### CONGREGATION TEMPLE

BETH'EL JUNE 2021 NEWSLETTER

7350 Rabbi L. E. Dailey Way Philadelphia, PA 19138

### IMA VIRTUAL WEEKEND JUNE 11-12, 2021







# CONGREGATION TEMPLE BETH'EL JUNE 2021

NEWSLETTER

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Rabbinit Yamiliah Register Elder Yishayahu Burton Rachel McClam Wish You a Many Many Happy Returns Of The Day

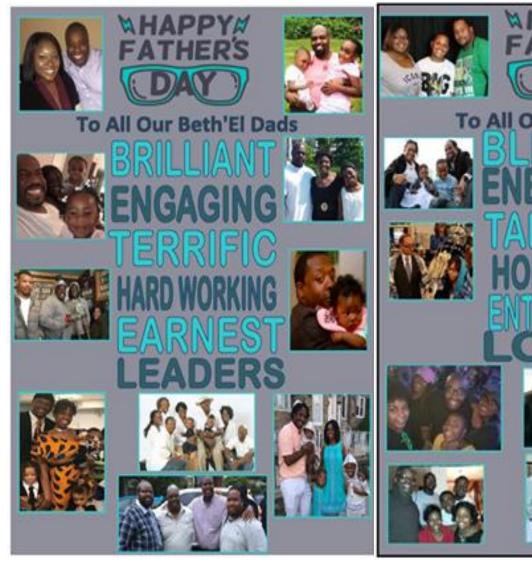
May GOD Bless You With HealtH, WealtH and ProsPeritY in Your Life:

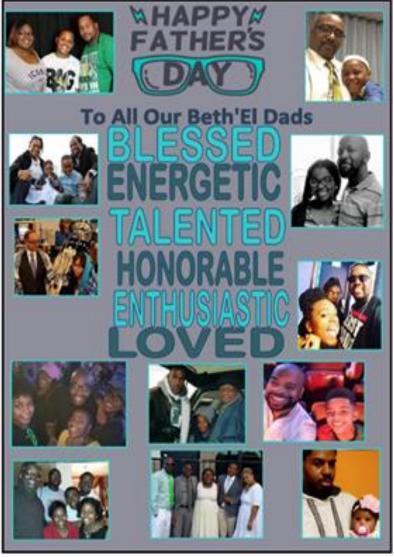
Shenice Evans Elder Traci Nettles Rabbi Jeremy Goldberg

Justine McClam Elder Anthony Glover Dr. Shelley LaPrince CONGREGATION TEMPLE
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#### **RECAPPING 2020 FATHER'S DAY WISHES**

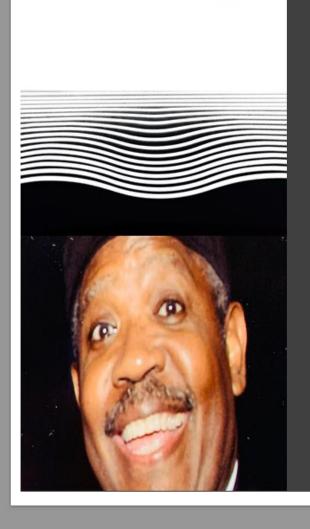




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### MEMORIAL SERVICE

To Celebrate the Life of
Rabbi Aharon Register
Sunday June 27, 2021
@ Congregation Temple Bethel
7350 Rabbi LE Dailey Way (Lowber Ave)
Philadelphia Pa 19138
Time: 12 noon-3pm

Preregister is requested the https://forms.gle/hDaYYGy7f78vw7Yo8

### CONGREGATION TEMPLE BETH'EL JUNE 2021 7350 Rabbi L. E. **NEWSLETTER**



2021 @ 12 P.M. (EST).

Thank you in advance and please feel free to share this email with your contacts. The community looks forward to celebrating all our graduates and their accomplishments.

Shalom Family & Friends, The Israelite Community Graduation Committee (ICGC) is organizing another virtual community graduation for all the graduates throughout our communities. Last year's first community graduation was a great success and we are excited to host yet another graduation celebration on Sunday June 27, 2021. It is our hope that we can make the celebration even grander than before; however, we will need to once again rely on your generosity and financial support. We thank and appreciate all of you who have contributed last year and helped to make the event a huge success! We are humbly soliciting your support again to be able to adequately obtain quality gifts for all of the hardworking graduates of this year. We thank you in advance for your consideration and generous donations. Donations will be accepted through me, Gy'T Deborah Mack, ICGC treasurer. Given that there are several options in which to donate, please contact me directly at deborah@bnai-adath.org or through the ICGC email at israelitecommunitygraduation@gmail.com .

Sincerely, Deborah Mack Gv'T Deborah ICGC Treasure

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Tme: 12pm-3pm Registration required

Link will be posted shortly

## Want to Take Charge of Your Diabetes? Become a Self-Manager!



Register for the *Common Threads* Workshop!

This six-week workshop is part of the Diabetes Self-Management Program and is FREE to adults 60 and older.

In light of COVID-19, this will be offered *virtually (Zoom)*!

Participants will learn about making a healthy eating plan, managing blood sugar levels, balancing eating, physical activity and medications to prevent problems as well as managing diabetes-specific problems.

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#### **Workshop Details:**

This six-week workshop meets weekly on Tuesdays via Zoom. Participants will receive a Self-Management Tool Kit in the mail at no cost.

Dates: July 6th, 13th, 20th, 27th, August 3rd, and 10th

Time: 10am-12:30pm

#### To register, contact:

Stephen Merrill, Health Promotion **Nurse Supervisor** 

(215)765-9000 ext. 5123

Stephen.Merrill@pcacares.org

pennsylvania

ation for

funds received

This program is su from the Pennsylvania Department of Aging. This program was originally developed at Stanford University and is now owned by Self-Management Resource Center, Inc.

