

HELP KEEP THE CENTRE COVID-19 SECURE

1. **You must not enter** if you or anyone in your household has **COVID-19 symptoms**.
2. **If you develop COVID-19 symptoms within 7 days** of visiting these premises alert Test, Track and Trace. Alert the Centre Administrator (01223 880908) as well as the organiser of the activity you attended.
3. **Maintain 2 metres social distancing as far as possible**
4. **Use the hand sanitiser provided** on entering the premises/room. Clean your hands often. Sanitisers are provided.
5. **Avoid touching your face, nose, or eyes**. Clean your hands if you do.
6. **“Catch it, Bin it, Kill it”**. Tissues should be disposed of into one of the rubbish bags provided. Then wash your hands.
7. **Check the organisers of your activity have cleaned door handles, tables, other equipment, sinks and surfaces before you arrived**. Keep them clean. The room is cleaned every morning.
8. **Take turns to use confined spaces such as corridors, kitchen and toilet areas**. Standing or sitting next to someone is lower risk than opposite them. Briefly passing another person in a confined space is low risk.
9. **Keep the hall well ventilated**
10. **Please close doors and windows on leaving**