LOWFAT MILK CHOCOLATE FROZEN YOGURT

Nutrition Facts

Serving Size 1/2 cup (83g) Servings Per Container

Calories from Fat 25
% Daily Value*
4%
8%
3%
4%
8%
0%
Vitamin C 2%
Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

YOCREAM

LOWFAT

Ingredients:

INGREDIENTS: Pasteurized and Cultured Skim Milk, Sugar, Cream, Chocolate Base (Corn Syrup, Sugar, Water, Cocoa (processed with alkali), Natural and Artificial Flavors, Caramel Color, Salt, Coffee), Corn Syrup, Whey, Nonfat Dry Milk, Brown Sugar, Red #40, Yellow #5 and #6, Blue #1, Natural and Artificial Flavors, Caramel Color, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium.

Allergens:

Milk:	YES
Egg:	NO
Peanut:	NO
Wheat:	NO
Soy:	NO
Tree Nuts:	NO

Notes:

Kosher Certified.

