



14334 Alderwood Road
Lake Hughes, CA 93532
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Dress Code

All classes require you to be dressed in a clean and presentable manner wearing your black HE TaeKwonDo pants with either your HE TaeKwonDo t-shirt or white HE TaeKwonDo top, and your belt. Your t-shirt needs to be tucked in.

For the HE fit classes, you may wear athletic shorts or pants with a HE TaeKwonDo t-shirt.

Initial _____X

School Rules

1. Always be respectful and courteous to others.
2. Wear your belt during class.
3. Bow (facing in) before entering or leaving the training floor.
4. Arrive on time in a clean and presentable uniform.
5. If you are late for class, wait for the instructor to let you in.
6. If you are more than 10 minutes late, you will not be admitted into class.
7. Shoes, food, gum, and drinks are not allowed on the training floor.
8. No talking while the instructor is speaking.
9. Nails must be kept short and neatly trimmed for safety.
10. For safety, all unnecessary jewelry must be removed for class.
11. Running in the waiting area is prohibited.
12. Do not leave class without letting the instructor know.

Initial _____X

HE TaeKwonDo Academy Photograph and Video Release

I do _____ do not _____ give permission to HE TaeKwonDo Academy to take photographs or video of my child or myself which may be used for HE TaeKwonDo Academy related websites, advertisement, or posted within school walls. I understand that any usage of photographs or video come with no compensation and I voluntarily waive all rights to any photos or video taken of my child or myself.

I have had sufficient time to read this document. I fully understand and agree to all of the above.

Signature _____ Date ____ / ____ / ____
(Legal Guardian if under 18)