

STEPS & TRADITIONS

THE TWELVE STEPS OF NA

- 1 We admitted we were powerless over our addiction. That our lives had become unmanageable.
- 2 We came to believe that a power greater than ourselves could restore us to sanity.
- 3 We made a decision to turn our will and our lives over to the care of God as we understood him.
- 4 We made a searching and fearless moral inventory of ourselves.
- 5 We admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- 6 We were entirely ready to have God remove all these defects of character.
- 7 We humbly asked Him to remove our shortcomings.
- 8 We made a list of all persons we had harmed and became willing to make amends to them all.
- 9 We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10 We continued to take personal inventory and when we were wrong promptly admitted it.
- 11 We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12 Having had a spiritual awakening as a result of these steps, we tried to carry this message to Addicts and practice these principles in all our affairs.

THE TWELVE TRADITIONS OF N.A.

- 1 Our common welfare should come first: personal recovery depends on N.A. unity.
- 2 For our group purpose there is but one ultimate authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
- 3 The only requirement for membership is a desire to stop using.
- 4 Each group should be autonomous except in matters affecting other groups or N.A. as a whole.
- 5 Each group has but one primary purpose—to carry the message to the addict who still suffers.
- 6 An N.A. Group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
- 7 Every N.A. Group ought to be fully self-supporting, declining outside contributions.
- 8 Narcotics Anonymous should remain forever non-professional, but our service centers may employ special workers.
- 9 N.A. as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
- 10 Narcotics Anonymous has no opinion on outside issues, hence the N.A. name ought never be drawn into public controversy.
- 11 Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12 Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

SERVICE MEETING

CCNA Service Committee Meeting

St. Paul's Methodist Church
2435 N. Thesta, Fresno, CA
8:30 A.M. to 12:30 P.M.
First Saturday unless a holiday - TBA

Activities Sub-Committee Meeting

Third Friday of the month. 6:00 P.M.
Alano Club of Fresno
Serenity Room
1350 N. 11th St., Fresno

P.I. Sub-Committee Meeting

Last Wednesday of the month. 6:30 P.M.
St. Paul's Methodist Church
2435 N. Thesta, Fresno, CA

H & I Sub-Committee Meeting

Last Wednesday of the month. 7:30 P.M.
St. Paul's Methodist Church
2435 N. Thesta, Fresno, CA

Never Alone Mens Retreat Group

Second Sunday of the month. 4:00 P.M.
Stepping Stone
2526 E. Saginaw Way, Fresno

CCNA Women's Retreat Group

Last Sunday of every month.
1300 E. Shaw #121
Fresno, CA 1:00 P.M.

**For Area Activities
Go To
www.centralcalna.org**

PHONE NUMBERS

*"My gratitude speaks when I care and
when I share the N.A. way."*

- World Service Office (818) 773-9999
.....www.na.org
- Central Valley North.....(209) 464-9262
.....[cvna.org](http://www.cvna.org)
- Central Sierra.....(800) 240-4956
.....[centralsierra.org](http://www.centralsierra.org)
- Central Sierra South.....(209) 533-2348
.....[cssna.org](http://www.cssna.org)
- Central California.....(559) 255-5881
.....www.centralcalna.org
- Foothill Area Porterville.....(559) 784-4420
.....[foothillna.com](http://www.foothillna.com)
- Kings/Tulare Area Visalia.....(559) 734-0403
.....(800) 970-3334
.....[kingstularena.net](http://www.kingstularena.net)
- Stanislaus Valley Groups.....(209) 526-1817
.....[stanislausvalleygroups-na.org](http://www.stanislausvalleygroups-na.org)

MEETING SCHEDULE

**April 2019 -
June 2019**

*"THAT NO ADDICT
SEEKING RECOVERY NEED EVER DIE"*



Call for Meeting Confirmation

**Narcotics
Anonymous
Phone Line**

(559) 255-5881
www.centralcalna.org

Central California
Narcotics Anonymous
P.O. Box 27768 • Fresno, CA 93729

M O N D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Easton	7:00-8:30 p.m.	O	Planet Easton 5955 S. Elm, Immanuel Lutheran Church
Fresno	9:00-10:00 a.m.	O	P.C.D.C. 611 E Belmont
	12 Noon-1:00 p.m.	B, O	New Beginnings Alano Club, 1350 N. 11th St.
	12:10-1:10	O, JT	Mid-Day Nooners 4411 N. Cedar, Suite 102 Fresno, CA
	7:00-8:30 p.m.	O	Learn To Listen 1084 W. Bullard & Palm Last Monday Birthday
	7:00-8:00 p.m.	O	Second Chance Recovery Alano Club, 1350 N. 11th St.
	6:30-8:00 p.m.	O	Fresno Free Basic Text Study 2550 W. Clinton
Madera	7:00-8:30 p.m.	O, TO	Madera Unity Group 716 Columbia St. off Cleveland under water tower
Oakhurst	7:00-8:30 p.m.	O	Oakhurst Group Sierra Vista Presb. Church 39696 Hwy 41 in Church
Selma	7:00-8:30 p.m.	O	Selma Serenity Group First Christian Church 2026 Arrants@ McCall 2nd Monday Speaker

T U E S D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Clovis	6:30-7:30 p.m.	O	Clean Slate Salvation Army 210 E. Barstow
Fresno	12 Noon - 1:00 p.m.	O	New Beginnings Alano Club, 1350 N. 11th St.
	12:10-1:10	O, JT	Mid-Day Nooners 4411 N. Cedar, Suite 102 Fresno, CA
	3:30-4:30 p.m.	O	Living By Spiritual Principles Hope Lutheran Church 364 E. Barstow #26

Fresno	6:30-7:30 p.m.	O, TO	1040 Never Alone Topic Meeting 1040 House 1040 N. Pleasant Ave.
	6:30-8:00 p.m.	O	Walk the Walk Meet at Starbucks Friant and Fort Washington Walk to Woodward Park
	7:00-8:30 p.m.	O, W, ST	It Works How & Why Women's Wesley United Methodist Church 1343 E. Barstow
	7:00-8:30 p.m.	O	New Beginnings Alano Club, 1350 N. 11th St.
Madera	7:00-8:30 p.m.	O, T	Madera Unity Group 716 Columbia St. off Cleveland under water tower

W E D N E S D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Fresno	12 noon-1:00 p.m.	O	New Beginnings Alano Club, 1350 N. 11th St.
	12:10-1:10	O, JT	Mid-Day Nooners 4411 N. Cedar, Suite 102 Fresno, CA
	7:00-8:30 p.m.	O, SS	New Beginnings Alano Club, 1350 N. 11th St.
	7:00-8:00 p.m.	CL, NC	Spiritual Connection Easterby Presbyterian Church, 5136 E. Belmont, corner of Belmont & Sylmar
	7:00-8:00 p.m.	O, M	Men's Recovery Hope Lutheran 364 E. Barstow
Madera	5:30 - 6:30 p.m.	O, W	Madera Unity Group 716 Columbia St. off Cleveland under water tower- Women's Meeting
	7:00-8:30 p.m.	BT, CL	Madera Unity Group 716 Columbia St. off Cleveland under water tower

T H U R S D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Fresno	9:00-10:00 a.m.	B	P.C.D.C. 611 E. Belmont
	12 noon-1:00 p.m.	O, JT	New Beginnings Alano Club, 1350 N. 11th St.
	12:10-1:10	O, JT	Mid-Day Nooners 4411 N. Cedar, Suite 102 Fresno, CA
	7:00-8:30 p.m.	O	New Beginnings Alano Club, 1350 N. 11th St.
	7:30-9:00 p.m.	O, B, KT	Basic Text Study Our Saviours Lutheran Church 2102 N. Fruit
Madera	7:00 p.m.	O, B	Living Clean Study 716 Columbia St. off Cleveland under water tower
Oakhurst	7:00-8:30 p.m.	O	Oakhurst Group Sierra Vista Presb. Church 39696 Hwy 41 Behind Church

F R I D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Fresno	12 noon-1:00 p.m.	O, CHC	New Beginnings Alano Club, 1350 N. 11th St.
	12:10-1:10	KT, O, JT	Mid-Day Nooners 4411 N. Cedar, Suite 102 Fresno, CA Last Friday Birthday Meeting
	6:00-7:00 p.m.	O, IP	Self Acceptance Group Redeemer Lutheran Church 1084 W. Bullard & Palm
	6:30-7:30 p.m.	TO, O	Soul Searching North Point Church 4625 W. Palo Alto, Rm. #2
	7:00-8:30 p.m.	O, KT	End of the Line Alano Club, 1350 N. 11th St.
Reedley	7:00 - 8:00 p.m.	O, TO	Night Cap Christ Lutheran Church 1254 N. Frankwood Ave., Room 3 2nd Friday Speaker Meeting
Kingsburg	7:30-9:00 p.m.	O	Kingsburg Friday Night 1100 Sierra, Arcadian Building
Madera	7:00-8:30 p.m.	O	Madera Unity Group 716 Columbia St. off Cleveland under water tower

Mariposa	6:30-8:00 p.m.	O	Freedom on Fridays 4985 Bullion Street St. Joseph's Catholic Church
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S A T U R D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Clovis	7:30-9:00 p.m.	O	Going The Distance First Baptist Church 2080 Tollhouse Rd, Corner of Armstrong & Tollhouse
Fresno	9:30-11:00 a.m.	O	New Beginnings Alano Club, 1350 N. 11th St.
	7:00-8:30 p.m.	O, B	New Beginnings Alano Club, 1350 N. 11th St. (SP every third Sat. of the month)
Madera	7:00 - 8:30 p.m.	O, JT	Madera Unity Group 716 Columbia St. off Cleveland under water tower
Oakhurst	7:00-8:30 p.m.	O	Saturday Night Live Oakhurst Group Sierra Vista Presb. Church 39696 Hwy 41 Behind Church

S U N D A Y			
CITY	TIME	MEETING TYPE	LOCATION
Fresno	10:00-11:00 a.m.	O, TO	New Beginnings Alano Club, 1350 N. 11th St.
	10:30 a.m. -12:00 p.m.	O, KT	Mid-Town Connection 4411 N. Cedar Ave., Suite 102
	6:00-7:30 p.m.	O	New Beginnings Alano Club, 1350 N. 11th St.
	6:00-7:00 p.m.	BT, NS, SS	Back To Basics 1, 2, 3 Step 3362 E. Balch
	6:30-8:00 p.m.	O, ST CDL	The Cross Roads Group 5688 N. First St. Fresno, CA 93710
Madera	6:00 p.m.	O, NMVCS	Spiritual Awareness Group 218 South "D" St.

Madera	7:00-8:30 p.m.	O, KT 1st Sun SP Last Sun- BD - Potluck	Madera Unity Group 716 Columbia St. off Cleveland under water tower
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B=Book Study M=Men's Meeting SS=Step Study
 BT=Basic Text Study NC=No Children ST=Steps and Traditions
 CDL=Candlelight NMVCS= No Meeting Verification T=Tag
 CL=Closed (AddictsOnly) Card Signed TO=Topic
 ES= Español Speaking NS= No Smoking TS=Traditions Study
 IP= Ip Study O=Open W = Women's Meeting
 JT=Just for Today S=Smoking YP = Young People
 KT=Key Tag SP=Speaker Meeting CHC = Chair Persons Choice

* All meetings are wheelchair accessible, unless otherwise specified.