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## **From the Minister's Mac: Music, Music, Music**

“For unto us a child is born,” the lyrics loop in my head this time of year, over and over, like a favorite pastime.

“Unto us, a son is given,” causing my head to nod with every beat. The harmony fills my soul, convincing me that Handel was actually divinely inspired to write the epic “Messiah” in only 24 days.

“And the government shall be upon his shoulders,” and my eyes close as the weight of the words from the prophet Isaiah wash over me, and I shudder at the mighty burden being placed on a tiny infant.

“And His name shall be called Wonderful Counselor,” I sing along in full voice, hoping God hears me praising the name of Christ.

“Almighty God, the Everlasting Father, the Prince of Peace.” As the music fades, I reach for the replay button, because I simply cannot get enough of this blessed music.

What would Christmas be like without music? On Christmas Eve, when we sing “Silent Night” and raise our candles, and see the lovely light we make together, is it just tradition, or is the music actually bringing us ever closer to God? When we hear “O Holy Night” or “In the Bleak Midwinter” or “Joy to the World,” don’t we find our awareness of Christ elevated?

Not that there is anything wrong with “Grandma Got Run Over by a Reindeer” or “The Chipmunk Song (Christmas Don’t Be Late)” or even “Barking Dogs Jingle Bells.” Those all have their place in easing our tension during the hustle and bustle of shopping and shipping. But there is something about our sacred Christmas songs that bring us face to face with the holy, the divine. Whether it is an aria from Handel’s “Messiah” or Boys II Men singing “Silent Night,” any day is better with music that celebrates the reason for the season.

In this season of Advent, carve out some time for a musical moment. Kick back with your cocoa, close your eyes, and listen to Vivaldi’s “Gloria,” or put on “White Christmas” by pianist Emile Pandolfi, while preparing your Christmas dinner. And when things get a little tense, don’t forget to keep “The 12 Days of Christmas” by Straight No Chaser handy, just for a laugh!

As you anticipate the birth of the Christ child, may your waiting be filled with music, and laughter, and love!

See you in church,  
Lin

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**Christmas Poinsettias**



Share the beauty of a poinsettia plant(s) with the church! When the 7pm Christmas Eve service concludes, you may take your plant(s) home with you to enjoy there. **This year, we are asking you to purchase the plant(s) and bring the church beginning 12/17.** Labels will be provided for you to place on the bottom of the plant, if you would like the same plant back. Office hours are Tuesday, Wednesday, and Thursday, 9:00am to noon. If you would like to dedicate your plant in memory or honor of a loved one, please fill out a form (located in the narthex) and return to the office by 12/19 for the name of your loved one to be printed in the Christmas Eve bulletin.

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## Roof Repair!



The Roof Repair has begun! A huge thank you to all of you who have donated money and/or contributed your time to get this project completed! Thanks to Rusty and the trustees for all the work and time they have put in to get this accomplished for the church.

We are accepting donations for the Roof Fund. As most of you know, our deductible for the Hail Damage is \$25,000! You may leave checks in the offering plate, cash in an envelope in the offering plate, or donate through Breeze. PLEASE, PLEASE make sure these donations are clearly marked: ROOF so as not to be mixed in with your regular monthly giving to the General Fund. We will keep you updated on our progress. These donations will be added to your year-end giving Statements.

We have raised over \$22,000 of our \$25,000 goal!

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## **“Brunch Bunch” Bible Study**

Wednesdays

Breakfast at Maggie's at 8:45 a.m.

Study at Bev Ramsey's house at 10:30 a.m.

Join us weekly for breakfast and a Bible study of the Psalms.

Call the office for location.

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## **Sooper's Cards for Rinn**



Did you know that you can tie your King Sooper's loyalty card to Rinn UMC, and the church will get a contribution every time you use it? This quarter, we raised \$124.36 between April 1st and June 30th from the 8 households signed up. If you're not one of those, please consider signing up!

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## **Movie Night at Rinn!**

Join us at Rinn United Methodist Church at 3783 Bella Rosa Parkway in Frederick for our "Movie Night" series! We will gather on the 2nd and 4th



Thursday of each month to watch another episode. We will be watching *The Chosen*, a series about the journey of Jesus as he calls his disciples, heals the sick, and sacrifices himself for humanity. Episodes vary in length from 20 minutes to 90 minutes. It's casual, so bring your popcorn or your snack and drink (no adult beverages please) and enjoy this series with like-minded followers of Jesus. Feel free to bring friends and family, too! We'll meet for about 90 minutes.

We start right at 7:00 p.m. so please be timely and arrive a few minutes early. If you have any questions, contact Shelly Anderson at 720-280-6398 or Mary Stoothoff at 303-875-9488.

Upcoming viewing dates: December 14, 28



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**~ Rinn Worship Service ~**  
(In-person and livestreamed on Facebook)  
**December 10 • 9:30 a.m.**

***Scripture***  
**Matthew 1:18-25**

***Message***  
**“Joseph”**

**Livestreamed on Facebook:**  
**to access our Facebook page, click [HERE](#).**  
**To follow along with the service, the Order of Worship is [HERE](#).**

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**Adult Bible Study • Sundays at 8:00 a.m.**

Our adult class is studying translations of the New Testament.  
Please join us for engaging conversation this Sunday!  
All are welcome!

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## **DIRECTORY UPDATE**

Coming up the beginning of 2024 we will be updating our directory. There are forms in the narthex on the table by the office for you to fill out. Please fill out a form for EACH family member. Please print and write clearly. Place the finished forms in the box that has been provided. If you have any question, please email the church office. ([info@rinnumc.org](mailto:info@rinnumc.org)) THANK YOU!

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## **ADVENT & CHRISTMAS WORSHIP**

### **Sun 12/10, 9:30am**

2nd Sunday of Advent — the Sunday of Peace

“Joseph” (Matthew 1:18-25)

Does being loving and compassionate like Joseph bring us peace?

### **Sun 12/17, 9:30am**

3rd Sunday of Advent — the Sunday of Joy

“Mary” (Luke 1:46-56)

When faced with difficulty, can we respond with joy, like Mary?

### **Tue 12/19, 7pm**

Blue Christmas (Ecclesiastes 3:1-13)

A service where all who are grieving may still encounter the Christ child in a safe and quiet space.

### **Sun 12/24, 9:30am**

4th Sunday of Advent — The Sunday of Love

“Shepherds” (Luke 2:8-20)

What does the love of Christ compel us to do? Go and see? Go and tell?

### **Sun 12/24, 7:00pm**

CHRISTMAS EVE — Lessons, Carols and Candles

Telling the whole story from the prophecy to the Word made flesh.

**Sun 12/31, 9:30am**

First Sunday of Christmas

Hymn Sing! Come and choose your favorites and we'll all sing along.

**Sun 1/7/24, 9:30am**

Epiphany and Communion

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## **Lifeline Screening at Rinn** **January 8, 2024**

Did you know 80% of strokes are preventable according to the American Heart Association?

Life Line Screening provides valuable health screenings to detect the risk of stroke and cardiovascular disease.

Life Line Screening will be at Rinn United Methodist Church on **Monday, January 8, 2024** and are offering a special price for our members. Learn more and schedule your appointment by calling **1-844-591-7160**, **texting** the word **circle** to **216-279-1607** or visit Life Line Screening's website at <https://llsa.social/HC>

A package of four screenings to identify risk for stroke, heart disease and other chronic conditions will be offered:

### **Carotid Artery Screening (Plaque)**

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

### **Peripheral Arterial Disease Screening**

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.<sup>1</sup>



### Abdominal Aortic Aneurysm (AAA)

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a serious medical emergency.

### Atrial Fibrillation

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.

There is no time like the present to take action!

\*\*\*If you are in need of a screening but experiencing financial hardship, please contact the church office and we will confidentially send you a coupon for a free screening (we have a very limited supply so first come, first served.) [info@rinnumc.org](mailto:info@rinnumc.org)

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## Ladies Lunch

**Let the United Women of Faith (UMW)  
Treat you to Lunch!**



**If you would like to carpool to the restaurant, please be in the church parking lot at 10:15am.**

WHEN: DECEMBER 9, 2023 AT 11:00AM

WHERE: Pepper Pod  
530 Fir Street,  
Hudson, CO 80642  
off of Hwy 52 and I-76

WHO: ALL LADIES ARE INVITED!  
(SIGN UP SHEET IN THE NARTHEX)

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## **Refreshments for after Worship sign-up**

- December 10th: Toni Dellow
- December 17th: Cathy and Dave Billings
- December 24th: Bachmann's
- December 31st: Patty Wilson
- January 7th: Ruth Fuss
- January 14th: Mary Stoothoff
- January 21st: Paula Clapp
- January 28th: Patty Wilson

Thank you so much to all of you who have already signed up! The sign-up board will be in the narthex either at the welcome table or the podium. Please feel free to sign up for future dates! If you have any questions, or need to change your date, please feel free to call or text Mary Margaret at 573-368-1390 or call the church office at 303-776-1578 (Church Office Hours: Tuesday, Wednesday, Thursday 9am-noon)

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## **We Need Your Help with Refreshments after Worship!**

Dear Refreshment Volunteers,  
Thank you so much for volunteering to provide cookies/snacks for our fellowship time after church. We want to make it as easy and stress-free as possible. Here are some guidelines, for the present time at least, (things are always changeable when it comes to snacks!)

- Provide around 4 dozen cookies in total(these can be baked at home or store bought)
- Provide a "non-sugar" option( fruit, cheese, crackers, etc...)
- Arrange on trays found in the kitchen
- Napkins, small plates, cups, coffee carafes, lemonade pitchers, creamer, sugar, stir stick can all be found in the kitchen
- Coffee and Lemonade will already be made for you
- Please take all items to the kitchen and clean up afterward
- you will get a reminder in your email from Mary Margaret about 3 days in advance of your sign-up date.
- A sign-up sheet will be at the podium in the Narthex each Sunday.

If you have any questions, or need to change your date, please feel free to call or text Mary Margaret at 573-368-1390 or call the church office at 303-776-1578(Church Office Hours: Tuesday, Wednesday, Thursday 9am-noon)

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## ***Via Mobility for Life***

Providing rides for residents:  
Seniors 60+, disabled, and income qualified.  
Dacono, Frederick & Firestone  
303-444-3043

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## **Cowboy Fellowship**

**Wednesdays at 7:00 p.m. at Rinn**

## **A Country Christmas**

**(The traditional messages and songs you know and love.)**

**Wednesday 12/6, 7pm**

**Barry Ward returns with his heartfelt stories & songs from middle America.  
A perfect start to the Christmas season!**



**Wednesday, 12/13, 7pm**

**An hour of uplifting 4-part harmony  
by the popular New Life Quartet.**

**Wednesday, 12/20, 7pm**

**Nashville recording artist,  
Aubree Bullock/Neeper  
singing Christmas favorites  
with a message by Mike Shaw.**



**3783 Bella Rosa Parkway, Frederick**

**(Refreshments provided)**

**love offering for musicians gratefully accepted**

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## *December Birthdays*

1 Brian Cheek  
2 Cody Johnson  
8 Claire Cassell  
9 Janice Hunt  
13 Gene Creech  
15 Addison Mann  
15 Russ Fox  
20 Marsha Wood  
22 Selma Van Dyke  
22 Charlie Baum  
26 Charlene Russell  
27 Marge Hartman  
27 Mary Stoothoff

## *Happy Anniversary to:*

4 Alvin & Helen Underhill-Woznick (2021)

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## *In Our Prayers*

- For Bryce Knowlton, for recovery and peace within himself.
- Terry Murray: is still recovering from his stroke.
- Prayers for Patty Wilson's Family as Chantelle is being sent to Longmont Cancer Center for further evaluation and tests after her CAT scan and EKG.
- Prayers for the Ralph Parkin and family. Ralph had a heart attack and has pneumonia in both lungs.
- Prayers for peace for our world, and for all the families, all over the world, who have lost loved ones to the violence and madness of war.
- Prayers: for Continued healing through treatment for Sharon, Scott(to get his appetite back) and Karen and all cancer patients.
- Prayers: for Barry's daughter
- Prayers: for Lin and Brian's Daughter
- Prayers: of thanks for Cody and all his hard work.
- Prayers: of thanks for wonderful music and all those who fill in when needed.
- Prayers: for safe travels for our snowbirds and those coming from or going on vacation.
- Prayers: for Kay Marsh Family with the passing of Rich Marsh
- Prayers: for healing for Yvonne in South Africa.
- Prayers: for reconciliation of fractured families
- Prayers: for meaningful work
- Prayers: for Erin fighting breast cancer
- Prayers: for all those dealing with A-Fib and RSV — for sound hearts and good breathing!

- Prayers: for Lucas Watts so he can recover from his injuries. he is a young police officer who was shot in South Carolina and who has a baby about 7 weeks old.
- Prayers: Mary Stambaugh's Daughter Marti for recovery from stomach surgery on Tuesday.
- Prayers: for Andrea for guidance
- Prayers: for Vern and his breathing
- Prayers: Lisa Johnson's daughter Ashton stage 3 Lime Disease, may she draw closer to God.
- Prayers of Thanks: Scott Anderson being back in church and singing.
- Prayers: for Ed Dellow who had some cancer removed from his back.

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## **Adult Bible Study • Sundays at 8:00 a.m.**

Our adult class is studying translations of the New Testament.  
Please join us for engaging conversation this Sunday!  
All are welcome!

*If you see someone who no longer needs to be on this list, please let us know.*

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### **Weekly Activity Schedule**

For more upcoming events, view our online calendar [HERE](#).

***Friday 12/8***

7:00pm A.A. in Fellowship Hall

***Saturday 12/9***

11:00am Ladies Lunch at Pepper Pod

***Sunday 12/10***

8:00am Adult Bible Study

8:15am Men's Koffee Klub

9:30am Worship Service

***Wednesday 12/13***

8:45am Breakfast Fellowship at Maggie's

10:30a Wednesday Brunch Bunch Bible Study at Bev Ramsey  
home



## 7:00p Cowboy Christian Fellowship at Rinn

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### [Rinn United Methodist Church Leadership](#)

*The Administrative Council meets on the third Thursday of every month. Everyone is welcome to attend. Our leaders who keep your church running smoothly are listed below.*

President: Shelly Anderson

Lay Leader: Wayne Vinson

Staff Parish Relations (Personnel): Bonnie Clark

United Methodist Women: Sharon Goldade

Trustees: Rusty Goetze

Treasurer: Sue Mercer

Finance Secretary: Steve Sterkel

Cowboy Fellowship: Mike Shaw

Nominations: Rev. Lin Cheek

Worship Committee: Rev. Lin Cheek



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**Our mailing address is:**

Rinn United Methodist Church  
3783 Bella Rosa Parkway  
Frederick, Colorado 80504