

SPLASH & DASH and 5K RUN/Walk



Saturday, Sept. 2nd at 9:00am
Dresden Swim Center
1330 Main St Dresden Ohio 43821

RACE INFO: Come join us September 2nd for a fun filled event where we take advantage of the Olympic size swimming pool in Dresden, Ohio! Swim 400 meters and then immediately head out to complete the 5K course. If you don't feel like getting wet then just join us for a 5k run/walk. The 5K portion of the event will be chip timed, except for those that choose to walk. Our run/walk course will take advantage of local bike paths and scenic views. All participants will receive a race shirt with event logo.

RACE COURSE: The Splash & Dash participants will start with a 400 meter serpentine swim and then will join the 5k runners where they both will follow Dresden road to McGlade Rd. picking up the Muskingum Recreational Bike Trail and bringing it back into town finally finishing at the Pool again. Both the Splash & Dash and 5K Run events will be Chip Times. There will Also be a 5k Non-Timed Walking even.

AWARDS: Splash & Dash: Trophies will be awarded to the **Top Three Overall Male and Female Finishers**. Age group award will be determined by at a later date and will be determined by total number of participants in this division.
5K Run: Trophies will be issued to the **Top Three Overall Male and Female Finishers**. Age Group Awards will also be issued to the top three male and females in each of the following age categories: 14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Walkers will not be eligible for awards:

EARLY PACKET PICK-UP & RACE DAY REGISTRATION: Race Day registration and Packet pick-up will be at the Village of Dresden River Park boat ramp located just below tri-valley high school - Starting at 8:00am

RACE PACKETS & FINISHLINE PERKS: Your Race packet will include a T-shirt with the official race logo, finish line food and beverage. Early sign up is encouraged, **register by Aug. 23 to be Guaranteed a Race Day T-shirt.** Any extra T-shirts will be first come first serve on race day.

ENTRY FEES: (non-refundable)

Register by Aug. 23rd to be Guaranteed a Race Day T-shirt.

Splash N Dash: \$35.00 • 5K Run: \$25.00 • 5k Walk: \$20.00

*Registration forms and fee made out and mailed to: Muskingum Multisports – P.O. Box 414 Dresden, Ohio 43821

RACE CONTACT: For any questions please contact Race Director Travis Cunningham @ (740) 624-0717

Race Details or Register online at www.muskingummultisports.com

Name: _____ Tel. # _____

Address _____

City/State _____ Zip _____

E-mail _____

Splash & Dash ____ 5k Run ____ 5k Walk ____

Age _____ (Day of Race) M/F _____

Race Day T-shirts (ADULT):

S _____ M _____ L _____ XL _____

Waiver: In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the Splash & Dash and 5k, Muskingum Multisports, Nick Beach, Travis Cunningham, any businesses owned by Nick Beach or Travis Cunningham, the Village of Dresden, the Dresden Swim Center, all sponsors and their representatives, support staff, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature (If under 18-parent/guardian)

Date

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