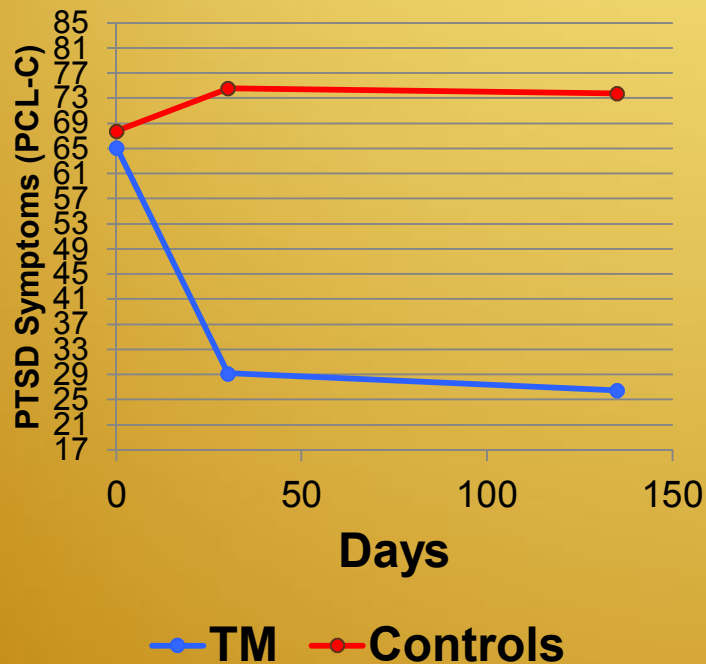


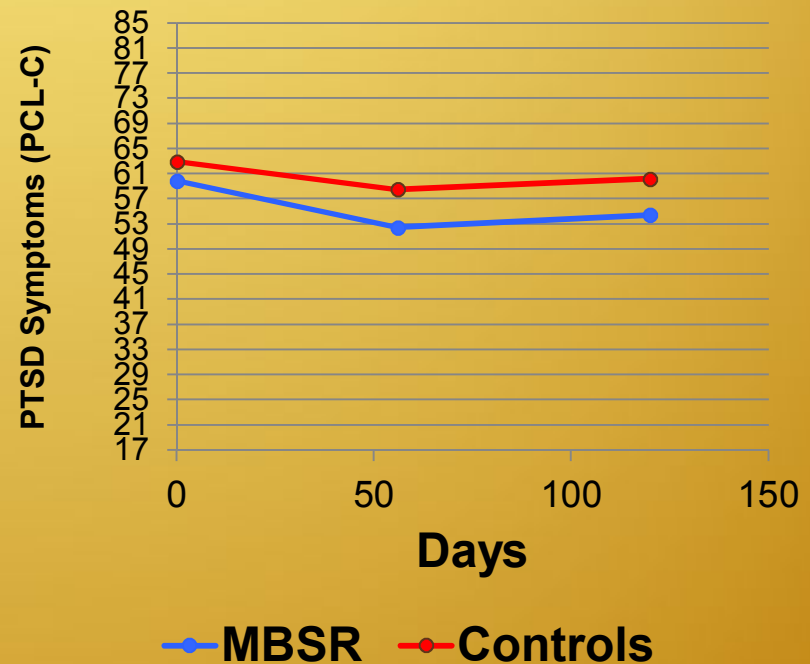
Reduced Symptoms of PTSD

Transcendental Meditation Technique



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Mindfulness-Based Stress Reduction



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