



The Counseling Team International Employee Support Services

**EVERYONE NEEDS A SOME SUPPORT
FROM TIME TO TIME. ESS IS HERE TO HELP
YOU THROUGH TRYING TIMES.**



This service is provided to help employees and their eligible family members at no cost.

Call for an appointment.

Service is confidential, and available 24 hours.

- **Telephone – 800-222-9691**
- **Fax – 909-384-0734**
- **Email – www.thecounselingteam.com**
- **Headquarters Address – 1881 Business Center Dr. Suite 11 & 12 San Bernardino, CA 92408**

Also offered are life care resource assistance for the following:

- **Child Care**
- **Adoption**
- **Elderly & Senior Care**
- **Pet Care**
- **Financial Information**
- **Chemical Dependency**

- **Marital & Family Problems**
- **Stress/burnout**
- **Anger Management**
- **Separation/Divorce**
- **Child/Adolescent Issues**
- **Parenting Skills**
- **Suicide Prevention & Intervention**
- **Grief/Bereavement**
- **Depression**
- **Substance Abuse**
- **Anxiety/ Panic Attacks**

- **Immediate telephonic consultation assistance available 24- hours a day**
- **Critical incident response at the request of a supervisor.**
- **Assistance to supervisors in referring employees whose personal problems are affecting their job performance.**
- **Trainings**