, for CYP3A inhibitors that are
- dosed orally, [I] should also be estimated by $[I]=I_{gut}=Molar Dose/250 \text{ mL}$ and the cutoff for this alternate R is 11
- (Zhang et al. 2008). K_{deg} is the apparent first order degradation rate constant of the affected enzyme; K_i is the
- unbound reversible inhibition constant determined in vitro; k_{inact} and K_i are maximal inactivation rate constant and K_i are maximal inactivation rate constant and K_i
- apparent inactivation constant, respectively; K_{obs} is the apparent inactivation rate constant and K_{obs} =

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 $k_{\text{inact}} \times [I]/(K_I + [I]);$ and R is the ratio of intrinsic clearance by metabolizing enzyme in the absence and in the presence of inhibitor.

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^[d] These are suggested values according to the lower and upper limit of equivalence range. However, we are open to discussion based on sponsors' interpretation. If the calculated AUCR using a mechanistic static model is outside the equivalence range, the sponsor has the option to use a dynamic model (e.g., a PBPK model) supported by available clinical pharmacokinetic data to calculate AUCR and determine whether or not there is a need to conduct clinical drug-drug interaction studies.

701

A mechanistic static	model (of a met effect model) is modified	from that reported by Famili et al. 2009.
	Gut	Liver
Reversible inhibition	$A_{g} = \frac{1}{1 + \frac{[I]_{g}}{K_{i}}}$	$A_{h} = \frac{1}{1 + \frac{[I]_{h}}{K_{i}}}$
Time-dependent inhibition	$B_{g} = \frac{k_{deg,g}}{k_{deg,g} + \frac{[I]_{g} \times k_{inact}}{[I]_{g} + K_{I}}}$	$B_{h} = \frac{k_{deg,h}}{k_{deg,h} + \frac{[I]_{h} \times k_{inact}}{[I]_{h} + K_{I}}}$
Induction	$C_{g} = 1 + \frac{d \bullet E_{max} \bullet [I]_{g}}{[I]_{g} + EC_{50}}$	$C_{h} = 1 + \frac{d \bullet E_{max} \bullet [I]_{h}}{[I]_{h} + EC_{50}}$

^[e] A mechanistic static model (or a "net effect model") is modified from that reported by Fahmi et al. 2009.

Where F_g is the fraction available after intestinal metabolism; f_m is the fraction of systemic clearance of the substrate 703 704 mediated by the CYP enzyme that is subject to inhibition/induction; subscripts "h" and "g" denote liver and gut, respectively; $[I]_{h}=f_{u,h}\times([I]_{max,h}+F_{a}\times K_{a}\times Dose/Q_{h})$ (Ito et al. 2002); $[I]_{a}=F_{a}\times K_{a}\times Dose/Q_{en}$ (Rostami-Hodjegan and 705 Tucker 2004). In these equations, $f_{u,b}$ is the unbound fraction in blood, when it is difficult to measure due to high 706 protein binding in plasma, a value of 0.01 should be used for fu,b; [I]_{max,b} is the maximal total (free and bound) 707 708 inhibitor concentration in the blood at steady state; Fa is the fraction absorbed after oral administration, a value of 1 should be used when the data is not available; K_a, is the first order absorption rate constant in vivo and a value of 0.1 709 710 min⁻¹ (Ito et al. 1998) can be used when the data is not available; and Q_{en} and Q_h are blood flow through enterocytes (e.g., 18 L/hr/70 kg, Yang et al. 2007 (a)) and hepatic blood flow (e.g., 97 L/hr/70 kg, Yang et al. 2007 (b)), 711 respectively.

712 1 713

^[f] Dynamic models, including physiologically-based pharmacokinetic (PBPK) models, can be developed using both 714 715 in vitro drug disposition data (e.g., protein/tissue binding, metabolism, transport, and drug-drug interaction) and physicochemical properties. The model should be refined when human pharmacokinetic data become available. The 716 717 model can then be used to evaluate the drug-drug interaction potential with a sensitive substrate of the CYP enzymes 718 of interest (Rostami-Hodjegan and Tucker 2007). The model of the substrate needs to be developed and drug 719 interaction mechanisms should be appropriately defined by linking the models of the substrate and the interacting drug (see section IV.A.1.b-3 and Figure 5 for more details). If a metabolite is involved in a drug-drug interaction, a 720 721 model for the metabolite can be established and linked to the parent drug to evaluate its inhibition/induction 722 potential.

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^[g] See Table 5 (section V.C below) and Zhang et al. 2010.

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b-1. Investigational drug as an enzyme inhibitor using basic models

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The potential of an investigational drug to inhibit CYP enzymes is usually investigated in vitro using human liver tissues such as human liver microsomes or cDNA-expressed microsomes to determine the inhibition mechanisms (e.g., reversible or time-dependent inhibition) and inhibition potency (e.g., K_i).

The R value is dependent on the in vitro inhibition parameters and the maximum inhibitor 733 concentration [I] that can be achieved in vivo with the highest dose. Although several 734 algorithms to calculate [I] have been proposed, selection of [I] should justify maximum 735 exposure of interacting drug at different tissues (Footnote [b] of Figure 4). The use of a 736 cutoff R value of 1.1 where [I] represents maximum total (free and bound) system 737 738 concentration of the inhibitor is based on an earlier FDA recommendation for reversible inhibition (Huang et al. 2007). Note an orally administered drug may inhibit CYPs that 739 have a high expression in the intestine (e.g., CYP3A). Under such circumstances, I_{gut} 740 (defined as molar dose/250 mL) may represent the maximum inhibitor concentrations 741 better than the systemic concentrations. An alternate R value $(R=1+I_{gut}/K_i)$ of 11 should 742 be used as a conservative criteria to avoid false negatives. This basic static model has two 743 major uses. First, it eliminates unnecessary clinical studies when the R value is below the 744 threshold of 11 (for orally administered drugs that may inhibit CYP3A) or 1.1. Second, it 745 allows rank ordering of inhibition potential across different CYP enzymes (Figure 2) for 746 the same drug so that in vivo drug-drug interaction evaluations can be prioritized. For 747 example, an in vivo study with a sensitive substrate of the CYP with the largest R may be 748 749 carried out first. If the in vivo study shows no interaction, in vivo evaluation of other CYPs with smaller R will not be needed. However, there are exceptions to this approach. 750 For example, if a metabolite present at $\geq 25\%$ of the parent drug AUC inhibits CYP 751 enzymes in vitro, an R value for the metabolite should be calculated based on metabolite 752 753 exposure and its inhibition potency $(e.g., K_i)$ for the CYPs. The rank order of the metabolite R values should be considered when determining what in vivo studies need to 754 be conducted. 755

Most inhibitory drug interactions with CYP enzymes are reversible, but in some cases the 757 inhibitory effect increases over time and is not promptly reversible. This effect is due to 758 irreversible covalent binding or quasi-irreversible noncovalent tight binding of a 759 chemically reactive intermediate to the enzyme that catalyzes its formation. This class of 760 inhibitory drug interactions is called time-dependent inhibition (TDI). Examples of TDI 761 of CYP3A include the HIV protease inhibitors ritonavir and saquinavir, the macrolide 762 antibiotics erythromycin and clarithromycin, and the calcium channel blockers verapamil 763 and diltiazem. In the case of diltiazem, both parent drug diltiazem and its primary 764 765 metabolite, N-desmethyldiltiazem, are time-dependent CYP3A inhibitors. An example of TDI of CYP2D6 is paroxetine, which significantly inhibits the metabolism of desipramine, 766 tamoxifen, dextromethorphan, and bufuralol. When TDI is the mode of inhibition, the 767 768 inhibitory interaction will generally be greater over time following multiple dosing and be

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longer lasting after discontinuation of the inhibitor than in a situation when the inhibitory 769 interaction is reversible. For example, the maximum inhibition of CYP3A in humans by 770 771 erythromycin administered 200 mg three times a day appeared to occur after 4 days of dosing (the AUC values of oral midazolam, a probe substrate of CYP3A, increased 2.3-, 772 3.4-, and 3.4- fold, respectively, on days 2, 4, and 7) (Okudaira et al. 2007). Therefore, 773 TDI should be studied in standard in vitro screening protocols by pre-incubating the drug 774 (a potential inhibitor) before the addition of a substrate. Any time-dependent loss of 775 initial product formation rate may indicate time-dependent inhibition, and definitive in 776 777 vitro studies to obtain TDI parameters (i.e., k_{inact} and K_I where k_{inact} and K_I are maximal inactivation rate constant and apparent inactivation constant, respectively) are 778 recommended. Details of this tiered approach were proposed by the PhRMA Drug 779 Metabolism Technical Group (Grimm et al. 2009). However, prediction of TDI in vivo 780 from in vitro inactivation parameters remains challenging because of the complexity of the 781 mechanism as compared to reversible inhibition. Generally, TDI is evaluated under the 782 condition when the affected enzyme level reaches a new steady state in the presence of the 783 inhibitor, and the inhibitor does not affect de novo synthesis of the enzyme. In contrast to 784 reversible inhibition, the R value (Figures 4) for time-dependent inhibition is dependent on 785 786 the rate constant for enzyme degradation, in addition to inhibitor exposure level and the TDI parameters (k_{inact} and K_I). Furthermore, the degradation kinetics for each CYP has 787 not been unambiguously determined (Yang et al. 2008). If in vitro results suggest a TDI 788 potential (e.g., R>1.1), an in vivo study is recommended. Alternatively, the sponsor can 789 estimate the degree of drug-drug interactions using mechanistic models (see Figures 4, 790 and section IV.A.1.b-3) 791

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b-2. The investigational drug as an enzyme inducer using a basic model

Several algorithms and quantitation approaches have been proposed for studying enzyme induction using in vitro data (Shou et al. 2008; Almond et al. 2009; Fahmi et al. 2009; Fahmi, Kish, et al. 2010; Fahmi and Ripp 2010). Human hepatocytes continue to be the system of choice for evaluating enzyme induction in vitro. Although freshly isolated human hepatocytes have been the gold standard, advancement in cryopreservation technology has made the cryopreserved hepatocytes available for routine use. When determining enzyme induction potential of an investigational drug using cultured human hepatocytes, the following are considered critical:

- To account for inter-individual variability, hepatocyte preparations from at least three (3) donors are recommended. If the result in hepatocytes from at least one donor exceed the predefined threshold (see Figure 4, R value estimated using a basic model), the drug is considered an inducer and a follow-up evaluation is needed (e.g., see Figure 4, estimate AUCR using a mechanistic model or conduct a clinical study).
 - Performance of these hepatocyte preparations in identifying enzyme induction potential of a sufficient number of clinical inducers should be demonstrated.
- The changes in the mRNA level of the target gene should be used as an endpoint

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813	(Fahmi, Kish, et al. 2010).
814	• Vehicle control, positive control (usually a known strong inducer), and negative
815	control (usually a known non-inducer) should be included in the experiment.
816	Concentrations of the positive control inducers can be found in Table 2.
817	
818	Studies indicate that activation of the nuclear receptor, Pregnane X receptor (PXR), results
819	in co-induction of CYP3A and CYP2C. Thus, a negative in vitro result for CYP3A
820	induction eliminates the need for additional in vitro or in vivo induction studies for
821	CYP3A and CYP2C enzymes. If CYP3A induction results are positive, then induction of
822	CYP2C should be studied either in vitro or in vivo. Because CYP1A2 and CYP2B6 may
823	be induced by different nuclear receptors (e.g., aryl hydrocarbon receptor (AhR), or
824	constitutive androstane receptor (CAR)), they may not be co-induced with CYP3A.
825	Therefore, the potential for induction of CYP1A2 and CYP2B6 should be evaluated
826	regardless of the CYP3A result.
827	
828	Initially, CYP1A2, CYP2B6, and CYP3A should be evaluated in vitro (Figure 4). If the
829	in vitro induction results are positive according to predefined thresholds using basic
830	models, the investigational drug is considered an enzyme inducer and therefore further in
831	vivo evaluation may be warranted. Alternatively, a sponsor can estimate the degree of
832	drug-drug interactions using mechanistic models (see Figures 4, and section IV.A.1.b-3)
833	to determine the need for further in vivo evaluation.
834	

		Recommended	Reported
CYP	In Vitro Inducer *	Concentration	Fold Induction
	as Positive Controls	(μM) of the Positive	In Enzyme
		Controls	Activities
1A2	omeprazole	25-100	14-24
	lansoprazole	10	10
2B6	phenobarbital	500-1000	5-10
2C8	rifampin	10	2-4
2C9	rifampin	10	4
2C19	rifampin	10	20
2D6	none identified		
3A4	rifampin	10-50	4-31
	_		
*NI. 4. 41 4 41	is not an entropy time that Example	1-4-11:-4 41- C-11 1:1	

Table 2. In Vitro CYP Inducers

836 837 *Note that this is not an exhaustive list. For an updated list, see the following link <u>http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabeling</u> /ucm080499.htm.

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844 845

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847 848 At present, data generated from other in vitro systems are considered complementary and may be reviewed along with data generated with cultured hepatocycte systems.

b-3. The investigational drug as enzyme inhibitor and/or inducer using mechanistic models

Figure 4 includes a framework for assessing drug-drug interactions using more 849 mechanistic models, including PBPK models. Algorithms of enzyme inhibition and 850 enzyme induction, described according to basic models in above sections (b-1 and 851 b-2), can be incorporated into these mechanistic models. As mentioned earlier, PBPK 852 models offer useful alternatives to dedicated clinical studies. This alternative is especially 853 854 important when the sponsor would like to support the absence of meaningful clinical drugdrug interactions with an investigational drug that showed interaction potential according 855 to a basic model. At present, the field of predicting drug-drug interactions by PBPK 856 models is still developing and the best practices are being defined. Hence, sponsors 857 should provide comprehensive justifications on model assumptions, physiological and 858 biochemical plausibility, variability, and uncertainty measures. The submission 859 containing the use of such advanced models should include a description of the structural 860 model, source and justifications for both system- and drug-dependent parameters, type of 861 error models, model output, data analysis, and adequate sensitivity analyses. If predefined 862 models (structural and error) from commercially available software are employed, 863 versions and deviations from the predefined models should be specified. Sponsors are 864 865 encouraged to communicate with the FDA regarding the use of these models for the prediction of drug-drug interactions. The criteria used for assessing "equivalence" (e.g., 866 predicted AUC ratio of 0.8-1.25 using population-based PBPK models) may be used as an 867 initial cutoff in deciding whether in vivo studies are needed. However, these are 868 suggested values. We are open to discussion based on sponsors' interpretation. 869 870

Figure 5 shows a general scheme that uses a PBPK model to predict the degree of drugdrug interactions. PBPK models for both substrate and interacting drug (inhibitor or
inducer) should be constructed separately using in vitro and in vivo disposition
parameters, before they are linked through appropriate mechanisms to predict the degree
of drug-drug interaction.

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Figure 5. Using a PBPK Model to Explore Drug-Drug Interaction Potential Between a Substrate Drug and an Interacting Drug (Modified from Zhao et al. 2011).



879 880	Abbreviations	: ADME, absorption, distribution, metabolism and excretion; AUC, area under the plasma versus time curve; B/P , blood to plasma ratio; C_{max} , maximum concentration; CL , clearance; CL_r ,
881	renal clearanc	e; DDI, drug-drug interactions; EC_{50} or IC_{50} , concentration causing half maximal effect or inhibition;
882	E _{max} or I _{max} , n	naximum effect or inhibition; F, bioavailability; F _a , fraction absorbed; F _g , bioavailability in the gut; F _h ,
883	bioavailability	γ in the liver; $f_{u,p}$, unbound fraction in plasma; γ , Hill coefficient; J_{max} , maximum rate of transporter-
884	mediated efflu	ux/uptake; K _a , first-order absorption rate constant; K _d , dissociation constant of drug-protein complex;
885	K _i , reversible	inhibition constant, concentration causing half maximal inhibition; K _I , apparent inactivation constant,
886	concentration	causing half maximum inactivation; k_{inact} , apparent maximum inactivation rate constant; K_m ,
888	nartition coeff	ficient: LogP Logarithm of the octanol-water partition coefficient: $P_{\rm ex}$ jejunum permeability: PK
889	pharmacokine	tics: PopPK, population pharmacokinetics: V, volume of distribution: V _{max} , maximum rate of
890	metabolite for	mation.
891		
892		
893	2.	In Vitro Transporter Studies
894		
895	а.	The Investigational Drug as a Substrate for Transporters
896		
897	Botl	P-gp and BCRP are expressed in the gastrointestinal tract, liver, and kidney, and
898	have	a role in limiting oral bioavailability. Therefore, all investigational drugs should be
899	eval	uated in vitro to determine whether they are a potential substrate of P-gp or BCRP
900	(See	Figure 6, left panel).
901	. 1 .	
902	A bi	directional assay in Caco-2 cells or overexpressed cell lines is a preferred method for
903		tro evaluation. If the results are positive, an in vivo evaluation in numans is
904	hum	an study is recommended based on the in vitre data)
905	11411	an study is recommended based on the in vitro data).
900	For	drugs that are highly permeable and highly soluble, the intestinal absorption is not a
908	rate	-limiting step and therefore it may be appropriate to exempt such drugs from the in
909	vivo	evaluation with a P-gp or BCRP inhibitor. (For further discussion regarding the
910	defi	ning a drug as highly soluble and high permeable (e.g., biopharmaceutical
911	class	sification class (BCS) 1 drugs), see the Guidance for Industry on Waiver of In Vivo
912	Biod	availability and Bioequivalence Studies for Immediate-Release Solid Oral Dosage
913	For	ms Based on a Biopharmaceutics Classification System,
914	<u>http</u>	://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm0
915	<u>702</u>	<u>46</u>).
916		
917	Inve	stigational drugs should be evaluated in vitro to determine whether they are a
918	subs	strate of hepatic uptake transporters OATP1B1/OATP1B3 when their hepatic
919	path	way is significant (e.g., clearance through hepatic or biliary secretion is more than or
920	equa	al to 25% of the total clearance) ³ (Figure 6, middle panel). Similarly, investigational
921	drug	s should be evaluated in vitro to determine whether they are a substrate of OAT1/3

³ Biliary secretion can be estimated from preclinical data, in vitro heptocyte uptake data or radiolabeled ADME data, and nonrenal clearance data.

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and OCT2 when their renal active secretion is important (active secretion by kidney is
 more than or equal to 25% of total clearance)⁴ (Figure 6, right panel).

Figure 6. Evaluation of Investigational Drugs as Substrates for P-gp, BCRP, OATP1B1, OATP1B3, OAT1, OAT3, and OCT2 Transporters.



Other transporters (e.g., MRP (multidrug resistance-associated protein)) may need to be studied based on knowledge of other drugs in the same therapeutic class as the investigational new drug. Information for the other drugs may include observed drugdrug interactions that are attributed to these other transporters. New information in the literature may raise questions about additional transporters.

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b.

The Investigational Drug as an Inhibitor of Transporters

⁴ Percent (%) active renal secretion was estimated from (CL_r-fu*GFR)/CL_{Total}; fu is the unbound fraction in plasma.

938	Because many drugs may be used concomitantly with digoxin (a P-gp substrate) and
939	statins (BCRP and OATP1B1/1B3 substrates), evaluation of investigational drugs as
940	inhibitors of P-gp, BCRP, and OATP1B1/OATP1B3 should be considered. An
941	investigational drug also should be evaluated to determine whether it inhibits OCT2,
942	OAT1, and OAT3, because there have been clinically significant interactions
943	demonstrated for critical drugs that are known OCT substrates (e.g., metformin) or OAT
944	substrates (e.g., methotrexate, tenofovir, zidovudine). The need for further in vivo drug
945	interaction studies will be based on the criteria described in the decision trees in Figures
946	A2, A4, and A6 in the Appendix.
947	
948	The decision as to whether the investigational drug should be evaluated as an inhibitor
949	for other transporters will be based on the therapeutic class, where unexpected drug-drug
950	interactions may have been observed and attributed to these other transporters, and when
951	new information becomes available in the literature.
952	
953	c. The Investigational Drug as an Inducer of Transporters
954	
955	Transporters can be induced by mechanisms similar to those for CYP enzymes (e.g., by
956	activation of specific nuclear receptors). The expression levels of some transporters are
957	regulated in coordination with metabolizing enzymes, and they share common nuclear
958	factors. For example, a large number of drugs and dietary supplements (e.g., rifampin,
959	St. John's wort) concomitantly induce the expression of CYP3A and MDR1 (P-gp),
960	MRP2, MRP3, MRP4, and OATP1A2.
961	
962	However, methods for in vitro evaluation for transporter induction are not well
963	understood. Cell lines are being used for in vitro P-gp induction including human colon
964	adenocarcinoma cell line LS 180/WT, and its adriamycin-resistant (LS 180/AD 50) or
965	vinblastine-resistant (LS 180/V) sublines. Further development is needed to validate the
966	utility of the in vitro assays to determine the need for an in vivo induction study. Until a
967	well-accepted system is developed, activation of nuclear receptor assays may be used as
968	an initial evaluation of the induction potential of an investigational drug on transporters.
969	
970	The definitive determination of induction potential is based on in vivo induction studies.
971	The sponsor should consult with FDA about studying induction of transporters in vivo.
972	
973	3. Considerations of the Metabolites of Investigational Drugs
974	
975	Metabolites formed in vivo may reach significant exposure (e.g., $> 25\%$ of the parent
976	drug) and elicit pharmacological and/or toxicological effects. Therefore, the same
977	considerations on further metabolism, transport, and drug interaction studies described
978	above should be considered for relevant metabolites of the investigational drugs. The
979	decision on which metabolite(s) should be investigated depends on multiple factors
980	including the knowledge in pharmacological/toxicological activities (from in vitro human
981	cell line data and/or in vivo animal data) and the knowledge in metabolites' disposition
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982		kinet	tics. For example, metabolites deemed insignificant after a single dose of the parent
983		drug	may accumulate to appreciable exposure after multiple dosing if they have long
984		half-	lives. Unexpected high exposure of metabolites may be attained in subjects with
985		decre	eased function of organs responsible for their elimination and in the event of drug
986		inter	actions affecting the disposition of the parent drug. Appropriate assays for
987		meta	bolites should be in place to monitor the metabolite levels along with the parent.
988			
989		Give	en the complexity of the kinetics and interaction mechanisms of formed metabolites,
990		mod	eling and simulation integrating knowledge of drug disposition kinetics of both
991		pare	nt investigational drug and metabolites may provide a useful tool to facilitate the
992		evalı	uation of drug interaction potential of metabolites (see earlier sections).
993			
994	В.	In V	ivo Studies
995			
996		1.	In Vivo Drug-Drug Interactions
997			0 0
998		For c	detailed discussion on recommendations of in vivo human drug-drug interaction
999		studi	ies, please refer to section V below
1000			
1001		2.	In Vivo Drug-Therapeutic Protein (TP) Interactions
1002			
1003		Drug	2-TP interactions have been observed and information about these interactions is
1004		inclu	ided in labeling. Figure 7 lists the types of studies that have been conducted during
1005		drug	development to evaluate TP and small molecule drug interactions. The following
1006		are g	eneral considerations:
1007			
1008		• 1	f an investigational TP is a cytokine or cytokine modulator, studies should be
1009		C	conducted to determine the TP's effects on CYP enzymes or transporters (Huang et
1010		a	1. 2010. Le Vee M et al. 2009). In vitro or animal studies have limited value in the
1011		C	iualitative and quantitative projection of clinical interactions because translation of in
1012		v	vitro to in vivo and animal to human results to date has been inconsistent.
1013		n	necessitating in vivo drug interaction studies. The in vivo evaluations of TPs in
1014		t	argeted patient populations can be conducted with individual substrates for specific
1015		(CYP enzymes and transporters, or studies can be conducted using a "cocktail"
1016		a	approach" (see section V.C).
1017			
1018		• F	For TPs that will be used in combination with other drug products (small molecule or
1019			(P) as a combination therapy studies should evaluate the effect of each product on
1020		ť	he other The studies should assess effects on pharmacokinetics (PK) and when
1021		ล	ppropriate, pharmacodynamics (PD) of either drug This evaluation is particularly
1022		i 1	mportant when the drug used in combination has a narrow therapeutic range (e σ
1023		r C	themotherapeutic agents)
1024		C	meneral cane abouto).
1025		• 1	When there are known mechanisms or prior experience with certain PK or PD
1025		- 1	the more are known meetiums of prof experience with ectum rik of rib

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1026	interactions, appropriate in vitro or in vivo assessments for possible interactions
1027	should be conducted. Some interactions between drugs and TPs are based on
1028	mechanisms other than CYP or transporter modulation. For example, methotrexate's
1029	immunosuppressive effect may alter the clearance of concomitantly administered TPs
1030	through the reduction of antibodies formed against TP. Other examples include
1031	heparin's effect on palifermin (increased exposure) and paclitaxel's effect on
1032	etanercept (increased exposure).
1033	

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1035Figure 7. Summary of The Types of Studies That Have Been Used During Drug1036Development to Evaluate Therapeutic Protein (TP)–Small-Molecule Drug (D) Interactions.1037This includes an evaluation of the effect of TP on D (TP \rightarrow D) and the effect of D on TP1038(D \rightarrow TP). The broken lines suggest the limited use of in vitro studies for informing in vivo1039study design or labeling. CYP, cytochrome P450. (Modified from Huang et al. 2010)1040



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1047 С. Using a Population Pharmacokinetic Approach to Assess Drug-Drug Interactions

1048

1049 Population pharmacokinetic (PopPK) analyses of data obtained from large-scale clinical studies that include sparse or intensive blood sampling can help characterize the clinical impact of 1050 known or newly identified interactions and determine recommendations for dosage 1051 modifications for the investigational drug as a substrate. The results of such analyses can be 1052 informative and sometimes conclusive when the clinical studies are adequately designed to 1053 1054 detect significant changes in drug exposure due to drug-drug interactions. PopPK evaluations may also detect unsuspected drug-drug interactions, a particularly important possibility given the 1055 complexity of the potential interactions (see section V.C.4), not all of which are likely to have 1056 been anticipated and studied. PopPK evaluations can also provide further evidence of the 1057 1058 absence of a drug-drug interaction, when supported by prior evidence and mechanistic data. It is unlikely, however, that population analysis will persuasively show the absence of an interaction 1059 that is suggested by information from in vivo studies specifically designed to assess a drug-drug 1060 interaction. To be optimally informative, PopPK studies should have carefully designed study 1061 procedures and sample collection protocols. Simulations (e.g., by population-based PBPK 1062 models) can provide valuable insight into optimizing the study design (see section IV.A above). 1063 1064 Detailed information on the dose given and time of administration should be documented for the co-administered drugs. When relevant for the specific drug, the time of food consumption 1065 should be documented. Population analyses should focus on excluding a specific clinically 1066 meaningful PK change. A guidance for industry on *Population Pharmacokinetics* is available at 1067 (http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm064982. 1068 htm). Because exposure of co-administered drugs is not monitored in most PopPK studies, the 1069 1070 PopPK approach may not be useful to assess the effect of the investigational drugs on other 1071 drugs.

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V. **DESIGN OF IN VIVO DRUG-DRUG INTERACTION STUDIES**

1075 If in vitro studies and other information suggest that in vivo drug-drug interaction studies would 1076 be helpful (e.g., based on the decision trees in Figures 2-7), the following general issues and 1077 approaches should be considered. In the following discussion, the term substrate (S) is used to 1078 indicate the drug studied to determine whether its exposure is changed by another drug. The 1079 1080 other drug is termed the *interacting drug* (I).

- 1082 A.
- 1083

1081

Study Design

1084 In vivo drug-drug interaction studies generally are designed to compare substrate concentrations with and without the interacting drug. Because a specific study can address a number of 1085 1086 questions and clinical objectives, many study designs for investigating drug-drug interactions can be considered. In general, crossover designs in which the same subjects receive substrate 1087 with and without the interacting drug are more efficient. A study can use a randomized 1088 crossover (e.g., S followed by S+I, S+I followed by S), one-sequence crossover (e.g., S followed 1089 by S+I), or a parallel (S in one group of subjects and S+I in another group) design, and there may 1090

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be reason to have another period when the I is removed to assess effect duration. The following
possible dosing regimen combinations for a substrate and interacting drug can also be used:
single dose/single dose, single dose/multiple dose, multiple dose/single dose, and multiple
dose/multiple dose. Additional factors include consideration of the sequence of administration
and the time interval between dosing of substrate and inhibitor/inducer.

1096

1097 The selection of a study design depends on a number of factors for both the substrate and 1098 interacting drug, including (1) whether the substrate and/or interacting drug is used acutely or chronically; (2) safety considerations, including whether a substrate is a narrow therapeutic 1099 range (NTR)⁵ or non-NTR drug; (3) pharmacokinetic and pharmacodynamic characteristics of 1100 the substrate and interacting drugs; (4) whether there is a desire to assess induction as well as 1101 inhibition; (5) whether the inhibition is delayed; and (6) whether there is a need to assess 1102 persistence of inhibition or induction after withdrawal of the interacting drug. The interacting 1103 1104 drugs and the substrates should be dosed so that the exposures of both drugs are relevant to their clinical use, including the highest doses likely to be used in clinical practice, and plasma levels 1105 of both drugs should be obtained to show this. Simulations can help select an appropriate study 1106 design (see section IV.A). The following considerations may be useful: 1107

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1117

1109 When attainment of steady state is important, and either the substrate or interacting drug or their metabolites have long half-lives, one or both periods of a crossover 1110 study should be long, but several other approaches can be considered, depending on 1111 pharmacokinetic characteristics of the drug and metabolites. For example, if the 1112 substrate has a long half-life, a loading dose could be used to reach steady state 1113 concentrations earlier in a one-sequence crossover followed by an S+I period long 1114 enough to allow I to reach steady state (here too, using a loading dose could shorten 1115 that period). 1116

1118 When it is important that a substrate and/or an interacting drug be studied at steady state for a long duration because the effect of an interacting drug is delayed, as is the 1119 1120 case for inducers and TDIs, documentation that near steady state has been attained for the pertinent substrate drug and metabolites as well as the interacting drug is critical, 1121 and both S and I should be present long enough to allow the full effect to be seen. 1122 This documentation can be accomplished by sampling over several days prior to the 1123 periods when test samples are collected. This information is important for 1124 metabolites and the parent drug, particularly when the half-life of the metabolite is 1125 longer than the parent. It is also important when the interacting drug and metabolites 1126 are both metabolic inhibitors (or inducers). Finally, it is critical to evaluate the time it 1127 takes for the enzyme activities to return to normal when induction or TDI is involved 1128 so that a third crossover period in which the interacting drug (I) is removed will 1129 generally be recommended. 1130

⁵ NTR drugs are defined as those drugs for which there is little separation between therapeutic and toxic doses or the associated blood or plasma concentrations (i.e., exposures) (see page 40).

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• Studies can usually be open label (unblinded), unless pharmacodynamic endpoints 1132 (e.g., adverse events that are subject to bias) are critical to the assessment of the 1133 interaction. 1134 1135 1136 For a rapidly reversible inhibitor, administration of the interacting drug either just 1137 before or simultaneously with the substrate on the test day might increase sensitivity by ensuring maximum exposure to the two drugs together. For a mechanism-based 1138 1139 inhibitor (a drug that requires metabolism before it can inactivate the enzyme; an example is erythromycin), administration of the inhibitor prior to the administration 1140 of the substrate drug can maximize the effect. If the absorption of an interacting drug 1141 may be affected by other factors (e.g., the gastric pH), it may be appropriate to 1142 control the variables or confirm the absorption through plasma level measurements of 1143 the interacting drug. 1144 1145 1146 • Timing of administration may be critical in situations of concurrent inhibition and induction. For example, if the investigational drug is a substrate for both enzymes 1147 and OATP, and rifampin is used as an enzyme inducer, the simultaneous 1148 administration of the drug with rifampin (an OATP inhibitor) may underestimate 1149 enzyme induction, so delayed administration of the substrate is recommended. The 1150 optimal delayed time should be determined. In addition, it is critical to evaluate the 1151 duration of the interaction effect after the interacting drug has been removed. 1152 1153 When the effects of two drugs on one another are of interest, the potential for 1154 interactions can be evaluated in a single study or two separate studies. Some design 1155 options are randomized three-period crossover, parallel group, and one-sequence 1156 crossover. 1157 1158 To avoid variable study results because of uncontrolled use of dietary/nutritional 1159 • supplements, tobacco, alcohol, juices, or other foods that may affect various 1160 metabolizing enzymes and transporters during in vivo studies, it is important to 1161 1162 exclude, when appropriate, subjects who used prescription or over-the-counter medications, dietary/nutritional supplements, tobacco, or alcohol within 1 week prior 1163 1164 to enrollment. In addition, investigators should explain to subjects that for at least 1 week prior to the start of the study until its conclusion, they should not eat any food 1165 or drink/beverage containing alcohol, grapefruit or grapefruit juice, apple or orange 1166 juice, vegetables from the mustard green family (e.g., kale, broccoli, watercress, 1167 collard greens, kohlrabi, brussels sprouts, mustard), and *charbroiled meats*. In some 1168 instances, it is advisable to confine subjects to a study unit for the week prior to 1169 study. 1170 1171 1172 Because interactions might differ in subgroups of different pharmacogenetic 1173 genotypes, genotyping for the enzymes and transporters involved in the interaction should be carried out when appropriate. 1174 1175

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1176 B. **Study Population** 1177

1178

In most situations, clinical drug-drug interaction studies can be performed using healthy 1179 volunteers, and findings in healthy volunteers will predict findings in the patient population for 1180 which the drug is intended. Safety considerations, however, may preclude the use of healthy 1181 subjects in studies of certain drugs. In addition, there are circumstances in which subjects drawn 1182 1183 from the intended patient population offer advantages, including the opportunity to study pharmacodynamic endpoints not present in or relevant to healthy subjects. 1184 1185 1186 The extent of drug interactions (inhibition or induction) may be different depending on the

subjects' genotype for the specific enzyme or transporter being evaluated. For example, subjects 1187 lacking the major polymorphic clearance pathway will show reduced total metabolism or 1188

transport. However, alternative pathways can become quantitatively more important in these 1189

1190 subjects. In such cases, the alternative pathways should be understood and studied

appropriately. Thus, phenotype or genotype determinations to identify genetically determined 1191

metabolic or transporter polymorphisms are important when evaluating effects on enzymes or 1192 1193 transporters with polymorphisms, such as CYP2D6, CYP2C19, CYP2C9, UGT1A1, and OATP1B1 (SLCO1B1). In addition, it is valuable to specify the need for stratifying the 1194 1195 population based on genotype while conducting the DDI studies. Another alternative is to consider powering the study for the genotype status that is likely to have the highest potential for 1196 interaction.

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1200 С. **Choice of Substrate and Interacting Drugs**

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- 1. **CYP-Mediated Interactions**
- а. *The Investigational Drug as a Substrate of CYP Enzymes — Effect of Other* Drugs on Investigational Drugs

When testing an investigational drug for the possibility that its metabolism is inhibited or 1207 induced (i.e., as a substrate), selection of the interacting drugs should be based on in vitro 1208 or in vivo studies identifying the enzyme systems that metabolize the investigational 1209 drug. The choice of the interacting drug can then be based on known, important 1210 1211 inhibitors and inducers of the pathway under investigation. Strong inhibitors and inducers provide the most sensitive assessment and should generally be tested first. 1212 1213 Consider, for example, an investigational drug metabolized by CYP3A with the contribution of this enzyme to the overall elimination of this drug that is either substantial 1214 1215 $(\geq 25\%$ of the clearance pathway) or unknown. In this case, the inhibitor and inducer can be ketoconazole and rifampin, a strong inhibitor and a strong inducer, respectively. 1216 Other strong inhibitors or inducers are acceptable. If the study results are negative, then 1217 absence of a clinically important drug-drug interaction for the metabolic pathway is 1218 demonstrated. If the clinical study of the strong inhibitor or inducer is positive, the 1219

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1220	sponsor would generally evaluate effects through in vivo studies or mechanistic modeling
1221	of other less potent specific inhibitors or inducers, and develop labeling advice on dosage
1222	adjustment (the classification of CYP inhibitors and inducers is discussed in the next
1223	section; see Table 3 for a list of CYP inhibitors and Table 4 for CYP inducers). If the
1224	investigational drug is metabolized by CYP3A and its plasma AUC is increased 5-fold or
1225	higher by strong CYP3A inhibitors, it is considered a sensitive substrate of CYP3A. The
1226	labeling would indicate that the drug is a "sensitive CYP3A substrate" and that its use
1227	with strong or moderate inhibitors may call for caution, depending on the drug's
1228	exposure-response relationship. If the investigational drug is metabolized by CYP3A and
1229	its exposure-response relationship indicates that a two-fold increase in the exposure
1230	levels by the concomitant use of CYP3A inhibitors may lead to serious safety concerns
1231	(e.g., Torsades de Pointes), it is considered a "CYP3A substrate with narrow therapeutic
1232	range" (Table 5) (see section VI for more labeling recommendations).
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Table 3. Classification of In Vivo Inhibitors of CYP Enzymes⁽¹⁾

CYP	Strong Inhibitors ⁽²⁾	Moderate inhibitors ⁽³⁾	Weak inhibitors ⁽⁴⁾
Enzymes	\geq 5-fold increase in	\geq 2 but < 5-fold increase	\geq 1.25 but < 2-fold
	AUC	in AUC	increase in AUC
	or $> 80\%$ decrease in	or 50-80% decrease in	or 20-50% decrease in CL
	CL	CL	
CYP1A2	Ciprofloxacin,	Methoxsalen, mexiletine,	Acyclovir, allopurinol,
	enoxacin,	oral contraceptives,	caffeine, cimetidine,
	fluvoxamine	phenylpropanolamine,	Daidzein, ⁽⁵⁾ , disulfiram,
		thiabendazole,	Echinacea ⁽⁵⁾ famotidine,
		vemurafenib, zileuton	norfloxacin, propafenone,
			propranolol, terbinafine,
			ticlopidine, verapamil
CYP2B6			Clopidogrel, ticlopidine
			prasugrel
CYP2C8	Gemfibrozil ⁽⁰⁾		Fluvoxamine,
			ketoconazole,
			trimethoprim
CYP2C9		Amiodarone,	Capecitabine,
		fluconazole,	cotrimoxazole,
		miconazole, oxandrolone	etravirine, fluvastatin,
			iluvoxamine,
			metronidazole,
			sumpyrazone,
			ugecycline,
CVP2C10	Elucopazolo ⁽⁷⁾	Esomonrazolo	Alligin (garlig derivativo)
	fluvovamine ⁽⁸⁾	fluovetine moclobemide	armodafinil
	ticlonidine ⁽⁹⁾	omenrazole voriconazole	carbamazenine
	uelopianie		cimetidine
			etravirine
			human growth hormone
			(rhGH),
			felbamate,
			ketoconazole,
			oral contraceptives ⁽¹⁰⁾
СҮРЗА	Boceprevir,	Amprenavir, aprepitant,	Alprazolam, amiodarone,
	clarithromycin,	atazanavir, ciprofloxacin,	amlodipine, atorvastatin,
	conivaptan,	crizotinib,	bicalutamide, cilostazol,
	grapefruit juice, ⁽¹¹⁾	darunavir/ritonavir,	cimetidine,
	indinavir,	diltiazem, erythromycin,	cyclosporine, fluoxetine,
	itraconazole,	fluconazole,	fluvoxamine, ginkgo, ⁽⁵⁾

	ketoconazole, lopinavir/ritonavir, mibefradil, ⁽¹²⁾ nefazodone, nelfinavir, posaconazole, ritonavir, saquinavir, telaprevir, telithromycin, voriconazole	fosamprenavir, grapefruit juice, ⁽¹¹⁾ imatinib, verapamil	goldenseal, ⁽⁵⁾ isoniazid, lapatinib, nilotinib, oral contraceptives, pazopanib, ranitidine, ranolazine, tipranavir/ritonavir, ticagrelor, zileuton
CYP2D6	Bupropion, fluoxetine, paroxetine, quinidine	Cinacalcet, duloxetine, terbinafine	Amiodarone, celecoxib, clobazam, cimetidine, desvenlafaxine, diltiazem, diphenhydramine, Echinacea, ⁽⁵⁾ escitalopram, febuxostat, gefitinib, hydralazine, hydroxychloroquine, imatinib, methadone, oral contraceptives, pazopanib, propafenone, ranitidine, ritonavir, sertraline, telithromycin, verapamil, vemurafenib
 (1) Please note the following: This is not an exhaustive list. For an updated list, see the following link http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabe ling/ucm080499.htm. (2) A strong inhibitor for a specific CYP is defined as an inhibitor that increases the AUC of a substrate for that CYP by equal or more than 5-fold. (3) A moderate inhibitor for a specific CYP is defined as an inhibitor that increases the AUC of a sensitive substrate for that CYP by less than 5-fold but equal to or more than 2-fold. (4) A weak inhibitor for a specific CYP is defined as an inhibitor that increases the AUC of a sensitive substrate for that CYP by less than 2-fold but equal to or more than 5-fold. (5) Herbal product. (6) Gemfibrozil also inhibits OATP1B1. (7) Fluconazole is listed as a strong CYP2C19 inhibitor based on the AUC ratio of omeprazole, which is also metabolized by CYP3A; fluconazole is a moderate CYP3A inhibitor. (8) Fluvoxamine strongly inhibits CYP1A2 and CYP2C19, but also inhibits CYP2C8/2C9 and CYP3A; (9) Ticlopidine strongly inhibits CYP2C19 inhibition by ethinyl estradiol. (11) The effect of grapefruit juice varies widely among brands and is concentration-, dose-, and preparation- 			

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(11) The effect of grapefruit juice varies widely among brands and is concentration-, dose-, and preparation dependent. Studies have shown that it can be classified as a "strong CYP3A inhibitor" when a certain preparation was used (e.g., high dose, double strength) or as a "moderate CYP3A inhibitor" when

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1257 another preparation was used (e.g., low dose, single strength).1258 (12) Withdrawn from the United States market.

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Table 4. Classification of In Vivo Inducers of CYP Enzymes⁽¹⁾

1261

СҮР	Strong Inducers	Moderate Inducers	Weak Inducers
Enzymes	\geq 80% decrease in	50-80% decrease in	20-50% decrease in
· ·	AUC	AUC	AUC
CYP1A2		Montelukast,	Moricizine,
		phenytoin, smokers	omeprazole,
		versus non-smokers ⁽²⁾	phenobarbital,
CYP2B6		Efavirenz, rifampin	Nevirapine
CYP2C8		Rifampin	
CYP2C9		Carbamazepine,	Aprepitant, bosentan,
		rifampin	phenobarbital, St.
			John's wort ^(3,4)
CYP2C19		Rifampin	Artemisinin
CYP3A	Avasimibe, ⁽⁵⁾	Bosentan, efavirenz,	Amprenavir, aprepitant,
	carbamazepine,	etravirine, modafinil,	armodafinil,
	phenytoin, rifampin,	nafcillin	clobazamechinacea, ⁽⁴⁾
	St. John's wort ⁽³⁾		pioglitazone,
			prednisone, rufinamide,
			vemurafenib
CYP2D6	None known	None known	None known

1262 1263

1265

(1) Please note the following: This is not an exhaustive list. For an updated list, see the following link:
 http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabelia

http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabeling/ucm080499.htm.

- 1266 (2) For a drug that is a substrate of CYP1A2, the evaluation of the effect of induction of CYP1A2 can be 1267 carried out by comparative PK studies in smokers vs. non-smokers.
- 1268 (3) The effect of St. John's wort varies widely and is preparation-dependent.

1269 (4) Herbal product.

1270 (5) Not a marketed drug.

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1271Table 5. Examples⁽¹⁾ of Sensitive In Vivo CYP Substrates and CYP Substrates with1272Narrow Therapeutic Range

1273

СҮР	Sensitive substrates ⁽²⁾	Substrates with
Enzymes		narrow therapeutic range ⁽³⁾
CYP1A2	Alosetron, caffeine, dulavating melatonin remaltaon	Theophylline,
	tacrine, tizanidine	uzanidine
CYP2B6 ⁽⁴⁾	Bupropion, efavirenz	
CYP2C8	Repaglinide ⁽⁵⁾	Paclitaxel
CYP2C9	Celecoxib	Warfarin, phenytoin
CYP2C19	Clobazam, lansoprazole, omeprazole, S-	S-mephenytoin
	mephenytoin	
CYP3A ⁽⁶⁾	Alfentanil, aprepitant, budesonide,	Alfentanil,
	buspirone, conivaptan, darifenacin,	astemizole, ⁽⁷⁾
	darunavir, dasatinib, dronedarone,	cisapride, ⁽⁷⁾
	eletriptan, eplerenone, everolimus,	cyclosporine,
	felodipine, indinavir, fluticasone,	dihydroergotamine,
	lopinavir, lovastatin, lurasidone,	ergotamine, fentanyl,
	maraviroc, midazolam, nisoldipine,	pimozide, quinidine,
	quetiapine, saquinavir, sildenafil,	sirolimus, tacrolimus,
	simvastatin, sirolimus, tolvaptan,	terfenadine ⁽⁷⁾
	tipranavir, triazolam, ticagrelor, vardenafil	
CYP2D6	Atomoxetine, desipramine,	Thioridazine,
	dextromethorphan, metoprolol,	pimozide
	nebivolol, perphenazine, tolterodine,	
	venlafaxine	

1274 1275 1276 1277

(1) Note that this is not an exhaustive list. For an updated list, see the following link:

- http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabelin g/ucm080499.htm.
- 1278 (2) Sensitive CYP substrates refers to drugs whose plasma AUC values have been shown to increase 5-fold
 1279 or higher when co-administered with a known CYP inhibitor or AUC ratio in poor metabolizers vs.
 1280 extensive metabolizers is greater than 5-fold.
- (3) CYP substrates with narrow therapeutic range refers to drugs whose exposure-response relationship
 indicates that small increases in their exposure levels by the concomitant use of CYP inhibitors may lead to
 serious safety concerns (e.g., Torsades de Pointes).
- 1284 (4) The AUC of these substrates were not increased by 5-fold or more with a CYP2B6 inhibitor, but they 1285 represent the most sensitive substrates studied with available inhibitors evaluated to date.
- 1286 (5) Repaglinide is also a substrate for OATP1B1, and it is only suitable as a CYP2C8 substrate if the 1287 inhibition of OATP1B1 by the investigational drug has been ruled out.
- 1288 (6) Because a number of CYP3A substrates (e.g., darunavir, maraviroc) are also substrates of P-gp, the
- 1289 observed increase in exposure could be due to inhibition of both CYP3A and P-gp.
- 1290 (7) Withdrawn from the United States market.

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1291	
1292	NTR drugs are defined as those drugs for which there is little separation between
1292	therapeutic and toxic doses or the associated blood or plasma concentrations (i.e.
1293	avposures) In general the toxicity in question is serious toxicity not symptomatic
1294	reversible toxicity (most drugs have adverse affects of various kinds within the
1295	the service state of a loss drugs have adverse effects of various kinds within the
1296	therapeutic range).
1297	Classic examples of NTR drugs include:
1298 1299	• Warfarin, where a modest increase from the titrated (by international normalized ratio, INR) concentration can cause major bleeding.
1200	• Drugs with concentration related OT offects (cigarride asternizele defetilide) where
1300	• Drugs with concentration-related QT effects (cisapilde, asternizole, doletinde), where
1301	a previously tolerated dose could become toxic with a doubling of serum concentration.
1202	Most autotoxia analogia druga
1303	• Most cytotoxic oncologic drugs.
1304	Aminoglycoside antibiotics.
1305	
1306	Although there is no well-established rule, drugs for which a doubling of serum
1307	concentration would cause serious toxicity can be considered NIR. Note, however, that
1308	even reasonably well-tolerated drugs can become toxic if blood levels are greatly
1309	increased (e.g., by CYP450 inhibition). For example, lovastatin and simvastatin, used
1310	over a substantial dose range, can cause myopathy leading to rare and life-threatening
1311	rhabdomyolysis if taken with a strong CYP3A inhibitor (such as mibefradil, now
1312	removed from the U.S. market), which can cause a large-fold increase in blood levels.
1313	
1314	If an orally administered drug is a substrate of CYP3A and has low oral bioavailability
1315	because of extensive presystemic extraction by enteric CYP3A, grapefruit juice may have
1316	a significant effect on its systemic exposure. Use of the drug with grapefruit juice may
1317	call for caution, depending on the drug's exposure-response relationship (see section VI
1318	for labeling recommendations).
1319	
1320	If a drug is a substrate of CYP3A or P-gp and co-administration with St. John's wort, an
1321	inducer of this enzyme and transporter, can decrease the systemic exposure and
1322	effectiveness, St. John's wort will be listed in the labeling along with other known
1323	inducers, such as rifampin, rifapentin, phenytoin, carbamazepine, or phenobarbital, as
1324	possibly decreasing plasma levels of the drug.
1325	
1326	If a drug is metabolized by a polymorphic enzyme (such as CYP2D6, CYP2C9,
1327	CYP2C19, or UGT1A1), the comparison of pharmacokinetic parameters of this drug in
1328	poor metabolizers and extensive metabolizers may substitute for an interaction study for
1329	that particular pathway, as the PK in the poor metabolizers will indicate the effect of a
1330	strong inhibitor. When the study suggests the presence of a significant interaction with

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strong inhibitors or in poor metabolizers, further evaluation, including mechanistic 1331 modeling with weaker inhibitors or intermediate metabolizers, may be recommended. 1332 1333 b. The Investigational Drug as an Inhibitor or an Inducer of CYP Enzymes — Effect 1334 of Investigational Drugs on Other Drugs 1335 1336 1337 When studying an investigational drug as the interacting drug, the choice of substrates (approved drugs) for initial in vivo studies depends on the P450 enzymes affected by the 1338 interacting drug. When testing inhibition, the substrate selected should generally be one 1339 whose pharmacokinetics are markedly altered by the co-administration of known specific 1340 inhibitors of the enzyme systems (sensitive substrates) to see the largest impact of the 1341 interacting investigational drug. Examples of such substrates include (1) midazolam for 1342 CYP3A; (2) theophylline for CYP1A2; (3) bupropion for CYP2B6; (4) repaglinide for 1343 1344 CYP2C8; (5) warfarin for CYP2C9 (with the evaluation of S-warfarin); (6) omeprazole for CYP2C19; and (7) designamine for CYP2D6 (see Table 5 above for additional 1345 substrates). If the initial study determines that an investigational drug either inhibits or 1346 induces metabolism of sensitive substrates, further studies using other substrates, 1347 representing a range of therapeutic classes, based on the likelihood of co-administration, 1348 may be useful. If the initial study with the most sensitive substrates is negative, it can be 1349 presumed that less sensitive substrates also will be unaffected. It should be noted that 1350 several of the substrates recommended for drug interaction studies are not specific 1351 because they are substrates for more than one CYP enzyme or may be substrates for 1352 transporters. While a given substrate may not be metabolized by a single enzyme (e.g., 1353 dextromethorphan elimination is carried out primarily by CYP2D6 but other enzymes 1354 1355 also contribute in a minor way), its use in an interaction study is appropriate if the inhibitor (the investigational drug) to be evaluated is selective for the CYP enzyme of 1356 interest. 1357 1358 If an investigational drug is a CYP inhibitor, it may be classified as a strong, moderate, or 1359 weak inhibitor based on its effect on a sensitive CYP substrate. For example, CYP3A 1360 inhibitors can be classified based on the magnitude of the change in plasma AUC of oral 1361 midazolam or other CYP3A substrates that are similar in characteristics (e.g., fm (% 1362 clearance contributed by CYP3A), half-life, not subject to transporter effect) as 1363 midazolam, when the substrate is given concomitantly with the inhibitor (see Table 3 1364 above). If the investigational drug increases the AUC of oral midazolam or other CYP3A 1365 substrates by 5-fold or higher (> 5-fold), it can be considered a *strong* CYP3A inhibitor. 1366 If the investigational drug, when given at its highest dose and shortest dosing interval (to 1367 1368 maximize exposure and inhibitory effect), increases the AUC of oral midazolam or other sensitive CYP3A substrates by between 2- and 5-fold (> 2- and <5-fold), it can be 1369 1370 considered a *moderate* CYP3A inhibitor. If the investigational drug, when given at the highest dose and shortest dosing interval, increases the AUC of oral midazolam or other 1371 sensitive CYP3A substrates by between 1.25- and 2-fold (> 1.25- and < 2-fold), it can be 1372 1373 considered a weak CYP3A inhibitor. When the investigational drug is determined to be an inhibitor of CYP3A, its interaction with CYP3A substrates should be described in 1374

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1375	various sections of the labeling, as appropriate (see section VI, Labeling
1376	Recommendations).
1377	
1378	When an in vitro evaluation does not rule out the possibility that an investigational drug
1379	is an inducer of CYP3A (see section IV.A), an in vivo evaluation can be conducted using
1380	the most sensitive substrate (e.g., oral midazolam, see Table 5 above). When midazolam,
1381	the most sensitive substrate, is co-administered orally following the administration of
1382	multiple doses of the investigational drug, and there is no interaction, it can be concluded
1383	that the investigational drug is not an inducer of CYP3A (in addition to the conclusion
1384	that it is not an inhibitor of CYP3A). A caveat to this interpretation is that if the
1385	investigational drug is both an inducer and inhibitor of CYP3A, such as ritonavir, the net
1386	effect at any time it is introduced may vary. In this case, the net effect of the drug on
1387	CYP3A function may be time-dependent.
1388	
1389	In vivo induction evaluations have often been conducted using oral contraceptives as the
1390	substrate. However, oral contraceptives are not the most sensitive substrates for CYP3A,
1391	so a negative result does not exclude the possibility that the investigational drug is an
1392	inducer of CYP3A. Some compounds listed in Table 5 as sensitive substrates for the
1393	other enzymes can also be used as substrates with the investigational drug as an inducer.
1394	For example, omeprazole and repaglinide are CYP2C19 and CYP2C8 substrates,
1395	respectively, but they are also metabolized by CYP3A. If omeprazole is used as a
1396	substrate to study CYP2C19 induction, measurement of its metabolites (CYP2C19-
1397	mediated hydroxy-omeprazole and CYP3A4-mediated omeprazole sulfone) will be
1398	recommended for the interpretation of the study results.
1399	
1400	
1401	2. Transporter-Mediated Interactions
1402	
1403	Similar to CYP enzymes, transporters may be inhibited or induced. Inhibition of
1404	transporters by interacting drugs can lead to altered exposure of other drugs that are
1405	substrates of transporters. Therefore, the potential for an investigational drug as a
1406	substrate, inhibitor, or inducer for transporters should be evaluated during drug
1407	development.
1408	
1409	Clinically significant P-gp-mediated drug interactions, mostly related to digoxin, have
1410	been reported (Table 1). With the availability of genetic tools, our understanding of roles
1411	of other transporters in drugs' ADME, and transporter-based interactions has improved.
1412	A recent genome-wide association study showed that OATP1B1 polymorphism was
1413	associated with increased incidence of myopathy in patients taking 80 mg of simvastatin
1414	daily (Link et al. 2008). Cyclosporine increases some statin drugs' exposure 5- to 10-
1415	fold, which appeared to be mediated by inhibition of OATP and possibly BCRP (Table
1416	1). These data indicate that significant interactions between drugs can occur at the
1417	transporter level.
1418	

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1419	In this guidance, BCRP, OATP, OATs, and OCTs are considered important transporters
1420	in addition to P-gp (International Transporter Consortium 2010) and should be routinely
1421	evaluated. Refer to Figure 6 for a possible decision tree that could be used to guide the
1422	decision of when to study these transporters in vitro during drug development.
1423	Additional decision trees to determine when to evaluate drug interactions in vivo are
1424	presented in the Appendix (Figures A1-6).
1425	
1426	Because the field of transporter pharmacology is rapidly evolving, other transporters
1427	(e.g., multidrug resistance-associated proteins (MRPs), multidrug and toxin extrusion
1428	(MATE) transporters, and bile salt export pump (BSEP) transporters) should be
1429	considered when appropriate.
1430	
1431	
1432	a. The Investigational Drug as a Substrate of Transporters — the Effect of Other
1433	Drugs on an Investigational Drug
1434	
1435	When testing an investigational drug for the possibility that its transport is inhibited or
1436	induced (i.e., as a substrate), selection of the interacting drugs should be based on in vitro
1437	or in vivo studies identifying the transporters that are involved in the absorption and
1438	disposition of the investigational drug (e.g., absorption and efflux in the gastrointestinal
1439	tract, uptake and secretion in the liver, and the secretion and re-absorption in the kidney).
1440	The choice of the interacting drug should be based on known, important inhibitors of the
1441	pathway under investigation. Strong inhibitors provide the most sensitive assessment and
1442	should generally be tested first. As there is overlapping selectivity in substrate and
1443	inhibitor among transporters, negative results from a study using a broad inhibitor may
1444	rule out the possibility for drug interaction mediated by multiple pathways. For example,
1445	it may be appropriate to use an inhibitor of many transporters (e.g., cyclosporine, which
1446	inhibits P-gp, OATP, and BCRP) to study its effect on a drug that may be a substrate for
1447	these transporters. A negative result rules out the involvement of these transporters in the
1448	drug's disposition. However, if the result is positive, it will be difficult to determine the
1449	relative contribution of each transporter to the disposition of the substrate drug.
1450	In contrast, if the goal of the study is to determine the role of a specific pathway in the
1451	PK of a substrate drug, then a selective and potent inhibitor for that transporter should be
1452	used. Table 6 lists examples of inhibitors and inducers of selected transporters.
1453	
1454	As an alternative, comparative PK of an investigational drug in subjects with different
1455	genotypes of specific transporters (e.g., OATP1B1 c.521 T vs C) can be evaluated to
1456	determine the importance of a specific transporter in the clearance pathway for the drug.
1457	On the other hand, polymorphism data on P-gp is controversial and may not be used to
1458	determine the role of P-gp in the disposition of investigational drugs that are substrates of
1459	P-gp.
1460	

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1461 **Table 6. Examples of In Vivo Inhibitors and Inducers of Selected Transporters**⁽¹⁾

1462

Transporter	Gene	Inhibitor ⁽²⁾	Inducer ⁽³⁾
P-gp	ABCB1	Amiodarone, azithromycin, ⁽⁴⁾	Avasimibe, ⁽⁶⁾
		captopril, carvedilol,	carbamazepine, ⁽⁷⁾
		clarithromycin, conivaptan,	phenytoin, rifampin,
		cyclosporine, diltiazem,	St John's wort, ⁽⁸⁾
		dronedarone, erythromycin, ⁽⁵⁾	tipranavir/ritonavir
		felodipine, itraconazole,	-
		ketoconazole, ⁽⁴⁾ lopinavir and	
		ritonavir, quercetin, ⁽⁴⁾ quinidine,	
		ranolazine, ticagrelor, verapamil	
BCRP	ABCG2	Cyclosporine, elacridar	Not known
		(GF120918), eltrombopag, gefitinib	
OATP1B1	SLCO1B1	Atazanavir, ⁽¹⁰⁾ cyclosporine,	Not known
		eltrombopag, gemfibrozil,	
		lopinavir, ⁽¹⁰⁾ rifampin, ⁽⁹⁾ ritonavir,	
		⁽¹¹⁾ saquinavir, ⁽¹⁰⁾ tipranavir ⁽¹⁰⁾	
OATP1B3	SLCO1B3	Atazanavir, ⁽¹⁰⁾ cyclosporine,	Not known
		lopinavir, ⁽¹⁰⁾ rifampin, ⁽⁹⁾	
		ritonavir, ⁽¹¹⁾ saquinavir ⁽¹⁰⁾	
OCT2	SLC22A2	Cimetidine, quinidine	Not known
OAT1	SLC22A6	Probenecid	Not known
OAT3	SLC22A8	Probenecid cimetidine, diclofenac	Not known
(1) Please note this is not an exhaustive list. For an updated list, see the following link			
http://www.fda.	gov/Drugs/Devel	opmentApprovalProcess/DevelopmentResourc	es/DrugInteractionsLabelin
<u>g/ucm080499.htm</u> .			
(2) infinitions listed for P-gp are those that showed $>25\%$ increase in digoxin AUC or otherwise indicated if substrate is other than digoxin			
(3) Inducers listed for P-gp are those that showed $\geq 20\%$ decrease in digoxin AUC or otherwise indicated			
if substrate is other than digoxin.			

- (4) Inhibitors listed are those that showed >25% increase in fexofenadine AUC.
 - (5) Inhibitors listed are those that showed >25% increase in talinolol AUC.
- 1472 (6) Not a marketed drug.
 - (7) Inducers listed are those that showed $\geq 20\%$ decrease in fexofenadine AUC.
- 1474 (8) Herbal product.
- 1475 (9) Given as a single dose.
- 1476 (10) In vitro inhibitors for OATP. Separation of the in vivo inhibition effect from ritonavir is difficult
 1477 because this drug is usually co-administered with ritonavir.
- 1478 (11) The in vivo inhibition effect of ritonavir cannot be easily estimated because it is usually co-
- 1479 administered with other HIV protease inhibitors that are inhibitors for OATP as well.

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1481	b. The Investigational Drug as an Inhibitor or an Inducer of Transporters — Effect
1482	of the Investigational Drugs on Other Drugs
1483	
1484	When studying an investigational drug as the interacting drug, the choice of substrates
1485	(approved drugs in the United States) for initial in vivo studies depends on the transport
1486	pathway that may be affected by the interacting drug. In general, when testing inhibition,
1487	the substrate selected should be one whose pharmacokinetics are markedly altered by co-
1488	administration of known specific inhibitors of the transporter pathway to see the largest
1489	impact of the interacting investigational drug. The choice of substrates can also be
1490	determined by the therapeutic area of the investigational drug and the probable co-
1491	administered drugs that are known substrates for transporters. Table 7 lists selected
1492	examples of substrates for P-gp, BCRP, OATP1B1, OATP1B3, OCT2, OAT1, and
1493	OAT3. However, because many drugs are substrates of multiple transporters or enzymes,
1494	specific substrates for each transporter are not available. For example, rosuvastatin is a
1495	substrate for BCRP, OATP1B1, and OATP1B3; lapatinib is a substrate for both P-gp and
1496	BCRP. The observed clinical interactions may be a result of inhibition of multiple
1497	pathways if the investigational drug is also an inhibitor for the same multiple pathways.

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Table 7. Examples of In Vivo Substrates for Selected Transporters⁽¹⁾

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Transporter	Gene	Substrate		
P-gp	ABCB1	Aliskiren, ambrisentan, colchicine, dabigatran etexilate,		
		digoxin, everolimus, fexofenadine, imatinib, lapatinib,		
		maraviroc, nilotinib, posaconazole, ranolazine, saxagliptin,		
		sirolimus, sitagliptin, talinolol, tolvaptan, topotecan		
BCRP	ABCG2	Methotrexate, mitoxantrone, imatinib, irrinotecan,		
		lapatinib, rosuvastatin, sulfasalazine, topotecan		
OATP1B1	SLCO1B1	Atrasentan, atorvastatin, bosentan, ezetimibe, fluvastatin,		
		glyburide, SN-38 (active metabolite of irinotecan),		
		rosuvastatin, simvastatin acid, pitavastatin, pravastatin,		
		repaglinide, rifampin, valsartan, olmesartan		
OATP1B3	SLCO1B3	Atorvastatin, rosuvastatin, pitavastatin, telmisartan, ⁽²⁾		
		valsartan, olmesartan		
OCT2	SLC22A2	Amantadine, amiloride, cimetidine, dopamine, famotidine,		
		memantine, metformin, pindolol, procainamide, ranitidine,		
		varenicline, oxaliplatin		
OAT1	SLC22A6	Adefovir, captopril, furosemide, lamivudine, methotrexate,		
		oseltamivir, tenofovir, zalcitabine, zidovudine		
OAT3	SLC22A8	Acyclovir, bumetanide, ciprofloxacin, famotidine,		
		furosemide, methotrexate, zidovudine, oseltamivir acid,		
		(the active metabolite of oseltamivir), penicillin G,		
		pravastatin rosuvastatin sitaglintin		

 Please note this is not an exhaustive list. For an updated list, see the following link <u>http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabeling/ucm080499.htm</u>.

(2) Selective for OATP1B3.

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Because of the lack of a validated in vitro system to study transporter induction, the 1507 definitive determination of induction potential of an investigator on transporters is based on in vivo induction studies. The sponsor should consult with FDA about studying 1508 induction of transporters in vivo. For example, because of similarities in the mechanisms 1509 of CYP3A and P-gp induction, information from the testing of CYP3A inducibility can 1510 inform decisions about P-gp. If an investigational drug is found not to induce CYP3A in 1511 vitro, no further tests of CYP3A and P-gp induction in vivo are necessary. If a study of 1512 the investigational drug's effect on CYP3A activity in vivo is indicated from a positive in 1513 vitro screen, but the drug is shown not to induce CYP3A in vivo, then no further test of 1514 P-gp induction in vivo is necessary. However, if the in vivo CYP3A induction test is 1515 positive, then an additional study of the investigational drug's effect on a P-gp probe 1516 substrate is recommended. If the drug is also an inhibitor for P-gp, then the induction 1517 study can be conducted with the inhibitor study using a multiple-dose design. 1518

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1520 *3. Cocktail Approach*

1522 Simultaneous administration of a mixture of substrates of multiple CYP enzymes and transporters in one study (i.e., a "cocktail approach") in human volunteers is another way 1523 to evaluate a drug's inhibition or induction potential, provided that the study is designed 1524 properly and the following factors are present: (1) the substrates are specific for 1525 individual CYP enzymes or transporters; (2) there are no interactions among these 1526 substrates; and (3) the study is conducted in a sufficient number of subjects (see section 1527 V.G). Negative results from a well-conducted cocktail study can eliminate the need for 1528 further evaluation of particular CYP enzymes. However, positive results can indicate 1529 that further in vivo evaluation should be conducted to provide quantitative exposure 1530 changes (such as AUC, C_{max}), if the initial evaluation only assessed the changes in the 1531 urinary parent to metabolite ratios. The data generated from a cocktail study can 1532 1533 supplement data from other in vitro and in vivo studies in assessing a drug's potential to inhibit or induce CYP enzymes and transporters. 1534

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4. *Complex Drug Interactions*

a. Multiple CYP Inhibitors

There may be situations when an evaluation of the effect of multiple CYP inhibitors on the drug can be informative. For example, it may be appropriate to conduct an interaction study with more than one inhibitor simultaneously if all of the following conditions are met: (1) the drug exhibits blood concentration-dependent important safety concerns; (2) multiple CYP enzymes are responsible for the metabolic clearance of the drug; (3) the predicted residual or non-inhibitable drug clearance is low. Under these conditions, the effect of multiple CYP-selective inhibitors on the investigational drug's blood AUC may be much greater than when the inhibitors are given individually with the drug, and more than the product of changes in AUC observed with each individual inhibitor. The magnitude of the combined effect will depend on the residual fractional clearance (the smaller the fraction, the greater the concern) and the relative fractional clearances of the inhibited pathways. Modeling and simulation approaches can help project the magnitude of the effect based on single pair drug interaction studies.

If results from a study with a single inhibitor have already triggered a major safety concern (i.e., a contraindication), multiple inhibitor studies are unlikely to add value.

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b. Enzyme/Transporter Interplay

1560There is an overlap in enzyme and transporter specificity. For example, there is1561considerable overlap between CYP3A and P-gp inhibitors and inducers. Itraconazole1562inhibits CYP3A and P-gp and rifampin induces CYP3A and P-gp. However, dual1563inhibitors for CYP3A and P-gp do not necessarily have similar inhibition potency on

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1564	CYP3A and P-gp (Table 8). For example, the strong CYP3A inhibitor voriconazole does
1565	not cause a large increase in exposure of a P-gp substrate, such as digoxin or
1566	fexofenadine. In addition, some potent P-gp inhibitors such as amiodarone and quinidine
1567	(causing \geq 1.5-fold change in digoxin or fexofenadine AUC) are weak CYP3A inhibitors.
1568	The differential inhibition effects on CYP3A and P-gp should be considered when
1569	inhibitors are selected for study of interactions with an investigational drug that is a
1570	CYP3A, P-gp, or dual CYP3A and P-gp substrate (Zhang et al. 2009). To assess the
1571	worst case scenario for a dual CYP3A and P-gp substrate, inhibition should be studied
1572	using an inhibitor that shows strong inhibition for both P-gp and CYP3A, such as
1573	itraconazole. However, under this condition, if the result is positive, specific attribution
1574	of an AUC change to P-gp or CYP3A4 may not be possible. For labeling purposes,
1575	evaluation either through in vivo interaction studies or mechanistic modeling with less
1576	strong inhibitors for either pathways or inhibitors for one particular pathway only may be
1577	recommended. If the goal is to determine the specific contribution of CYP3A or P-gp on
1578	the AUC change, then a strong inhibitor for CYP3A only or a potent inhibitor for P-gp
1579	only should be selected to discern the effect of CYP3A vs. P-gp. Table 8 lists examples
1580	of CYP3A and P-gp inhibitors and their relative potency.
1581	

1582 Table 8. Examples of In Vivo CYP3A and P-gp Inhibitors and Their Relative Potency

1583

	P-gp Inhibitor	Non-P-gp Inhibitor
Strong CYP3A	Itraconazole,	Voriconazole
Inhibitor	lopinavir/ritonavir, telaprevir,	
	clarithromycin, ritonavir,*	
	ketoconazole,*	
	indinavir/ritonavir,*conivaptan	
Moderate	Verapamil, erythromycin,*	None identified
СҮРЗА	diltiazem, dronedarone	
Inhibitor		
Weak CYP3A	Lapatinib, quinidine,	Cimetidine
Inhibitor	ranolazine, amiodarone,	
	felodipine, azithromycin*	

* Data derived with fexofenadine; all other data were derived with digoxin.

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1586Notes:1587(1) The University of Washington Drug Interaction Database was used to search the data that defined the in1588vivo potency of various inhibitors for CYP3A (midazolam was searched as a substrate) and P-gp (digoxin1589or fexofenadine was searched as a substrate).

1589or fexofenadine was searched as a substrate).1590(2) P-gp inhibitors or non-P-gp inhibitors are defined as those drugs that increase the AUC of digoxin or1591fexofenadine by \geq 1.25-fold or <1.25-fold, respectively. (The asterisk indicates data derived with</td>1592fexofenadine; all other data were derived with digoxin.)

1593(3) Strong, moderate, or weak CYP3A inhibitors are defined as those drugs that increase the AUC of oral1594midazolam or other CYP3A substrates ≥5-fold, 2-5-fold, and 1.25-2-fold, respectively.

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In addition to the possibility that a drug is an inhibitor or inducer of multiple 1596 enzymes/transporters, a drug can be an inhibitor of one enzyme/transporter and inducer 1597 1598 of another enzyme/transporter. For example, ritonavir is an inhibitor of CYP3A and an inducer of UGT; tipranavir is an inhibitor of CYP3A and an inducer of P-gp. Rifampin, 1599 an established inducer of multiple CYP enzymes and transporters, was recently found to 1600 be an inhibitor of the uptake transporter OATP1B1 and may inhibit the uptake of an 1601 1602 investigational drug that is a substrate of OATP1B1. Accordingly, if a drug is a CYP enzyme substrate and an OATP1B1 substrate, an induction study with rifampin should be 1603 designed and interpreted carefully. The net steady state effect may vary depending on 1604 the relative size of the individual effect on transporter and enzyme activities. Timing of 1605 administration may become critical in situations when both enzymes and transporters can 1606 be affected. These overlapping selectivities contribute to complex drug interactions and 1607 make the prediction of in vivo outcome based on in vitro evaluation challenging or 1608 1609 impossible (Zhang et al. 2009). 1610 The implications of simultaneous inhibition of a dominant CYP enzyme(s) and an uptake 1611 or efflux transporter that controls the availability of the drug to CYP enzymes can be just 1612 1613 as profound as that of multiple CYP inhibition. For example, the large effect of coadministration of itraconazole and gemfibrozil on the systemic exposure (AUC) of 1614 repaglinide may be attributed to collective inhibitory effects on both the enzyme 1615 (CYP2C8) and transporters (OATP1B1) by intraconazole and gemfibrozil and their 1616 respective metabolites. 1617 1618 Effect of Organ Impairment 1619 с. 1620 Another type of complex drug interaction is the co-administration of substrate and 1621 enzyme/transporter inhibitor in subjects with organ impairment. For example, if a 1622 substrate drug is eliminated through both hepatic metabolism and renal 1623 secretion/filtration, the use of an enzyme inhibitor in subjects with renal impairment may 1624 cause a more than projected increase in exposure of substrate drug based on individual 1625 effect alone. 1626 1627 Unfortunately, current knowledge does not permit the presentation of specific guidance 1628 for studying some of these complex drug interaction scenarios because dedicated in vivo 1629 1630 studies in humans may not be feasible or may raise ethical and practical considerations. 1631 Modeling and simulation approaches integrating prior in vitro and in vivo ADME and drug interaction data may be useful for evaluating complex drug interactions. For 1632 1633 example, results from dedicated single pair drug interaction studies and separate pharmacokinetic evaluation in subjects with organ impairment may provide useful 1634 1635 information to strengthen the model for the evaluation of complex drug interactions. 1636 d. Pediatrics and Geriatrics 1637 1638 Age-related changes in physiological processes governing drug disposition and drug

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1640	effect have been investigated. In some cases, disproportional alterations in binding
1641	proteins, drug metabolizing enzymes and/or transporters, and renal filtration/secretion
1642	caused by developmental changes have been known to result in different drug disposition
1643	characteristics in pediatric and geriatric populations. However, dedicated drug
1644	interaction studies in these populations may not be feasible. Simulations using system
1645	biology approaches such as PBPK models (see section IV.A) may be helpful to predict
1646	drug interaction potential when the model can be constructed based on sufficient in vitro
1647	and clinical pharmacology and drug interaction data and incorporates development
1648	changes. Population pharmacokinetic approaches with sparse sampling can be used if
1649	properly designed (section IV.C).
1650	
1651	e. Genetics
1652	
1653	When a drug-drug interaction study uses a probe drug (e.g., omeprazole for CYP2C19) to
1654	evaluate the impact of the investigational drug on a polymorphic enzyme, individuals
1655	who have no functional enzyme activity would not be appropriate study subjects. Drug
1656	interaction studies that evaluate enzymes or transporters with known polymorphisms
1657	should include collection of genotype or phenotype information to allow appropriate
1658	interpretation of the study results. In some instances, an evaluation of the extent of drug
1659	interactions in subjects with various genotypes may be helpful (refer to the FDA
1660	guidance for industry on Clinical Pharmacogenomics: Premarketing Evaluation in Early
1661	Phase Clinical Studies,
1662	http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm0
1663	<u>64982.htm</u>).
1664	

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D. Route of Administration

The route of administration chosen for a metabolic drug-drug interaction study is important. For 1667 an investigational agent, the route of administration generally should be the one planned for 1668 clinical use. When multiple routes are being developed, the need for metabolic drug-drug 1669 interaction studies by each route depends on the expected mechanisms of interaction and the 1670 similarity of corresponding concentration-time profiles for parent drug and metabolites. If only 1671 oral dosage forms will be marketed, studies with an intravenous formulation are not usually 1672 recommended, although information from oral and intravenous dosing may be useful in 1673 discerning the relative contributions of alterations in absorption and/or presystemic clearance to 1674 1675 the overall effect observed for a drug interaction. Sometimes certain routes of administration can reduce the utility of information from a study. For example, intravenous administration of a 1676 substrate drug may not reveal an interaction for substrate drugs where intestinal CYP3A activity 1677 markedly alters bioavailability. 1678

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1680 E. Dose Selection

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1682 The doses of the substrate and interacting drug used in studies should maximize the possibility of 1683 demonstrating an interaction. For this reason, the maximum planned or approved dose and

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1684 shortest dosing interval of the interacting drug (as inhibitors or inducers) should be used. For example, when using ketoconazole as an inhibitor of CYP3A, the decision whether to dose at 1685 1686 400 mg QD or 200 mg BID for multiple days can be determined based on the pharmacokinetic characteristics (e.g., the half-life) of the substrate drug (Zhao et al. 2009). When using rifampin 1687 as an inducer, dosing at 600 mg QD for multiple days would be preferable to lower doses. When 1688 there are safety concerns, doses lower than those used clinically may be recommended for 1689 1690 substrates. In such instances, any limitations of the sensitivity of the study to detect the drug-1691 drug interaction due to the use of lower doses should be discussed by the sponsor in the protocol 1692 and study report.

1694 F. Endpoints

1695

1693

Changes in pharmacokinetic parameters generally are used to assess the clinical importance of 1696 1697 drug-drug interactions. Interpretation of findings (i.e., deciding whether a given effect is clinically important) depends on a good understanding of dose/concentration and 1698 concentration/response relationships for both desirable and undesirable drug effects in the 1699 general population or in specific populations. The FDA guidance for industry on Exposure-1700 1701 Response Relationships — Study Design, Data Analysis, and Regulatory Applications 1702 (http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm064982. htm) provides considerations in the evaluation of exposure-response relationships. In certain 1703 instances, reliance on pharmacodynamic endpoints in addition to pharmacokinetic measures 1704 and/or parameters may be useful. Examples include INR measurement (e.g., when studying 1705 warfarin interactions) or QT interval measurements. 1706

1707 1708

- 1. Pharmacokinetic Endpoints
- Substrate PK exposure measures such as AUC, C_{max} , time to C_{max} (T_{max}), and others as 1710 appropriate should be obtained in every study. Calculation of pharmacokinetic 1711 parameters such as clearance, volumes of distribution, and half-lives may help in the 1712 interpretation of the results of the trial. In some cases, obtaining these measures for the 1713 inhibitor or inducer may be of interest as well, notably where the study is intended to 1714 1715 assess possible changes in the disposition of both study drugs. Additional measures may help in steady state studies (e.g., trough concentration) to demonstrate that dosing 1716 strategies were adequate to achieve near steady state before and during the interaction. In 1717 certain instances, an understanding of the relationship between dose, blood 1718 1719 concentrations, and response may lead to a special interest in certain pharmacokinetic measures and/or parameters. For example, if a clinical outcome is most closely related to 1720 peak concentration (e.g., tachycardia with sympathomimetics), C_{max} or an early exposure 1721 measure may be most appropriate for evaluation. Conversely, if the clinical outcome is 1722 1723 related more to extent of absorption, AUC would be preferred. The frequency of sampling should be adequate to allow accurate determination of the relevant measures 1724 1725 and/or parameters for the parent molecule and metabolites. For the substrate, whether the investigational drug or the approved drug, determination of the pharmacokinetics of 1726 relevant metabolites is important. Also, measurement of these metabolites may be useful 1727

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1728to differentiate the effect of inhibitor/inducer on pathways mediated by different CYP1729enzymes.

1730 1731

2. Pharmacodynamic Endpoints

1732 Pharmacokinetic measures are usually sufficient for drug-drug interaction studies, 1733 although pharmacodynamic measures can sometimes provide additional useful 1734 information, especially for therapeutic proteins. Pharmacodynamic measures may be 1735 indicated when a pharmacokinetic/pharmacodynamic relationship for the substrate 1736 endpoints of interest is not established or when pharmacodynamic changes do not result 1737 solely from pharmacokinetic interactions (e.g., additive effect of quinidine and tricyclic 1738 antidepressants on QT interval). In most cases, when an approved drug is studied as a 1739 substrate, the pharmacodynamic impact of a given change in blood level (C_{max}, AUC) 1740 1741 caused by an investigational interacting drug should be known from other data. If a PK/PD study is needed, it generally should include a larger population of 1742 subjects/patients than the typical PK study (e.g., a study of QT interval effects or platelet 1743 aggregation effects). 1744

17451746 G. Statistical Considerations and Sample Size

1740

The goal of the interaction study is to determine whether there is any increase or decrease in exposure to the substrate in the presence of the interacting drug. If there is, its implications should be assessed by an understanding of PK/PD relations both for C_{max} and AUC.

1751

1752Results of drug-drug interaction studies should be reported as 90% confidence intervals about1753the geometric mean ratio of the observed pharmacokinetic measures with (S+I) and without the1754interacting drug (S alone). Confidence intervals provide an estimate of the distribution of the1755observed systemic exposure measure ratio of (S+I) versus (S alone) and convey a probability of1756the magnitude of the interaction. In contrast, tests of significance are not appropriate because1757small, consistent systemic exposure differences can be statistically significant (p < 0.05), but not</td>1758clinically relevant.

1759

When a drug-drug interaction of potential importance is clearly present, the sponsor should provide specific recommendations regarding the clinical significance of the interaction based on what is known about the dose-response and/or PK/PD relationship for the substrate drug used in the study. This information can form the basis for reporting study results and for making recommendations in the labeling. FDA recognizes that dose-response and/or PK/PD information can sometimes be incomplete or unavailable, especially for an older approved drug used as a substrate.

1767

1768 If the sponsor wishes to include a statement in the labeling that no known drug-drug interaction

1769 of clinical significance exists, the sponsor should recommend specific *no effect* boundaries, or

- 1770 clinical equivalence intervals, for a drug-drug interaction and should provide the scientific
- 1771 justification for the recommendations. No effect boundaries represent the interval within which

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a change in a systemic exposure measure is considered not clinically meaningful. These

conclusions can be based on dose-response data (e.g., if doses of x and 2x are known not to have
 different effectiveness or toxic effects) or on PK/PD modeling (a known flat concentration-

- response relationship).
- 1776
- 1777 There are two approaches to defining no effect boundaries:
- 1778

Approach 1: No effect boundaries can be based on the population (group) average dose-related
and/or individual concentration-response relationships derived from PK/PD models, and other
available information for the substrate drug to define a degree of difference caused by the
interaction that is of no clinical consequence. If the 90% confidence interval for the systemic
exposure measurement change in the drug-drug interaction study falls completely within these
no effect boundaries, the sponsor can conclude that no clinically significant drug-drug

- 1785 interaction is present.
- 1786

Approach 2: In the absence of no effect boundaries defined in Approach 1, a sponsor can use a
default no effect boundary of 80-125% for both the investigational drug and the approved drugs
used in the study. When the 90% confidence intervals for systemic exposure ratios fall entirely
within the equivalence range of 80-125%, standard Agency practice is to conclude that no
clinically significant differences are present. This is, however, a very conservative standard and
a substantial number of subjects (sample size) would need to be studied to meet it.

1793

The selection of the number of subjects for a given drug-drug interaction study will depend on
how small an effect is clinically important to detect or rule out the inter- and intra-subject
variability in pharmacokinetic measurements, and possibly other factors or sources of variability
not well recognized.

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1800 VI. LABELING RECOMMENDATIONS

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Drug interaction information is generally included in the DRUG INTERACTIONS and 1802 CLINICAL PHARMACOLOGY sections of labeling and presents information that is essential 1803 for prescribers to appropriately use the drug. When drug interaction information has important 1804 implications for the safe and effective use of the drug, it will often be included in varying levels 1805 of detail in other sections of the labeling, such as DOSAGE AND ADMINISTRATION, 1806 1807 CONTRAINDICATIONS or WARNINGS AND PRECAUTIONS. The labeling should include clinically relevant information about metabolic and transport pathways, metabolites, 1808 1809 pharmacokinetic or pharmacodynamic interactions, and clinical implications of pharmacokinetic or pharmacodynamic interactions or genetic polymorphisms of drug metabolizing enzymes and 1810 transporters, if applicable. The description of clinical implications should include dose 1811 adjustments or monitoring recommendations, when relevant. General content recommendations 1812 for the appropriate labeling sections are provided below. 1813 1814

1815 Drug interaction information in the labeling may not always result from a dedicated drug

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interaction study. In certain cases, information can be extrapolated from one drug interaction 1816 study with a set of drugs to another set of drugs, with an explanation that similar results are 1817 1818 expected. For example:

- An investigational drug that is a strong inhibitor or a strong inducer of CYP3A does 1820 not need to be tested with all CYP3A substrates to warn about an interaction with 1821 sensitive CYP3A substrates and CYP3A substrates with a narrow therapeutic range. 1822 A study involving a single sensitive substrate with the investigational drug would 1823 lead to labeling language about the use of the investigational drug with all sensitive 1824 and NTR substrates of the affected enzyme. 1825
- 1827 • A drug that is a sensitive CYP3A substrate or a CYP3A substrate with a narrow therapeutic range does not need to be tested with all strong or moderate inhibitors or 1828 inducers of CYP3A to warn about an interaction with CYP3A inhibitors or inducers. 1829 The labeling can include such a warning in the absence of a study if its metabolism is 1830 predominantly by the CYP3A route.

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A. **Drug Interactions Section of Labeling**

1835 The DRUG INTERACTIONS section includes a description of the clinical implications of 1836 clinically significant interactions with other drugs (including prescription and over-the-counter drugs), classes of drugs, dietary supplements, and foods and practical instructions for preventing 1837 1838 or managing them. Recommendations for dose adjustments of co-administered drugs are included in this section. This section also includes practical guidance on known interference 1839 with laboratory tests. Interactions mentioned in DOSAGE AND ADMINISTRATION, 1840 CONTRAINDICATIONS, or WARNINGS AND PRECAUTIONS must be discussed in more 1841 detail in the DRUG INTERACTIONS section (21 CFR 201.57(c)(8)(i)). The need for dose 1842 adjustments of co-administered drugs is summarized in this section and presented in more detail 1843 in DOSAGE AND ADMINISTRATION. Drug interaction findings with negative results (i.e., 1844 1845 no interaction was found) should generally not appear in this section unless this information is clinically relevant for the prescriber (e.g., if two drugs are commonly used together or if a drug 1846 1847 does not have the same interaction as other drugs in the same class). This section may also include a brief summary of potential mechanisms of drug interactions. (e.g., "Drug X is a strong 1848 1849 CYP3A inhibitor and may increase concentrations of CYP3A substrates." or "Drug X does not inhibit or induce CYPs 1A2, 2C9, or 2C19."). This section does not include details of drug 1850 interaction studies, but instead cross-references the information in the CLINICAL 1851 PHARMACOLOGY section. 1852

1853

Drug interactions that have the most clinical relevance (e.g., result in serious or otherwise 1854

clinically significant outcomes) should be listed first. Because the number of drug interactions 1855

and complexity of the information in this setting varies, we recommend using the most 1856

appropriate format to enhance communication of the information. For example, for drugs with 1857

- extensive drug interaction information, a table may be the most effective format to convey the 1858 1859
 - information. The table can list, when applicable, the co-administered drugs, potential or known

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1860 interactions (information regarding the increase or decrease in concentrations of drug, coadministered drug, or relevant metabolites), and clinical comments (clinical concern, dose 1861 1862 adjustments, or advice regarding monitoring). When appropriate, the use of numbered subsections or subheadings within a subsection are recommended to organize the information 1863 (e.g., "Effect of Drug X on other drugs," "Effect of other drugs on Drug X," or subheadings for 1864 specific drugs or drug classes). Because this section may include information about both known 1865 and predicted drug interactions, it may be helpful to describe the data source for the information 1866 (e.g., indicate when the information is based on a specific drug interaction study and when it is 1867 based on a known mechanism, including simulation results, without a study). 1868

1869

1870 B. Clinical Pharmacology Section of Labeling

1871

Information in the PHARMACOKINETICS subsection (12.3 Pharmacokinetics) of the 1872 1873 CLINICAL PHARMACOLOGY section is generally organized under descriptive subheadings (e.g., absorption, distribution, metabolism, excretion, pharmacokinetics in specific populations, 1874 and drug interactions). The PHARMACOKINETICS subsection should include descriptive 1875 information related to mechanisms of drug interactions, and details of the relevant drug 1876 1877 interaction study results. The text should cross-reference other sections of the labeling that describe clinical management instructions, dose adjustments, or major safety concerns related to 1878 drug interactions (e.g., WARNINGS AND PRECAUTIONS or CONTRAINDICATIONS). 1879 1880 If the drug is a metabolizing enzyme or transporter substrate, such information should be 1881

included in PHARMACOKINETICS under "Metabolism," the text should describe the
metabolic pathway(s), relevant metabolites formed, specific drug metabolizing enzymes, and
whether there is genetic variation in the drug metabolizing enzymes. If the drug is metabolized
by an enzyme subject to genetic variability, the information should be included under
"Metabolism" and cross-referenced to the fuller discussion under a PHARMACOGENOMICS

1887 subsection of the CLINICAL PHARMACOLOGY section.

1888

1889 Information under the "Drug Interactions" subheading includes a more detailed description of

1890 the potential mechanisms of drug interactions than the description in the DRUG

1891 INTERACTIONS section of labeling. The data source for the conclusions (e.g., known CYP3A

1892 inhibitor based on in vitro and in vivo studies) should be briefly described.

1893

1894 Under "Drug Interactions" study results may be presented in a forest plot (described below), a 1895 table, or as text, depending on the number of studies and level of detail needed for clarity. The information should include only those study features that are essential to understand the results. 1896 1897 In most cases it is not necessary to include study design, number of subjects, or population (e.g., healthy volunteers or patients) studied. The most relevant study design feature is likely the dose 1898 1899 and duration for each drug; when relevant, the information should be included. The results should be presented as the change in relevant pharmacokinetic exposure measures (e.g., AUC 1900 1901 and C_{max} and where appropriate C_{min} , T_{max}). It is important to indicate the variability of the interaction. Results should generally be presented as geometric mean change and the 90% 1902

1903 confidence interval around the geometric mean change. For example, a 48% percent increase in

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AUC could be expressed as $\uparrow 48\%$ (90%CI: $\uparrow 24\%$, $\uparrow 76\%$) or as a ratio or fold change, where the 1904 48% percent increase would be expressed as 1.48 (90% CI: 1.24, 1.76). 1905 1906 1907 In the PHARMACOKINETICS subsection, a forest plot is a useful tool for presenting changes in pharmacokinetic exposure measures caused by various intrinsic and extrinsic factors such as 1908 drug interactions, hepatic impairment, and renal impairment (see Figure 8 below). The forest 1909 plot should display the fold-change in key pharmacokinetic measures such as geometric mean 1910 AUC and geometric mean C_{max} along with the 90% confidence intervals. Such graphs should 1911 clearly state the reference arm (or identify it in text accompanying the figure) and can include the 1912 doses of studied drugs, if relevant. Separate plots can display the effect of others on the labeled 1913 1914 drug, effects of the drug on other drugs, and the effects of impaired hepatic or renal function. 1915

Figure 8. The Effect of Various CYP Inhibitors on a Hypothetical Drug's PK as Displayed as 90% Confidence Interval of Geometric Mean AUC and C_{max} Ratios.



^a For illustration purpose only. Assuming the interacting drugs affect CYPs only

^b Recommendation will be drug dependent

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1920 C. Other Labeling Sections

1921

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1933 1934

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As stated above, when drug interaction information has important implications for the safe and effective use of the drug, the information may be distributed among several other labeling sections (e.g., DOSAGE AND ADMINISTRATION, CONTRAINDICATIONS, WARNINGS AND PRECAUTIONS, or PATIENT COUNSELING INFORMATION), with a cross-reference to the DRUG INTERACTIONS or CLINICAL PHARMACOLOGY sections for more detailed information.

- DOSAGE AND ADMINISTRATION This section includes information about drug interaction information that has important implications for a drug's dosing regimen (e.g., dosage adjustments, timing of dose relative to dosing of another drug).
 - CONTRAINDICATIONS This section describes when other drugs should not be co-administered with the drug because the risk outweighs any potential benefit.
- WARNINGS AND PRECAUTIONS This section includes a brief discussion of any known or predicted drug interactions with serious or otherwise clinically significant outcomes.
- PATIENT COUNSELING INFORMATION This section includes information necessary for patients to use the drug safely and effectively, such as avoiding drinking grapefruit juice.
- 1943

For more specific recommendations on labeling content for these sections of labeling, refer to the following guidances for industry: *Warnings and Precautions, Contraindications, and Boxed*

- Warning Sections of Labeling for Prescription Drug and Biological Products Content and
 Format, and Dosage and Administration Section of Labeling for Human Prescription Drug and
- 1948 Biological Products Content and Format. These guidances and other labeling guidances are
- 1949 available at
- 1950 <u>http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm065010.htm</u>.
- 1951

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1952		
1953	List of Figures in the Appendix	
1954		
1955	Figure A1. Decision tree to determine whether an investigational drug is a substrate for P-gp	
1956	and when an in vivo clinical study is needed. A similar model can be applied to a BCRP	
1957	substrate.	64
1958	Figure A2. Decision tree to determine whether an investigational drug is an inhibitor of P-gp	
1959	and when an in vivo clinical study is needed. A similar model can be applied to a BCRP	
1960	inhibitor	66
1961	Figure A3. Decision tree to determine whether an investigational drug is a substrate for	
1962	OATP1B1 or OATP1B3 and when an in vivo clinical study is needed	67
1963	Figure A4. Decision tree to determine whether an investigational drug is an inhibitor of	
1964	OATP1B1 or OATP1B3 and when an in vivo clinical study is needed	68
1965	Figure A5. Decision tree to determine whether an investigational drug is a substrate for OCT2	<u>)</u> ,
1966	OAT1, or OAT3 and when an in vivo clinical study is needed	69
1967	Figure A6. Decision tree to determine whether an investigational drug is an inhibitor of OCT2	2,
1968	OAT1, or OAT3 and when an in vivo clinical study is needed	70

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APPENDIX Models for Determining When In Vivo Transporter-Mediated Drug Interaction Studies Are Needed *P-gp and BCRP:*Figure A1. Decision tree to determine whether an investigational drug is a substrate for Pgp and when an in vivo clinical study is needed. A similar model can be applied to a BCRP

1978 substrate — refer to IV.A.2.a, Figure 6 (Modified From Figures in Giacomini et al. 2010).



- 1980
- 1981
- ^(a) An acceptable system produces net flux ratios of probe substrates similar to the literature values. A net flux ratio ≥ 2 for the investigational drug is a positive signal for further evaluation. A net flux ratio "cutoff" higher than 2 or a relative ratio to positive controls may be used to avoid false positives if a ratio of 2 is deemed non-discriminative as supported by prior experience with the cell system used.
- ^(b) Reduction of the flux ratio significantly (> 50%) or to unity.
- ^(c) Additional data are needed to establish clinical relevance of the in vitro data. In particular, the relative
- 1988 contribution of the transporter-mediated pathway to the overall clearance of the drug is the primary determinant of 1989 whether an inhibitor will have a major effect on the disposition of the investigational new drug.
- ^(d) Selection of inhibitors could be based on likelihood of co-administration and/or its inhibition potency on P-gp.

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- 1991 Strong P-gp inhibitors (e.g., itraconazole, verapmil) provide the most sensitive assessment and should generally be
- 1992 tested first. If the drug is also a substrate for CYP3A, then inhibitors for both CYP3A and P-gp should be selected
- 1993 (Table 8).
- ^(e) Based on existing knowledge of the compound class, further studies may be warranted to determine which efflux
- 1995 transporters are involved. Determining whether the drug is a BCRP substrate may be explored. A similar decision
- 1996 model may be used for a BCRP substrate; however, clinical studies would differ.

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1997

Figure A2. Decision tree to determine whether an investigational drug is an inhibitor of P gp and when an in vivo clinical study is needed. A similar model can be applied to a BCRP
 inhibitor) — refer to IV.A.2.b (Modified From Figures in Giacomini et al. 2010)





2002 2003

2004 $[I]_1$ represents the mean steady-state total (free and bound) C_{max} following administration of the highest proposed 2005 clinical dose. $[I]_2$ = Dose of inhibitor (in mol)/250 mL (if IC₅₀ is in a molar unit). For IC₅₀ determination, a 2006 unidirectional assay (e.g., B to A) based on the probe substrate can also be considered.

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- 2009 **OATP1B1** and **OATP1B3** (Liver uptake transporters):
- 2010
- Figure A3. Decision tree to determine whether an investigational drug is a substrate for 2011
- OATP1B1 or OATP1B3 and when an in vivo clinical study is needed—refer to IV.A.2.a, 2012
- 2013





2014

^(a) Low permeability needs to be defined by each lab based on standards, such as atenolol (a biopharmaceutics 2015 2016 classification system (BCS) reference drug). A general guide would be that 10^{-6} cm/sec (10 nm/sec) or lower is 2017 classified as "low" permeability.

- 2018 ^(b) The following criteria suggest the investigational drug is a substrate of OATP1B1 or OATP1B3: Uptake in
- 2019 OATP1B1- or OATP1B3-transfected cells greater than 2-fold of that in empty vector transfected cells and is
- 2020 inhibitable (e.g., >50% reduction to unity) by a known inhibitor (e.g., rifampin) at a concentration at least 10 times
- of its K_i. Michaelis–Menten studies may be conducted in the transfected cells to determine the kinetic parameters of 2021
- 2022 the investigational drug. A positive control should be included. In an acceptable cell system, the positive control
- 2023 should show $a \ge 2$ fold increase in uptake compared to vector-transfected cells. An uptake ratio (transporter
- 2024 transfected vs. empty vector transfected cells) other than 2 may be used if a ratio of 2 is deemed non-discriminative
- 2025 as supported by prior experience with the cell system used.

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2031

2033 ^[a] R-value = $1 + (fu \times I_{in,max}/IC_{50})$, where, $I_{in,max}$ is the estimated maximum inhibitor concentration at the inlet to the liver and is equal to: C_{max} + (k_a x Dose x F_a F_g/Qh). C_{max} is the maximum systemic plasma concentration of 2034 inhibitor; Dose is the inhibitor dose; F_aF_g is the fraction of the dose of inhibitor which is absorbed; k_a is the 2035 absorption rate constant of the inhibitor and Qh is the estimated hepatic blood flow (e.g., 1500 mL/min). If Fa Fg 2036 values and ka values are unknown, use 1 and 0.1 min⁻¹ (Ito et al. 1998) for FaFg and ka, respectively because the 2037 use of theoretically maximum value can avoid false-negative prediction. For drugs whose fu values are less than 2038 0.01 or fu cannot be accurately determined due to high protein-binding, then assume fu = 0.01, to err on the 2039 2040 conservative side to avoid false negative predictions.

2041

^[b]These are the suggested values according to the upper limit of equivalence range. We are open to discussion
 based on sponsors' interpretation.
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2044	OCT2, OAT1,	and OAT3	(renal tra	nsporters):
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2045

Figure A5. Decision tree to determine whether an investigational drug is a substrate for 2046

- OCT2, OAT1, or OAT3 and when an in vivo clinical study is needed refer to IV.A.2.a, 2047 2048
 - Figure 6 (Modified From Figures in Giancomini et al. 2010)
- 2049



2050 2051

^(a) The ratio of the investigational drug uptake in the cells expressing the transporter versus the control (or empty 2052 vector) cells should be greater than 2. It is important that uptake into the transfected cells be significantly greater 2053 2054 than background in a control cell line and be inhibited by a known inhibitor of the transporter. Michaelis-Menten 2055 studies may be conducted in the transfected cells to determine the kinetic parameters of the investigational drug. A 2056 positive control should be included. In an acceptable cell system, the positive control should show $a \ge 2$ fold 2057 increase in uptake compared to vector-transfected cells. An uptake ratio (transporter transfected vs. empty vector 2058 transfected cells) other than 2 may be used if a ratio of 2 is deemed non-discriminative as supported by prior 2059 experience with the cell system used.

- 2060
- 2061

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Draft – Not for Implementation

2233 ABBREVIATIONS

2234

ABC: ATP-binding cassette

ADME: absorption, distribution, metabolism, and/or excretion;

AhR: aryl hydrocarbon receptor

AUC: area under the plasma concentration-time curve

BCRP: breast cancer resistance protein

BCS: biopharmaceutical classification class

BLA: biologics license appliaction

BSEP: bile salt export pump

CAR: constitutive androstane receptor

CCB: calcium channel blocker

CYP: Cytochrome P450

EM: extensive metabolizers

FMO: flavin monooxygenase

INR: international normalized ratio

LST: liver specific transporter

MAO: monoamine oxidase

MATE: multidrug and toxin extrusion

MRP: multidrug resistance-associated protein

NDA: new drug application

NTCP: sodium/taurocholate cotransporting polypeptide

NTR: narrow therapeutic range

OAT: organic anion transporter

OATP: organic anion transporting polypeptide

OCT: organic cation transporter

PBPK: physiologically-based pharmacokinetic

PD: pharmacodynamics

P-gp: P-glycoprotein

PK: pharmacokinetics

PM: poor metabolizers

PXR: pregnane X receptor

SLC: solute carrier

TDI: time dependent inhibition

TdP: torsade de pointes

TP: therapeutic protein

UGT: uridine diphosphate (UDP)-glucuronosyl transferase

XO: xanthine oxidase

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