

Hosting a Pasta Party – 2014

There are 43 girls on the team, 39 swimmers and 4 divers. Twenty-eight girls attended the first pasta party.

Girls come straight from practice, arrive in waves and are typically gone within an hour or so.

Different families serve different things at their parties. Let your daughter work with you to determine the final menu and make desserts ahead of time.

Some girls are vegetarian, so a choice of sauces is a good idea.

Feel free to stop in at a party or talk with a family that's done this before for tips.

Suggested Menu

- **Pasta** – Any type(s) – penne, spaghetti, mostaccioli, etc.
- **Sauce** – Any type(s) – marinara, pesto, Alfredo, etc.
- **Meatballs**
- **Parmesan cheese**
- **Salad or veggies** – Caesar with dressing, baby carrots, etc.
- **Bread** – garlic bread, etc.
- **Butter**
- **Fruit** – strawberries, grapes, etc.
- **Dessert** – Rice Krispy treats and brownies are traditional
- **Beverages** – water, milk, chocolate milk, lemonade, etc.

- Paper plates, napkins, cups, utensils, trash bags