

WITNESS THE CULTURAL
REVIVAL OF MEXICO CITY

WASHINGTON, D.C.'S
HOT ATLAS DISTRICT

THE HIGH-TECH TREND
IN BUYING PROPERTY

AMERICAN WAY

JUNE 2016

Close Encounters

Liam Hemsworth on
his star-studded family,
human relationships
and saving the
Earth from aliens in
*Independence Day:
Resurgence*



A Secret in a Secret

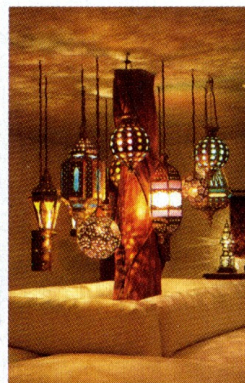
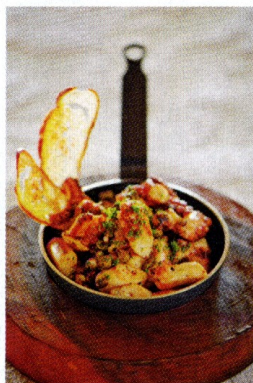
The Viceroy Hotel & Resort in Zihuatanejo, Mexico, is the perfect place to refresh your memory

IF YOU'VE BEEN SLEEPING well lately and haven't been channel surfing at 3 a.m., then you probably haven't seen *The Shawshank Redemption* in a while. Here's a refresher as it pertains to a picturesque, off-the-grid town in southwestern Mexico: Right before Andy Dufresne breaks out of prison, he tells Red Redding about a place on the Pacific Ocean where he'd go to restart his life. The name of the town was Zihuatanejo. "You know what the Mexicans say about the Pacific?" Andy asks. "They say it has no memory."

But you'll remember the Viceroy Zihuatanejo Hotel & Resort because there's not another property like it in Mexico. The Viceroy occupies a large swathe of prime oceanfront real estate, accented with three pools, 11 smartly decorated rooms and 35 suites fashioned in an open-air adobe style with uninterrupted views of the property's lagoon and of the Pacific Ocean.

Most recently, the Viceroy launched an unforgettable wellness program under the direction of Dr. Edward Taub, a wellness pioneer who has authored eight books regarding the benefits of integrative medicine.

Dubbed "A Way to Wellness," the Viceroy's



program, using all the amenities of the property, concentrates on meditation, yoga (hatha and aqua), sports and beach activities, and in true Dr. Taub fashion, the program will also integrate cooking classes to show guests how to take wellness back home with them. "The goal of 'A Way to Wellness' is to help participants manage stress, which is the major problem of our times," he says. "The program guides guests to happiness, health and wellness by enabling them to enjoy a more active, vibrant and rewarding lifestyle."

And upon your return home, while the Pacific won't remember your trip, you will.

—ADAM PITLUK

FLY-FISH LIKE BRAD PITT



ESCAPE TO BOZEMAN, MONTANA

With the National Parks Centennial on the horizon, it's a prime time to plan a trip to the gateway to Yellowstone National Park. Here are four essentials.

CAST AWAY YOUR CARES

The gurgling Gallatin River, amid picture-perfect Montana mountains and bald eagles circling lazily overhead, is the perfect place to play catch and release. (It's also where Robert Redford shot *A River Runs Through It*.)

DINO HUNT

The Smithsonian-affiliated **Museum of the Rockies** contains one of the nation's largest dinosaur-fossil collections.

HIT THE SLOPES ...

Come winter, the nearby **Bridger Bowl** ski area thrills skiers and snowboarders, as does the nation's largest contiguous ski area, **Big Sky Resort**, just an hour south.

... AND THE TRAILS

Saddle up for a trail ride at **Lone Mountain Ranch** or **320 Guest Ranch** near Big Sky, or rent ski or biking gear from **Freeheel and Wheel** in West Yellowstone. America's first national park and its surrounding wonders beckon year-round.

American Airlines begins seasonal service to Bozeman Yellowstone International Airport (BZN) June 2. —STEVE LARESE