# **Global Medical Volunteers**

**Newsletter 2014** 



Dr. Seth Cohen at Viet Duc Hospital in Hanoi

Dr. Cohen and Dr. Kavaler demonstrated and trained the Vietnamese physicians on their surgical techniques along with didactic lectures in their fields.

Dr. Kavaler and I contacted the medical director of the women's hospital in Hanoi. Patients that would benefit from Dr. Kavaler's surgical procedures were identified for on-site demonstrations. Dr. Kavaler was well received and had made arrangements to establish ongoing teaching programs at this hospital.

#### Myanmar - In December 2013

I visited Myanmar for the first time last year. This was suggested to me by a patient and a plastic surgeon who are both from Myanmar. They put me in contact with the Chief of Urology of the principal hospital of Yangon and with the Dean of the medical school.

The Dean and the Chief were extremely intelligent, well educated physicians, and were extremely helpful in explaining the medical education of physicians in Myanmar and the status of the delivery of medical services throughout the country.

I explained the mission statement of GMV to the physicians in Yangon and they referred me to a Non-Governmental Organization (NGO) run by a group of retired Myanmar physicians and founded by the former ambassador of Myanmar to Australia and New Zealand. Their mission is to develop education, sanitation, and medical services in all the most remote areas of the country.

#### Vietnam - In March 2013

A surgical symposium was held at the Viet Duc Hospital in Hanoi. I was accompanied by Dr. Seth Cohen and Dr. Elizabeth Kavaler.

Dr. Cohen, a Gastroenterologist, is an expert in the advanced surgical techniques of the digestive tract.

Dr. Kavaler, a Urologist, is experienced in the correction of urinary incontinence, pelvic fistulas, abnormal communication between the bladder, vagina, and rectum.



Dr. Elizabeth Kavaler operating in Nha Trang

The organization is named: the Border Areas Development Association (BADA). The administration of BADA and I are in the process of selecting a province for our first practical and working visit. If things go well, they should be scheduled for March of 2015. This is an exciting new project as there are vast areas and numerous communities that are impoverished and in need of help.

## **Present and Future Programs**

#### Over the last fifteen years,

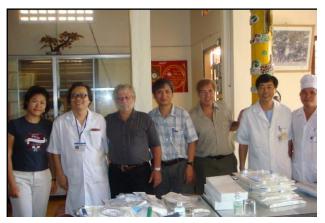
GMV has donated medical equipment to 6 Vietnamese Province Hospitals plus 2 hospitals in Cambodia and Laos. These hospitals extend from the Mekong Delta in the south to the Chinese border in the north. We instructed the surgeons in these hospitals on the use of the equipment plus advanced surgical techniques.



Donation of surgical equipment to Vinh Long province hospital



Dr. Bob Hanchey with anesthesiologist in Ghia
Nghia up province hospital



Donation of equipment to Nha Trang province hospital, 2013



Donation of first urological instruments to Nha Trang province hospital, 2000



First operation of prostate ever done in Buon Ma Thuot

## **Orphanage Contributions**

### **Vietnam Orphanages**

Over the last several years, I've established relationships with orphanages in Buon Ma Thuot, Lao Cai, and three orphanages in Nha Trang. I continue to visit them to determine what they need to maintain their facilities and care for children.

The age of the children in these orphanages range from newborn to eighteen years of age. Some of the orphanages are managed by the Vietnamese Government, however there are many that are managed by volunteers in their local communities. As a result, the accommodations of their facilities are not ideal for caring for children in great numbers.

One particular orphanage in Nha Trang did not have water filtration or heating systems. The volunteers and children did not have adequate drinking water and bathed without hot water.

During this trip I provided water heaters, a water filtration system, a new washing machine, supplies and food for the younger children.



Dr. Zelikovsky with the surgical staff in the Yangon



Volunteer orphanage in Nha Trang for newborns to four years of age



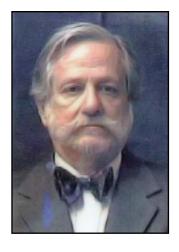
Dr. Zelikovsky with the members of the Border Area
Development Association



Catholic orphanage in Nha Trang for children four to eighteen years of age



Global Medical Volunteer have established programs in cities highlighted in red



Once again I want to thank all my friends for their support. Tax deductible contributions can be made online via PayPal www.globalmedicalvolunteers.org.

GMV is a 501(3)(c) non-profit foundation.

Alternatively, contributions by check can be sent to:

## **Global Medical Volunteers**

c/o Gerald Zelikovsky, MD 5 East 84th Street New York, NY 10028