

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

Phone 419-946-4191 * 419-946-1037 facsimile

May2016 Menu

SUGGESTED \$3.00 DONATION
ONE DAY ADVANCE RESERVATIONS REQUIRED *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey Burger with Lettuce & Tomato Wedge Fries Tropical Fruit Whole Grain Bun Whole Grain Crackers Milk	3 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice Whole Grain Bun Whole Grain Crackers Milk	4 Pork Fritter Baked Potatoes Broccoli Peaches Whole Grain Bread Milk	5 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	6 Shredded Chicken Sandwich Ranch Fries Pears Pineapple Juice Whole Grain Bun Whole Grain Crackers Milk
9 Marzetta Cauliflower Applesauce Cranberry Juice Bread Stick Milk	10 Chicken Breast Mashed Potatoes Carrots Grape Juice Whole Grain Bread Milk	11 Pepper Steak Brown Rice Corn Banana Pineapple Juice Whole Wheat Bread Milk	12 Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	13 Chicken Strips Ranch Fries Beets Orange Juice Whole Grain Bread Milk
16 Meatloaf Mac & cheese Corn Apple Juice Mandarin Oranges Whole Grain Bread Milk	17 Roast Beef Red Skin Potatoes Carrots Orange Juice Whole Grain Roll Milk	18 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk	19 Senior Citizen's Day	20 Chicken Breast Baked Potato Brussel Sprouts Pears Whole Grain Roll Milk
23 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	24 Pork Chop Sweet Potatoes Malibu Vegetables Applesauce Whole Grain Knots Milk	25 Deli Ham Tossed Salad Peaches Apple Juice Whole Wheat Bun Whole Grain Crackers Milk	26 Roasted Turkey Mashed Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk	27 Stuffed Pepper Cheese Cubes Parsley Potatoes Grape Juice Whole Grain Bread Graham Crackers Milk
30 CLOSED MEMORIAL DAY!	31 Pork Fritter Baked Potatoes Broccoli Peaches Whole Grain Bread Milk	MENU IS SUBJECT TO CHANGE		